

Prevention



Support



Brain Injury Association of Indiana
Statewide Resource Directory
2009–2010

Education



Advocacy



Mission Statement:

To be an information resource; to educate the public and professional about brain injury; to advocate in the public policy arena on behalf of the brain injured population of Indiana; and to prevent brain injury.

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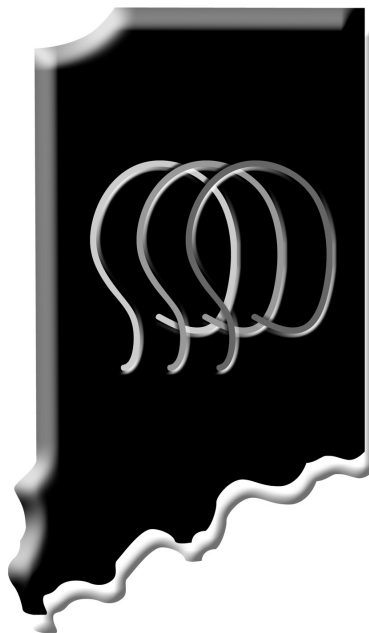
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Brain Injury Association of Indiana

BIAI Mission

The Brain Injury Association of Indiana is a nonprofit service organization comprised of people with brain injury, their families, and concerned stakeholders who are dedicated to creating a better future by reducing the incidence and effects of brain injury through public and professional education, advocacy, support, and by facilitating inter-agency commitment and collaboration.

BIAI Vision

We envision a reduction in the incidence and effects of brain injury in Indiana, and that people with brain injury and their families will be well served, understood, empowered, and supported to live full and meaningful lives.

Brain Injury Association of Indiana Information

2009 Board of Directors

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Services

The Brain Injury Association of Indiana can help, because we know how. We understand the complex issues, situations and challenges faced every day by survivors and their families. Please visit our website: www.biausa.org/Indiana

The services we offer include:

Information and Referral

- Family Helpline 1-866-854-4246. We are here to offer help, support, information, comfort and the peace of mind that comes from knowing you are not alone.
- Jackson Family Library with books, videos, DVD's and medical journals related to brain injury

Education

- BIAI Annual Conference
- Certified Brain Injury Specialist Training for providers
- Caregiver Conference
- Membership semi-annual newsletter
- Membership monthly electronic newsletter

Support

- Monthly support group meetings around the State (see next section)
- Peer Mentoring

Prevention

- Prevention Activities

Advocacy

- Representation of the individual with a brain injury in the public policy arena

Membership

By becoming a member of the Brain Injury Association of Indiana you help support initiatives such as the Indiana Helpline, the Jackson Reference Library, and outreach to the community

Volunteer Opportunities

Please contact the office for more information.

Brain Injury Association of Indiana Membership Application

First Name _____ Last Name _____

Organization _____

Address _____

City _____ State _____ Zip _____

Telephone Number _____ Fax Number _____

E-mail Address _____ Please send e-mail updates.
 Please share our e-mail.

Membership Levels:

Consumer

Individual \$20.00

Family \$45.00

Professional

Individual \$75.00

Business/Corporate \$200.00

Sustaining \$500.00

Donation:

I have enclosed an additional donation in the amount of \$ _____ Total Enclosed \$ _____

I would like this donation to be recognized in honor of: _____

Membership Scholarship:

I would like to sponsor _____ membership(s) for a total of \$ _____

**Please direct scholarship inquiries to 317-356-7722.*

Your Relationship to Brain Injury:

Person with brain injury

Friend of BIAI

Family Member

Professional Individual—Field _____

Professional Corporate—Business Name _____

**BIAI is a 501c3 nonprofit organization. All memberships and donations are tax-deductible.*

Make checks payable to Brain Injury Association of Indiana and mail to:

Brain Injury Association of Indiana Membership, 9531 Valparaiso Court, Suite A, Indianapolis, IN 46268

Brain Injury Association of Indiana Support Groups

Location	Meeting Time	Leader	Phone	E-mail
Bloomington	First Monday of every month, 6:00 p.m. – 7:00 p.m.	Rebecca Eberle & Laura Karcher	812.855.6251	rebeberl@indiana.edu lkarcher@indiana.edu
Columbus	First Tuesday of every month, 6:30 p.m.	Susan Baker	812.375.3685	sbaker1@crh.org
Corydon	First Saturday of every month, 2:00 p.m. – 4:00 p.m.	Joe Ward	502.713.3351 or 812.225.5252	corydonindiana@gmail.com
Fort Wayne	First Monday of every month, 6:30 p.m.	Kristin Smith	260.373.9765	kristin.smith@parkview.com
Indianapolis (Southside)	Second Monday of every month, 7:00 p.m.	Brian & Jana Downer	317.357.1567	jcd46239@comcast.net
Indianapolis (Westside)	First Monday of every month, 7:00 p.m.	Elaine Howard Mason Campbell	317.299.6433 317.329.2000	mason.campbell@rhin.com
*Indianapolis "Bridging the Gap"	Last Monday of every month, 7:00 p.m. – 9:00 p.m.	Heather McCann Dr. Samantha Backhaus	317.329.2698 x721 317.879.8940	heatherg36@hotmail.com samantha.backhaus@rhin.com
Kokomo	Third Monday of every month, 7:00 p.m.	Russ & Sue Ragland	317.877.6807	rragland1@verizon.net
Muncie	First Tuesday of every month, 6:30 p.m.	Karyn Reichle	765.747.3784	kreichle@chsmail.org
South Bend	First and Third Thursday of every month, 7:00 p.m.	Barb Baker Mary Peachey	574.654.8559	smpeachey@bnin.net
Terre Haute	Third Wednesday of every month, 7:00 p.m.	Leon Huffman	217.382.4598	mlhuffman@mchsi.com
Vincennes	Second Monday of every month, 7:00 p.m.	Mary Ann Cazel	812.885.3011	mcazel@gshvin.org
Indianapolis for parents of children with acquired brain injuries, ages infancy to 21 years of age	First Monday of every month, 6:00 p.m.	Kathy Munroe	317.962.5009	kmunroe@clarian.org

* "Bridging the Gap" is a support group for adults who have experienced a brain injury within the last year or who have completed formal rehabilitation in the last year, as well as their family members, friends, or caregivers.

Other Brain Injury Support Group Information: Southeastern Indiana Support Group; led by Ray Maag: (812)-283-6093; maggie3121@yahoo.com; and Bob Setree: (502) 452-985; sitbif@gmail.com.

Brain Injury Information

BRAIN INJURY RATING SCALES

Rancho Los Amigos Scale of Cognitive Functioning

Rancho Los Amigos Scale of Cognitive Functioning Definition

A scale used to describe and communicate the patient's level of functioning. This scale helps give professionals an idea how the patient is progressing over longer periods of time. Professionals at rehabilitation facilities often use Ranchos scores to guide them in the development of treatment programs. As individuals improve after brain injury, they may move from one level to the next, but they often demonstrate characteristics from more than one level at a time.

1. No Response: unresponsive to any stimulus
2. Generalized Response: Limited, inconsistent, non-purposeful responses, often to pain only
3. Localized Response: Purposeful Responses; may follow simple commands; may focus on presented object
4. Confused, Agitated: Heightened state of activity; confusion, disorientation, aggressive behavior; unable to do self-care; unaware of present events; agitation appears related to internal confusion
5. Confused, Inappropriate, Non-agitated: Appears alert; responds to commands; distractible; does not concentrate on task; agitated responses to external stimuli; verbally appropriate, does not learn new information
6. Confused Appropriate: Good directed behavior, needs cueing; relearns old skills as Activities of Daily Living (ADL); serious memory problems; some awareness of self and others

7. Automatic Appropriate: Robot-like appropriate behavior, minimal confusion; shallow recall; poor insight into conditions; initiates tasks, but needs structure; poor problem-solving and planning skills
8. Purposeful Appropriate: Alert, oriented; recalls and integrates past events; learns new activities and can continue without supervision; independent in home and living skills; capable of driving; defects in stress tolerance, judgment, abstract reasoning persist; many function at reduced levels in society

*Adapted from the Scales of Cognitive Functioning
Rancho Los Amigos Medical Center
Adult Brain Injury Service (ABIS) – Downey, California*

Glasgow Coma Scale

Glasgow Coma Scale Definition

A scale which evaluates the patient's level of awareness, which indirectly indicates the extent of neurologic injury. The scale rates three categories of patient responses; eye opening, best verbal response, and best motor response. Eye Opening + Verbal Response + Best Motor = 3-15. The lowest score is 3 and indicates no response, the highest score is 15, indicating the patient is alert and aware of his or her surroundings.

