

In reading this listing, BI will stand for Brain Injury, TBI for Traumatic Brain Injury, and HI for Head Injury. Each description contains title, author/editor, publication date, brief review, and number of pages. The a, b, c after the number indicates the number of copies of the book.

### B.I.A.W. Library

1. A Guide to Serenity = Alano Club of Crystal Lake, no date available. This is a compilation of sayings, poems and hints for sobriety or just healthy living. 29 pages

1.1 A Guide to the Channels of Support Program for Physicians and Nurses = Pfizer Inc. 2001. A kit containing informative pamphlets and record keeping devices for tracking and understanding seizures and medication for seizures due to epilepsy.

1.2 A Hit on the Head and Where it Led = Jennifer Cooper-Trent, 2004. This cartoon-illustrated book written in rhyme is about a six year old boy who didn't wear his bicycle helmet and sustained a brain injury. This story from Australia includes the ambulance ride, exam in the ER, CT scan, surgery, problems with schoolwork, name-calling by former friends, and, finally, recovery four years later. Excellent addition to a pre-school or lower elementary bicycle safety program. 43 pages

2. A Helmet Away from Heaven = Judy Pence, 1998. One family's personal account of brain injury, from accident to recovery. A brake malfunction causes a young boy to be in a serious accident. The emphasis is on family and helmet safety. 128 pages

2.1 American Journal of Preventative Medicine, The Guide to Community Preventive Services: Reducing Injuries to Motor Vehicle Occupants = Stephanie Zaza and Robert S. Thompson, Editors, 2001. This is a supplement to American Journal of Preventive Medicine. This issue includes expert commentary on Public Health's contribution, the state's perspective of motor vehicle occupant injury prevention, and research as used to reduce injury and death, and a guide to community preventive services. There are recommendations and reviews regarding increasing child safety seat use, safety belt use, and reducing alcoholic driving. 90 pages

3 A Primer of Brain Tumors: A Patient's Reference Manual, 8<sup>th</sup> Edition = Association for Brain Tumor Research, 2004. Recently rewritten and updated, this book includes chapters on parts of the brain, brain tumor basics, facts & statistics, causes & risks, diagnosis & follow-up, types of brain & spinal cord tumors, seizures, comfort & coping, questions to ask, and publications & services. Easy-to-read, invaluable resource for anyone involved in this issue. 69 pages

3.1 A Primer of Brain Tumors (A patient's reference manual) = American Brain Tumor Association, 1998. This guide gives a lot of information about brain tumors, their locations, classifications, treatments, effects and coping. Most likely new terminology for average reader but not written too technically to understand. 140 pages

3.2 A Tool Kit to Prevent Senior Falls = CDC, 1999. This kit contains statistics and advice regarding senior citizen fall rates. Clearly written. Comes with checklists in English and Spanish.

3.3 Archives of Physical Medicine and Rehabilitation: Community Integration of People with TBI = American Congress of Rehabilitation Medicine & the American Academy of Physical Medicine and Rehabilitation, 2004. Traumatic Brain Injury results – April 2004. While complex and technical in style, this compilation of research contains valuable information for psychologists, teachers, caregivers, rehabilitation programs, and vocational rehabilitation regarding current studies and trends in BI research and service approaches. 81 pages

4a, b Access Wyoming, Accessible Travel Accommodations = Access by Design, 1995. City by city rating of restaurants, hotels, and gas stations by their accessibility to the disabled. Local attractions, medical facilities, state parks, historical sites, accessible fishing areas, and activities/events throughout the state. Simple map of state with state mileage chart also included. 141 pages

5. Alcohol, Drugs, and BI = Robert Karol, PhD and Frank Sparadeo, PhD, 1991. Written in lay person terms, this booklet covers effects of alcohol and drugs on your body and mind, also the body and mind of a brain injured person. It includes a section for assessing your use, deciding if a change is right for you, and planning that change. 34 pages

5.1 Automotive Vehicle Safety = George A. Peters and Barbara J. Peters, 2002. “The book attempts to present helpful, straightforward, reliable, and factual information...” without the use of horror stories about accidents, automotive failure, or personal stories of tragedy. Its technical writing style does not lend itself well to browsing or light reading, but clearly identifies need areas for study and revision to increase automotive safety. These range from basic safety standards already in place to risk evaluation; from human error control to universal design. It is a useful tool for automotive designers and manufacturers as well as for anyone wishing to promote greater safety by identifying weaknesses in company-owned vehicles, or those involved in litigation regarding automotive safety. 195 pages

5.2 Assessment and Treatment of Patients with Coexisting Mental Illness and Alcohol and other Drug Abuse = U.S. Department of Health and Human services, 2001. The focus in this guide is on how to treat those who have both mental illness and substance abuse of some kind. The emphasis is on the links between the two and how they affect one another. It outlines mental disorders and how to best treat them while considering the substance abuse. Includes discussion on the interaction with Social Services, the Health Care System, and the Criminal Justice System. It is written specifically for those who design or implement treatment programs and who already have an understanding of the disorders and substance abuse programs. 114 pages

5.3 Anxiety = GlaxoSmithKline with WebMD, 2003. The best prescription for health is knowledge. Patients who better understand their condition and how to manage it typically live healthier lives. This booklet strives to help patients – especially those newly diagnosed – to better understand their medical condition. Family members and caregivers will also benefit from exposure to this important educational program. 32 pages

5.4 The Anxiety & Phobia Workbook = Edmund J. Bourne, Ph.D., May 2003. This workbook explains the types of anxiety and gives examples and specific activities to work on in order to relieve the anxiety and work toward resolving your own anxiety problems. 436 pages

5.5 Anxiety Disorders – Help is Available = Channing L. Bete Co, Inc., 1997. What are anxiety disorders, how can they be treated and where to get help are issues addressed in this booklet. 15 pages

5.6 Arteriovenous Malformation and Other Vascular Lesions of the Central Nervous System, U.S. Department of Health and Human Services, 2000. Symptoms, consequences, types, causes, detection, research and references are included in this booklet. 23 pages

5.7 Anger Management for Substance Abuse and Mental Health Clients – A Cognitive Behavioral Therapy Manual = U.S. Department of Health and Human Services, 2003. “Anger and violence often can have a casual role in the initiation of drug and alcohol use and can also be a consequence associated with substance abuse. Individuals who experience traumatic events, for example, often experience anger and act violently, as well as abuse drugs or alcohol...The anger management treatment design in this manual, which has been delivered to hundreds of clients over the past 8 years, has been popular with both clinicians and clients.” Includes 12 90-minute weekly group sessions. 57 pages

5.8 Autism = US Department of Health and Human Services, 1996. This booklet covers signs, symptoms, causes, and treatments of autism. 8 pages

6. Best Practices of Youth Violence Prevention, A Sourcebook for Community Action = Department of Health and Human Services, June 2002. We see it on the nightly news, read about it in the newspaper, hear about it from our children, and witness it firsthand – young people getting in fights in our neighborhoods, in shopping malls, on the playground, and in school. If you’ve wanted to do something to stop this violence, then this book is for you. The best practices, expert advice and numerous resources are included. Whether you’re part of a grass-roots movement or involved with a large established organization, you’ll find this sourcebook to be a valuable asset to your youth violence prevention effort. 207 pages.

6.1 BI from the Perspective of a Trial Lawyer = Charles N. (Nick) Simkins, no date available. A trial lawyer who specializes in brain injury cases discusses his techniques and gives examples of cross-examination and what he deems the imperative parts of a case to be. A lay person may benefit by reading this because of how well Mr. Simkins

illustrates the effects of a brain injury on an individual's present lifestyle as well as their future one. 55 pages

6.2 A Story of Bipolar Disorder (Manic-Depressive Illness) = National Institute of Mental Health, September 2002. Many people who have bipolar disorder don't know they have it. This booklet can help. It tells you about the four steps you can take to understand and get help for bipolar disorder. 20 pages

7. Brain Injury, a Family Guide = Brain Injury Association of Florida, 1996. A simply written guide in a question and answer format. Deals with procedures, terminology, and questions family members or the patient themselves may have about the stages of brain injury treatment and recovery, as well as recommendations to help with transition and everyday living. 43 pages

7.1 Brain Connections – Your Source Guide to Information on Brain Diseases and Disorders, Sixth Edition = The Dana Alliance for Brain Initiatives, 2003. “Brain Connections directs you to the leading organizations working to inform, educate, and help patients and families cope with the most common brain-related diseases and disorders. To help most readers, emphasis has been placed on organizations national in scope. In addition to researched-based information, these organizations also provide the essential, practical details of living and managing on an everyday basis with the disorder of their concern.” 48 pages

7.2 Brain Injury: A Manual for Educators – Colorado Department of Education 2001 document covering a broad spectrum of topics appropriate for teachers. 72 pages.

8. Brain Injury, a Family Tragedy = Pat Abrahamson with Jeffery Abrahamson, 1997. An extremely detailed account of how brain injury affected one family. In-depth coverage of family relationships before, during, and after injury, both in the hospital and after moving back home. Addresses the legal battle before eventual settlement. Detailed passages regarding doctor communication and other medical occurrences. 234 pages

8.1a Brain Injury Source = Brain Injury Association of America, David J. Thurman, Editor, Volume 2, Issue 3, Summer 1998. Memory and cognition issue. Includes articles on integrative approaches, practical solutions for problem solving and social communication, and interacting with persons who are confused and agitated. 55 pages

8.1b Brain Injury Source = Brain Injury Association of America, David J. Thurman, Editor, Volume 6, Issue 2, Summer 2002. This technically worded periodical addresses the Epidemiology (the study of what factors influence the prevalence of a disease or other condition) of TBI. This issue contains articles on the following subjects: history of public health and TBI, epidemiological studies in U.S., and future needs in epidemiological TBI research. Could be read by lay person but is designed for professionals. 40 pages

8.1c Brain Injury Source = Brain Injury Association of America, David J. Thurman, Editor, Volume 6, Issue 3, Winter 2002.Spring 2003. This issue is dedicated to BI in children. Articles include epidemiology, education, assessment, and teaching. Technically worded but not as difficult as other issues - written with parents in mind. 50 pages

8.2 Brainlash: Maximize Your Recovery From Mild Brain Injury = Gail L. Denton, Ph.D. 1996. This book was written in small sections so you can work on one topic at a time. Dr. Denton explains the problems she experienced following an in-line skating accident. Her book provides step-by-step information and excerpts from her own journal as she recovered from her injury. The information provided helps the reader to understand brain injury and provides solid advice about how to handle many daily living challenges that can arise following injury. Chapter Two contains a great questionnaire to help a brain injury survivor focus in on and identify their cognitive symptoms. The information the questionnaire provides can be extremely valuable for family members, caregivers, and treating physicians as they work together to increase the independence of the brain injury survivor. 352 pages.

8.3 The Brain Disorders Sourcebook = Roger S. Cicala, M.D., 1999. "The human brain is composed of trillions of cells – each assigned to a task that enables people to reason, feel, and remember. The 'Brain Disorders Sourcebook' is an easy-to-understand guide to the structure and function of the brain, how problems occur, and what treatments are available." Topics include stroke, vascular disease, tumors, traumatic brain injury, meningitis, Alzheimer's Disease, dementia, Parkinson's, multiple sclerosis, and support and research groups. 396 pages

8.4 Brain and Spinal Cord Tumors – Hope Through Research = National Institute of Neurological Disorders, 1993. "The diagnosis of a brain or spinal cord tumor often comes as a shock, leaving confusion, uncertainty, fear or even anger in its wake. After the diagnosis, a physician's explanation can fall on ears deafened by this blow. Although it cannot substitute for the advice and expertise of a physician, this brochure is designed to convey the latest research information on the diagnosis, course, and possible treatment of various brain and spinal cord tumors, so that patients and their families have the information they need to become active participants in their treatment." 44 pages

8.5 Brain in the News = The Dana Foundation, May 2004, Vol. 11, No. 5. Articles include: Diabetes Vastly Inflates Chances of Alzheimer's; Scientists Offer Hope for Poor Readers; Insight Into Brain Aging; Sizing Up Brain Development a Matter of Child's Play; Just a Senior Moment?; What Are They Thinking?; How to Stop Depression Medications; A Fresh Look at Depression, Hormone Signals Body to Burn Fat; Condition is Detected and Treated-In This Case; and Clue to Memory Mystery Found. 8 pages

8.6 Brain in the News = The Dana Foundation, June 2004, Vol. 11, No. 6. Articles include: The Race Against Alzheimer's; Possible Therapy for Bleeding Strokes; Seeking Origins of Alzheimer's, Buying More Time, Cruel Disease Bestows Rare Gift, Genes Help Solve Age-Old Questions, Gene Malfunction Affects Memory, Electrical

Stimulation of Brain Studied, Understanding Depression, Alzheimer's Protein May Be Cancer's Treatment, and Vaccine Offers Parkinson's Patients Hope. 8 pages

8.7 Brain in the News = The Dana Foundation, July, 2004, Vol. 11, No. 7. Articles include: Drug Reported to Slow the Onset of Alzheimer's, Scientists Can Read Monkeys' Minds; Heart Medicine Found to Aid Brain; Imaging Tools May Speed Detection of Alzheimer's; Alzheimer's Vaccine Had Benefits, Scientists Say; Weight Gain in the Midyears Linked to Memory Loss Later; When the Brain Says, "Don't Get Too Close"; Brain is Atypical in Autistic Boys; Study Seeks Clues to Genes Responsible for Autism; Fake-Arm Experiment Had Me Out on a Limb; Lost in a Memory Fog; Brain Chemistry May Hold One Key to Suicide; Sorting Out Depression, Mood Disorders; Fetal Stem Cells Show Promise in Treating Strokes; Obituary: Francis Crick; and This is Your Brain on Math. Easy to read. 8 pages

8.8 Brain in the News = The Dana Foundation, August, 2004, Vol. 11, No. 8. Articles include: Learning How to Forget; Alzheimer's Tip: Stretch Your Brain on the Job; Autism: A Problem of Brain Connections; Mood Disorders Respond to New Therapy; Rewiring A Brain; Stress to the Rescue; New Ways to Loosen Addiction's Grip; Don't Mess With Momma Defending Her Babies; Flu During Pregnancy Linked to Schizophrenia in Offspring; Alzheimer's Halted in Mouse Tests; and Brain Scan Shows Why Revenge is Sweet. Easy to read. 8 pages

8.9 Brain in the News = The Dana Foundation, September, 2004, Vol. 11, No. 9. Articles include: Regular Exercise Slows an Aging Brain's Decline, Medicare Will Pay for Alzheimer's Scan, Scientists Suggest Autism Involves More than Genes; When the Vision Goes, the Hallucinations Begin; A New Way to Treat Strokes; Mental Decline Baffles Doctors; Writing Can Be Compulsive; Q & A on Teens and Depression; Brain Creates Pot-Like Chemicals; Putting Stability in Schizophrenia; Medicating Shyness and Fear; and Pinpointing Brain's Fear Eraser. Easy to read. 8 pages.

8.10 Brain in the News = The Dana Foundation, October, 2004, Vol. 11, No. 10. Articles include: Mother's Depression vs. Concern for Fetus; Speech Pattern in Blind; Scientists Gingerly Tap into Brain's Power; Ways to Keep Your Mind Sharp; Combining Learning Deficits; Brain Cell Study Alters Huntington's Theories; Alzheimer's Work Shows "Spectacular" Promise; In Sports, Play Smart and Watch Your Head; and Second Language Changes Brain. Easy to read. 8 pages.

8.11 Brain in the News = The Dana Foundation, November, 2004, Vol.11, No. 11. Articles include: What Stress Does To Your Brain; Depression Called a "Major Killer" When the Elderly Turn to Suicide; More Sensitive Electroshock; The Smoking Gun; Autism Findings Focus on How Areas of the Brain Communicate; Fishing For Answers to Alzheimer's; Scanner May Give Bipolar Diagnosis; Miracle Skin Deep, Docs Find; New Tools to Help Patients Reclaim Damaged Senses; Advances Offer New Hope of Repairing Spinal Cords; More than Mother's Intuition; and Trauma That Endures. Easy to read. 8 pages.

8.12 Brain in the News = The Dana Foundation, December, 2004, Vol. 11, No. 12. Articles include: Sharper Minds; 'Ecstasy' Use Studied to Ease Fear in Terminally Ill; Marketing and Neuroscience; Rat Brain Flies Jet Simulator; Schizophrenia, Bipolar Disorders Have Common Threads; Sleep Loss (May) = Weight Gain; Gene Mutations Tied to Brain Disorders; Why Only Dancers Can Do a Mental Pirouette; Chimps Hand Over New Clue to Brain; Fight to Prove Acne Drug Caused Suicides; The Face of Schizophrenia; and Study Charts Expansion of Human Brain. Easy to read. 8 pages.

8.13 Brain in the News = The Dana Foundation, January 2005, Vol. 12, No. 1. Articles include: Meditation Gives Brain a Charge, Study Finds; Fending off Dementia; Fighting Alzheimer's; The Facts About Stroke; How We Learn; Parkinson's and Pesticides; New Approach to Depression; Our Brains and Melody; Brain Cells in Action; Magnetic Brain Stimulation; Baboon-Epilepsy Links; Brain Basis of Heartbreak; Naps and Mental Acuity. Easy to read. 8 pages.

8.14 Brain in the News = The Dana Foundation, February 2005, Vol. 12, No.2. Articles include: Stanford Gets OK to Try Human Cells in Mouse Brain; Teens' Brains Not Fully Wired for Reason; Scans of Mice Detect Parkinson's Earlier; Clotting Drug Can Help Ease Strokes; Avian Race Anything But Birdbrains Scientists Find; Brain "Pacemaker" Can Lift Depression; Birds Sing Sweeter After Good Rest in the Nest; Addicts May be Wired Not to Stop; Hope for a Cure for Alzheimer's is Growing At UA; Brain-Region Study Adds Insight; and New Perceptions of Damaged Brains. 8 pages

8.15 Brain in the News = The Dana Foundation, March 2005, Vol. 12, No. 3. Articles include: Major Stem Cell Breakthrough on Brain Disease; Alzheimer's Seen in the Living Brain; Mind Mystery; What's Good For the Heart is Good for the Head; How Mirror Neurons Help Us to Empathize, Really Feel Others' Pain; Why Logic Often Takes a Backseat; Scans That Read Your Mind Fuel Ethical Worries; Making Sense of the Last Great Mystery of Biology; A Window to the Brain; Advanced Brain is Cited in Fossil; Key Iraq Wound: Brain Trauma; Can We Limit Stroke Damage? 8 pages

8.16 Brain in the News = The Dana Foundation, April 2005, Vol. 12, No. 4. Articles include: Improved Scanning Technique Uses Brain as Portal to Thought; Scientists Probed Secrets of the Brain; The Mouse That Remembered; Numbers Tell Why Quick Response to Strokes Vital; Statins Aid Stroke Victims, UMass Research Shows; Learning to Live With Seizures; Tapping into the Brains Behind Human Behavior; Stem Cell Guidelines Issued; An Inroad Against Alzheimer's; All-Out Effort on Autism. 8 pages

8.17 Brain in the News = The Dana Foundation, May 2005, Vol. 12, No. 5. Articles include: Stroke Patient's Responses to the Abstract Yield Brain Clues; A Career Spent Learning How the Mind Emerges from the Brain; Ethicists Urge Caution over Emotive Power of Brain Scans; Stress Harms Children's Memories: Montreal Study; MDs Wary of Clot-Busting Drugs, but They Work, Study Finds; S.A. Doc Contributes to Krabbe's Disease Research; Duo at Jackson Lab Find Gene Mutation; Stem Cells Aid Spinal Injuries; Keeping Both Brain and Body Moving Helps Prevent Alzheimer's, Study

Shows; Pediatric Researcher Finds Alzheimer's Link; Doctors Induce Comas to Fight Brain Disorders; Rapid-Autopsy Program Boosts NU Brain Research. 8 pages

8.18 Brain in the News = The Dana Foundation, June 2005, Vol. 12, No. 6. Articles include: Mental Illness Said to Affect One-Quarter of Americans; Brain-Based Values; Mental Illness, Autism Controversy Deserve Attention; The Consciometer; Study Narrows Search for Brain's Memory Site; On Autism's Cause, It's Parents vs Research; Breakthrough for the Disabled; Panel Studies Brain Timing; Schiavo's Brain Damage was 'Irreversible;' and Blue Brain: Illuminating the Mind. 8 pages

8.19 Brain in the News = The Dana Foundation, July 2005, Vol. 12, No. 7. Articles include: Ethicists Offer Advice for Testing Human Brain Cells in Primates; Statins Don't Ward off Dementia, UW Study Finds; Protein Helps Mice Reverse Memory Loss; Scientists Predict Brave New World of Brain Pills; Brain Region May Govern Resilience to Trauma; Can Hypertension Drug 'Erase' Traumatic Memories?; Research Progresses in Brain Stimulation, Alzheimer's; Scrambling the Signals that Carry Pain to the Brain; Device to Treat Depression Wins FDA Approval; Built for the Brain; In Alarm Stage, Heroes are Born; Medications Help Break the Bonds of Addiction; and Signal Spillover. 8 pages

8.20 Brain in the News = The Dana Foundation, August, 2005, Vol. 12, No. 8, Newsletter articles include: Re-engineering the Diseased Brain; In Gambling's Grip; Get a Whiff of This...; Study: Epilepsy Research Focus Wrong; Hypnosis Spells Relief; Fighting Alcoholism with a Pill; Stroke Patients get 'New Hope'; Focal Dystonia; Mini-Stroke: Major Risks; and WU Study Links Daydreaming with Alzheimer's Disease. 8 pages.

8.21 Brain in the News = The Dana Foundation, September 2005, Vol. 12, No. 9. Articles include: For Women and Babies, Another Form of Protection; New Antipsychotic Drugs Criticized; Hurricane Katrina Inflicting Emotional Toll, Too; 'Bionic Eye' Has Potential to Cure Blindness; Doctors Get Better Sense of Smell Disorders; Study Says Human Brain Still Evolves; Physiology of Chronic Fatigue Begins to Take Shape; Author Gives Brain Lesson; Sending Genes to Save a Child; and Killer Mice, Curious Scientist. 8 pages.

