



Washington State Traumatic Brain Injury Implementation Grant 2004

Lead Agency: Aging & Disability Services Administration,
Washington State Department of Social & Health Services

TRAUMATIC BRAIN INJURY TOOL KIT

Available for free download November 1st 2004

For Health /Education/Social Service Providers at:

<http://www.aasa.dshs.wa.gov/Library/tbitoolkitpro.pdf>

For Individuals and Caregivers/Family Members at:

<http://www.aasa.dshs.wa.gov/Library/tbitoolkit.pdf>

Purpose of Kit:

This toolkit is designed to support diagnosis and management of both mild and acute traumatic brain injury. There are two sections in this toolkit. One section is for health care providers, the other section is for individuals with Traumatic Brain Injury (TBI), both mild and acute, and their families. Individual fact sheets can be distributed to patients and family members, as appropriate.

TBI TOOLKIT TABLE OF CONTENTS

Fact sheets for Health Care & Social Service Providers

Diagnosis

- Signs and Symptoms of Traumatic Brain Injury
- Facts About Mild Traumatic Brain Injury
- Diagnosing Mild Traumatic Brain Injury

Treatment

- Managing and Treating Mild Traumatic Brain Injury
- The Role of Rehabilitation

Health Care & Social Service Providers, Continued,

Facilitating Recovery

- Communicating with Patients and Families about Traumatic Brain Injury
 - Addressing the Needs of School-Aged Children with Traumatic Brain Injury
 - Cultural Diversity and Communicating with Patients
- Resources
- Traumatic Brain Injury Resources

Tools for Individuals with TBI and Their Families

<http://www.aasa.dshs.wa.gov/Library/tbitoolkit.pdf>

About TBI

- A General Guide to Symptoms
- Tests to Evaluate Traumatic Brain Injury
- Traumatic Brain Injury Treatments
- When Your Child's Head Has Been Hurt
- Glossary of Terms
- Facts About Comas
- When to Contact Your Doctor

The Recovery Process

- What to Expect: Stages of Recovery from an Acute Injury
- What to Expect: Stages of Recovery from Mild Traumatic Brain Injury
- Coping Strategies When a Family Member Has Traumatic Brain Injury
- Working With Your Health Care Team
- Assessment and Rehabilitation
- When Your Child Has Traumatic Brain Injury
- Back to School with Traumatic Brain Injury

Tools for Individuals with TBI and Their Families, continued,

Resources

- Important First Steps: What Should I Do Next?
- Where to Get Help
- Advocacy Fact Sheet

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