Eye Opening

Spontaneous	4
To verbal command	3
To pain	2
Not open.....	1

Verbal Response

Oriented to person. Place, month & year	5
Confused	4
Inappropriate words.....	3

Sounds, but words not understandable.....	2
No verbal response.....	1

Basic Motor Response

Obeys commands	6
Localizes pain	5
Withdraws to pain	4
Abnormal flexion to pain.....	3
Abnormal extension to pain.....	2
No motor response.....	1

Mild Brain Injury

- Loss of consciousness for less than 30 minutes (possibly no loss of consciousness).
- Glasgow Coma Scale of 13-15
- Post traumatic amnesia less than 24 hours
- Temporary or permanently altered mental or neurological state
- Post-concussion symptoms 1

Moderate Brain Injury

- Coma more than 20-30 minutes, but less than 24 hours
- Glasgow Coma Scale of 9-12
- Possible skull fractures with bruising and bleeding
- Signs on EEG, CAT, or MRI scans
- Some long-term problems in one or more areas of life (i.e., home, work, community) 1

Severe Brain Injury

- Coma lasting longer than 24 hours, often lasting days or weeks
- Glasgow Coma Scale of 3-8
- Bruising, bleeding in brain
- Signs on EEG, CAT, or MRI scans
- Long-term impairments in one or more areas of life (i.e., home, work, community) 1

Many individuals with a brain injury, family and caregivers feel that the severity of the actual injury and the severity of the problems or consequences do not necessarily match the strict “medical” definitions of mild, moderate, severe. 1

Sources

1. The Essential Brain Injury Guide, 4th Edition. Copyright 2007, American Academy for the Certification of Brain Injury Specialists, Brain Injury Association of America.

Traumatic Brain Injury Facts: An Overview

What is a Traumatic Brain Injury?

A Traumatic Brain Injury (TBI) is an injury to the head arising from blunt or penetrating trauma or from acceleration-deceleration forces. This injury is associated with any of the following symptoms or signs: decreased level of consciousness, amnesia, or neurologic or neuropsychological abnormalities, skull fracture, diagnosed intracranial lesions, or death.

How many people does TBI affect?

The Centers for Disease Control and Prevention, National Center for Injury Prevention and Control (CDC), estimate that at least 5.3 million children and adults are living in the United States with a permanent disability as a result of TBI. This is more than four times the number of people with HIV/AIDS.

According to the CDC, nearly 1 million people are treated and released from hospital emergency departments, 50,000 Americans die, 230,000 people are hospitalized and TBI and survive, and 80,000 people experience the onset of long-term disability as a result of TBI each year.

What are the causes of TBI?

TBI does not discriminate. People of every age, gender, race, religion, and socio-economic status sustain injuries. When looking at overall incidence of Traumatic Brain Injury by cause, recent CDC data shows a reduction in transportation related traumatic brain injury. Falls have surpassed motor vehicle accidents as the number one cause of TBI accounting for 29% of TBI's followed by Motor Vehicle/Traffic accidents at 20%, and Struck by or Against at 19%, Assaults at 11%, and Other at 13%.

Blasts are a leading cause of TBI for active duty military personnel in war zones.*

*Defense and Veterans Brain Injury Center (DVBIC).(unpublished). Washington (DC): U.S.Department of Defense; 2005.

What are the consequences of TBI?

Brain injury often results in long-term disabilities.

Physical impairments may include:

- Seizures
- Muscle spasticity/flaccidity
- Fatigue
- Balance problems
- Impaired hearing, vision and speech

Cognitive impairments may include:

- Memory loss
- Concentration or processing difficulty
- Organizational problems
- Spatial disorientation
- Impaired judgment and inability to multi-task

Psychological, behavioral, or emotional impairments may include:

- Failure to recognize deficits
- Lowered self-esteem
- Increased anxiety
- Depression and mood swings
- Sexual dysfunction
- Impulsive behavior
- Inability to initiate or complete tasks without reminders

Physical, cognitive, and psychological impairments are often the cause of significant stress in peer and family relationships as well as poor functioning in school and employment.

What are the costs of TBI?

The economic costs of TBI are enormous. The average lifetime cost of care for a person with a severe TBI ranges from \$600,000 to \$1,875,000. This figure does not include lost earnings of the person who is injured or his/her family caregiver or the cost incurred by social service systems.

Life-altering physical, cognitive, and psychological changes coupled with huge financial burdens and significant stressors create an immediate and ongoing need for access to information, training, services, supports, and resources for both the person with TBI and his/her personal support system.

What is state government's role in TBI?

Individuals with TBI and their families often seek financial assistance from state government for services not otherwise covered by insurance or other source of payment. These services may relate to medical and rehabilitation care, therapies, in-home support, vocational training, and employment, transportation, in-home modifications, personal care, and others that help with the transitioning from hospital to home, school, work and community.

Some states offer service coordination or case management services to assist individuals and their families in planning for their needs, as well as in locating and coordinating services that may be available. These services may be provided by the state health, vocational rehabilitation, Medicaid, or developmental disabilities agency.

Sources:

The Essential Brain Injury Guide, 4th Edition. Copyright 2007, American Academy for the Certification of Brain Injury Specialists, Brain Injury Association of America.

Thurman, DJ, Sniezek JE, Johnson D, Greenspan A, Smith SM. *Guidelines for Surveillance of Central Nervous System Injury.* Atlanta: Centers for Disease Control and Prevention, 1994.

Centers for Disease Control and Prevention. "Program in Brief: Monitoring Traumatic Brain Injuries." Atlanta: CDC, January 2001.

Analysis by the CDC National Center for Injury Prevention and Control, using data obtained from state health departments in Alaska, Arizona, California (reporting Sacramento County only), Colorado, Louisiana, Maryland, Missouri, New York, Oklahoma, Rhode Island, South Carolina, and Utah.

National Institutes of Health, National Institutes of Child Health and Development. *Report of the NIH Consensus Development Conference on the Rehabilitation of Persons with Traumatic Brain Injury.* Bethesda, MD: Author, 1999.

This fact sheet was supported in part by a Partnership for Information and Communication (PIC) Cooperative Agreement with the Department of Health and Human Services (DHHS) Health Resources and Services Administration, Maternal and Child Health Bureau. The contents are the sole responsibility of the authors and do not necessarily represent the official views of DHHS.

For more information on TBI and links to other resources, visit the website of the National Association of State Head Injury Administrators at www.nashia.org or contact NASHIA at 301-320-4331.

NASHIA is assisting state government in promoting partnerships and building systems to meet the needs of individuals with brain injury and their families.

Traumatic Brain Injury Facts: Emergency Medical Services (EMS)

The signs of mild brain injury—concussion—can be subtle and may not occur for days or even weeks after the injury.

Following a brain injury, you should be alert for symptoms that may not show up for days or even weeks after the injury.

A child should return to the emergency department or see his/her department or see his/her physician immediately if:

- You cannot wake the child
- The child seems increasingly sleepy
- The child cannot stop vomiting (throwing up)
- The child has a seizure(s) or a sudden onset of daydreaming or a fixed stare
- The child has mood swings, very irritated, sad, or agitated
- The child says he/she cannot see clearly or has blurred or double vision
- The child is not speaking clearly, seems confused, or doesn't know who you are

- The child has blood or clear fluid from the nose or ears
- The child has increased headaches or neck stiffness
- The child's pupils (black center of the eye) are different sizes
- The child is stumbling or has other problems with walking

An adult should return to the emergency department or see his/her physician immediately if they experience any of the following:

- Trouble answering simple questions (What day is it? What happened to you?)
- Trouble waking up completely
- A headache that is getting worse even after medication
- Changes in behavior or personality and not knowing family and friends
- Still vomiting (throwing-up) 8 hours after the injury. Or vomiting that starts 1 to 2 hours after the injury
- Pupils (black center of the eye) that are different sizes
- Stumbling or other problems with walking
- Double vision (seeing two of everything), blurred vision, or field cuts
- Slurred speech, or repeating questions
- Seizures (convulsions), fixed stares, or "daydreaming"
- Blood or clear fluid from the nose or ears

If you notice that symptoms are getting worse since the injury, you may want to talk with the doctor about getting help. Can you answer YES to any of the following questions:

- Has there been a personality change?
- Does the individual get angry for no reason?
- Does the individual get lost or are they easily confused?

- Does the individual have more trouble than usual making decisions?

Remember...the common signs of a mild traumatic brain injury are:

- Headaches
- Balance problems
- Sensory changes
- Sleep problems
- Pain problems
- Changes personality, mood or behavior
- Thinking problems
- Trouble communicating

When returning to work or school, individuals with brain injury may experience difficulties that they do not associate with the injury. Under the Americans with Disabilities Act, a person with a disability does not need and may not want to disclose their disability to their employer. However, notifying an employer or school personnel regarding brain injury may avoid misinterpretations of behaviors.

State Services:

For additional information, services and support, you may want to contact your state health agency or vocational rehabilitation agency to see if your state provides specialized services such as rehabilitation, counseling, therapies, and information and referral. Some states have also developed specialized brain injury services through their developmental disabilities agencies. These state agencies may provide information regarding available community resources.

State vocational rehabilitation agencies provide employment training, education, and job placement services while special education agencies can provide information regarding educational services. For further information about state services and family support contact the Brain Injury Association 703-236-6000 or the National Association of State Head Injury Administrators (NASHIA) 573-882-3807.