8.22 Brain in the News = The Dana Foundation, October 2005, Vol. 12, No. 10. Articles include: Can Brain Scans See Depression?; Pitt Scientists Track AIDS Attack on Brain; A Good Heart Could Be the Key to a Good Mind; Gene Findings Lay Groundwork: Imaging Lacks Certainty; The Next Generation of Shock Therapy; Cocaine Use Alters Genes; Gene May Help Doctors Identify Patients at Risk of Schizophrenia; An Eye-Opener on Shut-Eye; Tourette Syndrome Gene Defect Identified; Tossing a Lifeline to a Dying Brain; Your Brain on Drugs; Fish Really Does Keep You Thinking Straight; and Giving Birth to a Better Brain: Do Babies Sharpen Parents' Minds? 8 pages

8.23 Brain in the News = The Dana Foundation, October 2005, Vol. 12, No.12. Articles include: In a Stroke Patient, Doctor Sees Power of Brain to Recover; Dalai Lama Gives Talk on Science; Meditation Makes Your Brain Get Thicker; Aging Brains Stand Test of

Time; 3, 2, 1: This is Your Brain Under Hypnosis; Blue Brain Power: IBM Project Uses Supercomputer to Model the Brain; A Protein May be Key to Hearing; Playing Music Can be Good for Your Brain; Without Gene, Mice Don't Know Meaning of Fear; Newly Found Hormone May Decrease Appetite; Therapy Targets Brain Tumors; and Got Brains? Show'em Off. 8 pages

8.24 Brain in the News = The Dana Foundation, December 2005, Vol. 12, No. 12. Articles include: To Survive Stress, Keep It Brief; A First at Salk: Human Stem Cells in Brains of Mice; Progress in Fight Against Parkinson's; The Tall and Short of Why Caffeine Works; This is Your Brain at the Mall; We Feel Your Pain...And Your Happiness, Too; Knowing What's Normal; Scenting a Breakthrough; Scientists Try to Alter Traumatic Memories; Taking a Bite out of Stroke; and Telling Brain, 'No Pain.' 8 pages

8.25 Brain in the News = The Dana Foundation, January 2006, Vol. 13, No. 1. Articles include: The Clock is Ticking for Stroke Patients; Cells That Read Minds; Ways of Worrying; As You Sleep, Your Brain Keeps Working; Revenge, Brain Study Finds, Is a Male Partiality; The Mind's 'Enigma Machine'; Acupuncture Does Combat Pain, Study Finds; Immune system May Also Help Brain; To Sharpen the Brain, First Hone the Body. 8 pages

8.26 Brain in the News = The Dana Foundation, February 2006, Vol. 13, No. 2. Articles include: Research Shines Light on Rett Syndrome; Battling Epilepsy, and Its Stigma; U. Helps Find a Possible Autism Gene; Fueling Brain Research; Brainstorming Mission; Brain on the Web. 8 pages

8.27 Brain in the News = The Dana Foundation, March 2006, Vol. 13, No. 3. Articles include: Drug Eases Pain of Bad Memories; Brain Development Rate Linked to IQ; Mood Machine; Woman with Perfect Memory Baffles Scientists; Seed of Alzheimer's Spotted; Revisiting Schizophrenia: Are Drugs Always Needed?; Old Brains Don't Work That Badly After All, Especially Trained Ones; Brain Swapping Comes of Age. 8 pages

8.28 Brain in the News = The Dana Foundation, April 2006, Vol. 13, No. 4. Articles include: New Schizophrenia Clue; Study Finds Brain Imaging Could Predict Best Depression Therapy; Watching the Brain 'Switch Off' Self Awareness; Brain's Darwin Machine; Gaming for the Brain; Woman is a Medical First: Doctors Hope Special Stent Placed in her Brain Will Put an End to Her Strokes; Enter the Neuro-Economists; Brain-to-Computer Links Yield Neurotherapies; Gender and the Brain, and Alzheimer's Research on Mice Offers New Hope. 8 pages

8.29 Brain in the News = The Dana Foundation, May 2006, Vol. 13, No. 5. Articles include: Addiction's Grip Now Seen as 'Extreme Memory,' Fatal Fold in a Protein; Age is no Barrier to Lifting Depression's Heavy Veil; Researchers Breed Mice with Autism Symptoms; Brain Imaging Sheds New Light on Decision Making; A New Hope for Nerve Damage; Burham Researchers Take a Big Step in Brain Study; Seeing Double;

This is Your Brain on a Micro Chip; The Mouse That Roared in Novato Lab; U of C Studies Stem Cell Link to Cancer; and Brain on the Web. 8 pages

8.31 Brain in the News = The Dana Foundation, July 2006, Vol. 13, No. 7. Articles include: The First Bionic Man; Down Mutation Found; A Remarkable Patient's Recovery; Tiny 'Digital Camera' Could Restore Vision to the Blind; This Is a Computer on Your Brain; Why Teenagers Should Steer Clear of Cannabis; Scientific Discovery Could Help Prevent Brain Defects in Babies; Study Links Memory Loss, Estrogen Level; Our Conflicted Medical Journals; Weight Loss in Women Linked to Dementia; UAB Pursues Cure for Parkinson's Disease; and Brain on the Web. 8 pages

8.32 Brain in the News = The Dana Foundation, August 2006, Vol. 13, No. 8. Articles include: Two Is One Too Many Blows to the Head; High-Tech May Help Brains Heal; Brain Research is Key to Hope; 'Happy' Mice Offer New Hope; Experiments Target Depression; Depressed Brain Can Be 'Primed'; Alzheimer's Disease, Drinking Not Linked; Cholesterol Drug Protects Against Stroke, Study Finds; Study Backs Kids' Drug-Suicide Link; Brain Science Breakthrough; PU Scientists Predict What Gives Us the Yucks; Brain on the Web; and The Brain Behind Creativity. 8 pages.

8.33 Brain in the News = The Dana Foundation, September 2006, Vol. 13, No. 9. Articles include: Is Hysteria Real? Brain Images Say Yes; Brain Images of Woman in Vegetative State Hint at Awareness; Pick Your Own Memories; How Brain's 'Mirrors' Aid Our Social Understanding; Hope for Treating Brain Disorder; Young, Free and Simple; Tone Deafness Shows Up in the Brain; Brain Trauma Linked to Railroad; Brain on the Web; Pau Allen's 'Brain Atlas' Unlocking Mysteries of the Ultimate Computer. 8 pages.

8.34 Brain in the News = The Dana Foundation, October 2006, Vol. 13, No. 10. Articles include: Out-of-Body Experience?; A Sobering Setback in Stem-Cell Research; Awake Brain Mapping Makes for Some Potentially Entertaining Surgery; Brain on Fire; Implant Gives Brain-Injured Patient, Researchers Hope; Brain on the Web, Mark of the Vampire; Launch Sends Brain Afloat. 8 pages.

8.35 Brain in the News = The Dana Foundation, November 2006, Vol. 13, No. 11. Articles include: Committed to Memory (effects of sleep); Are Vote Choices in Your Genes?; New Stroke Therapy has Potential; Chemicals Impair Kids' Brains in 'Pandemic' Proportions; A Hands-On Approach to Studying the Brain, Even Einstein's; Brain-Stem Abnormalities Trigger SIDS; Protein Aids in Brain Repair; Clues to Mental Illness; U. Mathematician Studies How Brain Retains Memories; Marijuana Wreaks Havoc on Brain's Memory Cells; Help for Stroke Victims; Taking Robots to the Next Level-by a Whisker; what's the (Gray) Matter with Teens?; and Brain on the Web. 7 pages

8.55 Brain Work: The Neuroscience Newsletter = The Dana Foundation, July-August 2004. Articles include: Treatment Selection in Depression: Therapeutic Pathways Offer

Clues to Who Should Get What; Uncovering Complexity in the Sense of Smell; Estrogen's Neuroprotective Potential Widens; and News From the Frontier. 8 pages

8.56 Brain Work: The Neuroscience Newsletter = The Dana Foundation, September-October 2004. Articles include: Neurogenesis Holds Promise as Treatment for Brain Disease and Injury; Atypical Antipsychotics May Lower Violence; RNAi: Running Interference on Disease-Causing Genes; and News From the Frontier. 8 pages

8.57 Brain Work: The Neuroscience Newsletter = The Dana Foundation, November-December 2004. Articles include: The Hidden Cost of War: PTSD and the Combat Veteran; Mitochondria Play Life-and-Death Role; Influenza and the Vulnerable Brain: Untangling the Complex Causes of Schizophrenia; Stem Cells as Information Databases; and News from the Frontier. 8 pages

8.58 Brain Work: The Neuroscience Newsletter = The Dana Foundation, January-February 2005. Articles include: Imagine That! Neural Prosthetics Harness Thoughts to Control Computers and Robotics, Tourette Syndrome: A Neural Circuit Gone Awry; Making the Impossible Probable: Spinal Cord Researchers Inch Toward Reconnecting Brain to Body; Neuroethics' Growth Provokes Thoughtful Examination; Parenting Matters: Your Genes Prove It; The Neurobiology of Economic Decisions; and News from the Frontier. 8 pages

8.59 Brain Work: The Neuroscience Newsletter = The Dana Foundation, March-April 2005. Articles include: Recalling Freud: Researchers Uncover Voluntary Repression of Memories; In Search of Therapy: The Genetics of Deafness; New Clues Emerge in Hunt for Autism Gene; A Critical Link Between Chronic Stress and Aging; and News From the Frontier. 8 pages

8.60 Brain Work: The Neuroscience Newsletter = The Dana Foundation, May-June 2005. Articles include: Brain Tumor Researchers Let Slip the Immune Cells of War; The Amygdala: the Boy's Alarm Circuit; Old Drug's New Trick Offers Hope for ALS; Neurotoxin Threat Impels Research With Botulism, Early Detection is Key; and News From the Frontier. 8 pages

8.61 Brain Work: The Neuroscience Newsletter = The Dana Foundation, July-August 2005. Articles include: Peering Into the Brain: New Frontiers in Neural Imaging; Cha-Ching! Neural Processes Underlie Economic Decisions; New Techniques Detect Alzheimer's Before Symptoms Develop; An Eye on Shut-Eye; and News From the Frontier. 8 pages

8.62 Brain Work: The Neuroscience Newsletter = The Dana Foundation, September-October 2005. Articles include: Deep Brain Stimulation: A Technique for Mood, Too?; Your Brain on Steroids: With Male Sex Hormones, Dose Size Matters; Blocking Neuropathic Pain by Targeting Immune System Receptors; Depression Increases Risk After Heart Disease; and News From the Frontier. 8 pages

8.63 Brain Work: The Neuroscience Newsletter, Vol. 15, No. 6 = The Dana Foundation, November-December 2005. Articles include: Rethinking the Synapse: Emerging Science Challenges Old Assumptions; Mental Concerts: What Neural “Notes” Reveal about Consciousness and Creativity; International Panel Explores Neuroethics; and The Protective Effect of Neural Precursor Cells. News From the Frontier includes: Researchers “map” susceptibility genes for Parkinson’s Disease; 3-D “maps” show brain damage from HIV; Cognitive effects of pre-term birth linked to movement center; and Nicotine gives the brain more bang for the buck. 8 pages

8.66 Brain Work: The Neuroscience Newsletter, Vol. 16, No. 3 = The Dana Foundation, May-June 2006. Articles include: Targeting Craving Shows Therapeutic Potential; Terms of Empathy: Your Pain is My Pain-If You Play a Fair Game; Diabetes and the Brain: The Unseen Connection; and Expectations Trump Reality in Taste Response. News From the Frontier includes: Plaques Without Memory Problems; On the Way to Restoring Vision; Mitigating Radiation Damage; and The Benefits of Social Interaction. 8 pages

8.68 Brain Work: The Neuroscience Newsletter, Vol. 16, No. 5 = The Dana Foundation, September-October 2006. Articles include: Sleep Loss Affects More than the Brain; The Other Side of Cytokines; ADHD Grows Up: Adult Diagnosis Can Be Especially Tough; Gene’s Problems Cross Generations: Fragile X Gene Affects Children, Older Carriers; and News from the Frontier. 8 pages

8.69 Brain Work: The Neuroscience Newsletter, Vol. 16, No. 6 = The Dana Foundation, November-December 2006. Articles include: Too Much of a Good Thing: Addiction as Overlearning; Brain and Blood Achieve Intricate Relationship; Behavior, Stress Affect Alzheimer’s Disease Risk; Perplexing Estrogen Findings Drive Research; Stem Cell Researchers Set Sights on Parkinson’s; For Neuroethics, a Global Reach; Architecture, Neuroscience Intersect; and News from the Frontier. 12 pages

9 Brainstorms Series: Set of five books discussing epilepsy in the voices of those who live it every day, their caregivers, and their loved ones:

9.1 Brainstorms: Epilepsy in Our Words, Steven C. Schachter, M. D., 1993, 104 pages

9.2 The Brainstorms Woman, Steven C. Schachter, M.D., Kaarkuzhali Babu Krishnamurthy, M.D., Deborah T. Combs Cantrell, M. D., 2000, 124 pages

9.3 The Brainstorms Healer, Steven C. Schachter, M.D., A. James Rowan, M.D., 1998, 167 pages

9.4 The Brainstorms Family, Steven C. Schachter, M.D., Georgia D. Montouris, M.D., John M. Pellock, M.D., 1996, 160 pages

9.5 The Brainstorms Companion, Steven C. Schachter, M.D., 1995, 129 pages

9.6a, b CDC Injury Fact Book 2001-2002 = Department of Health and Human Services, National Center for Injury Prevention and Control and the Centers for Disease Control and Prevention, 2001. The data presented in this book is supported with discussion, helpful analysis, and fact description. Some of the subjects covered are dog bites, spinal cord injuries, car accidents, youth violence, suicide, and alcohol-related motor vehicle injuries. Also includes epidemiology according to age, race, and gender. This guide is written for the lay person but contains a great deal of useful information for professionals. 129 pages

9.7 Cerebrum: The Dana Forum on Brain Science, Volume 5, Number 4, Fall 2003 = The Dana Foundation, Articles in this issue: A Wake-Up Call About Sleeping Sickness; Hope for the “Comatose” Patients; Feeding the Aging Brain; Seeking the Right Answers About Right Brain-Left Brain; Three Nobelists Ask: Are We Ready for the Next Frontier?; and Fire and Flood: The Brain in Crisis. Intriguing, interesting and easy-to-read. For those who like to ponder new ideas. 125 pages

9.71 Cerebrum: The Dana Forum on Brain Science, Volume 7, Number 1, Winter 2005 = The Dana Foundation. Articles in this issue: Paradoxical Profile: Alcohol’s Risks and Benefits; Astronauts Study the Brain in Space; Dawning Hope for “the Other Dementia;” Why the White Brain Matters; and an excerpt from the book “Animals in Translation.” 126 pages

9.72 Cerebrum: The Dana Forum on Brain Science, Volume 7, Number 2, Spring 2005 = The Dana Foundation. Articles in this issue: Taste, Our Body’s Gustatory Gatekeeper; The Inner Lives of Disordered Brains; Bird Brain? It Might be a Compliment!: How Addiction Hijacks Our Reward System; Mental Retardation: Struggle, Stigma, Science; and an excerpt from the book “The Wisdom Paradox: How Your Mind Can Grow Stronger As Your Brain Grows Older.” Fascinating and captivating! 126 pages

9.73 Cerebrum: The Dana Forum on Brain Science, Volume 7, Number 3, Summer 2005 = The Dana Foundation. Articles in this issue: Fearful Symmetry: Probing the Limits of Brain Modeling; Reversing Sudden Deafness; No Child Left Behind Without a Brain Scan? Toward a Pediatric Neuroethics; Searching for a Drug to Extinguish Fear; and Discovering That Rational Economic Man Has a Heart. Book reviews include “Madhouse: A Tragic Tale of Megalomania and Modern Medicine” and “Mortal Minds: The Biology of Near-Death Experiences.” In an excerpt from “The Ethical Brain,” author Michael S. Gazzaniga “asks how brain science can affect our view of the moral status of the human embryo.” 110 pages

9.74 Cerebrum: The Dana Forum on Brain Science, Volume 7, Number 4, Fall 2005 = The Dana Foundation. Articles in this issue: Cooling It (Induced Hypothermia); Cognitive Fitness for the Older and Wiser; Left Hand, Left Brain: The Plot Thickens; Four Fictional Odysseys Through Life With a Disordered Brain; The End of Sex As We Know It; book reviews, and an excerpt from “The Creating Brain: The Neuroscience of Genius.” 130 pages

9.8 Breaking Down Barriers K - 12 and Beyond: Your Guide to the E & IT Barriers. ADA & IT Technical Assistance Centers. 2004. This packet about accessibility to electronic and information technology includes an interactive CD, a booklet, parent guide, sign language posters, and barrier free computing poster. For educators, parents, technology and anybody interested in technology accessibility. 8 pages

10 Child Abuse and Neglect = Elizabeth Maggio, RN, PHN and James J. Mead, 1983. This book is difficult to read if you are squeamish. It deals quite frankly with the horrific acts committed against children. Though it is not written in a sensational manner, the information can be overwhelming. It outlines the basic forms of child abuse, the usual perpetrators, what the effects are to the child, and how to recognize abuse. Also contains a section with actual child abuse cases. 128 pages

10.1 The Child's Brain: Injury and Development = Ron Savage, Ed.D., Lash and Associates, 1999. This booklet provides a basic understanding of the physical development of a child's brain and how an injury affects a child's brain. Explanation without a lot of medical jargon or details. 15 pages

10.2 Casper Area Depression Treatment Resource Directory = The Natrona County Task Force for Suicide Prevention, February 2004. Booklet includes lists of psychiatrists, resources for depression, and advocacy groups. 7 pages

11 Child Abuse and the Church = James J. Mead and Glenn M. Balch, Jr., 1987. The mention of the church in this book is limited. Mainly it requests those readers in the church to do the right thing and includes a brief description of the church's role in starting the war against child abuse in New York in 1869. The book is made for the average reader. It explains the categories of child abuse, how to identify them and who the usual abuser is likely to be. 146 pages

11.1 Children with Traumatic Brain Injury = Lisa Schoenbrodt, EdD, CCC-SLP, Editor, 2001. Specifically written for parents of children with brain injury, this book is packed full of useful and educational information. It also has practical advice for everyday situations, but is mostly on the clinical side. Provides information on services available and how to find and deal with other caregivers who will be necessary in your child's life. This is an important perspective to have since brain injury is so much different in children than adults. 471 pages

12 Chris Plays Basketball/Boy = Todd Filipps with art by Nina Laden, 2001. This is a very inspirational book without being dramatic. Written for kids in late grade school or junior high, it explains that Epilepsy does not have to ruin your life. The child in this book wants to play basketball but has some trouble with the other kids' reactions to his seizures. It gives positive solutions and has a happy ending and great artwork. Chris, in this book, is a boy. 17 pages

13 Chris Plays Basketball/Girl = See #12. In this book Chris is a girl.

14a, b Coming Home, a Discharge Manual for Families of Persons with a BI = Dana S. DeBoskey, PhD, 1996. Everyday language makes this book easy to read and understand. It addresses the complexities of daily life with a brain injured person and identifies the normal problems that will occur. Then it lists ways to and deal with the problems and how to try to prevent them in the future. There is an emphasis on keeping your perspective and your sanity! 63 pages

14.1 Compensatory Systems for Students with Brain Injuries = Lash & Associates, 1999. "The activities described in this manual are designed to help educators select a compensatory system, teach students how to use it, and monitor how well the system is working for the student." 40 pages

15a, b Coping with Mild TBI = Diane Roberts Stoler, EdD and Barbara Alberts Hill, 1998. There is A LOT of useful information in this book! The psychologist who wrote it has experienced a brain injury. There is a good deal of clinical information. Discusses the injury itself and then covers the physical, mental, and emotional changes happening to the survivor. Concludes with the recovery process. 334 pages

15.1a, b Cooking Again: A Cookbook for Individuals with Brain Injury, Stroke, and Other Neurologic Disorders = Kathryn J. Robinson & Janice A. Robinson, 2000. "This is a beginning level cookbook. The recipes involve no cutting and only one cooking skill. A great way to begin cooking again!" 126 pages

15.2 Cooking Again: Crockpot Entrees = Kathryn J. Robinson & Janice A. Robinson, 2000. "A level II cookbook which helps the individual prepare a meal and bring it to the table at one time. Cutting skills are required but only one cooking skill is used." 98 pages

15.3 Cooking Again: One Dish Meals = Kathryn J. Robinson & Janice A. Robinson, 2000. "The third cookbook in the series presents more complex recipes, but not at the level of a general cookbook. This book includes all of the features of books I and II. It requires the skills of cutting, measuring, and at times, the use of more than one cooking technique in a recipe." 138 pages

15.4 101 Picture Recipes = Rose Redmond, 1983. This cookbook is geared to assist the nonreader to become more independent in food preparation. 101 pages

16 Counseling Interactions with TBI Clients = Keith D. Cicerone, PhD, 1997. Examines the relationship between client and counselor, and how to approach different situations. Stresses client involvement in their own program. Easy to read. 43 pages

17 Daily Reflections = By AA members for AA members, 1990. There is a different quote and personal remark for every day of the year. The quotes are from such sources as Bill W. in *Alcoholics Anonymous, Twelve Steps and Twelve Traditions*, A.A. Comes of Age, As Bill Sees It, and *The Best of Bill*; and Dr. Bob from *Dr. Bob and the Good Old Timers*. The personal remarks are from A.A. members. 374 pages

17.1 Disability is Natural = Kathie Snow, 2001. The author takes the revolutionary attitude that disability is a natural part of being a human being. She emphasizes that your disability doesn't take precedence over your humanity. The book teaches you to prioritize *who* your child is not *what* he/she is (as in disability labels) and to throw out much of our language as hurtful and de-humanizing. The emphasis on seeing the person first goes for teachers and doctors as well as those with disabilities. 632 pages

17.2 Dotty the Dalmatian has Epilepsy = Epilepsy Foundation of America, no date available. This cute children's book explains that epilepsy does not mean you cannot live your life to the fullest. Dotty learns she has epilepsy and thinks this will crush her chances to be the firehouse mascot. Her mother tells her about a heroic dog with epilepsy that saved a child's life. Dotty is inspired to not let epilepsy get in the way. Dotty saves the life of a baby and gets grand recognition. Very inspiring and well illustrated to catch a child's eye. 16 pages

17.3 Dictionary for Brain Tumor Patients = American Brain Tumor Association, 2002. Contains terms commonly encountered with brain tumors in a traditional dictionary format. Terms are both lay and technical. 136 pages

17.4 DSM-IV Made Easy: The Clinician's Guide to Diagnosis = James Morrison, 1995. Written in everyday language, this manual provides clear definitions of mental health diagnosis, case studies, and guidelines for ruling out other possible disorders. This book would be helpful to both professionals and family members who wish further information about the psychiatric diagnosis of a patient or family member. 579 pages.

