

OUR MISSION

We believe survivors of brain injury have the right to live purposeful lives within their community.

We believe the services and support so vital to survivors' rehabilitation should be within their reach throughout their lives.

The Brain Injury Association of Delaware, affiliated with the Brain Injury Association of America, is a non-profit organization whose mission is:

- To advocate for survivors of TBI and ABI
- To secure and develop community-based services for survivors and their families
- To support research leading to better outcomes that enhance the lives of those who sustain brain injuries
- To promote prevention of brain injury through public awareness, education, and legislation



FOR MORE INFORMATION

The Brain Injury Association of Delaware is pleased to provide a comprehensive guide to resources within the State, both public and private.

The Resource Directory was created with the hope that it would be of assistance to people with a brain injury, their families, and caregivers.

While we have attempted to include a wide variety of information, we are certain there are programs and services that are not listed. If you believe that we have omitted important information, please contact us. This document is frequently updated as new data becomes available.

The latest version is always available for download on our web site or by contacting our office.

The Brain Injury Association of Delaware does not endorse any of the services listed within the Resource Directory.

CONTACT US

Brain Injury Association of Delaware

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Brain Injury Association of Delaware

OUR MISSION

**FOR SURVIVORS OF BRAIN INJURY,
FAMILY MEMBERS, AND CAREGIVERS**



TEL: (800) 411-0505

WHAT IS YOUR BRAIN WORTH TO YOU?

It's a tough question to answer, but if you are a survivor of brain injury, your answer probably is "it's priceless".

Your brain is responsible for things that most of us take for granted:

- Motor skills
- Balance
- Strength
- Language/Conversation Skills
- Learning and understanding
- Concentration
- Memory
- Behavioral control
- Social interaction/inhibition
- Multi-tasking
- Mood
- Intimacy
- Pain control

Following a brain injury, everything you know about yourself could change in an instant.

Your life as you know it could be unrecognizable.

BRAIN INJURY CAN CHANGE YOUR LIFE FOREVER.

There are two types of brain injury.

Traumatic Brain Injury (TBI) is a blow or jolt to the head that can disrupt the function of the brain.

An Acquired Brain Injury (ABI) is an injury to the brain, which is not hereditary, congenital, degenerative, or induced by birth trauma. An acquired brain injury is an injury to the brain that has occurred after birth.

According to the CDC:

- Every 21 seconds, a brain injury occurs.
- Approximately 5.3 million Americans (2% of the U.S. population) live with disabilities from brain injuries; 18,000 of these people live in Delaware.
- Each year, 1 million people with brain injury are treated and released from emergency room.
- In the U.S., approximately 50,000 people die as a result of brain injury annually.
- The cost of Traumatic Brain Injury (TBI) in the United States exceeds \$48,000,000,000 annually.
- Brain injuries are the number one killer of persons under the age of 44. This injury kills more Americans under the age of 34 than all other diseases combined.

Brain Injury Support Groups

The purpose of a support group is to learn more about brain injury and available services by meeting with others who are facing or have faced similar challenges.

Brain injury support groups meet monthly except for December and are open to survivors, caregivers, family members, friends, and healthcare professionals.

Kent County

Second Tuesday of the month, 7:00 PM
The Grange in Dover, Delaware
Facilitator: Becky Bolt (302) 659-2829

New Castle County

Third Thursday of the month, 7:00 PM
DuPont Hospital for Children, Wilmington, Delaware
Facilitators: John & Margie Goodier (302) 378-0375
This support group has a pre-meeting dinner group. Call Matt (302) 998-0782 or David (302) 453-1634 to make a reservation no later than the Tuesday prior to the meeting.

Sussex County (Millville)

First and third Tuesdays of the month, 1:00 PM
Millville Fire Hall, Millville, Delaware
Facilitators: Ed & Beverly Bell (302) 537-9016

Sussex County (Harbeson)

Fourth Tuesday of the month, 7:00 PM
Peachtree Acres, Harbeson, Delaware
Facilitator: Robin Reifsnnyder (302) 231-8084 or (302) 841-9675

Salisbury, Maryland

Second Tuesday of the month, 6:00 PM
Employees Dining Room, HealthSouth Rehabilitation
Facilitator: Dr. Glen Brooks (800) 938-4600