Other important resources include:

When Your Child's Head Has Been Hurt Arizona's Governor's Council on Spinal & Head Injuries, grant # MCJ-04TB20-01, MCHB

Understanding Brain Injury: A Guide for the Family and A Guide for Employers. Both from Mayo Press, 100 First Street SW, Rochester, MN 55905

Facts About Concussion and Brain Injury: Where to Get Help. From Brain Injury Association (www.biausa.org) and centers for Disease Control and Prevention (www.cdc.gov/ncipc/tbi).

For more information on Traumatic Brain Injury and to see a link to other resource sheets, visit the web site of the National Association of State Head Injury Administrators at www.nashia.org or contact NASHIA at 98 Corporate Lake Drive, Columbia, MO 65203. This fact sheet was completed by NASHIA in cooperation with the National Association of State Emergency Medical Services Directors.

The following information is from:

Brain Injury Association of America
8201 Greensboro Dr., Suite 611
McLean, VA 22102
Family Helpline: 1-800-444-6443
familyhelpline@biausa.org
www.biausa.org

Brain Injury

An estimated 5.3 million Americans, a little more than 2 percent of the U.S. population, currently live with disabilities resulting from traumatic brain injury.¹

Every 23 seconds, one person in the U.S. sustains a traumatic brain injury.

Traumatic Brain Injury Definition:

An insult to the brain, not of a degenerative or congenital nature caused by an external physical force that may produce a diminished or altered state of consciousness, which results in an impairment of cognitive abilities and physical functioning. It can also result in the disturbance of behavioral or emotional functioning. These impairments may be either temporary or permanent and cause partial or total functional disability or psychosocial maladjustments.

Acquired Brain Injury (ABI) Definition:

Injury to the brain which is not hereditary, congenital or degenerative that has occurred after birth. The injury commonly results in a change in neuronal activity, which affects the physical integrity, the metabolic activity, or the functional ability of the cell. The term does not refer to brain injuries induced by birth.

Historically, the incidence of TBI has been highest in the 15-24 age group. Recent data from the 2006 CDC report show the highest rates in the age groups of 0-4 (1121 per 100,000), 15-19 (814 per 100,000), 5-9 (659 per 100,000), and 75 or older (659 per 100,000).

- After one brain injury, the risk for a second injury is three times greater; after the second injury, the risk for a third injury is eight times greater. ¹

The Cost of Brain Injury

According to Finkestein, Corso and Miller (2006) in their book *The Incidence and Economic Burden of Injuries in the United States*, they estimated that:

- TBI cost more than \$60 billion in the year 2000
- For all of the TBI injuries incurred in 2000, the estimated lifetime costs are \$406 billion.
- Males account for \$238 billion
- Injuries in the age group 25-44 account for 40% of costs, while they account for only 30% of the population.
- Motor vehicle accidents account for \$89 billion
- Falls account for \$68 billion of the costs.

TBI Incidence

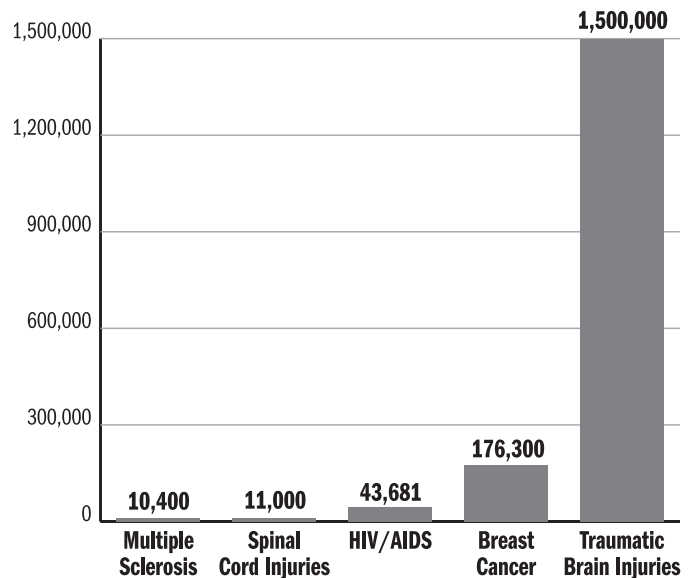
A Comparison on Traumatic Brain Injury and Leading Injuries or Diseases

TBI on Annual Basis in the United States

- 1.4 million people will sustain a TBI annually ¹
- 50,000 people will die annually as a result of TBI ¹

- 80,000-90,000 people annually experience the onset of long-term disabilities following TBI ¹ (Refer

fig1: pg-5) or Refer fig 3: pg-6)

Comparison of Annual Incidence**Source**

1. *The Essential Brain Injury Guide*, 4th Edition. Copyright 2007, American Academy for the Certification of Brain Injury Specialists, Brain Injury Association of America.

Bicycle Safety

Bicycle riding poses many risks and always should be done correctly.

Bicycle facts:

- More kids ages 5 to 14 go to the hospital emergency departments with injuries related to biking than with any other sport. ¹
- Each year, about 567,000 people go to hospital emergency departments with bicycle-related injuries; about 350,000 of those injured are children under 15. Of those children, about 130,000 sustain brain injuries. ¹
- Each year, bicycle related crashes kill about 900 people; about 200 of those killed are children under 15. ²

- Statistics show that between 70 and 80% of all fatal bicycle crashes involve brain injuries. ²
- 90% of bicycle-related deaths involve collisions with motor vehicles. ²

Who, What, When & Why

- The number of people who ride bicycles rose from 66.9 million in 1991 to 80.6 in 1998. ¹
- Distribution of bicycle-related deaths in 1999:
 - 37 percent of all deaths occurred between 5 p.m. and 9 p.m. ³
 - July, August, and September have the highest percentage of bicycle-related deaths. ⁶
 - Males are seven times more likely to die in bicycle crashes than females. ⁴
 - In 1999, 35 percent of bicycle-related deaths occurred at intersections. ⁵
 - Bicycle incidents are most likely to occur within five blocks of home. ⁶
 - Almost half of all bicycle crashes occur in driveways and on sidewalks. ⁶

Bicycle Helmets

- In 1997, 813 bicyclists were killed in crashes, an increase of 7 percent from the previous year. Of these, 97 percent were not wearing helmets. ⁷
- Medical research shows that a bicycle helmet can prevent 85 percent of bicyclists' head injuries. ⁸
- About 50 percent of all bicycle riders in the U.S. regularly wear bicycle helmets—a rise from 18 percent in 1991. ¹
- Of the 50 percent of bikers who regularly wear a bike helmet, 43 percent said they always wear a helmet and 7 percent said they wear a helmet more than half the time. ¹
- Universal use of helmets could prevent one death every day and one brain injury every four minutes. ²
- Half of all bike riders do not wear a helmet regularly, which is the single most effective protection against brain injury. ¹

- Having friends or parents who wear bike helmets significantly encourages children to use them. ⁸

Bicycle Helmet Checklist:

- Buy a helmet that meets the safety standards of the American National Standards Institute (ANSI) or the Snell Memorial Foundation.
- Always do these things to ensure a proper fit.
 - Tighten the chinstrap to keep the helmet from slipping forward or backward.
 - Only two fingers should fit under the chinstrap.
 - Place the helmet directly over the forehead.
- Wearing a helmet correctly is vitally important to the ability of the helmet to work effectively in preventing injuries.

Sources:

1. CPSC, McDonald's Release National Survey on Bike Helmet Usage: Helmet Use on the Rise But Half of All Riders Still Not Wearing Helmets, April 21, 1999.
2. Bicycle Helmet Safety Institute: A Compendium of Statistics from Various Sources. <http://www.bhsi.org/webdocs/stats.htm> (January 26, 2001)
3. NHTSA, *Traffic Safety Facts: Pedal Cyclists*, 1999
4. Insurance Institute for Highway Safety: Fatality Facts—Bicycles. http://www.hwysafety.org/safety_facts/fatality_facts/bikes.htm (January 29, 2001)
5. Highway Safety: Fatality Facts—Bicycles. http://www.hwysafety.org/safety_facts/fatality_facts/bikes.htm (January 29, 2001)
6. Maryland Community and Public Health Administration: Bicycle Crash Statistics. http://mdpublichealth.org/oidp/html/bike_stats.html (January 29, 2001)
7. Centers for Disease Control—Preventing Bicycle-Related Head Injuries. <http://www.cdc.gov/ncipc/factsheets/bikehel.htm> (January 29, 2001)
8. BHSI, A Consumers Guide to Bicycle Helmets. <http://www.bhsi.org/webdocs/guide/guide.htm> (February 5, 2001)

Scooter Safety

We see them everywhere, children of all ages using them on sidewalks and in streets, and often they're not wearing helmets. It's the old made new again, lightweight, portable scooters. They feature low-friction skate wheels, light materials and a collapsible handlebar.

Scooter Usage

- The Directors for Economic Analysis, a division of the Consumer Products Safety Commission (CPSC) that tracks the safety effects of CPSC policies, noted that scooter sales in 2000 increased significantly from the year 1999. ¹
- Two-thirds of all scooter-related injuries are to males. For the first time, in September 2000, scooter injuries surpassed in-line skating injuries. ²

Statistics

- In the year 2000, there were almost 40,000 emergency room treated injuries associated with scooters. ²
- In September of that year alone, there were 86,00 injuries – an increase of nearly 1,800 percent from May to September 2000. ²
- Children under age 15 are the most common users of scooters. ¹
- About 90 percent of the injuries sustained in scooter crashes happen to children under 15. ¹
- Nearly one-third of injuries sustained in scooter crashes in 2000 have involved children under age eight. ¹
- Proper use of helmets could reduce brain injuries by 85 percent. ¹
- Brain injuries can be particularly serious in children, whose heads are proportionately larger than adults so they tend to land head first.