17.5a, b Disability Etiquette: Tips on Interacting with People with Disabilities = Judy Cohen, 2003. "The National Organization on Disability reports that more than 54 million Americans have a disability. This booklet is for anyone-with or without a disability-who wants to interact more effectively with people with disabilities." 49 pages

17.6 The Dana Sourcebook of Brain Science: Resources for Secondary and Post-Secondary Teachers and Students = Dana Press, 2003. Some of the topics include scientific lives, the workings of the brain, genes, stem cells, advances in brain research, suggested activities, brain books, Shakespeare's insights, glossary, maps, and web resources. Access to the online edition at [www.dana.org](http://www.dana.org). 162 pages

18a, b, c, d Epilepsy, a Guide to Living Well = Stephanie English and Jules Verdone, 2002. A reference guide for identifying epilepsy and understanding the treatment and medications involved. Suggestions for monitoring and dealing with epilepsy in everyday situations. 58 pages

19a Epilepsy, a Patient and Family Guide = Orrin Devinsky, MD, 1994. This is a very detailed exploration of every aspect of epilepsy. Covers diagnosis, treatments, medications, frequency, age, and all aspects of living with epilepsy. An epilepsy encyclopedia! 433 pages

19.1 Ethics and Standards for Guardians = National Guardianship Association, 1994. This guide is written in everyday language for anyone who may need information about guardianship. Guidelines include rights and legal activities and the rights. Includes useful examples. 50 pages

19.2 Every Good Boy Does Fine = Timothy Laskowski. This author's first novel provides a unique insider's perspective. The main character, Robert, suffered a traumatic injury after a rock-climbing accident. He writes this account while residing in a group home and starting Transitions, a new rehab program where he's learning independent living skills. You'll feel a rollercoaster of emotions as Robert desperately tries to find coherence and "appropriateness" in his relationships and in his world. 178 pages

19.3 Extent, Nature, and Consequences of Intimate Partner Violence = National Institute of Justice and Centers for Disease Control and Prevention, July 2000. "This report presents findings from the National Violence Against Women (NVAW) Survey on the extent, nature, and consequences of intimate partner violence in the United States." The report includes data by sex, race, risk factors, rate of injury, use of medical services, and involvement with the justice system. 57 pages

19.4 Costs of Intimate Partner Violence Against Women in the United States = Centers for Disease Control and Prevention, March 2003. "Data about nonfatal Intimate Partner Violence (IPV) victimizations and resulting health care service use were collected through the National Violence Against Women Survey (NVAWS)...Based on NVAWS data, an estimated 5.3 million IPV victimizations occur among US women ages 18 and older each year." This report describes the study, presents the findings, identifies future needs, and highlights prevention. 53 pages

20. Fall Back Up = A. W. Bailey, no date available. This story of a brain injury and recovery is told with poems. While poignant in its moments of pain, the book is also very uplifting and warm in its times of happiness. A satisfying read. 206 pages

20.1 Fatal Firearm Injuries in the United States-1962-1994 = CDC, 1997. The CDC gives a detailed study about firearm deaths. Cross referencing different categories like age, location and type of incident, gives a very thorough look at what is happening across the country. Information is presented in tables, charts, and graphs and is not light reading. 55 pages

20.2a, b Famous People with Epilepsy = Novartis, 2002. Although only eight pages long, this is a fascinating book for anyone with epilepsy or anyone with an interest. Gives brief descriptions of famous individuals who had epilepsy and how it was discovered or misdiagnosed by those who knew or researched them. Most adults should have no trouble reading this but children may need someone with them to help with some words or historical references. 8 pages

20.3 Facts About Concussion And Brain Injury: Where to Get Help = Brain Injury Association, 2004. Topics include danger signs, symptoms, tips for healing, and where to get help. Very easy to read and understand. 18 pages

21 Federal Benefits for Veterans and Dependents '96 edition = Department of Veterans Affairs, 1996. This handbook lists all of the benefits available to veterans. Brief explanations of the benefit follow each, and there is a list of VA facilities nation wide. 92 pages

21.1 Free Money to Pay Your Bills = Matthew Lesko, 2003. "There are thousands of government programs available to provide money and other assistance to help average citizens to pay their bills." This book shows you how to tap into these resources. 772 pages

22a, b Funding Traumatic Brain Injury Services = Janna Starr, Cathy Ficker Terrill, and Martha King, 2001. A technical study of where funding is offered, by whom and how many are receiving it. Done mostly with state by state tables, but there is discussion to help explain it and answer commonly asked questions. Good for researchers. 33 pages

23 Getting Better after Brain Injury = Jeff Kreutzer, Gene Gourley, and Debbie West, 1999. Presented in a workbook style format, this guide offers practical advice about daily activities and feelings during recovery after a brain injury. Focuses on keeping a positive mental and emotional attitude. 66 pages

24 Get to the Heart = Barbara Mandrell with George Vecsey, 1990. Barbara Mandrell combines her personal life story and that of her family with this detailed account of her tragic brain injury. Includes pictures, anecdotes, and personal thoughts. 392 pages

25a, b Glossary of BI Related Terms = L. Don Lehmkuhl, PhD, Editor, 1993. An alphabetical listing and definitions of words and procedures you may run into when learning about brain injury. 43 pages

26 Go for It! = Jerry D. Kelly, PhD and Lex Frieden, Editors, 1989. Who says you have to just sit there because you have a disability? There are pages of photographic evidence that sitting around is not the norm. Many different sports and recreational activities are presented, along with discussion on the adaptations needed, the availability and the benefits of such activities. Ranging from water sports and archery to curling and seated volleyball, this book covers many different possibilities. 236 pages

27 God Isn't Finished with Me Yet = Kathy Hughes with Rita Milios, 1990. Kathy's story of her injury and how it changed her life. She emphasizes the fact that her limitations do not define her life...there are still things she is meant to do and be. 129 pages

27.1 Headsmart Sitters: Big Kids Taking Good Care of Little Kids = Violence and Brain Injury Institute, 1999. This book contains 10 lessons which include a page of information,

a book to read and discuss, a journal page, and an activity page. This is an excellent book for parents and youth group leaders to use for babysitting training. Upper elementary level. 32 pages

28 Health Care Rehabilitation Center/Addictive Disorders = Bill Peterman, 1992. This is a twelve step recovery workbook for those who have had a brain injury. The twelve steps are listed, and then dealt with individually in a simple and straightforward manner. Many people with BI turn to drugs or alcohol to cope. The typeset is large and easy to read. 78 pages

28.1 Heads Up: Brain Injury in Your Practice = Department of Health and Human Services, 2007. The CDC's response to the Congressional TBI Act of 2000 which mandated attention to prevention of mild traumatic brain injury and improvement of clinical management for patients. CD, concussion card, acute concussion evaluation sheets, fact sheets and booklet for physicians and their patients. Some in Spanish.

28.2 Headache – Hope Through Research = National Institute of Neurological Disorders, 2002. “An estimated 45 million Americans experience chronic headaches. For at least half of these people, the problem is severe and sometimes disabling.” Causes and treatments – from biofeedback to change in diet – are addressed in this booklet. 36 pages

29 Health Reform 1995-2000 = Wyoming Health Reform Commission, 1994. “The Wyoming Health Reform Commission was appointed by Governor Mike Sullivan, in 1993. The Commission, made up of 23 citizens from across the state, was charged by the Governor to develop recommendations for the Governor and the Legislature by December 1, 1994, which would address major health care reform issues in our state. These recommendations are listed and discussed here.” This is readable, but might need some sifting and additional materials to really understand everything. 47 pages

29.1 I am the Central Park Jogger = Trisha Meili, 2003. Finally revealing her identity after years of anonymity, Trisha Meili gives us her story. The brutality of her attack is not what leaves you with a sense of amazement; it is her miraculous survival and recovery. She takes us through her life on a very personal journey and shares with us why she was out that night, what she remembers from those dark weeks (in which she refers to her mind as “the black hole”), what it took for her to start her new life and even why she thinks she may be better off now than before the attack! It is well written - a favorite of our first-hand survivor stories. 257 pages

30 I Can't Cry in Colors = Linda O'Connor-Barnett, 1989. Linda was in a car accident the summer before her senior year in high school and sustained a traumatic brain injury. Here is her account with additional accounts from her family on the different stages of her recovery and the changes she and her family went through as a result. Linda presents this with the desire that those who read it keep in mind the lessons she and her loved ones have learned in case they find themselves in a similar situation. Written in a simple, everyday style. 90 pages

30.1 I'll Carry the Fork! = Kara Swanson, 1999. (donated by Community Pathways)  
Kara's personal story is infused with humor and desperation, with doubt and with joy. She has an extraordinary way of letting us into her world. Without directly instructing, she teaches us how she organized her life in a body that resists her at every turn. What may be her most important lesson, however, is not in letting go of and mourning for the life she lost, but in moving on with the new one. As she puts it "...finding out that sometimes when your life ends, you don't actually die." Average reading level. 205 pages

30.2 It's Mindboggling! = The Dana Alliance for Brain Initiatives, 2003. This little booklet is packed with fun facts, brain teasers, activities, diagrams, definitions, and resources. Geared for upper elementary and above. 13 pages

31 Independent Living and BI = Janet Williams and Mark Mathews, 1998. With emphasis on some personal recovery stories, this book deals with learning to live independently again after BI. Brief descriptions and definitions of BI are included, but the main focus is the challenges and benefits of living on your own once more. Includes some discussion of organizations. Easy to understand. 78 pages

32 Injured Mind, Shattered Dreams = Janet Miller Rife, 1994. Brian's mother, Janet, tells the story of Brian's injury and recovery. She presents the story in a very descriptive journal format. The last part of the book is a conversation with her son. There is an emphasis on promoting safe driving and seatbelts since the accident involved drugs and alcohol, and Brian did not wear his seatbelt. There are strong religious references. Easy to read. 181 pages

32.1a, b Injury to Bicyclists, a National Perspective = Susan P. Baker, MPH, Guohua Li, DrPH, Carolyn Fowler, PhD, and Andrew L. Dannenberg, MD, MPH, 1993. This is a technical book full of tables and charts. Not light reading, but understandable information regarding causes, frequency and other factors involving injury to bicyclists across the nation. 87 pages

32.2 Injury Control Recommendations: Bicycle Helmets = U.S. Department of Health and Human Services, 1998. Bicycle helmets and the prevention of head injury, increasing the use of bicycle helmets, legislation, organizations, recommendations and suggestions for a community-based bicycle helmet campaign. Technical presentation and some chart material. Readable. 17 pages

32.3 Know Your Brain = National Institute of Neurological Disorders and Stroke, 2001. "This brochure is a basic introduction to the human brain. It may help you understand how the healthy brain works, how to keep it healthy, and what happens when the brain is diseased or dysfunctional." The diagrams and reading level would be great for third graders through adult. Could be a good basis for a science fair project! 9 pages

32.4 Know Stroke. Know the Signs. Act in Time = National Institute of Neurological Disorders and Stroke, 2002. "Stroke is the third leading cause of death in the United

States and a leading cause of serious, long-term disability in adults...The good news is that treatments are available that can greatly reduce the damage caused by a stroke. However, you need to recognize the symptoms of a stroke and get to a hospital quickly.” This handy booklet provides symptoms, treatments, and preventions. 6 pages

32.5 The Legal Rights of Women in Wyoming = Wyoming Council for Women’s Issues, Margaret L. Pilch, Ph.D., 2002. “The goal of this publication is to enhance the lives of Wyoming women through increased knowledge. The more you know about your rights, the more you can work for what you deserve. Special legal training is not required to understand this material. This handbook provides you with a quick reference of legal rights, and enough information to allow you to investigate issues further and locate valuable resources.” 95 pages

33 Legal Rights of the Catastrophically Ill and Injured: A Family Guide = Joseph L. Romano, 1998. This guide is absolutely comprehensive. Contains information and advice about the legal matters and BI: guardianship, liability, special education, medical records, finding a lawyer, pursuing a case, and other advice on how to protect and advocate for the BI and their families. There is some legal language in this guide, but most is understandable. 280 pages

33.1 Living with a Brain Tumor = American Brain Tumor Association, 2001. This practical guide gives advice for coping, informing loved ones, and day to day living after you’ve been diagnosed. Written in everyday language. 40 pages

33.2a, b Life After Trauma: What Every Person Should Know = Pfizer CNS, April 2000. Artwork by people from the Survivors Art Foundation beautifully illustrates this little booklet about post traumatic stress disorder. Definition, symptoms, treatment and resources are included. 14 pages

33.3 Looking Beneath the Surface: Understanding the Symptoms and Treatment of Obsessive Compulsive Disorder = Steven A. Rasmussen, MD, January 1997. Definition, symptoms, diagnosis, and treatment are covered in this booklet. 11 pages

33.4 Learning and Cognitive Communicative Challenges: Developing Educational Programs for Students with Brain Injuries. = Lash and Associates, 2004. “Typically, the speech-language pathologist assists the student by identifying communicative challenges and proposing strategies to facilitate skill development. However, assessment, intervention, and use of language skills to facilitate learning are the responsibility of all who interact with the student. Therefore, it is imperative that teachers, employers, and family members understand cognitive-communication and are familiar with strategies that support communication attempts.” 48 pages

33.5 Long-Term Planning for Individuals with Chronic Disability – A Guide for Families = Seaton Foundation, no date. “This booklet was produced to provide families and guardians with a basic understanding of issues related to long-term planning for individuals with chronic disabilities.” Six authors contributed short articles including

financial and estate planning, effects on the family and the facts about guardianship. This would be a good reference for caregiver support groups. 33 pages

33.6 The Life and Death of a Neuron = National Institute of Neurological Disorders and Stroke, 2002. "Neurons are information messengers. They use electrical impulses and chemical signals to transmit information between the brain and the rest of the nervous system." Learn about the architecture, birth, migration, differentiation, disease and death of a neuron. Would make a great science fair project! 4<sup>th</sup> grade-adult. 8 pages

34 Making Sense of Nonsense, Models of Head Injury Rehabilitation = Ruth A. Whitham, 1994. While there are technical portions of this book with definitions and terms, it is a very practical guide to life with BI. Written with great sensitivity, it addresses what you and your emotions will have to conquer. 133 pages

34.1 Medicare & You = Centers for Medicare & Medicaid Services, 2003. Information in this guide includes: Your Medicare Benefits, Choosing a Health Plan That's Right for You, Your Medicare Privacy Rights, and New Ways to get Information. Written for the average reader. 84 pages

34.3 Meningitis and Encephalitis = US Department of Health and Human Services, 2004. This booklet covers types, causes, transmission, signs, symptoms, diagnosis, prevention, prognosis, and research. 20 pages

34.4 Maryland's Traumatic Brain Injury Post Demonstration Products: Resource Coordination Handbook for Human Services = Maryland Department of Health and Mental Hygiene, 2004? Chapters include: What is Brain Injury?; Common Functional Disabilities Experienced After Brain Injury; Where are Individuals with TBI Being Served?; Suggested Rehabilitation Pathways; Suggested Strategies to Support Cognitive, Communicative, and Behavioral Functioning; Screening for and Gathering Data Regarding an Individual's History of Traumatic Brain Injury; Presenting Problems-Possible Solutions. The Appendixes feature a TBI screening in English and Spanish. This manual goes with CD #23. 49 pages

35 Mental Health Hospitalization under Wyoming Law = Wyoming State Bar, 1994. To the point and concise, what the law says about hospitalizing someone for mental health reasons, whether it be self referral or if you need to provide treatment for someone else, or if the legal authorities become involved. Includes information on patients' rights, costs and discharge. 16 pages

35.1 Men and Depression = U.S. Department of Health and Human Services, 2003. Depression can strike anyone regardless of age, ethnic background socioeconomic status or gender. Men described their symptoms of depression without realizing that they were depressed. Definition, causes, diagnostic evaluation, treatment, self-help tips and resources are included in this booklet designed for men and the people who care about them. 37 pages

35.2 Messageline = American Brain Tumor Association, Volume XXXII, Number 1, Spring 2005. Articles include: Savvy Drug Shopping; Employment Rights; Clinical Trial Update; and Raising Funds & Raising Fun. 27 pages

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35.4 Messageline = American Brain Tumor Association, Volume XXXII, Number 3, Fall 2005. Articles include: Eating to Fight Your Tumor; Reach Out For Support; Medicare Prescription Drug Coverage; North American Brain Tumor Coalition Update; Patient & Family Meetings; and Fundraising. 32 pages

36 Mike has Epilepsy = Novartis, 1999. This is written for young kids who have epilepsy so that they can understand what it is and what to do when they have a seizure. They can explain to other kids what they have, that they can live quite normally with doctor supervision and if they remember to take their medicine. Cute pictures and a happy tone. 15 pages

36.1 Miles to Go Before I Sleep = Jackie Nink Pflug, 1996. This is a very unique personal story of brain injury. Jackie was on Egypt Air Flight 648 when it was hijacked, and was shot in the head by a terrorist. The terrorist pushed her down the metal staircase and left her for dead. But she wasn't dead. Her story of survival, struggle, and acceptance is inspiring and shows us what strength and determination can do. Like many survivors, no one told Jackie what to expect after her injuries. Though this is a brain injury incident, the story focuses mostly on Jackie's personal journey and less on the mechanics and treatments of her injuries. Written for the average reader. 224 pages

36.2 National Strategy for Suicide Prevention = U.S. Department of Health and Human Services, 2001. A very informative, though sobering analysis of suicide in America. Chart, tables, and graph help to illustrate statistics. Information spans seven decades and racial, gender, social, and environmental reasons. It attempts to provide useable information to those dedicated to preventing suicide across the nation. Very thoroughly researched and presents a host of good prevention ideas. 204 pages

36.3 MRS of the Brain and Neurological Disorders = edited by Toshiro Fujimoto, MD, 2000. Extremely technical in nature, but provides clear MRI images of a wide variety of brain injuries. 321 pages

36.4 Morbidity and Mortality Weekly Report: Surveillance for Traumatic Brain Injury Deaths – United States, 1989-1998 = Centers for Disease Control and Prevention, December 2002. Do you need data for your research project on deaths due to traumatic brain injury? If so, this is the booklet for you! Information includes breakdown by year, sex, race, and cause. 14 pages

36.5 New Mexico 2003 TBI Resource Manual = New Mexico Department of Health, 2003. The chapters are: Information on Brain Injury, Living with the Stages of Brain

Injury, Specialty Topics, Resources, Questions and Answers, Glossary, and Reading List and References. Also available on CD – BIAW Library #22. Easy to read. 129 pages

36.6 Natrona County Human Services Directory: September 2004 = Community Action Partnership of Natrona County, 2004. From child care to adult education, counseling to substance abuse, emergency social services to employment, weatherization to legal services, and everything in between! This reference book includes all of the basic information that you will need to find services in Natrona County. 116 pages

37 Newborn Information Binder w/video = Esha Bhatia and U.S. Department of Transportation, National Highway Traffic Safety Administration, 1997. Contains pamphlets and brochures and a video to instruct new parents on how to keep their babies safe in the car and in the home. Easy to understand for the average person.

37.1 One Tiny Twig = Dan Rhema, 2003. This is a delightful story written by a brain injury survivor. It is the tale of a girl who sets out on a quest to uncover her family history and succeeds. Wonderful illustrations and easy to read. 30 pages \*Also written by Dan Rhema in our library is “The Day the Animals Lost their Colors” (#49.1)\*

37.2a, b 100 Questions and Answers About Brain Tumors = Virginia Stark-Vance, M.D. and M.L. Dubay, 2004. “Patients, caregivers, families and friends are guaranteed to learn from the answers and commentaries found here. Also, the healthcare team treating brain tumor patients will learn about those unasked questions that patients were afraid to ask, were to embarrassed to ask, or forgot to ask during their hospital stay or office visit.” 229 pages

37.3 Premier Outlook, Volume 3, Issue 3, Summer 2002. This issue focuses on students, academics, and brain injury. Articles include Communication vs. Conflicts: Helping Parents and Educators; Presentation of Brain Injury in Children and Adolescents; Understanding Inclusion; Students with Traumatic Brain Injury: Identification, Assessment and Classroom Accommodations; Enabling Legislation – Public Law 94-142 The Education of the Handicapped Act; and Brain Injury and the Teenager. 35 pages

37.4 Premier Outlook, Volume 4, Issue 1, Winter 2004. The theme of this issue is “Bridging the Gaps: Unique Solutions to Difficult Dilemmas.” Articles include Returning to School Following Brain Injury; Meeting Personal and Complex Medical Needs in a Home Just Down the Street; Good Coffee, Good Conversation, Good Idea; Developing Community Supports; Making it Work...With a Little Help; Inside the Brain – Interesting Reads; Creative Therapy: Volunteering – Everybody Can be Great; Respite - A Gift of Time; and Vacations for Persons With Disabilities. 59 pages

37.5 Premier Outlook, Volume 4, Issue 2, Summer 2004. The theme of this issue is “Please Don’t Mind My P’s & Q’s: Emotion and Behavior After Brain Injury.” Articles include Interventions for Behavioral Problems After Brain Injury; Medications and Behavior; Neuroanatomy of Behavior After Brain Injury; Substance Abuse and TBI;

Psychological Factors Affecting Behavior: Depression After Brain Injury; and School Integration: Addressing Behavioral Needs of Students Following Brain Injury. 66 pages

37.6 Premier Outlook, Volume 5, Issue 1, Spring 2005. The theme of this issue is “Inadequate by any Measure: Public Funding for Brain Injury.” Articles include: Perception & Reality Plain Talk: An Overview of Public Funding for Brain Injury; From Sea to Shining Sea: Services and Support for Brain Injury; Blueprints: Perspectives from New Mexico and New York; The Traumatic Brain Injury Act: Interviews with U.S. Congressmen James C. Greenwood and William J. Pascrell, Jr. and the Brain Injury Association of America; The Story of Texas House Bill 1676: Insurance Coverage for Cognitive Rehabilitation; Willie, Dancing and Rehab; and New Medicines: Are They Worth the \$\$\$. 83 pages

37.7 Premier Outlook - Vol. 5, Issue 2, Winter 2005. “Is That Legal? Brain Injury and the Law” is the theme of this issue. Articles include: Should I Stay or Should I Go?: The School, the Law, and the Child with a Brain Injury; Competency and Brain Injury; Traumatic Brain Injury in Prisons: A Review; The Traumatically Brain Injured and the Law; Traumatic Brain Injury and Personal Injury Litigation; Traumatic Brain Injury in the War Zone; Your Workplace Rights When an Immediate Family Member Suffers a Traumatic Brain Injury; Why Aquatic Therapy?; and Violence Prevention Tips. 87 pages

37.8 Premier Outlook – Vol. 1, Issue 1, Summer 2000. Articles include: Perception & Reality: Directions and Challenges in the 21<sup>st</sup> Century; The Epidemiology of Traumatic Brain Injury; Developing Training and Education Curriculum for Direct-Care Staff (Part 1); Promoting Healing Through Graceful Movement; Watch Your Head: Helmets Protect More Than You Think; Guidelines for Rehabilitative Services: Funding in the Year 2000: Creative Use of Private, Public, and Personal Resources; and Frequently Asked Questions from Family Members. Available on-line at [www.premieroutlook.com](http://www.premieroutlook.com). 15 pages

38 Pain, Making Life Liveable = Dana S. DeBoskey, 1996. The focus of this book is *not* pain. In fact, it is about how you can learn to stop focusing on your pain. In a very clear format and writing style, it lists the common reactions of living with chronic pain and how to navigate them while keeping good relationships with friends and family, and maybe even increasing your productivity and freedom. 65 pages

38.1a, b Pain – Hope Through Research = National Institute of Neurological Disorders and Stroke, 2001. History, diagnosis, treatment, differences in gender and age, research, appendix, and information resources are included in this booklet. 50 pages

39 Parent Student Special Education Handbook = Parent Information Center, no date available. Very educational handbook on education! Some special lingo, but contains a list of its acronyms, a glossary, and a list of many different resources. Takes you through the latest changes in disability laws and how to utilize programs available to you. Step by step discussion on application and testing processes, and includes information on legal involvement when disciplinary action is warranted. 43 pages (Appendix A-F)

39.1 Parents and Teachers As Allies: Recognizing Early-onset Mental Illness in Children and Adolescents = Joyce Burland, Ph.D, 2003. “This summary account of the symptoms of mental illness in children and adolescents-and a discussion of the issues these disorders raise for parents and teachers-is intended to provide an educational tool for advancing mutual understanding and communication. It is designed to travel on a two-way street: for teachers to use and give to parents and for parents to use and give to teachers.” 27 pages

39.2 Parkinson’s Disease: Hope Through Research = National Institute of Neurological Disorders, 1994. Causes, symptoms, diagnosis, treatments, and research about Parkinson’s Disease is covered in this easy-to-read booklet. 40 pages

40 Pediatric Brain Injury = Carole Wedel Sellars, PhD, CCC-SLP, Candace Hill Vegter, M.A., CCCSLP, and Susan Silversten Ellerbusch, MS, CCC, 1997. The focus is on the very young child whose life has been interrupted by a brain injury. We learn that in the very young child, this can be more damaging, as they have been stopped mid-development. Discusses therapies used and how the family will be changed as well as certain legal aspects. 141 pages

40.1 Practicas Optimas Para la Prevencion de la Violencia Juvenil = Center for Disease Control and Prevention, 2001.

40.2 Prehospital Management of Traumatic Brain Injury = Brain Trauma Foundation, 2004. “Welcome to Brain Trauma Foundation’s (BTF) innovative course on the optimal management of traumatic brain-injured patients in the prehospital environment. This binder and the enclosed CD-ROMs contain all the test questions and evaluation sheets, training materials and supporting documents (including two instructional videos and the slides for a Power Point presentation) to provide an effective and efficient course for all levels of EMS providers.” Each section is numbered separately.

