

# BRAIN INJURY ASSOCIATION OF DELAWARE INC.

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Toll Free HELP No.: 1-800-411-0505  
Web site: [www.biausa.org/Delaware/bia.htm](http://www.biausa.org/Delaware/bia.htm)

## WHAT'S HAPPENING

(July & August, 2008)

**KENT COUNTY SUPPORT GROUP:** (Becky Bolt, Facilitator 302-659-2829).

Second Tuesday – July and August, 6:30 PM. The July 8th meeting will be held at Betsy Ross on Rt. 8 in Dover at 6:30.

August 12<sup>th</sup> meeting will be held at Pat's on Rt. 8 in Dover at 6:30. Meetings will return to the Grange Hall in September.

**NEW CASTLE COUNTY SUPPORT GROUP:** (Margie & John Goodier, Facilitators, 302-378-0375).

Third Thursday – July 17<sup>th</sup> and August 21<sup>st</sup> at 7:00PM (general discussion & small groups) at A.I. duPont Hospital for Children, located at 1600 Rockland Road, Wilmington, DE. As you enter the facility, there will be a sign on the Information Desk. The cafeteria is open for service until 6:45 pm. Take the elevator to 3<sup>rd</sup> floor, turn right. In the case of bad weather, listen to WDEL (1150 AM) or WILM (1450 AM). To attend the Pre-Meeting Dinner Group (at your expense), contact Matt at 302-998-0782 or David at 302-453-1634 by Tuesday July 15<sup>th</sup> and August 19<sup>th</sup> and meet at 5:15 p.m. at the Hollywood Grille, Concord Pike & Murphy Road.

**DAYTIME SUSSEX COUNTY SUPPORT GROUP:** (Beverly & Ed Bell, Facilitators, 302-537-9016)

First & Third Tuesday – July 1st and 15th and August 5<sup>th</sup> & 19<sup>th</sup> from 1:00PM – 3:00PM. There will be a picnic at the Fire Hall on July 15th. Millville Volunteer Fire Company located on Rt. 26 in Millville, Delaware.

**NIGHTTIME SUSSEX COUNTY SUPPORT GROUP:** (Robin Reifsnyder, Facilitator, 302- 231-8084).

Fourth Tuesday – July 22<sup>nd</sup> & August 26<sup>th</sup> at 7:00PM at Peach Tree Acres, 26900 Lewes-Georgetown Hwy, Harbeson, DE 302-684-4002 – Route 9 next to Donut Connection, 6 miles West of 5 Points (intersection of Rt. 1 & 9), Coffee at 7:00PM, Meeting at 8:00PM. Dr. Glen Brooks, neuropsychologist, will discuss your concerns.

**CHESAPEAKE REHAB. (HEALTHSOUTH):** (Dr. Glen Brooks, Facilitator, 410-545-4600 or 1-800-938-4600)

Second Tuesday – July 8th & August 12<sup>th</sup> at 6:00PM at Chesapeake Rehab. Employees Dining Room, Rt. 50 & Tilghman Rd., Salisbury, MD

ALL BRAIN INJURY SUPPORT GROUPS MEET MONTHLY, AND ARE OPEN TO SURVIVORS, CAREGIVERS, FAMILIES, FRIENDS, AND HEALTH CARE PROFESSIONALS.

The following site is available for online support if you cannot attend a meeting:  
<http://groups.msn.com/BrainInjurySupport>

SAVE THESE DATES:

Aug. 24<sup>th</sup> from 4 to 7 PM: BIAD CRAB FEAST AT BOONDOCKS in Smyrna. DJ A Grand Event and guest singer April Lynn will entertain. \$40 ticket (tax deductible) includes 6 crabs, steamed shrimp, chicken wings, french fries, corn-on-the-cob, beverage & gratuity. Call 302-346-2083 for tickets. Make check payable to B.I.A.D. and mail to the above address by Aug. 15<sup>th</sup>.

Sept. 13 - BIAD PICNIC, TRAP POND, SATURDAY, SEPTEMBER 13th BEGINNING 11:00 am. Bring covered dish. Drinks and hamburgers/hot dogs provided by BIAD. Call 1-800-346-2083 to make a reservation.

Oct. 22 – ANNUAL CONFERENCE: Dover Sheraton on Wednesday, October 22<sup>nd</sup>. Sign-in 8:15 – 8:45 am.

Parent Information Center of Delaware: Offers many great seminars throughout June and July

Call 1-888-547-4412 or visit [www.picofdel.org](http://www.picofdel.org) for details.

DE Stroke Initiative - call Robin at 302-633-9313

New Directions (Depression): call 302-286-1161 or visit [www.newdirectionsdelaware.org](http://www.newdirectionsdelaware.org)

Check list for safety: Things to do to Prevent Falls:

- Exercise regularly. Exercise makes you stronger & improves your balance & coordination.
- Have your doctor or pharmacist look at all medicines you take, even over-the-counter medicines. Some can make you sleepy or dizzy.
- Have your vision checked at least once a year by an eye doctor. Poor vision increases the risk of falling.

**Brain Injury Association of DE**  
**32 W. Loockerman St. Suite 103**  
Dover, Delaware 19904



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ADDRESS SERVICE REQUESTED

**COMMUNITY HAPPENING: America The Beautiful Pass: This is a pass for all Delaware residents to all Delaware State Parks, formerly called Golden Access Passport. This pass is for free entrance to any Delaware State Park, as well as special pricing for camping, etc. You must bring a statement from a medical professional that you are permanently disabled. You may obtain a pass and more information at the two parks below:**

- Killens Pond in Felton, Monday thru Sunday, 8AM – 4PM (302-284-4526)
- Cape Henlopen in Lewes. Monday thru Sunday. 8AM – 4PM (302-645-8943)

## MEMBERSHIP AND CONTRIBUTION FORM

Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_ -- \_\_\_\_\_

Phone (home) \_\_\_\_\_ (work) \_\_\_\_\_

Email: \_\_\_\_\_

Do you wish to get updates by e-mail of events that don't make the newsletter deadline? \_\_\_

PLEASE COMPLETE FOR OUR RECORDS

Brain injured person (age) \_\_\_\_\_ {} (M) {} (F)

Relationship to survivor \_\_\_\_\_

Professional (specialty) \_\_\_\_\_

New Membership  Renewal Membership

YES, I am interested in volunteering to help the Association.

Contribution  Memorial Donation

In Memory of OR In Honor of: \_\_\_\_\_

OK to print your name as making a Contribution or Memorial Donation?

\_\_\_\_\_ YES \_\_\_\_\_ NO Signature \_\_\_\_\_

Your membership support or contribution is vitally needed and gratefully acknowledged.

Please make your check (no cash please) payable to BIAD mail to: Brain Injury Association of DE Membership Committee 32 W. Loockerman Street, Suite 103 Dover, DE 19904

**Basic \$35...Professional in brain injury field \$50...Corporate includes 2 individual memberships \$200...  
Patron \$100...Courtesy No Charge, \$5.00 for postage/handling helps.**