Prevention

- Knee and elbow pads, along with wrist guards, could prevent 34 percent of total injuries. ¹
- The CPSC suggests that children under age eight not ride scooters without close adult supervision. ¹

- In early September 2000, the CPSC issued a press release warning that scooter injuries were on the rise and recommended wearing a bicycle helmet, knee pads, and elbow pads. The advice was very similar to CPSC's findings on in-line skate injuries back in 1997. ³
- In October, press reports stated that twelve communities in the U.S. had adopted or were considering laws to require helmets for scooter users, including laws already adopted in Medford, NJ; Raleigh, NC; Milton, WA; and San Francisco, CA. In addition, Elizabeth, NJ now has a law. ³
- The Consumer Product Safety Commission has reports of five deaths relating to non-powered scooters. Three deaths were reported in January 2001. ²
- There are lots of helmets available that will be adequate for scooter protection, particularly since in-line skate helmets and bicycle helmets are designed to an identical American Society for Testing and Materials (ASTM) standard. In addition, make sure you see a CPSC label inside the helmet. ³

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Sports and Recreation

Sports are a valued pastime, but playing them safely is part of the game.

Scope

- The most common brain injury in sports is a concussion. According to a study released by the Centers for Disease Control and Prevention, there is an estimated 300,000 sports-related concussions on the United States each year. ¹

- Brain injuries cause more deaths than any other sports injury. In football for instance, brain injury accounts for 65 to 85% of all fatalities. ¹

Boxing

- Nearly 90 percent of professional boxers have sustained a brain injury. ²
- Because the objective of boxing is to make one's opponent unable to fight, it is not surprising that acute traumatic brain injury (ATBI) occurs in boxing matches and sparring sessions. Jabs and angled blows to the head may result in ATBI. In addition to ATBI, chronic traumatic brain injury (CTBI) is of concern in boxing. ¹

Soccer

- Approximately 5 percent of soccer players sustain brain injury as a result of head-to-head contact, falls, or being struck on the head by the ball. ²
- Heading or hitting the ball with the head is the riskiest activity; when done repeatedly, it can cause a concussion. ²

Football

- Football injuries associated with the brain occur at a rate of one in every 3.5 games. ⁴
- Football is responsible for more than 250,000 head injuries in the United States. In any given season 10 percent of all college players and 20 percent of all high school players sustain brain injuries. ⁵
- Football players with brain injuries are six times more likely to sustain new injuries. ⁵
- A helmet helps prevent a brain injury from occurring.

Skiing

- The Consumer Product Safety Commission estimates that in 1997, there were 84,200 skiing injuries (including 17,500 head injuries) treated in U.S. emergency rooms. The CPSC also estimated that 7,700 of those head injuries, including 2,600 head injuries to children, could be prevented or reduced in severity

each year by using helmets. About 11 skiing and snowboarding-related deaths would be prevented annually with helmets. ⁶

- Always wear a helmet when skiing for protection during falls and collisions.

Baseball

- The head is involved in more baseball injuries than any other body part. Almost half of the injuries involve a child's head, face, mouth, or eyes. ²
- The ball hitting the individual's head is the leading cause of injury and death; the second leading cause is collision. ²
- Always wear a helmet when batting.

In-Line Skating, Roller skating and Skateboarding

- Brain injuries occur most often when skaters fall and hit their heads on the pavement.
- Skating on roads causes a risk of colliding with cars, bicyclists, pedestrian, and pets.
- Always wear a helmet for protection from falling.

Horseback Riding

- Brain injuries account for 60 percent of equestrian related fatalities, and 17 percent [of all equestrian injuries and brain injuries]. ⁷
- Always wear a helmet when riding a horse.
- In 90% of the cases, injuries to equestrians that require hospitalization are caused from the rider being separated from the horse while riding or the rider falling with the horse. ⁸
- In 1999, there were an estimated 6,000 horseback riding brain injuries. ⁹

Sources

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Shaken Baby Syndrome

Shaken Baby Syndrome Definition

Shaken Baby Syndrome (SBS) is caused by vigorous shaking of an infant or young child by the arms, legs, chest or shoulders. Long-term consequences can include learning disabilities, physical disabilities, partial or total blindness, hearing impairment, speech disabilities, cerebral palsy, seizures, behavioral disorders and death.

Scope of Problem

- More than one million children are severely abused annually. Shaken Baby Syndrome (SBS) is a leading cause of morbidity and mortality in infants. ¹
- In the United States, the annual incidence rate of Shaken Baby Syndrome is between 750 and 3,750. One third of the victims of SBS survive with few or no consequences, one-third suffer permanent injury and one-third die. ¹
- Parental behaviors, environmental factors and child characteristics all may contribute to a shaking event. ¹

Physical Consequences of Shaking an Infant or Toddler

What Happens

- The brain bounces back and forth within the skull cavity, injuring or destroying the brain tissue
- When shaking occurs, blood vessels feeding the brain can be torn, leading to bleeding around the brain

- Retinal (back of eye) bleeding can occur. This can cause blindness

Why

- Babies' heads are large and heavy, making up about 25% of their total body weight. Their neck muscles are too weak to support such a disproportionately large head
- Babies' brain are immature and more easily injured
- Babies' blood vessels around the brain are more susceptible to tearing than older children and adults

When

- Deliberately shaking an infant or child out of frustration or anger. This most often occurs when the baby won't stop crying. Other triggering events include toilet training difficulties and feeding problems

Immediate Consequences

- Breathing may stop, extreme irritability, seizures, limp arms and legs, decreased level of consciousness, vomiting, heart may stop, death.

Long-Term Consequences

- Learning disabilities, physical disabilities, partial or total blindness, hearing impairment, speech disabilities, cognitive disabilities, cerebral palsy, seizures, behavior disorders, death.

Prevention of SBS

If you are afraid you might hurt your child or a child in your care, follow these three simple steps:

- Stop: Put the child in a safe place and leave the room for a few minutes
- Calm Down: Call a friend or neighbor, take 10 deep breaths, take 10 more, do something for yourself, change your activity, or sit down, close your eyes and think of a pleasant place in your memory.
- Try again: Go back to the child and try again to deal with the problems at hand. ²

Who, What, When, & Why

- The perpetrators in SBS cases are almost always parents or caregivers, who shake the baby out of frustration when he/she is crying inconsolably. ³
- Caregivers who shake the baby usually do so out of stress or dealing with a fussy baby. ³
- It is estimated that males, often in their early 20s, usually the baby's father or mother's boyfriend, are the perpetrators in 65 to 90 percent of the cases. ³
- The average age of the victim is between three and eight months. Approximately 60 percent of shaken babies are male. ⁴

Sources

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Falls

Falls are a major cause of brain injuries.

Playground Safety

- Brain injury is one of the top 10 diagnoses in emergency departments for playground-related injuries. ¹
- The estimated cost of playground-related injuries to children under the age of 15 was \$1.2 billion in 1995. ²
- Nearly 20 children die each year from playground-related injuries. More than half of these deaths result from strangulation and about one-third result from falls. ²

- Most injuries occur on the swings, monkey bars or climbers, and slides. ²
- Falls off playground equipment to the ground account for more than 60 percent of all playground-related injuries. ²
- Public playground equipment accounts for approximately 70 percent of all playground equipment injuries. ²

Prevention of Playground Injuries

- Since more than 60 percent of all playground injuries are caused by falls to the ground, protective surfacing under and around all playground equipment can reduce the risk of serious head injury. ³
- Make sure surfaces around playground equipment have at least 12 inches of wood chips, mulch, sand, pea gravel, or mats made of safety-tested rubber or rubber-like materials. ⁴
- Adult presence is needed to watch for potential hazards, observe, intercede and facilitate play when necessary. Strings on clothing or ropes used for play can cause accidental strangulation if caught on the equipment. ⁵
- Make sure play structures more than 30 inches high are spaced at least nine feet apart. Also, check that protective surfacing extends at least six feet in all directions from play equipment. ⁴

Falls and the Elderly

- People ages 75 years and older represent the highest rate of traumatic brain injury (TBI) fatality. Falls are the leading cause of TBI among the elderly. ⁶
- Of all fall-related deaths, more than 60 percent involve people who are 75 or older. ⁷
- Factors that contribute to falls include problems with gait and balance, neurological and musculoskeletal disabilities, psychoactive medication use, dementia and visual impairment. ⁷
- Environmental hazards such as slippery surfaces, uneven floors, poor lighting, loose rugs, unstable furniture and objects on floors may also play a role in falls. ⁷

Preventing Falls for the Elderly

- Exercise regularly – Regular-physical activity is one of the best ways to reduce your chances of falling.
- Home safety check – Remove things that might be tripped over, store items that are used often in cabinets that can be reached easily without a step stool, install grab bars in the tub or shower, use non-slip mats on the bathtubs and shower floors and install handrails and lights on all stairs and outside.
- Have your health care provider review medicines. A doctor, pharmacist or your healthcare professional should look at all the medicines taken (including over-the-counter medicines)
- Wear safe shoes. Wear sturdy shoes with thin, non-slip soles.