41 Planning for the Future = L. Mark Russell, JD, Arnold E. Grant, JD, Suzanne M. Joseph, CFP, and Richard W. Fee, M Ed, MA, 1993. Packed full of information and advice, this is a guide to providing for your disabled child after your death. Covers many subjects related to Wills, Letters of Intent, Guardianship, Powers of Attorney, the extent of government involvement, and other subjects to meet your child’s needs. 418 pages

41.1 Post-Stroke Rehabilitation = U.S. Department of Health and Human Services, 2002. “In the United States more than 700,000 people suffer a stroke each year, and approximately two-thirds of these individuals survive and require rehabilitation. This little booklet provides a good overview of post-stroke problems, medical professionals, therapies, rehabilitation services and resources for further information. 19 pages

41.2 Preventing Stroke: Brain Basics = National Institute of Neurological Disorders and Stroke, no date. Definition, warning signs, and risk factors are examined. Charts to determine your risk for stroke are included. 7 pages

41.3 Progress Report on Brain Research = Dana Press, 2004. Articles included: Neuroimmunological Disorders; Disorders That Appear in Childhood; Movement and Related Disorders; Nervous System Injuries; Neuroethics; Pain; Psychiatric, Behavioral, and Addictive Disorders; Disorders of Sense and Body Function; Stem Cells and Neurogenesis; and Disorders of Thinking and Remembering. 128 pages

42 Poetic Ramblings = Compiled by Merton Thompson, 1994. Assortment of poems in various themes and styles. Easy to read and understand. 122 pages

42.1a, b Resource Facilitation = Published with support from the Brain Injury Association of America and the Department of Health and Human Services, Health Resources and Services Administration, Maternal and Child Health Bureau, 2001. A very detailed guide for developing and operating a brain injury program. Topics include current statistics, staff size, budgeting, risk management, and emotional support. "The principles and best practices in this guide were developed at a two-day Resource Facilitation Summit hosted by BIA in September 2000 in Kansas City, Missouri. Forty people, including individuals with brain injury, family members, resource facilitators, agency administrators, advocates and others, participated." 37 pages

42.2a, b Prevention of Motor Vehicle Injury: A Compendium of Articles from the Morbidity and Mortality Weekly Report 1985-1996 = U.S. Department of Health and Human Services and Center for Disease Control and Prevention, 1997. Presented in a very clinical and technical format; lots of graph and charts. Deals with fatality rates, common factors in fatal car crashes and what has been successful in lowering those rates. Not light reading, more like a reference book. 320 pages

42.3 Respite Care, a Guide for Families = Epilepsy Foundation of America, 2000. A helpful guide regarding the ins and outs of respite care. Answers questions such as: What is respite care? Do I need it? Is it available to me even if I cannot afford it? How do I find it? The guide also covers such areas as evaluation and training/interviewing of respite providers and working through common emotional barriers to accepting the help which respite provides. Contains an index of information by state. 59 pages

42.4 Restless Legs Syndrome Foundation newsletter, November 2001. Articles on grants, research and coping skills. 10 pages

42.5 Recruiting Volunteers: A Guide for Non-Profits = Mary Ann Burke and Carl Liljenstolpe, 1992. This book "...takes the reader through the systematic process of defining his or her agency's mission, identifying the organization's roles and responsibilities, evaluating the organization's roles and responsibilities, evaluating the roles and perceived value of volunteers, and analyzing cost benefits associated with volunteers." Includes reproducible pages for each exercise. 90 pages

43 Retraining Cognition = Rick Parente and Douglas Herrmann, 1996. If you've ever wanted to know how memory or other mental functions work or how they can be

altered by brain injury, then read this book. It discusses both how the brain works after injury and how it was designed to work in the first place. Topics include memory, decision making, language, and nutrition. The main focus is how to prep the brain injured mind for training, the best methods to use, and how to retain more of what is learned. This later section of the book is better suited to those “in the business”, but certainly anyone can benefit from a little brain-training. 275 pages

43.1 Recovering From Stroke (Brain Attack) Self-Care Handbook = Channing Bete Company, Inc., 1999. “If you are recovering from a stroke, this handbook is for you. It can help you and your family understand stroke and make the most of the recovery process. Taking an active role in your recovery can improve your overall health – and reduce your risk of another stroke.” 31 pages

43.2 Report to Congress on Mild Traumatic Brain Injury in the United States: Steps to Prevent a Serious Public Health Problem = Centers for Disease Control and Prevention, 2003. “This report...presents the significant findings and recommendations of the members of the MTBI Work Group, which are the product of numerous discussions and a thorough review of the scientific literature. It describes the public health significance of MTBI and makes recommendations on how to better measure the magnitude of the problem of MTBI in this country. Incorporating the recommendations of this report into public health policy and public health practice will help the nation to better understand the full impact and the long-term consequences of MTBI.” 45 pages

44 Rights of Individuals with Mental Illness = Protection and Advocacy System, Inc., 2002. Simple, straightforward, and completely readable, this booklet explains the rights of those with mental illness. There is a section for the rights of those admitted to a program or assisted living facility. Contact information for Protection and Advocacy System, Inc. is provided. 16 pages

44.1 Rusty’s Story = Carol Gino, 1986. The heroine in this true story does not have a mental illness, although she is treated as though she does and is institutionalized. Her nurse narrates this tale of friendship, freedom, and inspiration. Average reading level. 342 pages

45 Sexuality and the Person with Traumatic BI = Ernest R. Griffith and Sally Lemberg, 1993. Sexuality might be overlooked when in recovery from BI, but in a consenting adult’s life it is still very important - especially if it was important in their life before their injury. Written in a clinical, comprehensive but clear manner, this is a helpful guide to addressing changes and problem areas. Could serve as an aid in bringing this delicate issue to a doctor’s attention. 170 pages

45.1 Self-Advocacy Start-Up Tool Kit = The Self Advocacy Development Committee, no date. “The seeds of the self-advocacy movement can be traced back as far as 1968.” This binder is a compilation of information from around the country and is full of step-by-step tools to build your self-advocacy group. 69 pages plus additional materials

45.2 Seizures and Epilepsy: Hope Through Research, National Institute of Neurological Disorders and Stroke (NINDS), 2000. Definition, causes, types, diagnosis, prevention, treatment, risks, and research are included in this easy-to-read, yet comprehensive booklet. 66 pages.

45.3 Slow Dance: A Story of Stroke, Love and Disability = Bonnie Sherr Klein, 1997. "In 1987, the brilliant filmmaker Bonnie Klein suffered a catastrophic stroke that left her paralyzed and on a respirator. Slow Dance is the candid, moving account of her fight back – relearning to swallow, to talk, to stand, and to adapt to life with a disability. An inspiring book with the pace of a thriller, it is also from first to last, a remarkable love story." 365 pages

45.4 Sleep Well Tonight! Sure-fire Solutions for a Good Night's Rest = Harriet Griffey, 1998. "Do you spend hours at night tossing and turning – instead of sleeping? Whatever the cause, you can improve the quality and quantity of your sleep. Then, you'll have more energy, stay healthier, work more efficiently, and feel happier." Includes a CD. 112 pages

46 Signs and Strategies for Educating Students with BI = Gary Wolcott, M Ed, Marilyn Lash, MSW, and Sue Pearson, MA, 1995. This guide takes the reader through the identification process, placement in the right programs, identifying changes, and discusses different professionals needed along the way. Contains a detailed, step-by-step planning worksheet for the child's transition into school. Clear, concise, and very readable. 101 pages

46.1 Social Skills and Lessons (grades 7-12) = Ruth Weltmann Begun, Editor; The Society for Prevention of Violence with the Center for Applied Research in Education, 1996. Designed to help young adults learn social skills to build self-esteem, self-control, and respect for others. Workbook format with discussions, worksheets, and "homework assignments" to be done alone, with a teacher or mentor, or with peers. Clearly written. 212 pages

46.2 Spinal Cord Injury: Hope Through Research = National Institute of Neurological Disorders and Stroke (NINDS), 2003. History, definition, treatments, rehabilitation, research, glossary, and resources are included in this easy-to-read booklet. 58 pages.

47 Staff Development and Clinical Intervention in BI Rehabilitation = Charles J. Durgin, Nancy D. Schmidt, and L. Jeanne Fryer, 1993. This instructional book will be quite useful to someone setting up a rehabilitation program, but not for the average survivor or family member. Although there is good information regarding staff training, program implementation, and case management. 382 pages

47.1 Strategies for Managing Challenging Behaviors of Students with Brain Injuries = Lash & Associates Publishing/Training, Inc., 2004. This three-ring binder offers specific examples of behavioral concerns following brain injury, along with behavior modification strategies, assessments and case studies. This should be most useful for

educators working with the brain injured student. It also has application potential for rehab organizations working with adult brain injury survivors. 182 pages.

47.2 Stroke: Hope Through Research = National Institute of Neurological Disorders and Stroke (NINDS), 1999. Definitions, symptoms, causes, risk factors, therapies, research, glossary and references are included in this easy-to-read brochure. 65 pages

47.3 Stroke = American Stroke Association, various dates. This packet of materials contains booklets regarding exercise, high blood pressure, warning signs, prevention in children, aphasia, diet, behavior, recovery, and adaptations for living with the use of one hand. 10 items

48 Stick and Stones, Personal Stories about Labeling = The National Self-Advocacy Organization, 2002. Compiled in this book are many personal testimonies to the cruelty of labeling and name calling. From across the nation, individuals who have been subject to this speak out and defend their rights to be treated like everyone else. 26 pages

48.1 Substance Abuse Treatment and Domestic Violence = U.S. Department of Health and Human Services, 2002. Examines the correlations between substance abuse and domestic violence, both from the perspective of the batterer and the victim. Case studies, screening techniques, legal issues, and profiles for common types of abusers are included. Designed for those who work with physical and substance abuse programs. 152 pages

48.2 Substance Use and Abuse after Brain Injury = Ohio Valley Center for BI Prevention and Rehabilitation (OVC), 2003. This book is geared toward those involved in therapy or counseling with persons that have substance abuse problems following a BI. Family and friends can benefit as well. Deals with problems associated with substance abuse and BI, as well as patterns found in recovery and how to work through them. The book is presented from the perspective that certain life choices are “installed” like a computer program. It is part of a substance abuse information series from the Ohio Valley Center. Very readable. 48 pages

48.3 Susan’s Dad: A Child’s Story of Head Injury = Dr. Leif E. Leaf, 1988. “The story presented in this booklet is intended to present the story of traumatic brain injury so that children who have known this in their life can better understand the feelings they are experiencing.” Geared toward elementary students. 11 pages

48.4 Suicide Intervention: When the issue is suicide, what can you do? = Natrona County Suicide Prevention Team, 2000. “Please consider becoming part of the solution. You may be the very piece our community has been missing; you may be the person who makes a difference in someone’s life.” Myths and facts, indicators, intervention, hope, and help are all covered in this booklet. 8 pages

48.5 Suicide Prevention Curriculum = Natrona County Suicide Prevention Task Force, no date. “Suicide is the third leading cause of death for youth between the ages of 15 and 24. In Wyoming, it is second only to deaths caused by unintentional injury in that age

group.” This curriculum was developed for high school, but includes adaptations for junior high. Each lesson is 45-50 minutes long. 23 pages

48.6 The Jason Foundation, Inc.: A Youth Suicide Prevention Program = The Jason Foundation, 2001 “The program, ‘A Promise for Tomorrow,’ presents a positive look at how students can help friends who may be encountering problems in their lives and experiencing possible suicide ideation. Research tells us that almost 70% of the people who attempt suicide express their intentions to someone. This curriculum will provide the needed information and strategies necessary to respond positively to such an expression from a friend.” Five lesson unit teacher’s manual, video, CD, resource information and wallet cards. Designed for 7<sup>th</sup> through 12<sup>th</sup> grade.

48.7 Report on Statewide Suicide Prevention = Wyoming Department of Health, 12/1/2005. “The Wyoming Department of Health (WDH) supports evidence-based programs at both the state and community levels designed to reduce the state’s suicide rate. To further these efforts, the fifty-eighth (58<sup>th</sup>) Legislature recently authorized the establishment of a statewide suicide prevention program within WDH. This report describes WDH’s compliance with the statute and makes recommendations for future activities. 24 pages

49 Suicide in the United States 1980-1992 = U.S. Department of Health and Human Services, 1995. A statistical analysis of suicide from 1980-1992 with brief discussion. Graphs and tables. 49 pages

49.1 The Day the Animals Lost Their Colors = Dan Rhema, illustrations by Blaine Adams, 2001. Author Dan Rhema is a brain injury survivor and wanted to convey to children how it feels to have your entire appearance and the way others see you change dramatically, and to think about what vanity can lead to. Not only does he make a good point and a delightful book, he also proves that brain injury is not the end of passion, creativity, and productivity. 30 pages

49.2a, b Taking Seizure Disorders to School = Kim Gosselin, 1996. A cute cartoon book explaining epilepsy. Set with the background of school, it explains that epilepsy is not something to be feared and kids who have it should be treated just like everyone else. Great detail and kid-oriented with a little quiz at the end. Appropriate for kids and easy to read. 15 pages

49.3 The Female Difference, Rethinking Epilepsy Strategies = GlaxoSmithKline, 2001. This pamphlet focuses on the unique possibilities women with epilepsy face. Discussion covers hormone and drug interaction and takes a look at each age group as well. Pregnancy and childbirth are also addressed. Well organized and easy to read. 25 pages

49.4 Taking Control, a Patient’s Guide to Epilepsy Management (for your Spanish speaking patients) = Novartis, 2001. Introduces Trileptal, a seizure medication and its guidelines and praises. Includes information about seizures in general and a pamphlet in Spanish.

50 The Humpty Dumpty Syndrome = Janette Moffatt Warrington, 1981. Janette writes a detailed emotional story about her step-son David's brain injury and subsequent changes in his behavior and his life. What makes this story of particular interest is that it happened in a time before there were many programs set up specifically for the brain injured. Janette and David and their family were on their own in a lot of ways and the description of the ingenuity and determination which led to them accomplish their goals is fascinating. 289 pages

50.1 Learning, Teaching, and The Brain, A Practical Guide for Educators = Dr. Jeb Schenck, 2003. "My intent is to provide teachers with an appropriate bridge between a rather eclectic group of sciences and education practices in the classroom...Each chapter has actual classroom examples, often using students of different ages to furnish a more complete perspective. Throughout the chapters are occasional personal stories involving both successes and failures to illustrate specific points, and that we don't have a magic bullet...There are also three chapters related to memory because in the end, after all our teaching efforts, what has been learned is dependent upon what is in memory, and the peculiar properties of how memory is formed." 209 pages

51 The Institute for Mobility Evaluation and Treatment Binder w/video = MossRehab – Einstein, 1997. "Together, Albert Einstein Center for Orthopaedic Sciences and MossRehab provide...care for people whose upper or lower extremities are impaired by brain injury, stroke, anoxia, central nervous system disorders, or orthopaedic conditions." Contains pamphlets and a video.

52 The Journal of Head Trauma Rehabilitation Volume 13, Number 4 = Wayne A. Gordon, PhD, 1998. The main focus for this issue is those survivors who are living in the community rather than an assisted living facility, and what we can determine from the statistics. Written in a very technical manner using tables and statistical analysis, this is not for browsing. The topics covered include: Quality of Life for Individuals with TBI, Psychopathology in Individuals with TBI, The Beck Depression Inventory, Undiagnosed Health Issues in Individuals with TBI, The Benefits of Exercise in Individuals with TBI, The Effect of Employment on Quality of Life and Community Integration after TBI. 79 pages

52.1 The Journal of Head Trauma Rehabilitation, Volume 20, Number 3, May-June 2005 = Mitchell Rosenthal, PhD. and Nathaniel H. Mayer, MD. This issue highlights research and programs of the Centers for Disease Control and Prevention (CDC). Some of the articles are: TBI Hospitalizations Among American Indians/Alaska Natives; The Incidence of TBI Among Children in the United States: Differences by Race; and Linking People With TBI to Services: Successes and Challenges in Colorado.

52.2 The Journal of Head Trauma Rehabilitation, Volume 20, Number 4, July-August 2005 = Mitchell Rosenthal, PhD. and Nathaniel H. Mayer, MD. Disorders of Self-Awareness are the focus of the articles in this issue. Topics include emotional adjustment,

metacognitive skills, executive function, “real-world” behaviors,” distress, attention deficits, antioxidant therapy, and diminished motivation.

52.3 The Journal of Head Trauma Rehabilitation, Volume 20, Number 5, September-October 2005 = Mitchell Rosenthal, PhD. and Nathaniel H. Mayer, MD. The focus of this issue is Clinical Research and Practice. Articles include: Characteristics of Residential Community Integration Programs for Adults with Brain Injury; Body Weight-Supported Treadmill Training Versus Conventional Gait Training for People With Chronic Traumatic Brain Injury; Subjective Reports of Fatigue During Early Recovery From Traumatic Brain Injury; Community Integration Status 4 Years After Traumatic Brain Injury: Participant-Proxy Agreement; Exploring Children’s Self-efficacy Related to Physical Activity Performance After a Mild Traumatic Brain Injury; Neurobehavioral Effects of Amantadine After Pediatric Traumatic Brain Injury: A Preliminary Report; Why Does Neurorehabilitation Fail?

52.4 The Journal of Head Trauma Rehabilitation, Volume 20, Number 6, November-December 2005 = Jeffrey S. Kreutzer, PhD, ABPP & Richard E. Kennedy, MD. The focus of this issue is evaluation and treatment of depression following TBI. Articles include: Pathophysiologic Aspects of Major Depression Following Traumatic Brain Injury; Early Impaired Self-Awareness, Depression, and Subjective Well-Being Following TBI; Validity of the Patient Health Questionnaire-9 in assessing Depression Following TBI; Evaluation of the Neurobehavioral Functioning Inventory as a Depression Screening Tool After BI; The Role of Self-Discrepancy Theory in Understanding Post-TBI Affective Disorders: A Pilot Study; Treatment of Depression Following TBI; and Botulinum Neurotoxin in Muscle Overactivity.

52.5 The Journal of Head Trauma Rehabilitation, Volume 21, Number 1, January-February 2006 = Bruce Caplan, PhD, ABPP. The focus of this issue is clinical research and practice. Articles include: Rehabilitation Medicine Summit: Building Research Capacity; Factors that Lead to Successful Community Integration Following Severe Traumatic Brain Injury; Causes of Death Following 1 Year Postinjury Among Individuals With Traumatic Brain Injury; Barriers to Driving and Community Integration After Traumatic Brain Injury; Aggressive Behavior Following Traumatic Brain Injury: How Common is Common?; Putting the Pieces Together: Preliminary Efficacy of a Family Problem-Solving Intervention for Children with Traumatic Brain Injury; Executive Memory Dysfunctions Following Mild Traumatic Brain Injury; The Impact of Community Rehabilitation for Acquired Brain Injury on Career Burden: An Exploratory Study; Brain Injury: Benzodiazepines, Antipsychotics, and Functional Recovery; and Atomoxetine for Individuals with Traumatic Brain Injury. Book reviews include: Textbook of Traumatic Brain Injury; Clinical MR Neuroimaging: Diffusion, Perfusion and Spectroscopy; and The Aphasia Handbook: A Guide for Stroke and Brain Injury Survivors and Their Families. 97 pages

52.6 The Journal of Head Trauma Rehabilitation, Volume 21, Number 2, March-April 2006 = John Whyte, MC, PhD and Tessa Hart, PhD. The title of this issue is “Characterizing Treatments in TBI Rehabilitation: Issues for Research and Practice.”

Articles include: Using Treatment Theories to Refine the Designs of Brain Injury Rehabilitation Treatment Effectiveness Studies; Functional Reintegration of Prefrontal Neural Networks for Enhancing Recovery After Brain Injury; Constraint-based Therapies as a Proposed Model for Cognitive Rehabilitation; Implications of Basic Science Research for Brain Injury Rehabilitation: A Focus on Intact Learning Mechanisms; Self-regulation and Goal theories in Brain Injury Rehabilitation; Treatment of Post-TBI Executive Dysfunction: Application of Theory to Clinical Practice; Two Approaches to Behavior Disorder After Traumatic Brain Injury; Practical and Theoretical Considerations in Designing Rehabilitation Trials: The DVBIC Cognitive-Didactic versus Functional-Experiential Treatment Study Experience; Cognitive Rehabilitation: The Role of Theoretical Rationales and Respect for the Maturational Process Needed for Our Evidence. 195 pages

52.7 The Journal of Head Trauma Rehabilitation, Volume 21, Number 3, May-June 2006 = Bruce Caplan, PhD, ABPP. Clinical Research and Practice, Part 2. Articles include Insomnia in Patients with Traumatic Brain Injury: Frequency, Characteristics, and Risk Factors; Outcomes in TBI with Violent Versus Nonviolent Etiology in a Predominantly Rural Setting; Impaired Awareness of Deficits and Treatment Adherence Among People with Traumatic Brain Injury or Spinal Cord Injury; Predicting Family Functioning After TBI: Impact of Neurobehavioral Factors; Coping and Emotional Adjustment Following Traumatic Brain Injury; Complicated Mild Traumatic Brain Injury on the Inpatient Rehabilitation Unit: A Multicenter Analysis; Usefulness of Diffusion Tensor Imaging for Evaluation of Motor Function in Patients With Traumatic Brain Injury: Three Case Studies; Gender, Sex Steroids, and Neuroprotection Following Traumatic Brain Injury; Update on Antidepressants; Corticosteroids in TBI: Is the Story Closed?

53 The Promise of the Rainbow, after a Child Dies = Patti Fochi, 1985. The sadness in this book of poems can be overwhelming, but its imagery is poignant. It may help to see that one mother has survived and can be happy again. 70 pages

53.1 Think Toy Safety = U.S. Consumer Product Safety Commission, no date available. This cute coloring book is written in English and Spanish contains good messages for kids about toy safety. Please call the BIAW office for copies to color. 12 pages

53.2 Thirty Three Poems for Mary Lou = Barry Panter, 2002. The author writes to and about his wife who passes away after being ill. The poems have a sad, yet poignant spirituality. His obvious adoration of his wife is uplifting, too. Easy to read. 244 pages

53.3 Think Ability = President's Committee on Employment of People with Disabilities, 1999. Anyone who has a disability and wants to return to work can benefit from this information kit. It explains your rights in the workplace as well as your responsibilities and addresses common problems seen in return to work situations. Includes legal information related to the Americans with Disabilities Act and organizations you might want to contact. Written for the average reader. 20 pages

53.4 Traumatic Brain Injury – Hope Through Research, National Institute of Neurological Disorders and Stroke, 2002. This booklet provides an easy-to-understand overview of TBI including signs and symptoms, risk factors, medical care, post-injury complications, disabilities, rehabilitation, prevention, research, glossary, and references. 43 pages

53.5a, b, c Traumatic Brain Injury in the United States: Emergency Department Visits, Hospitalizations, and Deaths = Center for Disease Control, October 2004. “Population-based data on TBI in the United States are critical to understanding the impact of the TBI epidemic on the American people. This report presents basic data about emergency department visits, hospitalizations, and deaths for the years 1995 through 2001...This report is intended as a reference for policy makers, service providers, educators, researchers, advocates, and others interested in knowing more of the impact of TBI in the United States.” 55 pages

54 To Wherever Oceans Go = Beverly Bryant, 1996. Her first book, In Search of Wings, dealt with her immediate recovery from brain injury. This follow-up book deals with her struggle for regaining independence and further recovery. Her powerful descriptions and emotions bring her story close to the reader. 289 pages

54.1 TBI in Children and Teens = New Hampshire Emergency Medical Services for Children Project, 1999. From the first minutes in the hospital to getting the child back into school, this straightforward guide is quite comprehensive. While this book focuses mainly on more serious injuries that require a longer hospital stay and extended treatment, it is still informative to parents whose child has sustained a less severe injury. Terms, overviews of procedures, helpful advice, financial survival, and preparing your home are included. An important section is on the relationship between you and the caregivers on your child’s rehabilitation team, and the relationship between you and your child now that your lives have changed completely. Written in a matter-of-fact style with no horror stories. Easy to read. 190 pages

54.2 Understanding BI, A Guide for Employers = Mayo Press, 1997. A guide designed to help your employer understand what has happened and what kinds of changes to expect. Includes examples and compensation strategies. 20 pages

54.2a, b Uncovering Obsessive-Compulsive Disorder: Learning to Recognize the Signs and Symptoms of OCD = Steven A. Rasmussen, MD, July 2000. Obsessive-compulsive disorder, commonly known as OCD, is a type of anxiety disorder. Learn about the statistics, causes, symptoms, diagnosis and effective treatment. Includes a self test. Illustrated with beautiful paintings by the Association of Handicapped Artists. 14 pages

54.3 Brain Basics – Understanding Sleep = National Institute of Neurological Disorders and Stroke, no date. “Do you ever feel sleepy or ‘zone out’ during the day? Do you find it hard to wake up on Monday mornings? If so, you are familiar with the powerful need for sleep. However, you may not realize that sleep is as essential for your well-being as food and water.” This brochure includes information about the five levels of sleep, dreaming,

circadian rhythms, disease, insomnia, apnea, restless legs syndrome, narcolepsy and tips for a good night's sleep. 15 pages

54.4 Understanding Schizophrenia: From Brain Pathways to Treatment = Pfizer, Inc., 2002. This booklet in the shape of a brain includes diagrams to explain the effects of dopamine malfunctions. 5 pages

54.5 Understanding Brain Injury: Neurologic Rehabilitation = New Medico Healthcare System, 1992. "The purpose of this booklet is to help you understand the nature of brain injury, its consequences, and the barriers facing those recovering from such an injury. As you read, you will learn about rehabilitation, what to expect from patients recovering from brain injury, and how family members can help during the healing process." 53 pages

54.6 Understanding Brain Injury: A Guide for Employers = Mayo Clinic, 2000. This booklet explains the causes and types of brain injury. It lists the behavioral changes that are most common among people who sustain brain injuries, and offers simple techniques you can use to help them deal with the possible changes. The effort you put forth can make a tremendous difference to an employee with a brain injury." 22 pages

54.7 Understanding Brain Injury: A Guide for the Family = Mayo Clinic, 2000. "Brain injury is a life-altering event which affects virtually every area of a person's life – including his or her relationship with family members and others close to him or her...This booklet contains information on the following topics: the structure and function of the human brain, the causes of brain injury, the recovery process, and behavior and communication changes after brain injury." 30 pages

55 Universal Design = Editor, John P.S. Salmen, Volume 6, number 4, 2002. This newsletter focuses on the community and progress toward accessibility for those with disabilities. Topics in this issue include; visitability (whether all houses in a community can be accessed by the disabled), changes in accessibility after 9-11-02, education online regarding Universal Design, discussion on cases dealing with tolerance (deviations from the specifications due to weather, soil differences, materials, and other variables) issues, and tips for building a more energy efficient home. Although there is some terminology that may need to be defined this is entirely readable for the average audience. 16 pages

55.1a, b U.S. Fall Prevention Programs for Seniors: Selected Programs Using Home Assessment and Modification = Department of Health and Human Services, Centers for Disease Control and prevention, 2000. "This document is intended for state and local health departments, State and Area Agencies on Aging, non-profit organizations, health maintenance organizations, community-level injury prevention programs, and others who work with seniors and are planning, implementing, or expanding fall prevention activities." Easy to read. 44 pages plus Appendices

55.2 Utah Off-Highway Vehicle Student Safety Manual = Outdoor Empire Publishing, Inc., 2005. "An OHV is not a toy and may be hazardous to operate. OHVs handle very

differently from other vehicles. A collision or rollover can happen very fast, even during routine exercises like straight line riding, turning, braking, riding over obstacles or riding on hills. Severe injury or death can result if your child has not received proper instruction and certification on riding an OHV.” This program is used in Utah for children ages eight to fifteen. Includes information, charts, diagrams, checklists, exercises, quizzes, and performance tests. 48 pages

56 University of Wyoming, Wind Services and Projects = WIND, 2002. “This booklet has been developed to provide an overview of the various projects and services developed by the Wyoming Institute for Disabilities (WIND).” Directory format includes description of services offered and contact information and contact person. 27 pages

56.1 When a Parent has a BI = Marilyn Lash, MSW, 1993. So much emphasis is often placed on the survivor that their families, which suffer greatly as well from the dramatic changes, get left out. In this book, made with the help of family members who have had a parent survive a BI, the common fears and experiences of the children are outlined and explained. Personal quotes are included and examined so that other families can realize they are not alone and can learn how to cope with common problems. Very simply written - young children will need some help. 42 pages

57 When Your Child is Technology Assisted = Paul Kahn, 1997. In a very practical and direct format, common issues are addressed regarding children that are technology assisted. Subjects covered include siblings, preparing your home, working with nurses or other staff, and all of the emotional and relationship difficulties that can arise. This book is very positive. Mr. Kahn seems to write from the angle that any family can overcome these challenges, enjoy being together, and be better family for it. 64 pages

57.1 When Your Child Goes to School After an Injury = Marilyn Lash, 1992. “This guide will help families prepare for their child’s entry or return to school after a serious injury. It was written after meeting with many families and teachers.” 68 pages

58 Where is the Mango Princess? = Cathy Crimmins, 2000. Cathy shares the story of her husband Alan’s brain injury and how it changed their lives forever. She calls him her third husband though she has only been married twice. Although the real pain and confusion after injury leaps off the pages at you, so does this family’s ability to deal with the changes and keep a sense of humor, while prioritizing what matters most. 257 pages

58.1a, b Where to Find Help: People and Places in Wyoming = Wyoming Council for Women’s Issues, February 2004. “This handbook’s purpose is to provide an overview of resources in Wyoming available to women and their families. The services and programs listed are intended to deal with a variety of women’s concerns. The directory tries to identify as many free, low cost, or sliding scale fee opportunities.” 108 pages

59a, b Why Did it Happen on a School Day?: My Family’s Experience with Brain Injury = Brain Injury Association of Maryland, illustrated by Debbie Kitchner, 1995. Written through a child’s eyes, this book will help families address the fears, anxieties, and

uncertainties of brain injury. Includes open-ended discussion questions, advice for parents, and suggestions for additional reading. 34 pages

59.1 Within Our Reach: Behavior Prevention and Intervention Strategies for Learners with Mental Retardation and Autism = Melissa M. Jones, 1998. "Change means opening ourselves up to something new. Consider this: if our current teaching strategies are not working, stop doing them and try something else. So often we try to change the learner instead of changing the way we respond to him or her. The content of this text is not intended to be new theory. Instead, this author hopes to demonstrate how a combination of proven practices and theories can meet the needs of a variety of individuals regardless of setting, history, or ability." 66 pages

60 Work Worth Doing = Brian T. McMahon and Linda R. Shaw, 1991. This is a step-by-step, comprehensive instruction and teaching guide for those helping a brain injury survivor get back to work. Beginning with a detailed analysis of brain injury and its different effects on the behavior and abilities of the survivor, it continues with evaluating their abilities and desires for work, moving on through essential areas to address including motivation, adjustments to change, skills teaching, and even alcohol relapse prevention. Emphasis on the importance of working in the community as it relates to recovery and reintegration into a normal life. 412 pages

60.1 Wyoming Workforce Services = Department of Workforce Services, 2004. Job search, resume, and interview information packet for anyone looking for a new career.

61a, b Working after BI, What Can I Do? = Dana S. DeBoskey, PhD, Editor, 1996. This is a practical guide to dealing with different problems that may occur on the job and how to prevent them from getting out of hand. Each situation is discussed in an organized, problem solving method. Separated into "Thinking Issues on the Job," "Feeling and Acting on the Job," and "Options for Community Re-integration." Easy to understand with lots of good advice. 121 pages

61.2 Wyoming's Comprehensive Report on Car Crashes, 2002 = Wyoming Department of Transportation Highway Safety Program, Crash Data Analyst Unit, 2003. Data from WYDOT Highway Safety about vehicle accidents, injuries, and fatalities is in the form of graphs, tables, and charts. There are no analysis discussion or description sections; this is all hard data, but easy to understand. Glossary of definitions is included. Categories include The Environmental Element, The Vehicle Element, City and Town Crashes, Alcohol and Traffic Crashes for 2002, 14-20 Year Old Drivers, Trucks, School Buses, Motorcycles, and a Highway Safety Resource Guide with phone number to Highway Safety Program. 197 pages

61.3 Wyoming Department of Family Services Directory 2004-2006 = Wyoming Department of Family Services, 2004. This booklet provides the basic information about adoption, adult protective services, central registry, child abuse, early childhood programs, child abuse and neglect, child support enforcement, organizational chart, food

stamp and nutrition, foster care, juvenile justice, low income energy assistance and weatherization, POWER program, Wyoming Boys' School and Wyoming Girls' School. 29 pages

62.0 through 62.25 The HDI Professional Series on Traumatic Brain Injury = William H. Burke, PhD, William F. Blackerly, PhD, and Michael Wesolowski, PhD, Editors, 1988. Each volume is written with practicality in mind, and offers easily understood suggestions for dealing with each topic area.

62 A Stroke Manual for Families = Staff of the Tampa General Rehabilitation Hospital, 1989. This booklet focuses on behavioral issues that a family member may face as they attempt to deal with a loved one's emotional changes after stroke. Written in straightforward language, it contains problem solving techniques and examples of situations and solutions from real life. 42 pages

62.1a , b, c Head Injury, A Guide for Families = Tampa General Rehabilitation Hospital, 1989. "This booklet addresses the emotional and behavioral problems of both the patient and the family. It is written in a straightforward manner with resolution techniques for all problem areas as well as real-life examples of management situations." 53 pages

62.2a, b Head Injury, A Home Based Cognitive Rehabilitation Program = Tampa General Rehabilitation Hospital, 1989. "In order to address the needs of families without funding, the staff...has written this manual to assist relatives and friends in structuring a productive and goal-oriented home-based program. The activities described here have been developed from a compilation of suggestions given to families upon the discharge of patients from an acute head injury program." Useful for professionals and families. 76 pages

62.3a, b Hiring the Head Injured: What to Expect = Tampa General Rehabilitation Hospital, 1989. "To fill the need of those whose knowledge about head injuries is limited, we have written a manual explicitly addressing cognitive and behavioral difficulties that may be noted in a head injured individual who is either returning to a premorbid work or school setting, or attempting to function in a new work environment. The ultimate goal of this booklet is to encourage employers to give head injured individuals a chance to be productive members of society." 55 pages

62.4a, b, c Life after Head Injury: Who am I? = Tampa General Rehabilitation Hospital, 1989. "This book is divided into three sections. The first one describes the gamut of cognitive deficits that can result from a head injury. The second section addresses the psychosocial problems that stem from behavioral difficulties. The third section addresses the psychosocial problems that stem from these behavioral issues, such as loss of old friends, problems making new friends, loss of job, difficulty pursuing education, and an overall sense of being "different" but not understanding how different." 81 pages

62.5a, b Teaching the Head Injury: What to Expect = Tampa General Rehabilitation Hospital, 1989. "With the increased availability of head trauma programs, these students

are obtaining appropriate rehabilitation resulting in expedited need for an adequate educational setting.” Written for teachers, but could be used by anyone working with children and adolescents. 45 pages

62.6a, b Head Injury Rehabilitation: An Overview = Tampa General Rehabilitation Hospital, 1989. Consequences, myths, assessment, functional skill development, general treatment principles, glossary of terms, references and suggested reading list are included. 43 pages

62.7a, b Head Injury Rehabilitation: Applied Behavior Analysis = Tampa General Rehabilitation Hospital, 1989. Identification and measurement of target behaviors, performing a functional analysis of behavior, developing an intervention plan, programming generalization, empirical evaluation and references are included. Geared toward the rehabilitation professional. 60 pages

62.8 Head Injury Rehabilitation: Community Living Skill Development - Teaching Methods = Tampa General Rehabilitation Hospital, 1989. “How can we help the head injured individual relearn the sophisticated skills needed in life? The answers are in teaching skills that can benefit the TBI survivor across environments, i.e., school, home, and job, and in using a well thought-out and tested plan that employs many of the components of the teaching that was originally done by our parents.” 34 pages

62.9a, b Head Injury Rehabilitation: Developing the TBI Rehabilitation Program = Tampa General Rehabilitation Hospital, 1989. A plan developed between the survivor and their caregivers outlines goals for recovery and rehabilitation and lists the ways to achieve those goals. The desired outcome is that the survivor accomplishes the most they are capable of in terms of caring for themselves and being as active in their community as they want to be. 43 pages

62.10a Head Injury Rehabilitation: Adaptive Driving After TBI = Tampa General Rehabilitation Hospital, 1989. Driving is an important luxury most of us take for granted. To a survivor trying to maximize independence, driving can be a very big part of achieving that goal. There are many forms of adaptive equipment now to assist people with different needs so they can drive. 33 pages

62.11a, b Head Injury Rehabilitation: Managing Anger and Aggression = Tampa General Rehabilitation Hospital, 1989. The importance of being able to control one’s aggression is self evident. Anger can get in the way of important healing processes in addition to being unpleasant to those around you.

62.12a, b Head Injury Rehabilitation: Attention Deficits = Tampa General Rehabilitation Hospital, 1989. In order to learn, you must be able to pay attention! Identification, measurement, non-medication intervention techniques and references. 43 pages

62.13a, b Memory Disorders = Tampa General Rehabilitation Hospital, 1989. “This book surveys numerous approaches to the conceptualization, assessment, and rehabilitation of

memory functions and amnesia. Differences in basic interests result in a variety of approaches to understanding, improving and compensating for memory loss. Therefore, this study seeks to offer an overview of memory and amnesia, from theory to intervention.” 37 pages

62.14 Head Injury Rehabilitation: Developing Social Skills = Tampa General Rehabilitation Hospital, 1989. “Of all the consequences of Traumatic Brain Injury (TBI), the social and interpersonal skill deficits will most significantly interfere with community living and productive employment.” Identification of interpersonal skill deficits and a variety of treatment strategies are presented. 60 pages

62.15a, b, c Head Injury Rehabilitation: Sexuality after TBI = Tampa General Rehabilitation Hospital, 1989. Sometimes even the doctors can forget that you are still a living breathing sexual human being. Learn to cope with what has changed about you physically and emotionally and how it can affect your sexual relationships. 61 pages

62.16a, b Head Injury Rehabilitation: Developing Motivation = Tampa General Rehabilitation Hospital, 1989. Written primarily for therapists, this book presents motivation techniques including token economy, contracts, prompts, modeling, reinforcers and rearranging the environment. 51 pages

62.17a, b Head Injury Rehabilitation: With Children and Adolescents = Tampa General Rehabilitation Hospital, 1989. “Since 40% of all head injury patients are below age 18, TBI is a problem that engages both educational and health care systems.” Children, even those who seemed to have recovered from brain injury, need specialized assessment and intervention in order to be successful in school. Great information for parents and teachers. 65 pages

62.18a, b Head Injury Rehabilitation: Accessing in Community Resources: Discharge Planning = Tampa General Rehabilitation Hospital, 1989. Before leaving a rehabilitation facility or hospital, you will want to be sure that you have all the skills you need to be successful on your own. Your home must be safe and be equipped with any technology or other assistive tools you may require. Tapping community services and resources can maximize independent living. 67 pages

62.19a, b Head Injury Rehabilitation: Increasing Self Awareness = Tampa General Rehabilitation Hospital, 1989. Self-awareness can help you realize what is within your reach, help you design your goals and help you figure out what really makes you happy. This book includes assessment and remediation methods. 44 pages

62.20a Head Injury Rehabilitation: Teaching Job Seeking Skills = Tampa General Rehabilitation Hospital, 1989. “Employment is the ultimate goal of rehabilitation. Rehabilitation counselors typically contact employers on behalf of the clients to set up employment opportunities.” This book teaches the skills needed for the client to find work independently. 93 pages

62.22 Head Injury Rehabilitation: Developing Adaptive Work Behaviors = Tampa General Rehabilitation Hospital, 1989. "Surveys of employers who hire handicapped workers reveal that they want entry level workers who are punctual, dependable, follow basic instructions, and get along with co-workers, as opposed to persons with specific vocational skills." Although written for vocational rehabilitation professionals, the techniques could be used by anyone. 45 pages

62.23 Head Injury Rehabilitation: Supported Employment and TBI = Tampa General Rehabilitation Hospital, 1989. "The purpose of this manual is to prepare you (the job coach) to develop a supported employment program for TBI clients. The chapters...will more fully define supported employment, offer functional assessment techniques, outline methods of working with employers to establish your program, and to describe the role of job coach in supported employment." 59 pages

62.24a, b Head Injury Rehabilitation: The Role of the Family = Tampa General Rehabilitation Hospital, 1989. "The purpose of this manual is to review common characteristics of families affected by traumatic brain injury, discuss the stages of adjustment that families frequently undergo, and highlight special issues that arise in different family groups." Written for the professional, but families can benefit from the interventions, recommendations and suggestions. 49 pages

62.25 Head Injury Rehabilitation: Management of Communication and Language Deficits = Tampa General Rehabilitation Hospital, 1989. Most survivors of TBI generally recover functional speech and language. However, residual language dysfunction often persists. Assessment, intervention and suggested readings. 51 pages

62.26a, b Brain Injury Rehabilitation: Developing Self Control = Michael Wesolowski, 1997. "A characteristic consequence of TBI is the inability of the brain injured survivor to control oneself...Self-regulation is considered an executive function along with goal-setting, planning, and initiation." This booklet is written with clinicians in mind. 60 pages

A Scriptographic Booklet (series) = Channing L. Bete, 1982. Each of these booklets contains an overview, advice, and terms with definitions regarding its topic in easy to read language. 15 pages each

63a, b, c, d About the Americans with Disabilities Act

63.1 About Antianxiety Drugs

64a, b. About Alzheimer's Disease

65a, b, c About Being Sensitive to People with Disabilities

66 Building a Successful Marriage

67 Caring for Someone with Alzheimer's Disease

68a, b About Cerebral Palsy

69a, b, c C.T. Scans

70 About Deafness

71a, b About Dementia

72 About Divorce

73a, b About EEG  
74a, b About Electromyography  
75a, b About EMG and NCS  
75a, b About Epilepsy  
76a, b About Evoked Potential Tests  
77 About Getting Along at Home  
77.1 Good Mental Health  
78 About Headaches  
79a, b, c, d About Head Injuries  
80 How to Understand Yourself and Others  
81 About Learning Disabilities  
82a, b About Living After Stroke  
83a, b Living on Your Own  
84a, b Living with Chronic Pain  
85 Magnetic Resonance Imaging  
85.1 Marijuana  
86a, b, c About Multiple Sclerosis  
87 About Occupational Therapy  
88 About Parkinson's Disease  
88.1 About Panic Disorder  
89a, b People with Disabilities  
90a, b About Physical Therapy  
100a Protect Yourself with Safety Belts  
100 About Schizophrenia  
102 About Self Esteem  
102.1 About Seizures  
103a, b About Sleep Apnea  
104a, b About Sleep Disorders  
105a, b, c About Stroke  
106a, b About Therapeutic Recreation  
107 Your Attitude and You

BIAW also has copies of "Coping with Cancer" and "Stroke Connection Magazine" available for checkout.

108 Utah ATV/OHM Packet = State of Utah Department of Natural Resources Division of Parks and Recreation, 2005. "No one under eight years of age is allowed to operate any OHV on public lands, roads or trails in Utah. Operators eight through 15 years of age may operate an OHV provided they possess an Education Certificate issued by Utah State Parks and Recreation or equivalent from their home state." This packet includes the comprehensive student safety manual for ATVs and motorcycles.

109 Utah OHV/Snowmobile Packet = State of Utah Department of Natural Resources Division of Parks and Recreation, 2005. This packet includes materials on responsible trail use, Utah laws and rules, snowmobile and avalanche safety and a wind chill index card.

110 A Natural Science Perspective for the Study of Psychology = Edited by John Salamone & Merce Correa, 2004. A custom edition for the University of Connecticut, this text was designed for college students, but would be appropriate for high school students as well. The chapters included are Evolution and Genetics, Brain and Behavior, Motivation and Emotion, Learning and Behavior, Sensation, and Memory. 737 pages

111 Americans with Disabilities Act Handbook = Equal Employment Opportunity Commission and the Department of Justice, no date. This three-ring binder includes a resource list of government and non-governmental organizations, Public Law 101-336, ADA Accessibility Guidelines, Uniform Federal Accessibility Standards, -Summary Chart: Coverage and Effective Dates, Terms Defined in Statute and Regulations, Summary of the Legislative History of the ADA and Related Information, Disability-Related Tax Provisions Applicable to Businesses, Supreme Court Cases Related to Section 504, Agency Regulations Implementing Section 504, Opinions Related to Section 504, List of Common Acronyms, Related Disability Laws, ADA Questions and Answers, ADA Highlights – Title II State and Local Government Services, and ADA Highlights – Title III Public Accommodations and Commercial Facilities. (no page numbers given)

112 AdSense: The Behavioral Science Of Advertising = Kirk Donovan, 2004. "AdSense' is the study of advertising through the eyes of a behavioral scientist. The book teaches you how to get past the rhetoric and focus on the customer you need to get through your door today!" 203 pages

113 Basic Health Publications User's Guide To Brain-Boosting Supplements = James Gormley & Shari Lieberman, Ph.D., C.N.C., F.A.C.N., 2004. Learn about the vitamins and nutrients that can boost your memory and end mental fuzziness. 92 pages

114 Basic Health Publications User's Guide To Herbal Remedies = Hyla Cass, M.D., 2004. Learn about the most popular herbs for preventing disease and staying healthy. 90 pages

115 Basic Health Publications User's Guide To Probiotics = Earl Mindell, R.Ph., Ph.D., 2004. Learn how "Healthy Bacteria" can help you fight infections and restore your health. 92 pages

116 Basic Health Publications User's Guide To Stress-Busting Nutrients = RoseMarie Gionta Alfieri, M.A, 2004. Learn how vitamins and other supplements can help you fight stress. 91 pages

117 Boomer's Guide To Dating (Again) = Laurie A. Helgoe, Ph.D., 2004. "We were the young adults who made the Sexual Revolution revolve. We dated in the '60s & '70s, when almost anything went-or at least it often seemed that way. The idea of jumping back into the dating world can be frightening-it's been a long time since we played the dating game, and frankly we'd rather not play some of those games again. We need a

dating guide that understands where we are right now. Leave yourself open for the possibility of new love.” 337 pages

118 Brain Matters: Home Study Courses = Institute For Natural Resources, 2003. Five home study articles include: Attention Deficit Hyperactivity Disorder (ADHD) New Diagnostic Guidelines; Pharmacological Interventions for Children with ADHD; Alternative and Behavioral Treatment of ADHD; Dyslexia; and Learning Disabilities Other than Dyslexia. 100 pages

119 Brain Power: Home Study Courses = Institute For Natural Resources, 2004. Three home study articles include: Mild Brain Injury: The Silent Epidemic; Memory and Amnesia; and Cognitive-Behavior Therapy. 62 pages

120 Computer & Internet Basics: Step-By-Step = End the Clutter, 2004. Whether you consider yourself new to computers or an expert who needs some fine tuning of your skills, this book is for you. Chapters include hardware, operating system software, program application software, internet related software, and purchasing tips. Easy to read and understand for people of all ages. 250 pages

121 Delirium Tremens: Stories Of Suffering & Transcendence = Ignacio Solares, 2000. "Blurring the line between fiction and nonfiction and between night and day, 'Delirium Tremens' tells a multifaceted, powerfully textured tale of personal, social, and emotional trauma and of the courage that leads some tortured souls back to the surface of sober reality." 191 pages

122 Facing The Ultimate Loss: Coping With The Death of a Child = Robert J Marx & Susan Wengerhoff Davidson, 2003. "The authors delve into the difficult emotions parents face, including sadness, guilt, anger, powerlessness and questions about our faith. Drawing on the stories of the many people they have counseled, and their own experiences, the authors share the challenges of this unique passage through grief." 218 pages

123 Funn'n Games: Adventure Games, Initiatives, & Trust Activities For Funn And Facilitation = Karl Rohnke, 2004. Hundreds of ice-breakers and team-building activities that develop cooperation, communication, and trust. 309 pages

124 Healing The Trauma of Domestic Violence: A Workbook for Women = Edward S. Kubany, PH.D.; Mari A. McCaig, MSCP; Janet R. Laconsay, MA, 2003. If you've freed yourself from an abusive relationship, but still suffer from its effects, this program of trauma recovery techniques can help you take back your peace of mind. Based on a clinically proven set of techniques called cognitive trauma therapy (CTI), the exercises in this workbook will help you address feelings of guilt, anger, depression, anxiety, and stress. 206 pages

125 How Amazon Herb Products Work In The Body = Christian Drapeau, M. Sc., 2002. A well-researched, beautifully presented resource that brings home the benefits of Amazon Herbs with clarity and impact. 76 pages