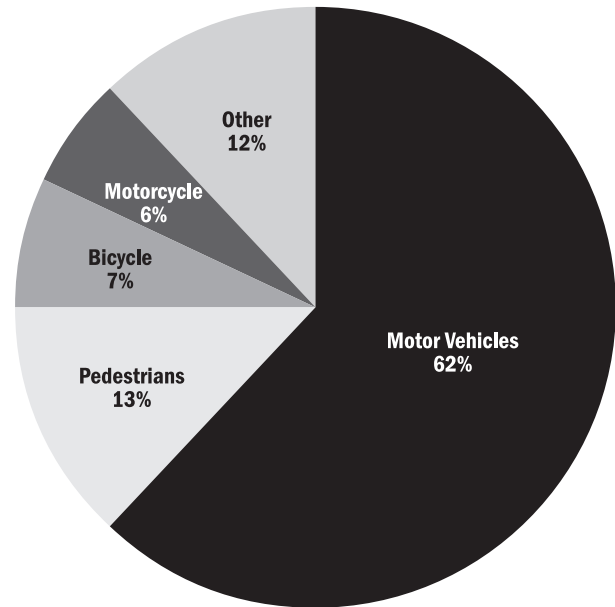
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Percentage of Transportation Related TBI By Specific Cause ⁵

1995-1996—14 States*

*Rhode Island, New York, Maryland, South Carolina, Minnesota, Missouri, Louisiana, Nebraska, Oklahoma, Utah, Arizona, Alaska, and California (Sacramento County Only)



Motor vehicle crashes are the leading of death for 15-to 20-year-olds. ²

Motorcycle Safety

- In 1996, 51% of motorcycle drivers between the ages of 15 to 20 who were fatally injured in crashes were not wearing helmets. ⁸
- In 1999, 2,470 motorcyclists were killed and an additional 50,000 were injured in traffic crashes in the United States. ⁹
- More than 80% of all motorcycle crashes result in injury or death to the motorcyclist. ¹⁰
- A recent NHTSA study showed that motorcycle helmets are 67% effective in preventing brain injuries. ¹¹
- Brain injury is the leading cause of death in motorcycle crashes. Wearing a helmet can substantially reduce the severity of or prevent these injuries.
- A single motorcyclists who sustains a brain injury can cost a state more than \$2 million for care and support services over a lifetime. ¹²

Pedestrian Safety

- A vehicle strikes 50,000 children each year, often sustaining serious brain injuries. ¹³
- In 1999, 4906 pedestrians were killed in traffic crashes in the United States. ¹⁴
- On average, a pedestrian is killed in a traffic crash every 107 minutes. ¹⁴
- More than two-thirds of the 1999 pedestrian fatalities were males. The male pedestrian fatality rate per 100,000 population was more than double the rate for females. ¹⁴
- Pedestrian injuries remain one of the leading causes of unintentional injury-related death among children. ¹⁵
- Nearly one-third of 5 to 9 year-olds killed by motor vehicles are on foot. They are hit by cars most often when playing near the home. ¹⁶
- Teach your children to look left, right, then left again before crossing and watch for turning cars.
- When walking after dark, reflective clothing should be worn.
- Pedestrians should refrain from wearing headphones when crossing roads and highways.

Sources:

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Transportation Safety

Transportation-related incidents are the leading cause of brain injury

School Bus Safety

- According to the National Highway Traffic Safety Administration (NHTSA), school transportation is one of the safest forms of transportation in the United States.
- School bus crash data show that a federal requirement for seatbelts on buses would provide little, if any, added protection in a crash.
- Rather than requiring seatbelts, NHTSA decided that the best way to provide crash protection to passengers is through a concept called "compartmentalization." This requires that the interior of large buses provide occupant protection so that children are protected without the need to buckle up. A protective envelope consisting of strong, closely spaced seats that have energy-absorbing seat backs provides occupant crash protection.

Motor Vehicle Safety

- Motor vehicle crashes are the leading cause of death for 15-to-20-year-olds.
- Seat belts are 57% effective in preventing traumatic and fatal brain injuries.
- Brain and chest injuries are the most frequent cause of death in collisions without seatbelts.
- According to NHTSA, over the past 10 years, safety belts have prevented approximately 55,600 deaths, 1,300,000 injuries and saved more than \$105 billion in economic costs.
- Airbags, combined with lap/shoulder safety belts, offer the most effective safety protection available today for vehicle passenger occupants.
- Children in rear-facing child seats should not be placed in the front seat of cars equipped with passenger-side airbags. The impact of a deploying air bag striking a rear-facing child seat could result in injury to the child.
- Always place infants and children under 12 in the back seat of vehicles and be sure to have a rear-facing child safety seat installed properly.
- Never put an infant in the front seat of a vehicle equipped with a passenger-side air bag.

Violence Prevention

Firearms

- It is estimated that every two hours in the U.S. someone's child is killed with a loaded gun. ¹
- Firearm violence is a uniquely American problem, with a rate 90 times greater than any other similar country. ²
- Although firearms often are kept in the home for protection, they rarely are used for this purpose. Of 198 cases of home invasion crimes, only three victims used a gun for self-defense. ³
- It is estimated that half of all American households have firearms. ⁴

- The risk of suicide is five times greater if there is a gun in the home, and the risk of domestic homicide is three times greater. ⁵
- Over half of all handgun owners keep their guns loaded at least some of the time, and over half do not keep their guns locked up. ⁶
- The presence of a gun in the home triples the risk of homicide in the home. ⁷
- For every child killed by a gun, four are wounded. ⁸

Percentage of Firearm Related TBI by Intent ⁹

1995-1996—14 States*

*Rhode Island, New York, Maryland, South Carolina, Minnesota, Missouri, Louisiana, Nebraska, Oklahoma, Utah, Arizona, Alaska, and California (Sacramento County Only)

60% – Suicidal in intent (self inflicted)
 4% – Unintentional
 4% – Other or unknown intentionally
 32% – Assaultive in intent (intentional)

The risk of suicide is five times greater if there is a gun in the home, and the risk of domestic homicide is five times greater.

Elder Abuse

- It is estimated that 2.1 million older Americans are victims of abuse annually, and for every one case of elder abuse that is reported, there may be as many as five cases that are unreported. ¹⁰
- According to the American Psychological Association, elder abuse can take various forms, such as neglect, physical abuse, emotional or psychological abuse and financial exploitation.
- Preventing elder abuse involves educating friends and family members regarding the causes and risk factors involved.

Domestic Abuse

- It is estimated that a woman is beaten every 12 seconds in the United States, which results in the leading cause of emergency room visits for women. ¹¹

- Researchers have found that the head, face and neck are indeed a primary target in domestic accounts against women and the effects of these batterings can result in cumulative brain injuries.¹²
- Domestic violence has immediate and long-term detrimental effects on children.

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Education

EDUCATION FOR PERSONS WITH BRAIN INJURY

Children Ages 3 through 21 Years

Children with acquired brain injuries experience difficulties in school, ranging from problems with concentration, learning, language, memory, and problems with behavior and/or peer relationships. Children with special needs resulting from brain injury are usually entitled to receive special services or accommodations through the public school system. Federal law mandates that “every child receive a free and appropriate education in the least restrictive environment.” It also entitles children with special needs to receive related services such as speech, occupational, physical therapies and special transportation. To support the child’s ability to learn in school, specific federal laws apply to children with special needs:

The Individuals with Disabilities Education Act of 1997 (IDEA) is a federal law that governs all special education services for children ages 3 through 21 years in the United States. This law identifies specific categories of disabilities under which children may be eligible for special education and related services. “Traumatic brain injury” is one of 13 disability categories deemed eligible for receiving special services. There has been discussion over whether Traumatic Brain Injury (TBI) should be a sub-category of Acquired Brain Injury (ABI). However, at this point the rules and regulations for IDEA separate TBI from ABI by providing the diagnosis of TBI as qualifying for special education services under the category of “Traumatic Brain Injury.” IDEA provides for students who have incurred an acquired non-traumatic brain injury resulting from stroke, tumor and/or infections

to be eligible for services through the “Other Health Impaired” category if the child meets the qualifying criteria.

IDEA requires that children identified with a traumatic brain injury or acquired brain injury must be referred to the local public school for an initial educational evaluation conducted by a multi-disciplinary team of school professionals. Following a full evaluation of the child’s educational needs, a meeting is held with the parents and the assessment team of school professionals to determine if the child is in need of special education services and if so, the group develops an individualized education plan. Each state determines their own special education rules based on the federal law and regulations. Indiana’s special education rules, referred to as “Article 7,” are made up of 15 rules describing how special education and related services are to be determined and provided by Indiana’s public schools.