126 How To Keep The Children You Love Off Drugs = Ken Barum & Phillip Bashe, 1988. "Prevention, intervention, and treatment guide for parents with children in the midst of their drug-susceptible years, ages 8 to 20." 207 pages

127 Lessons in Comprehension: Explicit Instruction In The Reading Workshop = Frank Serafini, 2004. Mini lessons include: Inviting Children into the World of Reading and Literature; Exploring the Structures and Components of Literature; Navigating Text; Promoting Invested Literature Discussions; Developing Comprehension Practices; Investigating Informational Texts; Extending Response to Literature; and Examining Critical Perspectives. 162 pages

128 Mastering Vocabulary: Grades 5 & Up = Stephanie Riddle, M.A., Ed., 2004. Students learn the meaning of new words to improve test scores, increase existing vocabulary, and enhance reading comprehension. 144 pages

129 Matematicas: Clave de respuestas: Grado 1: Revision, Practica, Enriquecimiento, Resolucion de problemas por nivel = MacMillan/McGraw-Hill, no date. A Spanish version of Grade 1 math activity pages with answers. 157 pages

130 Matematicas: Manual de intervencion: Grado 1: Evaluacion de requisitos basicos, Destrezas en accion, ¡Tu puedes! Edicion: Del Maestro = MacMillan/McGraw-Hill, no date. A teacher's guide in Spanish for grade 1 math. 189 pages

131 Matematicas: Resolucion de problemas por nivel: Grado 4 = MacMillan/McGraw-Hill, no date. A workbook of problem solving activities in Spanish for grade 4. No answers. 155 pages

132 Matematicas:Manual de intervencion: Grado 4: Evaluacion de requisitos basicos; destrezas en accion; ¡Tu puedes! Edicion: Del Maestro = MacMillan/McGraw-Hill, no date. A teacher's guide in Spanish for grade 4 math interventions. 199 pages

133 Matematicas: Grado 5: Clave de respuestas: Revision, Practica, Enriquecimiento, Resolucion dde problemas por nivel = MacMillan/McGraw-Hill, no date. Reteach, practice, enrich, and leveled problem solving activities in Spanish for grade 5. Answers included.160 pages

134 Matematicas: Manual de intervencion: Grado 5: Evaluacion de requisitos basicos, Destrezas en accion, ¡Tu puedes! Edicion: Del Maestro = MacMillan/McGraw-Hill, no date. Teacher's manual intervention handbook in Spanish for grade 5. Answers included. 199 pages

135 Matemáticas: Edición del maestro, Tomo 3 = Harcourt, Inc., 2005. Teacher's manual is in English. The lessons with answers are in Spanish. This text includes fractions and probability, measurement and decimals, and perimeter, area and volume for 3rd grade. 250 pages

136 Mathematics: Preparation (TAKS) Kindergarten: Teacher Edition = Region IV Education Service Center, 2004. This easy-to-use manual includes scripted lessons, worksheets, and lots of hands-on activities. 164 pages

137 Mathematics Preparation (TAKS) Grade 1: Teacher Edition = A Region IV ESC Resource, 2004. This easy-to-use manual includes scripted lessons, worksheets, and lots of hands-on activities. 211 pages

138 Mathematics Preparation (TAKS) Grade 1: Teacher Edition-Spanish = A Region IV ESC Resource, 2004. This easy-to-use manual includes scripted lessons, worksheets, and lots of hands-on activities. The teacher's guide is in English and Spanish. The worksheets are in Spanish. 211 pages

139 Mathematics Preparation (TAKS) Grade 3: Teacher Edition = A Region IV ESC Resource, 2004. This easy-to-use manual includes scripted lessons, worksheets, and lots of hands-on activities. 191 pages

140 Mathematics: Preparation (TAKS) Grade 4: Teacher Edition = Region IV Education Service Center, 2003. This easy-to-use manual includes scripted lessons, worksheets, and lots of hands-on activities. 242 pages

141 Mathematics: Preparation (TAKS) Grade 5: Teacher Edition = Region IV Education Service Center, 2003. This easy-to-use manual includes scripted lessons, worksheets, and lots of hands-on activities. 277 pages

142 Mathematics: Preparation (TAKS) Grade 5: Teacher Edition – Spanish = Region IV Education Service Center, 2003. This easy-to-use manual includes scripted lessons, worksheets, and lots of hands-on activities. The teacher's guide is in English and Spanish. The worksheets are in Spanish. 277 pages

143 Mathematics Preparation (TAKS) Grade 9: Teacher Edition = A Region IV ESC Resource, 2004. This easy-to-use manual includes scripted lessons, worksheets, and lots of hands-on activities. 412 pages

144 Mathematics Preparation (TAKS) Grade 10: Teacher Edition = Region IV Education Service Center, 2004. This easy-to-use manual includes scripted lessons, worksheets, and lots of hands-on activities. 431 pages

145 Mathematics Preparation (TAKS) Grade 11 Exit: Teacher Edition = Region IV Education Service Center, 2003. This easy-to-use manual includes scripted lessons, worksheets, and lots of hands-on activities. 438 pages

146 Messengers To The Brain: Our Fantastic Five Senses = Paul D. Martin, 1984. This wonderful National Geographic Society book is full of colorful pictures and diagrams to tell us about the workings and functions of our brain and five senses. Contents include: Our Fantastic Senses; The Central Nervous System; Vision: Sending Images To The Brain; Taste and Smell; Hearing and Balance; and Touch: Messages Of Feeling. Could be used as a picture book for younger children and as a resource for older children for science fair projects. 104 pages

147 Dateable: Are You? Are They? = Justin Lookadoo and Hayley DiMarco, 2003. "Clueless about the opposite sex? If you are now, you won't be once you read 'Dateable.' We've got stuff on them they never wanted you to know. It'll be like you're a fly on the wall of the locker room, listening in on all the conversations you've always wanted to hear." Written for teenagers, but parents could get some good discussion starter ideas. 224 pages

148a, b Taking Action: A Step by Step, Self-Help Guide to Becoming a Self-Advocate & Making a Difference = United Spinal Association, 2004. Become actively involved in getting what you want in your life. Chapters include: Quotes from Individuals on Self-Advocacy; Five Steps of Self-Advocacy; Self-Advocacy Do's and Don'ts; Complaints & Applicable Laws; A Sampling of Access Related Complaints & Scenarios; Sample Letters" What Happens if Nothing Happens – Tips on Moving Forward; and Helpful Web Sites. 33 pages

149 Our Sexuality, Ninth Edition: Instructor's Manual = Caroline Clements, 2005. Teaching techniques, clear objectives, discussion questions, handouts, group activities, role-playing and a multitude of resources from film, TV, and websites are provided. Topics include anatomy, relationships, behavior, orientations, contraception, STDs, and pornography. Great for anyone who is facilitating human sexuality classes. 389 pages

150 Our Sexuality, Ninth Edition: Test Bank = Rod Fowers, 2005. "This test bank...includes over 3000 multiple choice, true/false, and short answer essay questions for the 20 chapters of the text. Each chapter begins with the learning objectives consistent with the Instructor's Resource Manual and the Student Study Guide." (See #149 above) 468 pages

151 Positive Behavior Support: Critical Articles on Improving Practice for Individuals with Severe Disabilities = Edited by Linda M. Bambara, Glen Dunlap, and Ilene S. Schwartz, 2004. "This text has been adapted from material that previously appeared in 'Research and Practice for Persons with Severe Disabilities' (formerly JASH), c. TASH, and the 'Journal of Positive Behavior Interventions, c. PRO-ED, Inc. Sections include: Foundations of Positive Behavior Support; Assessment: Functional Assessment, Person-Centered Planning, and Meaningful Outcomes; Assessment-Based Interventions; Families and Family Support; Capacity Building; and Extended Applications: Focus on Systems Change. 409 pages

152 Practice Exercises In Basic Math: Annotated Teacher's Edition: Level A = Albert E. Filano, 2004. This book “addresses the most fundamental skills and concepts that students in grade 1 are expected to master. The program may be used independently or as supplementary material to a basal text. It is also appropriate as remedial work for other levels.” Answers are provided. 128 pages

153 Practice Exercises In Basic Math: Annotated Teacher's Edition: Level B = Albert E. Filano, 2004. This book “addresses the most fundamental skills and concepts that students in grade 2 are expected to master. The program may be used independently or as supplementary material to a basal text. It is also appropriate as remedial work for other levels.” Answers are provided. 128 pages

154 Practice Exercises In Basic Math: Annotated Teacher's Edition: Level C = Albert E. Filano, 2004. This book “addresses the most fundamental skills and concepts that students in grade 3 are expected to master. The program may be used independently or as supplementary material to a basal text. It is also appropriate as remedial work for other levels.” Answers are provided. 128 pages

155 Practice Exercises In Basic Math: Level D = Albert E. Filano, 2004 This book includes addition, subtraction, multiplication, division, money, fractions, time, geometry, measurement, metric, perimeter, area, volume, and story problems. No answers are provided. 128 pages

156 Practical Solutions to Everyday Challenges for Children with Asperger Syndrome = Haley Morgan Myles, 2002. Nine-year-old Haley Myles wrote this book from her experiences with children with Asperger Syndrome. She presents practical advice from a child’s perspective. Haley addresses topics such as fear of thunderstorms, how to handle bullies, caring for a sick pet, and what to do if you get lost in a store. This would be a great conversation starter for families. 34 pages

157 Program in Low Vision Therapy = Region IV Education Service Center, 2004. “It is the goal of this book to develop the professional skills necessary to be an effective member of the low vision interdisciplinary team.” Chapters include eye pathology, functional assessment, optics for low vision devices, therapeutic intervention, psychosocial aspects, driving, and management of field loss. Easy to read. Excellent photographs and diagrams. 183 pages

158 Shaken Baby Syndrome; Services Directory, 2005. This directory lists national and state organizations that provide information and services regarding shaken baby syndrome. 66 pages

159 Speaking in A Public Voice: A Guide to Public Presentation & Advocacy = Aram A. Aghazarian and David C. Hoffman, 2004. “By the end of the course you should be able to do three interrelated things: 1) You should be able to competently give a variety of speeches, 2) You should be able to criticize the speaking performance of yourself and others, and 3) You should be able to use critical thinking skills to analyze speech

situations well enough to make meaningful contributions to public discourse.” This book would be great for those who are presenting speeches for advocacy issues. 150 pages

160 The ABC's and XYZ's of the Medicaid Children's DD Home and Community Based Waiver (And Everything In Between) = State Of Wyoming Department of Health, 2004. Topics include eligibility, funding requests, assessments, plans of care, services provided, codes and rates, billing, certification, and transitions. 65 pages plus attachments, forms, and bulletins.

161 The Essential Guide to Prescription Drugs 2003: Everything You Need to Know for Safe Drug Use = James J. Rybacki, Pharm.D., 2003. “Detailed profiles of more than 300 drugs of major importance encompassing more than 2,000 brands. 16-page full-color insert for quick & easy drug identification. Includes hundreds of herbal/prescription combinations you MUST avoid.” 1336 pages

162 The Genie Within: Your Subconscious Mind: How It Works & How To Use It = Harry W. Carpenter, 2004. "This book explains in layman terms how to use your magnificent, powerful subconscious mind. It explains how your subconscious mind works, the laws it obeys, and ten proven methods for using it easily and effortlessly. One lesson even gives you four ways to communicate with your subconscious mind and an explanation of why talking to it and making it your best friend are important. Once you have this information, you can use your genie to achieve goals, be more creative, change undesirable traits, and improve your health.” 239 pages

163 Training Manual For Certified Brain Injury Specialists (CBIS); Level 1 Core Competencies; Third Edition = American Academy for the Certification of Brain Injury Specialists AACBIS, February 2004. This training manual for CBIS includes the following articles: Overview of Brain Injury; Philosophy of Rehabilitation; Understanding the Brain and Brain Injury; Health, Medications and Medical Management; Understanding and Treating Functional Impacts of Brain Injury; Children and Adolescents with Brain Injuries; Family; and Legal and Ethical Issues. 190 pages plus national listing of CBISs & CBITs.

164 Visual Perceptual Skill Building = Raya Burstein, 1998. “This book is intended for children in grades K-2 whose visual perceptual skills are developing. However, this book is also very useful in the rehabilitation of children and adults who are disabled with cerebral palsy or traumatic brain injury, are mentally or physically challenged or learning disabled, and anyone else who needs help in developing these skills.” Topics include mazes, visual discrimination, visual closure, visual figure ground, visual form constancy, visual memory, visual sequential memory, and visual spatial relationships. 200 pages

165 Vocabulary with EASE (Educational Activities for Student Effectiveness) Activity Book = AGS Publishing, 2004. This book “is filled with fun, educational activities and games that will engage preschool children, students, and young adults, while helping them achieve a rich and broad vocabulary when listening or speaking, when reading or writing. Its collection of 280 activities targets both expressive and receptive vocabulary

skills at five designated levels: preschool, lower elementary (kindergarten through grade 2), Upper Elementary (grades 3 through 5), Middle School (grades 6 through 8), High School and Adult (grade 9 and beyond).” These scripted lessons can be used by educators, speech pathologists, and parents. 317 pages

166 Writing & Grammar 8 for Christian Schools Book One Teacher's Edition (Second Edition) = Bob Jones University Press, 2000. This book “provides students with a basis for a clear understanding of basic English grammar and for increasing proficiency in the use of English.” 500 pages

167 Writing & Grammar 8 for Christian Schools Book Two Teacher's Edition (Second Edition) = Bob Jones University Press, 2000. This supplement to Book One features blackline masters for warm-ups, teaching helps, ESL worksheets, concept reinforcements, writing worksheets, and writing rubrics. Answers are provided in the back of the book. 307 pages

168 Boundaries: A Guide for Teens: How to Build Relationships That Protect Your Personal Space and Respect Your Feelings = Val J. Peter & Tom Dowd, 2000. Published by Boys Town Press, this is a good guide for a person who just started having interest in the opposite sex. This book is about personal boundaries and how to stop domestic violence before it starts. Directed at teens, but useful for people of any age who are examining their relationships. 113 pages

169 Unmasking Sexual Con Games 3rd Edition Helping Teens Avoid Emotional Grooming and Dating Violence Leader's Guide = Kathleen McGee and Laura Buddenberg, 2003. “This manual examines the kinds of words and behaviors that can be used to seduce, trick, or force teenagers into a sexual relationship. The more educated and aware our youth are about sexual con games, the more they will be able to ‘unmask’ and avoid the con artist.” Used originally with the Girls and Boys Town high school students, this curriculum is now used by teachers, counselors, pastors, and parents nationwide. 200 pages

170 Unmasking Sexual Con Games 3rd Edition A Teen's Guide to Avoiding Emotional Grooming and Dating Violence = Kathleen McGee and Laura Buddenberg, 2003. “How can you protect yourself from being intimidated or conned into sexual activity? What role do alcohol and drugs play in dating violence? How do you know that someone is trustworthy? What are good boundaries to set in friendships and dating relationships? How safe are chats in cyberspace?...Don’t be a victim! Learn to be safe, smart, and successful in all your relationships.” 79 pages

171 Therapy Guide for Language and Speech Disorders, Volume 1, A Selection of Stimulus Materials = Kathryn Kilpatrick, 1977. “Although specifically designed for the speech pathologist to use in a structured program of language rehabilitation, this workbook can be utilized by others assisting with the patient’s care. Upon completion of a speech and language evaluation and counseling, trained para-professionals as well as family members or caretakers will be able to utilize the selection of stimulus materials to

facilitate maximum possible retrieval of speech and language functioning under the speech pathologist's continued direction." Areas covered include listening comprehension, reading comprehension, speech and language, writing and number skills, swallowing, dysarthria, apraxia, and gestures. 429 pages

172 Keys to Confident and Effective Parent Participation in the Special Education Process: A Family Handbook = Parent Information Center, February 2001. Every parent with a child who qualifies for special services should have this book. Laws, roles, checklists, communication, record keeping, emotional roller coaster, resources and an alphabet soup of acronyms is included in this booklet. 33 pages

173 Understanding Mental Illness: A Family Legal Guide = Lisa Kinney, 2004. This Protection and Advocacy System notebook includes detailed information about federal and state laws, legal rights of individuals, detention, hospitalization, guardianship, conservatorship, advance directives, estate planning, marriage, parental rights, and resources.

174a, b A Guided Tour of Special Education: What Parents, Surrogate Parents & Foster Parents Need to Know = Bracewell & Patterson Solutions, January 2001. "For a parent totally new to special education, and for a parent already involved in the process, this manual will provide a road map to successfully develop an educational program for a student with a disability." 130 pages

175 Craig Hospital = Craig Hospital, 2003. "Craig Hospital is world renowned as a premier center for specialty rehabilitation and research for people with spinal cord injury and traumatic brain injury." Learn about the programs and services available at this acute care and rehabilitation hospital located in Englewood, Colorado. 9 pages plus booklet

176 What You Need to Know About Brain Tumors = U.S. Department of Health and Human Services, September 2002. "This national Cancer Institute (NCI) booklet has important information about brain tumors. It discusses possible causes, symptoms, diagnosis, treatment, and followup care. It also has information to help patients cope with brain tumors." Very easy to read with lists of questions to ask your doctor. 43 pages

177 Solutions: Assistive Technology for People With Hidden Disabilities = North Dakota Interagency Program for Assistive Technology (IPAT), Fall 1999. "This publication is meant to provide ideas and trigger thoughts for assistive technology solutions addressing problems people experience with hidden disabilities related to: memory, attention, confusion, safety, task completion, socialization, and others." Includes funding sources, manufacturers, and resources. 38 pages

178 WYSEI: Wyoming Split Estate Initiative = Wyoming Department of Environmental Quality, 2005. "The Wyoming Split Estate Initiative (WYSEI) is a coalition of organizations and individual from the agriculture and oil and gas industry brought together to encourage orderly development of minerals while sustaining agricultural productivity irrespective of ownership patterns." It is often difficult for landowners to sift

through all of the information, and it becomes more difficult if you've had a brain injury. This booklet provides the basic facts and agency contacts. 14 pages

179 Individual Education Plans: Involved Effective Parents = Alison B. Seyler & Barbara E. Buswell, 2001. Written by parents for parents and educators, this book helps families navigate through the special education and IEP process to create the most successful educational program for their child. Easy-to-read and packed full of practical information, innovative forms, and questions to ask before, during, and after the IEP. A "must have" book for anyone with a child with special needs. 56 pages

180 A Guide for Developing a Successful Brain Injury Support Group = Florida Head Injury Association, Inc., January 1995. "A 'successful' support group is one in which the individual members feel they are getting emotional support and are giving or receiving information that helps them cope with their situation and grow." Use this manual and accompanying video to start, strengthen, and evaluate your support group. 49 pages

181 Don Krebs' Access to Recreation: Adaptive Recreation Equipment for the Physically Challenged = Access To Recreation, Inc., Spring 2005. Fishing, swimming, bicycling, gardening, bowling, golfing, crocheting, reading, exercising, card playing, and more! This catalog features adaptive equipment that is interesting, innovative, and able to keep you as active as possible to improve your quality of life. 64 pages

182 LS & S: Light, Sight, and Sound Made Easier = LS & S, LLC, 2005-2006. Specializing in products for the blind, visually impaired, deaf, and hard of hearing, this catalog will help you achieve a greater degree of independence. 117 pages

183 America's Youth: Measuring the Risk: Alcohol – Drugs – Sex – Tobacco - Violence = The Institute for Youth Development, 2002. "In reality, most young people manage to negotiate their turbulent early teen years without turning to behaviors that will put their health and well being at risk. IYD want to extol these kids, to understand them better, and to discover what common characteristics they share. These common factors, we believe, will provide us critical keys to positive and effective prevention messages that will resonate with youth across the nation." 170 pages

184 After the Accident = Patricia A. Henisse, 2005. This book, "a collection of thirty-two poems, follows Patricia Henisse's first year of recovery from injuries sustained in a life changing motor vehicle accident. The book provides the reader with powerful insight into the challenges presented by pain, visual impairment, memory loss, emotional stress and physical limitation." 35 pages

185 Medicare & You: Outreach Toolkit Medicare Prescription Drug Coverage = CMS & Department of Health & Human Services, March 2005. "The Centers for Medicare & Medicaid Services is working to implement the new Medicare prescription drug coverage, and this toolkit is a first step in making people with Medicare aware of the changes." 22 folders

186 Brain on a String and Other Strategies for Staying Organized When Gray Matter Isn't Working Like It Used To = PJ Long, September 2005. Prior to her brain injury, PJ was an expert at multi-tasking. Now she must use many compensatory systems in order to stay organized and navigate through daily tasks. Topics include memory book, household management center, streamlining departures, kitchen activity zones, meal planning, grocery shopping, unwrinkling the wardrobe, and personal care. Includes resources for materials, books, and further information.

187 Gifts from the Broken Jar: Rediscovering Hope, Beauty, and Joy = PJ Long, 2005. Life changes in a split second. A horse-riding accident changed the life of psychotherapist PJ Long forever, and she found herself on the journey of living with brain injury. Within the first ten pages you will be wrapped up in her story, struggling with her as she faces challenges and discovers new dreams during the three years after her injury. Written as excerpts from her journal and emails to a friend, PJ's book is easy to read whether you have a few minutes or several hours. 254 pages

188 Low Vision Materials = Humanware and other vendors, 2005. This packet includes brochures, CDs, and catalogs of equipment for people with low vision. "The Art of Living Well with Low Vision: A Resource Guide" is also included.

189 Sleep, Sleep Disorders, and Biological Rhythms = National Institutes of Health, December 2003. This NIH curriculum is designed for grades 9-12. Misconceptions, physiological changes, and sleep disorders are discussed. Charts, diagrams, worksheets, and activities make the information easy to understand and fun to learn. 147 pages

190 The Brain: Understanding Neurobiology Through the Study of Addiction = National Institutes of Health & National Institute on Drug Abuse. This NIH curriculum including CD-ROM is designed for grades 9-12, but would be applicable to adults also. The lessons include The Brain: What is going on in There?; Neurons, Brain Chemistry, and Neurotransmission; Drugs Change the Way Neurons Communicate; Drug Abuse and Addiction; and Drug Addiction is a Disease-So What Do we Do About It?

191 A Technical Assistance Manual on the Employment Provisions of the Americans With Disabilities Act = Equal Employment Opportunity Commission, January 1992. This manual is part of a program "to help employers, other covered entities, and persons with disabilities learn about their obligations and rights under the employment provisions of the Americans with Disabilities Act (Title 1 of the ADA). These requirements are for employers with 15 or more employees. Also includes a resource directory.

192 ADA Guide for Small Businesses = U.S. Small Business Administration & U.S. Department of Justice, June 1999. "This guide presents an informal overview of some basic ADA requirements for small businesses that provide goods or services to the public. It omits many of the 'legal' terms that are found in the ADA and its regulations." Photos and diagrams help explain architectural barriers, accessible parking, accessible entrances, turnstiles, shelves, serving counters, seating, and tables. 15 pages

193 ADA Guide for Small Towns = U.S. Department of Justice, April 2000. “The ADA gives people with disabilities an equal opportunity to participate in the mainstream of public life offered to all Americans. This guide presents an informal overview of the basic ADA requirements and provides cost-effective tips on how small towns can comply with the ADA.” 21 pages

194 Accessible Temporary Events: A Planning Guide = NC State University College of Design, The Center for Universal Design, no date. “As a resource book for both those who are new to or already experienced with accessibility, it acquaints the reader with: the value of making temporary events accessible; an overview of the law; planning strategies to help prevent discrimination; typical barriers encountered by people with disabilities, both in the built environment and in communication, and solutions for removal; and methods of locating and coordinating available resources to achieve accessibility.” 103 pages

195 ADAAG Manual: A Guide to the Americans with Disabilities Act Accessibility Guidelines = U.S. Architectural and Transportation Barriers Compliance Board, July 1998. Whether you’re building new construction or remodeling your present facility, this manual provides all the information you’ll need to know about accessible design and minimum requirements. 143 pages

196 Heads Up: Concussion in High School Sports = CDC Department of Health & Human Services, February 2005. This kit contains a video, DVD, CD-ROM, fact sheets for parents and athletes, posters, Guide for Coaches, and a wallet card. The twelve minute video features the January 26, 2000, broadcast of The NewsHour with Jim Lehrer which highlights the story of a high school football player who sustained permanent brain damage after a secondary concussion. The report also examines the response of coaches and sports broadcasters when professional athletes receive a concussion. Although intended for high school athletes, the video should be watched by every parent who has a child of any age in any sport.