On December 3, 2004, President George Bush signed into law the reauthorized IDEA which is now known as ***The Individuals with Disabilities Education Improvement Act (IDEIA)***. The law took effect on July 1, 2005. However, Indiana’s special education rules (Article 7) will not be amended by the Indiana State Board of Education to reflect the changes in IDEIA until the federal regulations are adopted by the US Department of Education. However, at this point when Article 7 imposes a higher requirement than what is required by IDEIA, the Article 7 requirement will continue to be implemented until the Article 7 requirement is amended.

Section 504 of the Rehabilitation Act of 1973 (Section 504) is a civil rights statute that requires that schools not discriminate against children with disabilities and provide them with reasonable accommodations. It covers all programs

or activities, whether public or private, that receive federal financial assistance. Reasonable accommodations include untimed tests, sitting in the front of the class, modified homework, and the provision of necessary services. Typically, children covered under Section 504 either have less severe disabilities than those covered under IDEA or have disabilities that do not fit within the eligibility categories of IDEA. Under Section 504, any person who has an impairment that substantially limits a major life activity is considered disabled. Learning and social development are included under the list of major life activities. If the child with a brain injury (or other disability) is found to not need special education services based on the results of the multi-disciplinary educational assessment performed by the school, the assessment team must determine the appropriateness of referring the child for the development of a 504 Plan. The child may only need accommodations when they return to the classroom and the 504 Plan is the formal process for providing the student with these accommodations for accessing the regular education curriculum.

To learn more about Indiana's special education law "Live Learn Work Play: A Guide to the Education of Students with Disabilities (A Companion Guide to Article 7)" may be obtained on the Internet by accessing the IDOE website: www.doe.state.in.us. Once you access the website, click on "Programs and Services." At the next site, click on "Division of Exceptional Learners." When the DEL screen appears, click on "Special Education." On the Special Education website, click on "Publications," and on the next screen, click on "Live Learn Work Play." You may also obtain a printed copy by writing or calling:

Indiana Educational Resource Center

7725 N. College Avenue
Indianapolis, IN. 46240-2504
(317) 232-0587
(800) 833-2198

To receive information regarding ***Individuals with Disabilities Education Act (IDEA) of 1997*** and/ or ***The Individuals with Disabilities Education Improvement Act (IDEIA) of 2004***, please contact:

US Department of Education

Office of Special Education & Rehabilitative Services
ERIC Document Reproduction Service (EDRS)
7420 Fullerton Road, Suite 110
Springfield, VA. 22153-2852
(800) 443-3742

To receive information regarding ***Section 504 of the Rehabilitation Act of 1973***, please contact:

Office for Civil Rights, Chicago Office

US Department of Education
111 N. Canal Street, Suite 1053
Chicago, IL. 60606-7204
(312) 886-8434
FAX: (312) 353-4888
TDD: (312) 353-2540
Email: OCR_Chicago@ed.gov

Early Intervention Services

In 1986, federal legislation established a discretionary program (Part H) for states to provide Early Intervention Services for infants and toddlers (birth to 36 months) and their families. In 1997 with the reauthorization of IDEA, Part H became Part C and there was a reemphasis of the requirement that states ensure that Part C services for eligible infants and toddlers be provided in natural environments (i.e., children's homes, childcare centers and preschools). Part C is a program for children with developmental delay and their families and in the state of Indiana these early intervention services are provided by the Indiana First Steps System. These early intervention services are not intended to replace or provide for all therapy services needed by children with medical diagnoses or conditions. Infants and toddlers who have been diagnosed with a brain injury are eligible to participate in Indiana's

First Steps System because 1) the child may be experiencing a developmental delay or 2) the brain injury has a high probability of resulting in a developmental delay. Families may contact First Steps directly to initiate a referral or their physician may facilitate the referral.

Indiana First Steps System

Family & Social Services Administration
 Division of Family and Children
 Bureau of Child Development
 402 W. Washington Street, Room W386
 Indianapolis, IN 46204
 (317) 232-1144
 (800) 441-7837
 Email: FirstStepsWeb@fssa.state.in.us
www.in.gov/fssa/first_step

Postsecondary Education

The Office for Civil Rights (OCR) in the US Department of Education enforces Section 504 of the Rehabilitation Act of 1973 (Section 504) and Title II of the American with Disabilities Act of 1990 (Title II), which prohibit discrimination on the basis of disability. Practically every school district and postsecondary school in the United States is subject to one or both of these laws. Although both school districts and postsecondary schools must comply with these same laws, the responsibilities of postsecondary schools are significantly different from those of school districts. For example, Section 504 requires a school district to provide a free appropriate public education (FAPE) to each child with a disability in the district's jurisdiction. However, postsecondary schools are not required to provide FAPE. Rather, the institution is required to provide appropriate academic adjustments as necessary to ensure that it does not discriminate on the basis of disability. If you want the postsecondary school to provide an academic adjustment and/or to be assigned to accessible housing facilities, you must identify yourself as having a disability and will be required to provide documentation that shows you have a current

disability and need an academic adjustment. The institution may require you to follow specific procedures to request an academic adjustment which are usually included in their recruitment materials, catalogs and student handbooks, and on school web sites. Many institutions also have staff whose purpose is to assist students with disabilities. The appropriate academic adjustment must be determined based on your disability and individual needs. Academic adjustments may include auxiliary aids and modifications to academic requirements as are necessary to ensure equal educational opportunity. Examples may include arranging for priority registration; reducing a course load; substituting one course for another; providing note takers, recording devices, and sign language interpreters; extended time for testing; a TTY in the dorm room; and equipping school computers with screen-reading, voice recognition or other adaptive software or hardware.

To receive more information about the civil rights of students with disabilities in education institutions, you may contact the Office of Civil Rights:

Office for Civil Rights

Customer Service Team
 US Department of Education
 Washington, DC 20202-1100
 Phone: (800) 421-3481
 TDD: (877) 521-2172
 Email: ocr@ed.gov
 Web: www.ed.gov/ocr

To contact the Association of Higher Education and Disability (AHEAD):

AHEAD

PO Box 540666
 Waltham, MA 02454
 (781) 788-0003 (Voice/TTY)
 (781) 788-0033 (Fax)
AHEAD@ahead.org
www.ahead.org

ADDITIONAL STATE ORGANIZATIONS AND AGENCIES

Indiana Department of Education

Division of Special Education
 Room 229, State House
 Indianapolis, IN 46204-2798
 Phone: (317) 232-0570
 Toll free: (877) 851-4106
 Fax: (317) 232-0589
 Website: www.doe.state.in.us

Indiana Parent Information Network (IPIN)

4755 Kingsway Drive, Suite 105A
 Indianapolis, IN 46205
 Phone: (317) 257-8683
 Toll free: (800) 964-4746
 Fax: (317) 251-7488
 Website: www.ai.org/ipin/info.html

Indiana Protection & Advocacy Services (IPAS)

4701 N. Keystone Ave, Suite 222
 Indianapolis, IN 46205
 Phone: (317) 722-5555
 Toll free: (800) 622-4845
 Fax: (317) 722-5564
 Website www.in.gov/ipas

Indiana Resource Center for Families with Special Needs (IN*Source)

1703 South Ironwood Drive
 South Bend, IN. 46613
 Phone: (574) 234-7101
 Toll free: (800) 332-4433
 Fax: (574) 234-7279
 Website: www.insource.org

Methodist Hospital Pediatric & Adolescent Rehabilitation Program

School Reintegration Program
 1701 N. Senate Blvd, Room 6331
 Indianapolis, IN. 46206
 Phone: (317) 962-5009
 Fax: (317) 962-6574

(Prepared by Kathy Munroe, Jan. 2007)

Financial/Funding Information

Private Insurance

This option is going to vary considerably from provider to provider. You will have to contact your insurance company to obtain accurate information about what is provided under the contract. We recommend doing this on a yearly basis, at least, as your employer may renegotiate this contract annually and you may know your benefits originally, but they may change with these renegotiations. If you have other questions, you may also need to contact the Human Resource department of the employer of the person carrying the insurance.

Michigan City
Muncie
New Albany
Richmond
South Bend
Terre Haute
Valpariso
Vincennes

The Social Security Administration is responsible for two major programs that provide benefits based on disability. For most people, the medical requirements for disability payments are the same under both programs and the same process determines a person's disability. While eligibility for Social Security disability insurance (SSI) benefits is based on prior work under Social Security, Supplemental Security Income (SSI) disability payments are made on the basis of financial need. There are other differences in the eligibility rules for the two programs.

Social Security

Social Security Offices

There are 26 Indiana offices located in the following cities:

Anderson
Auburn
Bloomington
Columbus
Crawfordsville
Elkhart
Evansville
Ft. Wayne
Gary
Hammond
Indianapolis (3 offices: east, west and downtown)
Kokomo
Lafayette
Madison
Marion
Merrillville

Supplemental Security Income (SSI)

This program provides monthly payments to you based on disability or blindness if you have limited income and resources. This program will also pay children under age 18 who are disabled or blind and have limited income and resources. SSI payments are funded through general tax revenues. You can be eligible for SSI even if you have never worked or paid taxes under FICA. How much you receive depends on where you live. Generally, to be eligible for SSI payments you must be a U.S. citizen or meet certain requirements for non-citizens.

The basic SSI amount is the same nationwide. Effective January 2003, the SSI payment is \$552 a month for an eligible individual and \$829 a month for an eligible couple. However, many states add money to the basic benefit. You can call us at 1-800-772-1213

to find out the amounts for Indiana. People who get SSI usually receive food stamps and Medicaid, too. Medicaid helps pay doctor and hospital bills.

Of note, insurance policy payments, court settlements, worker's compensation; and other financial resources may limit your eligibility for SSI.

To apply for SSI, call your local Social Security Administration (SSA) office. To find out where that is, you may want to call their toll-free number, 1-800-772-1213 or visit the Web site at www.ssa.gov.

Social Security Disability Insurance (SSDI)

This program pays benefits to you if you are a disabled or blind worker insured under the Act, the child of an insured worker, or the widow, widower, or surviving divorced spouse of an insured worker. To be insured as a worker, you must have earned a minimum number of credits from work covered under Social Security. (The required number of credits vary depending on your age at the time you became disabled. Generally you need 20 credits earned in the last 10 years ending with the year you became disabled. However, younger workers may qualify with fewer credits.) Family members who qualify for benefits on your work record do not need work credits.

To qualify as disabled, a person must have a physical or mental impairment that is expected to keep him or her from doing any substantial work for at least a year, or have a condition that is expected to result in death.

This program is run by the United States government and is the program that provides benefits to those who are unable to work due to mental or physical problems. Therefore, survivors of brain injury might be entitled to social security benefits.

IMPORTANT NOTE: Don't wait to file your claim for disability payments—benefits begin from the date of the application.

To apply for SSDI, call your local Social Security Administration (SSA) office. Again, you may call 1-800-772-1213 or visit the Web site at www.ssa.gov.

Medicare

There are two parts to Medicare: **Hospital Insurance** (sometimes called Part A) and **Medical Insurance** (sometimes called Part B).

Generally, people who are over age 65 and receiving Social Security automatically qualify for Medicare. People who have been receiving disability benefits for two years also qualify.

Part A is paid for by a portion of the Social Security tax of people still working. It helps pay for inpatient hospital care, skilled nursing care, and other services.

Part B is paid for by monthly premiums of those who are enrolled and by transfers from the general fund of the U.S. Treasury. It helps pay for such items as doctor's fees, outpatient hospital visits, and other medical services and supplies.

Medicare is not income-based. Depending on the level of service being provided, however, there may be a deductible that will have to be paid out of pocket.

You may apply at your local Social Security Administration office. They will also provide you with further information about the program. There is also a booklet that they publish with more information about Medicare. The publication number is 05-10043 and is available to download at their Web site at www.ssa.gov/DUbs/10043.html.

Medicare

www.medicare.gov

Phone: (800)633-4227

You can contact SSA by calling 1-800-772-1213 or visit their Web site at www.ssa.gov.

Medicaid

Indiana Medicaid

Medicaid is the state-federal health care program for low-income children and families, senior citizens and people with severe disabilities. Medicaid

serves about one in seven Hoosiers - nearly 800,000 - including more than 450,000 children and pregnant women through Hoosier Healthwise. Through "waivers," Medicaid also helps seniors and people with disabilities live in their homes and communities instead of institutions. FSSA's Medicaid office also administers the Children's Health Insurance Program (CHIP), the Hoosier Rx prescription drug program for low-income seniors and the Indiana Long Term Care Insurance Program.

To apply for Medicaid: Visit your local county Office of Family Resources listed below:

Adams Co. Office

1145 Bollman St., P.O. Box 227
Decatur, IN 46733
260-724-9169
Director: Steven E. Scott

Allen Co. Office

201 E. Rudisill Blvd., Suite 100
Fort Wayne, IN 46806
260-458-6200
Director: Michelle Savieo

Bartholomew Co.

1531 13th St., Suite 2700
Columbus, IN 47201-1311
812-376-9361
Director: Keith Weedman

Benton Co. Office

403 W. 5th St.
P.O. Box 226
Fowler, IN 47944-0026
765-884-0120
Director: Elva A James

Blackford Co. Office

124 N. Jefferson St., P.O. Box 717
Hartford City, IN 47348
765-348-2902
Director: Betty Lyons

Boone Co. Office

953 Monument Dr., P.O. Box 548
Lebanon, IN 46052
765-482-3023
Director: Kamilla Aeschliman

Brown Co. Office

121 Locust Lane, P.O. Box 325

Nashville, IN 47448

812-988-2239

Director: Debora L. Dailey

Carroll Co. Office

6931 West 300 North
Delphi, IN 46923-0276
765-564-2409
Director: Janis C. Mullen

Cass Co. Office

1714 Dividend Drive
Logansport, IN 46947
574-722-3677
Director: Anita S. Closson

Clark Co. Office

1200 Madison St.
Clarksville, IN 47129-7725
812-288-5400
Director: Patrick Brown

Clay Co. Office

1015 E. National Ave.
Brazil, IN 47834
812-448-8731
Director: Pam Connelly

Clinton Co. Office

57 W. Washington St.,
P.O. Box 725
Frankfort, IN 46041-0725
765-654-8571
Director: Janis Mullen

Crawford Co. Office

304 Indiana Avenue, P.O. Box 129
English, IN 47118
812-338-2701
Director: Herbert Gordon

Daviess Co. Office

4 N.E. 21st St., P.O. Box 618
Washington, IN 47501
812-254-0690
Director: Melinda Berry

Dearborn Co. Office

230 Mary Ave., Suite 150
P.O. Box 401
Lawrenceburg, IN 47025
812-537-5131
Director: Randy Hildebrand

Decatur Co. Office

1025 E. Freeland Rd., Suite B
 P.O. Box 484
 Greensburg, IN 47240-9427
 812-663-6768
 Director: Traci Lynn Eggleston

DeKalb Co. Office

934 W. 15th St., P.O. Box 870
 Auburn, IN 46706
 260-925-2810
 Director: Mary E. Southern

Delaware Co. Office

333 S. Madison
 P.O. Box 1528
 Muncie, IN 47308
 765-751-9565, Ext. 250
 Director: Jacqueline S. Fisher

Dubois Co. Office

611 Bartley St.
 Jasper, IN 47546
 812-482-2585
 (or P.O. Box 230
 Jasper, IN 47547-0230)
 Director: Leslie Rowland

Elkhart Co. Office

347 West Lusher Avenue
 Elkhart, IN 46517-1825
 574-293-6551
 Director: Tony Sommer

Fayette Co. Office

3662 Western Avenue
 Connersville, IN 47331-3428
 765-825-5261
 Director: Mark Munchel

Floyd Co. Office

1421 E. Elm St.
 New Albany, IN 47150
 812-948-5480
 Director: John Barksdale

Fountain Co. Office

981 E. State St., Suite A
 P. O. Box 67
 Veedersburg, IN 47987
 765-294-4126
 Director: Cindy Mason

Franklin Co. Office

9127 Oxford Pike, Suite A
 Brookville, IN 47012-9284
 765-647-4081
 Director: Terry Suttle

Fulton Co. Office

1920 Rhodes St.
 Rochester, IN 46975-0820
 574-223-3413
 Director: Chris (Christina) Ackerman

Gibson Co. Office

321 S. 5th Avenue
 Princeton, IN 47670-3519
 812-385-4727
 Director: Susan Blackburn

Grant Co. Office

840 N. Miller Avenue
 Marion, IN 46952
 765-668-4500
 Director: Charles Osterholt

Greene Co. Office

104 County Road 70 E, Suite A
 P.O. Box 443
 Bloomfield, IN 47424
 812-384-4404
 Director: Vacant

Hamilton Co. Office

938 N. Tenth St.
 Noblesville, IN 46060
 317-773-2183
 Interim Director: Peggy Surbey

Hancock Co. Office

120 W. Mckenzie, Suite F
 Greenfield, IN 46140
 317-467-6360
 Director: Laura Gentry

Harrison Co. Office

2026 Highway 337 NW, P.O. Box 366
 Corydon, IN 47112-0366
 812-738-8166
 Director: James Miller

Hendricks Co. Office

6781 E. US 36, Suite 200
 Avon, IN 46123
 317-272-4917
 Director: Andrea Goodwin

Henry Co. Office

1416 Broad St., 2nd Floor
New Castle, IN 47362
765-529-3450
Director: Michael Fleming

Howard Co. Office

101 W. Superior
Kokomo, IN 46901-4670
765-457-9510
Director: Marilyn Robinson

Huntington Co. Office

88 Home St.
Huntington, IN 46750-1346
260-356-4420
Director: Elizabeth (Liz) J. Learned

Jackson Co. Office

220 S. Main St., P.O. Box C
Brownstown, IN 47220
812-358-2421
Director: Dennis Carmichael

Jasper Co. Office

215 W. Kellner Blvd., Suite 16
P. O. Box 279
Rensselaer, IN 47978
219-866-4186
Director: Sharon R. Mathew

Jay Co. Office

1237 W. Votaw St.
SR 67, P.O. Box 1034
Portland, IN 47371-9590
260-726-7933
Director: Chris Wagner

Jefferson Co. Office

493 W Hutchinson Lane
P.O. Box 1189
Madison, IN 47250-1189
812-265-2027
Director: Robert G. King

Jennings Co. Office

2017 Crestwood Drive, P.O. Box 1047
North Vernon, IN 47265
812-346-2254
Director: Michael L. Williams

Johnson Co. Office

1784 E Jefferson St
Franklin, IN 46131-7277
317-738-0301
Director: Vacant

Knox Co. Office

1050 Washington Ave., P.O. Box 235
Vincennes, IN 47591
812-882-3920
Director: Larry Marchino

Kosciusko Co. Office

205 N. Lake St.
Warsaw, IN 46580
574-267-8108
Director: Peggy Shively

LaGrange Co. Office

836 N. Detroit St.
LaGrange, IN 46761-1112
260-463-3451
Director: Jan Lung

Lake Co. Office

661 Broadway
Gary, IN 46402-2407
Mailing Address: P.O. Box 2270
Gary, IN 46409-2270
219-886-6000
Director: Jane Bisbee (all locations)