197 Boost Your Memory Power: 101 Practical Ways to Remember Names, Numbers, Facts, and Faces = Joel Levy, Barnes & Noble, 2005. This kit contains a 64-page book, 1 24-page workbook that can be photocopied, a “memory maximizer” 3-dial card, and a deck of 100 cards with suggestions for memory activities, nutrition, meditation, and exercise. From elementary to college, from Baby Boomers to seniors, there are ideas to help anyone remember anything!

198 Conversation with the Voiceless: Finding God’s Love in Life’s Hardest Questions = John Wessells, 2004. “Written out of John Wessells’ personal experiences ministering to the severely impaired, ‘Conversations with the Voiceless’ takes us to the real-world intersection of pain and faith. Wessells walks us through the halls of the forgotten, into the rooms of the comatose, the brain-damaged, the wheelchair-bound...and even into his own dark journey through the loss of his young son. In simple, beautiful language, we learn what some of the world’s most helpless people can teach us about suffering and sorrow, the character of God, and what it takes to be fully alive.” 137 pages

199 Moving On: A Personal Futures Planning Workbook for Individuals with Brain Injury 2<sup>nd</sup> Edition = Research and Training Center on Community Integration of Individuals with TBI, 2003. “Personal Future Planning asks you to proceed through four paths that will give you the knowledge you need to create a more satisfying future for yourself. By taking these four paths, you will review your past and your current life. On each path, you will create a number of maps. Together, these maps will move you towards a better future.” 59 pages

200 Personal Futures Planning for Individuals with TBI: Facilitator’s Manual 2<sup>nd</sup> Edition = Research and Training Center on Community Integration of Individuals with TBI, 2003. “The purpose of this ‘Facilitator’s Manual’ is to introduce you to Personal Futures Planning (PFP). The ‘you’ we have in mind is anyone interested in helping a person who has experienced a traumatic brain injury (TBI) to ‘move on’: to find a new direction toward a better life and to take the paths required to get there.” 33 pages

201 Brain Injury Association of Minnesota 2005 Consumer Guide = Brain Injury Association of Minnesota, 2005. “This guide is designed to help you through the rehabilitation process. In this guide, you will find listings of resources and tips to help you select persons and organizations that are able to meet your needs.” The sections include centers for independent living, chemical health, counseling/behavioral services, education, financial, home health, housing, independent living skills, legal, long term care, medical/neuropsychological services, recreation, transportation, and vocational. 80 pages

202 National Institute on Drug Abuse, Vol. 19, Number 4 = U.S. Department of Health and Human Services, December 2004. Articles include: Long-Term Abstinence Brings partial Recovery from Methamphetamine Damage; Drug-Related Damage that Begins Before Birth; Men and Women May Process Cocaine Cues Differently; Mood Disorders in Methamphetamine Abusers Linked to Changes in Brain Metabolism; Sigma Antagonists: Potential Cocaine Medications With Novel Activity; Smoking Exposure In Utero Increases Risk of Later Addiction; CTN Update: Teamwork Develops Treatment Concept Into Study Protocol; “No Wrong Door” for People With Co-Occurring Disorders; Adults With Co-Occurring Depression and Substance Abuse Benefit From Treatment of Depression; and 2003 Survey Reveals Increase in Prescription Drug Abuse, Sharp Drop in Abuse of Hallucinogens. 16 pages

202.2 National Institute on Drug Abuse, Vol. 20, Number 2 = U.S. Department of Health and Human Services, August 2005. Articles include: Site on Brain Cells Appears Crucial to Nicotine Addiction; NIDA Responds to Changing Drug Abuse Patterns; Disulfiram Reduces Cocaine Abuse; Genetic Engineering Reveals Proteins’ Key Role in Sensitivity to Cocaine; Cognitive-Behavioral therapies Curb Substance Abuse and Symptoms of PTSD; NIDA Research Illuminates Associations Between Psychiatric Disorders and Smoking; Network Therapy Enhances Office-Based Buprenorphine Treatment Outcomes; Twin Study Links Marijuana Abuse, Suicide, and Depression; Trauma-Related Substance Abuse Persists After Mental Health Symptoms Abate; NIDA Support

Brings first fMRI to South Africa; and NIDA Web Site Addresses Consequences of Steroid Abuse. 16 pages

202.3 National Institute on Drug Abuse, Vol. 20, Number 3 = U.S. Department of Health and Human Services, October 2005. Articles include: Expanded HIV Testing: Benefits May Warrant Costs; Inhalant Abuse: Danger Under the Kitchen Sink; Modafinil Improves Behavioral Therapy Results in Cocaine Addiction; NIDA Research Identifies Proteins That Direct Formation of the Brain's Communication Circuits; A Brief Encounter With Peer Educator Can Motivate Abstinence; Study Points to Acetaldehyde-Nicotine Combination in Adolescent Addiction; Telephone-Based Continuing Care Sustains Abstinence; Breaking the Cycle of Drugs and Crime; and HIV/AIDS Research and Education Are Crucial to Drug Abuse Prevention. 16 pages

202.5 National Institute on Drug Abuse, Vol. 20, Number 5 = U.S. Department of Health and Human Services, April 2006. Articles include: Brain Activity Patterns Signal Risk of Relapse to Methamphetamine; Community-Based Treatment Benefits Methamphetamine Abusers; Bupropion Helps People with Schizophrenia Quit Smoking; Cocaine Abuse and HIV Are Linked With Coronary Calcification; Animal Research Shows GHB Acts on GABA Receptors; Animal Experiments in Addiction Science; and Treatment During Work Release fosters Offenders' Successful Community Reentry; MTF Survey Finds Overall Decline in Teen Substance Abuse. 20 pages

202.6 National Institute on Drug Abuse, Vol. 21, Number 1 = U.S. Department of Health and Human Services, October 2006. Articles include: Low-Cost Incentives Improve Outcomes in Stimulant Abuse Treatment; Steroid Abuse is a High-Risk Route to the Finish Line; First-Time Patients Opt for Office-Based Buprenorphine; Ethnicity Influences Early Smoking and Progression to Drug Abuse; Stress Response May Underlie African-Americans' Reduced Pain Tolerance; Methylphenidate for Comorbid Cocaine Abuse, ADHD; Study Finds Withdrawal No Easier With Ultrarapid Opiate Detox; Blending Initiative Disseminates Information on Low-Cost Incentives; Buprenorphine Plus Behavioral Therapy is Effective for Adolescents With Opioid Addiction; Brain Mechanism Turns Off Cocaine-Related Memory in Rats; New Findings on Memory Have Implications for Treatment; Blocking Protein Also Stops Drug-Linked Memory; Marijuana Smoking is Associated With a Spectrum of Respiratory Disorders. 16 pages

203 AARP The Magazine = AARP, September/October 2005. Articles of special interest include Brainpower: Why You're Smarter Now, The Surprising Resilience and Growth Potential of the Human Mind; Doctors Who Won't Treat Pain: Why are Millions of Americans Being Denied the Prescription-Drug Relief They Need?; and Tune Up Your Senses: 15 Ways to Boost Your Vision, Hearing and More. 145 pages

204 Headlines = Brain Injury Association of Minnesota, Spring 2005. Get ideas for your Walk for Thought, Support Group, and conferences! Also includes survivor stories, special events, and bicycle programs. 16 pages

205 Physical Medicine and Rehabilitation at Mayo Clinic = Mayo Clinic, 2001. "Mayo Clinic's Department of Physical Medicine and Rehabilitation, among the oldest and most respected in the country, was founded in 1935...Staff strive to provide thorough evaluations, comprehensive diagnoses and compassionate care through a wide range of patient care services, including inpatient and outpatient programs." This packet describes Mayo's programs and includes other booklets about brain injury.

206 Wyoming Caregiver Resource Guide: Linking Caregivers to Community Resources = Wyoming Guardianship Corporation, June 2005. "The Wyoming Guardianship Corporation (WGC) developed the Caregiver Resource Guide to assist and improve your quality of life as a caregiver and your care recipient. The Caregiver Resource Guide is a reader friendly book which provides current information on opportunities and services available within your local community, the state, and nationally." 82 pages

207 Inside View = Centre for Neuro Skills, Issue 13.3, Summer 2004. Articles include: New Research Reveals Mild Head Injury in Children Has Lasting Impact; Losing Consciousness can Decrease Chances of Developing Posttraumatic Stress Disorder; First Evidence That Brain Damage at Birth Can Be Reversed; Research: Concussion Causes Emotional Disturbances; Males and Females Respond Differently to Brain Injury; Helping Patients With Severe Skull Defects; and New Computer-Based Therapy (VRT) to Reduce Vision Loss Caused by Brain Injury. 8 pages

208 Inside View = Centre for Neuro Skills, Issue 14.3, Summer 2005. Articles include: Brain-Injury Rehabilitation Depends on Acetylcholine Circuitry; NASCAR Legend to Promote a "Walkathon" for Brain Injury Awareness and Safety; Patterns in Traumatic Injury Mortality Risk and Outcomes; Age-Related Changes in Cerebral Blood Flow and Its Connection to Female Head Trauma Patients; New Scale Predicts Recovery of Consciousness From Coma After Brain Injury; Compound Shows Potential to Repair central Nervous System Cells After Injury; New Portable Device Checks for Concussions on the Sidelines; Study Finds Hypothermia a Safe Treatment for Traumatic Brain Injury in Children; and Researchers Prevent Post-Traumatic Brain Damage Using Experimental Drug. 12 pages

208.1 Inside View = Centre for Neuro Skills, Issue 15.1, Winter 2006. Articles include: Scrambled brains: New Technique Puts Brain-Imaging Research on its Head; New Research Targets Treatment for Brain Injuries; Markers of Brain Cell Development may Help Success of Stem Cell Transplants; Shift in Brain's Language-Control Site Offers Rehab Hope; Biomarker Test May Give Early Warning of Brain Woes; 'Big Picture' of Brain Changes May Be Crucial to Recovery from Brain Injury. 8 pages

208.4 Inside View = Centre for Neuro Skills, Issue 15.4, Fall 2006. Articles include: Healing Potential Discovered in Everyday Human Brain Cells; Man Emerges From Years in Minimally Conscious State as Brain Repairs Itself; Case Study: The "Fighting Spirit" Who Refused to Give Up; Long-Term Ibuprofen Regimen After Brain Injury Worsens Cognition in Animal Study. 8 pages

209 Choosing a High-Quality Medical Rehabilitation Program: An NRH Field Guide for People with Disabilities = National Rehabilitation Hospital, no date. “The goal of this guidebook is to help you to choose a high-quality rehabilitation program. It includes four major parts. Part 1 describes medical rehabilitation-what it is, how it can help you, and the different rehabilitation professionals who will work with you. Part 2 discusses health insurance plans so that you can understand what you plan will and will not cover. Part 3 talks about the different types of rehabilitation programs available to you, and Part 4 looks at ways that can help you find a high-quality rehabilitation program to suit your needs.” 58 pages

210 Until the Cows Come Home = J.T. Blakemore, 2003. J.T. Blakemore survived an automobile accident in 1963. At that time, half of the people who sustained a traumatic brain injury died. Mr. Blakemore’s story provides insights into coping with the life-time challenge of brain injury. 239 pages

211 Traumatic Brain Injury in the United States: The Future of Registries and Data Systems = Centers for Disease Control and Prevention, June 2005. “This report summarizes the comments, suggestions, and recommendations of a working group convened by the Centers for Disease Control and Prevention (CDC) to discuss the future of traumatic brain injury (TBI) registries and data systems. It is intended for policy makers, researchers, advocates, and public health professionals, including those from state health departments, interested in furthering the development of systems to collect data about people with TBI and to help those people learn about available services such as health care, employment training, and personal assistance.” 36 pages

212 Acute Injury Care Research Agenda: Guiding Research for the Future – Centers for Disease Control and Prevention, January 2006. “In 2003, the National Center for Injury Prevention and Control “CDC’s Injury Center” embarked on a process to update the CDC Injury Research Agenda (2002) in the area of acute injury care and identified gaps that exist and need to be addressed through research...This new chapter articulates CDC’s highest priorities in acute injury care-those questions that we must answer to fulfill our public health responsibilities.” 19 pages

213 The Journal of Trauma Injury, Infection, and Critical Care: Alcohol and Other Drug Problems Among Hospitalized Trauma Patients, Volume 59, Number 3 = Lippincott, Williams, & Wilkins, September 2005. These articles were written for a trauma conference held in Arlington, Virginia on May 28-30, 2003. Screening, referral, intervention, implementation, motivation, stages of change, barriers, obstacles, and public policy are covered. 166 pages

214 Rocky Mountain Rehabilitation Institute = HealthOne, no date. This packet describes the services available at this program with various locations in Colorado. Programs include brain injury rehabilitation, stroke, coma, inpatient pulmonary rehabilitation, ventilator, lung health, subacute, progressive neuromuscular disease, pulmonary disease, acquired immune deficiency syndrome (AIDS) and cancer.

215 North Valley Rehabilitation Hospital = Thornton, Colorado, 2006. This packet describes the programs available including acute brain injury, general rehabilitation, skilled nursing, geriatric psychiatry, social reintegration, dual/multiple disorders, medically complex, and pain management.

216 The 2nd Federal Interagency Conference on Traumatic Brain Injury: Integrating Models of Research and Service Delivery = Kessler Medical Rehabilitation Research and Education Corporation, March 9-11, 2006. This book is a compilation of the presentations at this conference. Topics include work after brain injury, cognition, rehabilitation, fatigue, substance abuse, sports concussions, aging, veterans, depression, family, mild TBI, and functional neuroimaging. 174 pages

217 Dementia Resources from the Alzheimer's Association of the Great Plains = Alzheimer's Association, 2006. This notebook includes the following chapters: Overview of Dementia and Alzheimer's Disease; Enhancing Communication; Challenging Behaviors; Medication; Safety, Nutrition and Personal Care; Activity Programming; Caregiver Issues; Dementia Care in Various Settings; End-of-Life Issues, and Services and Resources (pages are not numbered)

218 PAX De-Escalation Guide to Reducing Explosive Behaviors = PAXIS Institute, Embry, Lauger & Straatemeier, 2003. "Misbehavior occurs on a pendulum. Even the most anti-social student will have their times of relative calmness, cooperation and productivity. The way to strengthen these times of calmness is to reinforce those behaviors with attention, incentive, recognition, etc." This notebook is designed for teachers and school personnel, but the techniques could also be used effectively by parents. 26 pages

219 My Teen Brain is Different: How the brain works in teens and teens experiencing difficulties, and what adults can do to help = PAXIS Institute, Dr. Dennis D. Embry, 2004. "This book is not the story of a real person. It is an amalgam of stories and science, designed to present a first-person account of what happens in the brain of children and teens who bear an uncommon risk for multi-problem behavior such as crime, delinquency, school failure, drug use, teen pregnancy, and other issues." Twenty five common sense suggestions are provided.

220 Special Needs Trust: Identifying Possibilities, Finding Solutions = Wells Fargo, 2005. "A life-altering injury or illness can happen in the blink of an eye and a family can suddenly find itself grappling with a multitude of complex issues." This packet will help you look into long-term financial planning.

221.1 Low Vision Simulator = Telesensory, no date. This little card will help you understand the main types of low vision conditions: macular degeneration, diabetic retinopathy, glaucoma, cataract, and blindness.

221.2 What You Should Know About Low Vision = National Eye Institute, March 2005. "This booklet will help people with vision loss and their families and friends better

understand low vision. It describes how to get help and live more safely and independently.” 20 pages

221.3 Age-Related Macular Degeneration = U.S. Department of Health and Human Services, 9/2003. “This booklet is for people with age-related macular degeneration (AMD) and their families and friends. It provides information about AMD and answers questions about its causes and symptoms. Diagnosis and types of treatment are described.” 21 pages

221.4 Cataract = U.S. Department of Health and Human Services, 9/2003. “This booklet is for people with cataract and their families and friends. It provides information about age-related cataract, the most common form of cataract. This booklet answers questions about the causes and symptoms of the disorder and discusses diagnosis and types of treatment.” 18 pages

221.5 Don't Lose Sight of Diabetic Eye Disease = U.S. Department of Health and Human Services, 2004. “Diabetic eye disease, a complication of diabetes, can be treated before vision loss occurs.” This pamphlet answers the top ten questions about diabetic eye disease. 1 page

221.6 Diabetic Retinopathy = U.S. Department of Health and Human Services, 9/03. “This booklet is for people with diabetic retinopathy and their families and friends. It provides information about diabetic retinopathy and answers questions about the cause and symptoms of this progressive eye disease. Diagnosis and types of treatment are described.” 18 pages

221.7 Don't Lose Sight of Glaucoma = U.S. Department of Health and Human Services, no date. Causes, symptoms, tests, and treatments are covered in this booklet. 10 pages

221.8 Glaucoma: What You Should Know = U.S. Department of Health and Human Services, 9/03. This booklet is for people with glaucoma and their families and friends. It provides information about open-angle glaucoma, the most common form of glaucoma. This booklet answers questions about the cause and symptoms of the disease and discusses diagnosis and types of treatment.” 19 pages

221.9 Talking Books for Senior Adults = National Library Service for the Blind and Physically Handicapped, no date. Everything you've always wanted to know about the talking book program is in this brochure. 1 page

221.10 Reading is for Everyone: Books for Blind and Physically Handicapped Individuals = National Library Service for the Blind and Physically Handicapped, no date. Books, magazines, music scores, and instructions for musical instruments are available on recorded discs or cassettes for those who have a vision or physical disability. 1 page

221.11 Frequently Asked Questions About the National Library Service for the Blind and Physically Handicapped = The Library of Congress, no date. This brochure answers the top twenty five questions about the talking book program. 1 page

221.12 Wyoming Department of Education Services for the Visually Impaired = Wyoming Department of Education, no date. Services, projects, eligibility, and contacts for visually impaired children and adults are included in this brochure. 1 page

221.13 AFB CareerConnect = American Foundation for the Blind, no date. "No matter what your interests and abilities, CareerConnect can help you make the connections you need to jumpstart your career. This free employment resource, created by the American Foundation for the blind, links blind and visually impaired jobseekers to a network of people and tools to explore careers and find the perfect job." 1 page

222 The PDR Family Guide to Prescription Drugs, 9<sup>th</sup> Edition = Three Rivers Press, 2002. "This book is intended only as a reference for use in an ongoing partnership between doctor and patient in the vigilant management of the patient's health. It is not a substitute for a doctor's professional judgment, and serves only as a reminder of concerns that may need discussion." 935 pages

223 Disability and Health State Chartbook 2006 = Centers for Disease Control, 2006. "This Chartbook is the first in a series to present information about the health of people with disabilities by state and territory. It has three purposes: 1) to show that a large percentage of adults have a disability, 2) to show that the health of people with disabilities tends to be poorer than that of the people without disabilities, and 3) to highlight areas in which public health systems can better target people with disabilities in their programs." 149 pages

224 My Lost Summer: A Memoir = Elizabeth Evans Fryer, Jamaica Road Press, 2005. This book presents the author's recovery from a coma when she was 13. "It will benefit survivors, their families, and their other caregivers. The book is different from other memoirs about TBI in that it gives an account of recovery from the side of the family as well as from that of the newly conscious coma patient." 179 pages

225 Remind Me Why I'm Here: Sifting Through Sudden Loss of Memory and Judgment = Diana Lund, People With Disabilities Press Series, 2006. "In the spring of 1996, Diana Lund was a top-ranked project manager in her mid-thirties when a car accident instantly changed her personality and her life's direction. Thrust into short-term memory loss and cognitive deficit, self-perception kept colliding into reality. Neurologists underestimated her difficulties; they sent her back to work, to manage multi-million dollar contracts, in a mentally compromised state." 214 pages

226 A Symphony in the Brain: The Evolution of the New Brain Wave Biofeedback = Jim Robbins, Grove Press, 2000. "Jim Robbins traces the fascinating, untold story of the development of neurofeedback, from its discovery by a small corps of research psychologists, to its growing application across the country and around the world, to

present battles for acceptance in the conservative medical world. Offering a wealth of powerful case studies, accessible scientific explanations, and dramatic personal accounts, Robbins journeys through a remarkable field, which he brings to the public eye for the first time.” 260 pages

227 *The Memory Cure: How to Protect Your Brain Against Memory Loss and Alzheimer's Disease* = Majid Fotuhi, McGraw-Hill, 2003. “Dr. Majid Fotuhi, one of the foremost experts in memory loss and Alzheimer’s disease, outlines an action plan to improve mental agility and prevent memory loss.”

228 *Everything Happens for a Reason: Finding the True Meaning of the Events in Our Lives* = Mira Kirshenbaum, Harmony Books, 2004. “In ‘Everything Happens for a Reason,’ psycho-therapist Mira Kirshenbaum helps us understand the principles behind this frequently used phrase and provides us with tools to grasp its true meaning. ..Building on more than twenty-five years of clinical research, Kirshenbaum has developed tests to help readers decode the confusing or unfortunate events in their lives and find solace and strength in the positive outcomes that exist.” 235 pages

229 *I Had Brain Surgery. What’s Your Excuse?* = Suzy Becker, Workman Publishing, 2005. ...”an irreverent, inspiring story of an artist overcoming a terrifying medical condition and reclaiming her funny bone. Illustrated with nearly 400 cartoons, charts, and silly graphs.” 284 pages

230 *You: The Smart Patient: An Insider's Handbook for Getting the Best Treatment* = Michael F. Roizen, M.D. & Mehmet C. Ox, M.D., Free Press, 2006. “Witty, playful, at times offbeat, but always authoritative, ‘You: The Smart Patient’ shows you how to become your own medical sleuth, tracing your medical family tree and wending your way through the pitfalls of any health care situation.” 416 pages

231 *Living Well on a Shoestring* = Yankee Publishing, Inc., 2000. “1,501 tried-and-true hints, tips, and secrets to help you reduce your spending and live well every day.” 392 pages

232 *The Happy Cheapskate: 101 Simple, No-Sacrifice Ways to Spend Far Less Money* = Reader’s Digest, 2005. “The truth is, thriftiness is smart. Cheapskates don’t live in denial; they live well for less, and they have fun doing it.” Chapters include Feeding Your Family for Less, Become a Savvy Shopper, Cutting Costs Around the House, Driving Down Transportation Costs, and Living Well for Less. 32 pages

233 *40 All-Time Best AntiClutter Tricks* = Reader’s Digest, 2005. De-clutter your kitchen, pantry, garage, basement, attic, closets, and children’s rooms. Includes a chart with how long to keep important papers. 2-sided brochure

234 *Wyoming Resource Guide for Older Citizens* = Wyoming Department of Health Aging Division, March 2003. Although current information can be accessed through Connect Wyoming/Senior Pathways, this book is still a useful tool. Chapters include

Information and Referral, Advocacy, Consumer Protection, Assistive Devices, Education, Employment and Volunteer Service, Financial Assistance, Health Care, Housing, Institutional Care, Legal Assistance, Mental Health, Nutrition, Organizations for Special Health Problems, Recreation, Respite, Safety, Senior Citizen Centers, Social Support, State programs, Substance Abuse, Transportation, Utilities, Veterans' Benefits, and Waiver Services. 103 pages

235 Wyoming Small Business Administration = Deb Farris, Economic Development Specialist, December 2006. This folder includes handouts and booklets regarding starting your own business, and the assistance that is available for people with special needs.

236 Oklahoma Vocational Rehabilitation Training Curriculum for Brain Injury = Oklahoma State Department of Health & HRSA, October 2005. If you missed the 2005 Wyoming Brain Injury Conference, you can still learn about vocational rehabilitation. This notebook is packed with everything you need to know about getting clients back to work. Includes Wyoming resources.

237 Wyoming Brain Injury Conference 2006 = Brain Injury Association of Wyoming, October 2006. If you missed the 2006 Wyoming Brain Injury Conference, you can check out this notebook and peruse the handouts. Contact information for the speakers is included.

238 Folder containing materials from the American Brain Tumor Association as listed below numbered 238.x

238.1 Ependymoma = American Brain Tumor Association, 2001. Includes definition, incidence, cause, symptoms, diagnosis, treatment, side effects, follow-up, recurrence, and resources. 13 pages

238.2 Glioblastoma Multiforme and Anaplastic Astrocytoma = American Brain Tumor Association, 2004. Includes definition, incidence, cause, symptoms, diagnosis, treatment, side effects, follow-up, recurrence, clinical trials, prognosis, and resources. 11 pages

238.3 Medulloblastoma = American Brain Tumor Association, 2006. Includes definition, incidence, cause, symptoms, diagnosis, treatment, surgery, radiation, chemotherapy, side effects, follow-up, recurrence, prognosis, and resources. 19 pages

238.4 Meningioma = American Brain Tumor Association, 2003. Includes definition, incidence, cause, symptoms, diagnosis, treatment, recurrence, recovery, prognosis, and resources. 12 pages

238.5 Metastatic Brain Tumors = American Brain Tumor Association, 2004. Includes definition, incidence, cause, symptoms, diagnosis, specific types, treatment, recurrence, clinical trials, and resources. 15 pages

238.6 Oligodendroglioma and Oligoastrocytoma = American Brain Tumor Association, 2001. Includes definition, incidence, cause, symptoms, diagnosis, treatment, recurrence, clinical trials, prognosis, and resources. 11 pages

238.7 Pituitary Tumors = American Brain Tumor Association, 2002. Includes definition, incidence, diagnosis, types, symptoms, treatment, follow-up, and resources. 12 pages

238.8 Conventional Radiation Therapy = American Brain Tumor Association, 2004. “This pamphlet is about conventional external beam radiation therapy, the most common form of radiation treatment for brain tumors.” 12 pages

238.9 Steroids = American Brain Tumor Association, 2004. “In brain tumor treatment, steroids are used to reduce the swelling, or edema, sometimes caused by the tumor or its treatment...In this publication we’ll share why steroids are given, how to manage the effects of steroids, and a few guidelines for their safe use.” 12 pages

238.11 Stereotactic Radiosurgery = American Brain Tumor Association, 2002. “Stereotactic radiosurgery is a special form of radiation therapy – it is not surgery. Stereotactic radiosurgery allows precisely focused, high dose X-ray beams to be delivered to a small, localized area of the brain. It is used to treat small brain and spinal cord tumors (both benign and malignant tumors), arteriovenous malformations and other blood vessel abnormalities; small, defined areas of cancer (such as nasal cancer); and Neurologic problems such as movement disorders.” 12 pages

238.12 Chemotherapy = American Brain Tumor Association, 2004. “Chemotherapy drugs are often used to treat malignant or higher grade tumors, but may also be used to treat low grade and benign brain tumors.” 24 pages

238.13 Surgery = American Brain Tumor Association, 2004. “Whether you use the word ‘surgery,’ ‘resection,’ ‘operation,’ ‘brain operation’ or ‘brain surgery,’ surgery is usually the first step in treating most benign and many malignant tumors.” 32 pages

238.14 Organizing and Facilitation a Support Group = American Brain Tumor Association, 2003. Talks about the need for support groups, different types of support groups and how to establish and sustain one. 12 pages

238.15 When Your Child Returns to School = American Brain Tumor Association, 2002. Provides suggestions on how to ease your child’s reentry into school after a medical absence. 8 pages

238.16 Patient and Family Publications & Services = American Brain Tumor Association. List of resources available through the American Brain Tumor Association and how to obtain them. 5 pages

238.17 Social Work Services = American Brain Tumor Association. A single card listing services provided by the American Brain Tumor Association and providing contact information for the organization. 1 page

238.18 Dictionary for Brain Tumor Patients = American Brain Tumor Association, 2002. Dictionary of terms including medical abbreviations, terms related to medicines, medical prefixes, medical roots and medical suffixes. 128 pages

238.19 Living with a Brain Tumor: A guide for Brain Tumor Patients = American Brain Tumor Association, 2004. Guide to dealing with a brain tumor. Speaks to the process beginning before a diagnosis through and including involvement with support groups and caregivers. Provides a variety of hints and suggestions throughout the process. 40 pages

239 07 Resource Directory: A guide for Patients, Families and Health Professionals = Provides contact information for organizations and resources addressing, Brain Tumors, Cancer, Caregiver/Healthcare, Children, Complementary Therapy, Disability and Anti-Discrimination, Financial and Insurance, Rehabilitation, Additional Support, Air Transportation, Wish Fulfillment, and other resources. 94 pages

240 In An Instant: A Family's Journey of Love and Healing = Lee & Bob Woodruff, 2007. Bob and Lee Woodruff give a loving, terrifying, and ultimately inspirational tale of the perils of war, the demands of network journalism, and the strengths of a great marriage. 288 pages

241 Effects of Brain Injury on the Family = Research paper by Ursula Schwirian, 2006. 10 pages

242 Neurobehavioral Issues of Traumatic Brain Injury: An Introduction = National Association of State Head Injury Administrators' Neurobehavioral Health Committee, 2006. Training manual intended to provide State Agency administrators and providers with an introduction to TBI-related neurobehavioral health issues and to offer a glimpse at what some States are doing to address these issues from a systems perspective. 75 pages

243 Over My Head: A Doctor's Own Story of Head Injury from the Inside Looking Out = Claudia L. Osborn, 2000. Doctors are patients too. It's not often that the public gets a look at the inner lives of physicians and how they react to their own tragedies. Dr. Claudia Osborn was a doctor in inner city Detroit when a car struck her bike. Her life and that of her friends, family and patients was changed forever. An intriguing look at how a physician deals with brain injury and all its ramifications. This book is excellent documentation of the struggles those with brain injury face, and the obstacles that can be challenged for the good on the survivor. 238 pages

244 Resource Facilitation: A Consensus of Principles and Best Practices to Guide Program Development and Operation in Brain Injury = Susan H. Connors, 2001.

Outlines principles and best practices for collaborative resource facilitation as developed in a two day resource facilitation summit hosted by the BIA. 37 pages

245 Police Training Series: Police Interaction with Individuals with Brain Injury = Maryland Police and Correctional Training Commissions, 2001. This is a workbook that supplements DVD 18 of the same title. This workbook helps train police officers to mentally assess a subject's ability to resist or attack and to recognize and protect individuals with brain injuries. 40 pages

250 The 2006 Progress Report on Brain Research = The Dana Alliance for Brain Initiatives, 2006. Articles include: Neuroimaging; The Aging Brain; Disorders That Appear in Childhood; Movement and Related Disorders; Nervous System Injuries; Neuroethics; Neuroimmunology; Pain; Psychiatric, Behavioral, and Addictive Disorders; Sense and Body Function; Stem Cells and Neurogenesis; and Thinking and Remembering. 141 pages

251 Healing Trauma: A Pioneering Program for Restoring the Wisdom of Your Body = Peter Levine, PhD., 2005. "With this book and the exercises on the included SC, you will learn Dr. Levine's remarkable Healing Trauma Program to find a pathway out of unnecessary suffering, and help you 'recapture the simple wonders of life.'" 93 pages plus CD

252 Easier Than You Think Because Life Doesn't Have to be so Hard: The Small Changes That Add Up to a World of Difference = Richard Carlson, Ph.D., 2005. By the author of the "Don't Sweat the Small Stuff," this book offers practical insight into how we can take small steps to change our lives for the better. 195 pages

253 Bright Futures Family Pocket Guide: Raising Healthy Infants, Children, and Adolescents = Family Voices, 2001. "This family pocket guide follows 'Bright Futures: Guidelines for Health Supervision of Infants, Children, and Adolescents, Second Edition.' It's a quick reference for families, highlighting important child health topics. It's divided into four age groups or stages of development which are further divided into two main sections." This booklet is not copyrighted, so readers may duplicate any of the information. 100 pages

254 Head Games: Football's Concussion Crisis = Christopher Nowinski, 2007. A former Harvard football player, turned professional wrestler details his own experiences with multiple concussions, their effect of his health and livelihood, and his suggestions for making contact sports safer for the contestants. The book looks at suggestions for diagnosing concussions and for treating the injury. The book is an important read for those who participate in contact sports, for those who have experienced concussions, for those who treat the injury and for parents. 195 pages

255 Healing From the Heart: A Practical Guide to Creating Excellent Experiences for Patients and Their Families = Timothy Dawes, 2006. Although this book is a workbook designed for professionals, it fits well for caregivers of all sorts. Designed around

“empathy,” the book will help make you, the caregiver, feel more confident, reduce your stress and actually help the healing process for the person you care for. The idea is to form new ways to communicate, turning the caregiver’s best instincts into deliberate actions that help those who are suffering. 168 pages

256 The Job Hunting Handbook = Dahlstrom & Company, 1997. This workbook is an informative guide for the first time job seeker or an experienced worker looking for a new position. The guide includes tips on resume writing and interviewing. Also included is a section of the expected growth of 150 occupations across the country. 48 pages

257 Brain Facts: A Primer on the Brain and Nervous System = Society for Neuroscience, no date. Chapters include: The Neuron; Brain Development; Sensation and Perception; Learning, Memory, and Language; Movement; Sleep; Stress; Aging; Advances; Challenges; New Diagnostic Methods; Potential Therapies; Neuroethics; Glossary; and Neuroscience Resources. 63 pages

258 BrainSTARS: Brain Injury-Strategies for Teams And Re-education for Students = Jeanne E. Dize-Lewis, Ph.D., Margaret Lohr Calvery, Ph.D, Hal C. Lewis, Ph.D., 2002. “The BrainSTARS project aims to provide educational materials for parents and teachers of children who have an acquired brain injury”. Includes ABI basics, approaches interventions and how to mobilize community resources. Includes DVD & CD (DVD 23). 320 pages

259 Our Hero Handbook: A Guide for Families of Wounded Soldiers - Operation Iraqi Freedom & Operation Enduring Freedom = A resource designed to help the family members of wounded soldiers. Focused for those who have little or no prior experience with the U.S. Military, and who need support and guidance as they directly help our wounded soldiers.

260 Cerebrum 2007: Emerging Ideas in Brain Science = Dana Foundation, 2007. “...a yearly anthology for inquisitive readers interested in how prominent neuroscientists and other thinkers present, applaud, and protest new ideas arising from discoveries about the brain.” Written by experts but explained in lay language. 251 pages

262 The Psychologist’s Book of Self-Tests: 25 Love, Sex, Intelligence, Career & Personality Tests = Louis Janda, Ph.D. 1996. “Psychologists have spent years trying to help people answer these questions. Now, you can benefit from this research-and uncover your strengths and weaknesses – with this collection of actual personality tests developed by psychologists for professional use.” 230 pages

263 2006 National Directory of Brain Injury Rehabilitation Services = Brain Injury Association of America, 2006. Extensive listing of organizations and resources organized by state. Lists legal services by state and provides listings by program type and service specialties as well as including a guide to selecting and monitoring brain injury rehabilitation services.

264 Mayo Clinic: Guide to Self-Care (Answers for everyday Health Problems) = Mayo Clinic, 2006. Easy-to-understand, and authoritative guide to health issues including proactical information on more than 200 of today's most common health problems. Speaks on fevers, back pain, earache, headache, mole vs. skin cancer, mammograms, heart attack, proper weight, stress, emergency preparedness, finding health care providers, home medical tests, supplements and alternative medical care. 300 pages

265 Bike Smart, Walk Smart Activity Guide by HealthComm Interactive is a resource guide for teachers and safety instructors which provides a number of outdoor activities teaching bicycle and walking safety. Provides 6 lesson plans with objectives and material lists. 13 pages

266 Existing Facility Checklist – Reviews the details of the Americans with Disabilities Act with photographs to illustrate the requirements and best practices as outlined in the ADA Act. Includes worksheet, CD-ROM, and booklet that reviews the CD-ROM.

267 State of Ohio Needs and Resource Assessment – 2006: Ohio's Needs and Resources Assessment of Individuals with Brain Injuries and Their Families. ~150 pages

268 Biennial Report on the Incidence of Traumatic Brain Injury in Ohio – December 2005 – Report commissioned by the Ohio Rehabilitation Services Commission using data from their Trauma Registry. 26 pages

269 Fighting for David – An Inspiring true story of stubborn love, faith, and hope beyond reason. 2006 Leone Nunley with Dean Merrill. Brain injury survivors tale by his mother who determined to fight for his future. Shares her legal, financial, emotional and spiritual trials that gave her son a second chance at life. 191 pages

270 “INTRODUCING ...” = Neebeeshaabookway 2007. Short stories taken from the JAKE SMITH RANCH SERIES (yet unpublished). Stories provide glimpses into the characters' lives after Jake's bull accident and show how live moves on in new ways. Siezures, lost-spells, and speech loss isolate folks from public life. Talks about how loved ones feel as they face these challenges. 277 pages

271a,b 2007 National Directory of State Government Brain Injury Contacts = National Association of State Head Injury Administrators. Provides state program and related contact information for all states and U.S. Territories.

272 Your Rights as a Vermonter with Traumatic Brain Injury. = Vermont Protection & Advocacy. Covers a broad spectrum of resources and topics of interest to survivors and their families including: General BI Information, Abuse and Neglect, Health Care Programs and Services, Assistive Technology, Social Security Disability Benefits, Guardianship and Alternatives to Guardianship Voc. Rehab, Client Assistance Program, Special Education, Civil and Individual Rights. Vermont specific but much of it is applicable in any state.

273 Coping with Life After Injury. = MADD Canada this booklet is designed to assist victims dealing with the aftermath of an alcohol or drug-related crash. Chapters on Coping with an Injury, Spinal Cord Injury, Head Injury. 56 pages.

274 Disability Etiquette - Tips on Interacting with People with Disabilities = United Spinal Association, Judy Cohen. Examines proper etiquette when interacting with persons with a variety of disabilities. Talks specifically about those in wheelchairs, visually impaired, hearing impaired, speech disabilities, short stature, cerebral palsy, Tourette syndrome, people who look different, Epilepsy, hidden disabilities, chemical sensitivity, respiratory disabilities, HIV & AIDS, psychiatric disabilities, cognitive disabilities, service animals, emergency evacuation, and conflict management.

275 Technology for Communication and Cognitive Treatment: The Clinician's Guide = Innovative Speech Therapy, Joan L. Green, M.A. CCC-SLP. Alternative approach for people with speech, language, learning, and cognitive disabilities. Examines why technology, how to get started, and how to integrate treatment professionals with technology for best results. Examines different settings and a wide variety of specific deficits. 380 pages.

276 Center for Neurorehabilitation Services, P.C. = Folder of information on the program which includes Brain Injury Recovery Program, Multiple Sclerosis Clinic, Memory Clinic, Adaptive Driving Program, Stroke Rehabilitation Specialty Clinic, Headache Management Clinic.

277 Elvin: The Elephant Who Forgets = Written by Heather Snyder, Ph.D. and illustrated by Susan Beebe. Children's story about a young elephant who is hurt and has a brain injury. Useful to clinicians working with children in any setting. Includes a section at the end for adults speaking about brain injury and additional resources. 24 pages.

278 Concussion by the Numbers: An Epidemiologic Look at Sports Related Concussion = by Kevin Guskiewicz, PhD. Presentation to 2006 Federal Interagency Conference on Traumatic Brain Injury. PowerPoint type format with data on sports related injuries.

279 Veterans and Families' Guide to Recovering from PTSD = 2007 by Stephanie Laite Lanham. Defines PTSD and talks in detail about the symptoms associated with this issue. Includes sections on resources and references. 118 pages.

280 Signs & Strategies for Educating Students with Brain Injuries: A practical guide for teachers and parents = 2005 by Marilyn Lash, Gary Wolcott, and Sue Pearson. Sections on Helping families, Sorting out myths and facts, Signs and changes to watch for, Classroom strategies and Working with the neuropsychologist. 112 pages.

281 Human Brain Coloring Workbook: An interactive approach to learning = 1999 by Kapil Gupta M.D. Technical descriptions and line drawings of brain structures and functions. 192 pages.

282 Measuring Violence-Related Attitudes, Behaviors, and Influences Among Youths: A Compendium of Assessment Tools = Includes assessments on Attitude and Belief, Psychosocial and Cognitive function, Behavior and Environment. 360 pages.

283 Traumatic Brain Injury in the United States: Emergency Departments Visits, Hospitalizations, and Deaths = 2006 Centers for Disease Control. Compilation of basic data about emergency department visits, hospitalizations, and deaths for the years 1995 through 2001. Speaks to how TBI's occur each year, how many and who is affected. 55 pages.

284 Measuring Intimate Partner Violence Victimization and Perpetration: A Compendium of Assessment Tools = Collection of tools to assess Physical Victimization, Sexual Victimization, Psychological/Emotional Victimization, Stalking Victimization, Physical Perpetration, Sexual Perpetration, Psychological/Emotional Perpetration, Stalking Perpetration. 156 pages.

285 When the Brain can't Hear: Unraveling the Mystery of Auditory Processing Disorder = 2002 by Teri James Bellis, Ph.D. leading authority on Auditory processing disorder (APD) explains this disorder – as sound travels through an imperfect auditory pathway, words become jumbled, distorted, and unintelligible. Discusses latest and most promising clinical advances and treatment options along with proven strategies.

286 Home Safety for People with Alzheimer's Disease = 2007 by U.S. Department of Health and Human Services, Public Health Service. Reviews Alzheimer's disease and the symptoms as they bear on independent living including living at home, driving and natural disasters. 40 pages.

287 Caregiver Guide – Tips for Caregivers of People with Alzheimer's Disease = 2007 by U.S. Department of Health and Human Services, National Institute on Aging. Covers care including, communication, bathing, dressing, eating, activities, exercise, incontinence, sleep problems, hallucinations and delusions, wandering, home safety, driving, visiting the doctor, coping with holidays, visiting someone with AD, and choosing a nursing home. 23 pages.

288 Understanding Alzheimer's Disease = 2007 by U.S. Department of Health and Human Services, Public Health Service. Answers basic questions about Alzheimer's disease. 12 pages.

289 Understanding Memory Loss = 2007 by U.S. Department of Health and Human Services, Public Health Service. Answers questions about memory loss including differences between mild forgetfulness and more serious memory problems, medical causes of memory problems and how they can be treated and how to cope with serious memory problems. 16 pages.

290 Returning to Work after Brain Injury = 2005 An Information and Resource guide for New Jersey's One Stop Centers. Much of it is New Jersey specific resources but early information covers basic brain injury information as well as how counselors can assist people with brain injury, accommodations for job seekers, job interviewing hints and accommodations once you are in the workplace. 42 pages.

291 Protection and Advocacy Fact Sheets = All the fact sheets produced by Protection and Advocacy in Wyoming. Includes contact information, organization mission description, and information on their programs including voter accessibility, Social Security, assistive technology, developmental disabilities, mental illness, client assistance, traumatic brain injury and individual rights. 10 pages.

292 Cancer for Two = 2006 by Dave Balch. An inspiring true story and guide for Cancer patients and their partners. More than a simple memoir, this is an uplifting guide offering specific advice on coping with cancer and each other, keeping the patient feeling good about him/herself, reducing fear and stress, finding humor and more. 268 pages.

293 Non-Military Traumatic Brain Injury Resources for Wyoming Veterans = Assembled by the Brain Injury Association of Wyoming, this guide includes information on Hospitals, Trauma Units, inpatient rehabilitation, neurosurgeons, information & referral, selecting a neuropsychologist, Wyoming neuropsychologists, neuropsychological evaluations, independent living services, American Indian vocational rehabilitation programs, vocational rehabilitation offices, vocational evaluation, vocational accommodation strategies, state agencies & organizations, printed publications, web sites, libraries, free training available, support groups, counseling services, cognitive re-training software, respite care services, caregiver support services, definitions & descriptions and Wyoming medical waiver comparison chart. 60 pages.

294 Summary of 2005-2006 State Legislation – NASHIA = This report is a summary of State legislation pertaining to traumatic brain injury that was signed into law or vetoed during the 2005 and 2006 State legislative sessions.

295 Report to the Surgeon General - Traumatic Brain Injury Task Force = Department of the Army report on processes and research involved with the prevention, identification, assessment, treatment, rehabilitation, family support, and transition to civilian life of Service members with TBI. 120 pages.

296 Community ... Embrace (Community Resource Guide) = Created by Natron County Prevention Coalition. Resource guide lists a variety of organizations/services in Natrona County and describes the services they provide as well as information on contacting them. 97 pages.

297 Facts about the Vegetative and Minimally Conscious States after Severe Brain Injury = National Institute on Disability and Rehabilitation Research. Distinguishes between Coma, Vegetative State and Minimally Conscious states including characteristics of each and the patterns of recovery and associated levels of care. Provides recommendations

and thought for families on providers, equipment, providing care, financial resources and guardianship. 20 pages.

298 Paralyzed but not Powerless = by Kate Adamson. Describes her experience and recovery after a double brain-stem stroke left her paralyzed. Impressive story of courage and determination in overcoming the odds. 268 pages.

299 Living with Brain Injury: A Guide for Families = Richard Senelick, MD & Karla Dougherty, 2001. Science and medicine are never static. There are always new treatments, new pharmaceuticals and new insights being discovered. This book is written with this in mind: To help people living with brain-injured survivors – both families and professionals alike keep up with the newest information available. Includes comprehensive facts on neuroplasticity, experimental rehabilitation research and the process of rehabilitation itself.

300 Wyoming Brain Injury Conference 2008: Children & Brain Injury Strategies for All Ages – Folder as handed out to all registering participants as well as copies of handouts provided at most sessions.

301 Resource Facilitation: A Consensus of Principles and Best Practices to Guide Program Development and Operation in Brain Injury – A guide for providing resource facilitation for brain injury survivors and their families including: an overview of Traumatic Brain Injury, definitions and terms, program origins, status of brain injury, facilitation principles, program development, start up and administration, program operation, results, future directions and references. 37 pages.

302 CARF Accreditation Folder – Contains a variety of information about CARF accreditation, the services offered, how to start and the survey fees.

303 Speak Out Seminars - Mark Towers BIAW 2008 Conference – Folder of materials handed out to conference attendees during the several presentations. Mark Towers was the keynote speaker at the 2008 BIAW conference.

304 BIAW Conference Binder, March 2007 in Cheyenne – Conference topics included domestic violence and how it relates to brain injury, assessing brain injuries in family-violence situations, guardianship, conservatorship and special-needs trusts, social security disability, victim's compensation fund and civil law issues.

305 Brain Injury Needs Assessment and Infrastructure Improvement Plan for Wyoming – Study by the Wyoming Department of Health and the Acquired Brain Injury Task Force examining Wyoming brain injury demographics, mortality, incidence and risk factor data. The study also inventories resources including waivers, in-home services, SSI and SSDI, Home Health, Vocational Rehabilitation, caregiver support, residential habilitation, assisted living, nursing homes, Visions program, childrens health, mental health, special education, BIAW, WILR, P&A and internet resources. Conclusions include gaps and recommendations.

306 An Assessment of Healthcare Coverage Available to People with a Brain Injury in Wyoming – Study by the Wyoming Department of Health on insurance coverage for brain injury survivors in Wyoming. Topics include demographics, who the uninsured are, governmental programs, private health insurance coverage, interviews with survivors and professionals, automobile insurance, notable practices used in other states, gaps analysis and recommendations.

307 Study of Undiagnosed Brain Injuries in Wyoming's Prison - Study by the Wyoming Department of Health on the prevalence of brain injuries in the Wyoming prisons. Sections include an executive summary, purpose and approach, the process, difficulties, results and recommendations.