LaPorte Co. Office

1230 State Road 2 W, P.O. Box 1402
LaPorte, IN 46352
219-326-5870
Director: Terrance K. Ciboch

Lawrence Co. Office

918 16th Street, Suite 100
Bedford, IN 47421-3824
812-279-9706
Director: Steve Adams

Madison Co. Office

222 E. 10th Street, Suite D
Anderson, IN 46016
765-649-0142
Director: Christopher Wagner

Marion Co. Office

129 E. Market St., Suite 1200
Indianapolis, IN 46204

Please refer to offices listed throughout Marion Co.

Director: Dan Carmin

Marshall Co. Office

1850 Walter Glaub Drive

P.O. Box 539

Plymouth, IN 46563

574-935-4046

Director: Michael J. Carroll

Martin Co. Office

51 Ravine Street, P.O. Box 88

Shoals, IN 47581

812-247-2871

Director: Melinda Berry

Miami Co. Office

12 S. Wabash, P.O. Box 143

Peru, IN 46970-0143

765-473-6611

Director: Fay Russell

Monroe Co. Office

401 E. Miller Drive

Bloomington, IN 47401

812-336-6351

Director: Lindsey A. Smith

Montgomery Co.

307 Binford St.

Crawfordsville, IN 47933

765-362-5600

Director: Steve Vaughn

Morgan Co. Office

1326 S. Morton Avenue

Martinsville, IN 46151

765-342-7101

Director: Tim Miller

Newton Co. Office

4117 S 240 W, P.O. Box 520

Morocco, IN 47963-0520

219-285-2206

Director: Ronald S. Fisher

Noble Co. Office

107 Weber Road

Albion, IN 46701

260-636-2021

Director: Sue Romans

Ohio Co. Office

125 N. Walnut, P.O. Box 196

Rising Sun, IN 47040

812-438-2530

Director: Randy Hildebrand

Orange Co. Office

535 N. Greenbriar Drive, P.O. Box 389

Paoli, IN 47454

812-723-3616

Director: Leslie Rowland

Owen Co. Office

450 E. Franklin St.

Spencer, IN 47460-1824

812-829-2281

Director: Debora L. Dailey

Parke Co. Office

116 W. Ohio

Rockville, IN 47872

765-569-3156

Director: Katie Edington

Perry Co. Office

316 E. Hwy 66

Tell City, IN 47586

812-547-7055

Director: Georgann Gogel

Pike Co. Office

2105 E. Main

Petersburg, IN 47567

812-354-9716

Director: Steve Cunningham

Porter Co. Office

152 Indiana Avenue

Valparaiso, IN 46383-5514

219-462-2112

Director: Jon Rutkowski

Posey Co. Office

1809 Main St., P.O. Box 568

Mount Vernon, IN 47620

812-838-4429

Director: Susan Blackburn

Pulaski Co. Office

429 N Logan St., P.O. Box 130

Winamac, IN 46996-0130

574-946-3312

Director: Laurel J. Myers

Putnam Co. Office

121 Ridgeland Rd.
Greencastle, IN 46135
765-653-9780
Director: Barbara South

Randolph Co. Office

325 S Oak St., Ste 201
Winchester, IN 47394-2242
765-584-2811
Director: Steven Cox

Ripley Co. Office

630 S. Adams, P.O. Box 215
Versailles, IN 47042
812-689-6295
Director: India Turner

Rush Co. Office

1340 N. Cherry
Rushville, IN 46173
765-932-2392
Director: Terry Suttle

St. Joseph Co. Office

4634 W. Western Ave.
South Bend, IN 46619-2304
574-251-8668
Director: Charles Smith

Scott Co. Office

1050 W. Community Way
Scottsburg, IN 47170-7768
812-752-2503
Director: Joan Kelley

Shelby Co. Office

2565 Parkway Dr., Suite 2
Shelbyville, IN 46176-8677
317-392-5040
Director: Mary Ann Medler

Spencer Co. Office

900 Old Plank Road, P.O. Box 25
Rockport, IN 47635
812-649-9111
Director: Connie Branch

Starke Co. Office

318 E. Culver Road
Knox, IN 46534
574-772-3411
Director: Larry Harris

Steuben Co. Office

317 S. Wayne St., Suite 2a
Angola, IN 46703
260-665-3713
Director: Jan Lung

Sullivan Co. Office

128 S. State St.; P.O. Box 348
Sullivan, IN 47882
812-268-6326
Director: Pam Connelly

Switzerland Co. Office

506 Ferry St.-SR 56, P.O. Box 98
Vevay, IN 47043
812-427-3232
Director: Robert G. King

Tippecanoe Co. Office

111 North 4th St.
Lafayette, IN 47901-1305
765-742-0400
Director: Angela Smith Grossman

Tipton Co. Office

202 S. West St.
Tipton, IN 46072-1848
765-675-7441
Acting Director: Jennifer R. Hoffman

Union Co. Office

303A N. Main St., P.O. Box 344
Liberty, IN 47353
765-458-5121
Director: Gene Sanford

Vanderburgh Co.

100 E. Sycamore St., P.O. Box 154
Evansville, IN 47701-0154
812-421-5500
Director: Lark Buckman

Vermillion Co. Office

215 W. Extension St., P.O. Box 218
Newport, IN 47966
765-492-3305
Director: Katie Edington

Vigo Co. Office

30 N. 8th St.
Terre Haute, IN 47807
812-234-0100
Director: Glenn Cardwell

Wabash Co. Office

89 W. Canal St.
Wabash, IN 46992
260-563-8471
Director: Margery Justice

Warren Co. Office

20 W. Second St.
Williamsport, IN 47993-1118
765-762-6125
Director: Linda Akers

Warrick Co. Office

1302 Millis Avenue, P.O. Box 265
Boonville, IN 47601
812-897-2270
Director: Judith Harper

Washington Co. Office

711 Anson St.
Salem, IN 47167-9777
812-883-4305
Director: Nancy Lambring

Wayne Co. Office

50 S. Second St.
Richmond, IN 47374-4276
765-935-0078
Director: Jean Cates

Wells Co. Office

221 W. Market Street, P.O. Box 495
Bluffton, IN 46714
260-824-3530
Director: Jenny Tsakkos

White Co. Office

715 N. Main St.
Monticello, IN 47960
574-583-5742
Director: Barbara Bedrick

Whitley Co. Office

115 S. Line St.
Columbia City, IN 46725
260-244-6331
Director: Steve Weaver

Aged

Individuals aged 65 or older are eligible for Medicaid if they meet the financial criteria described in the "Medicaid Eligibility Overview."

As a result of the Medicare Catastrophe Coverage Act of 1988 (MCAA), the financial criteria are more lenient if one spouse is in a nursing facility while the other lives in the community.

In addition, people eligible for Medicare Part A may qualify to have Medicaid pay their Medicare premiums, co-payments, and deductibles as a Qualified Medicare Beneficiary (QMB), a Qualified Disabled and Working Individual (QDW), or a Specified Low Income Medicare Beneficiary (SLMB).

Blind and Disabled

To be eligible for Medicaid in Indiana, a disabled person must have a physical or mental impairment, a disease or loss that appears reasonably certain to last for a continuous period of 12 months that substantially impairs his/her ability to perform labor or services or to engage in a useful occupation. Blind and disabled recipients may also be eligible for the Medicare-related programs described above if they are eligible for Medicare.

Hoosier Healthwise

Hoosier Healthwise is a health insurance program for Indiana children, pregnant women, and low-income families. Health care is provided at little or no cost to Indiana families enrolled in the program. The enrolled member chooses a doctor to get regular checkups and health care for illnesses. Other health needs such as prescriptions, dental care, vision care, family planning services, and mental health services are also available as part of the Hoosier Healthwise program. Call 1-800-889-9949 to get information about the Hoosier Healthwise program. In addition, you can find information on public health insurance for children birth to age nineteen at www.in.gov/fssa/hoosier_healthwise/.

This health care program is administered by the Indiana Family and Social Services Administration. The goals of Hoosier Healthwise are to:

1. Ensure access to primary and preventive care services
2. Improve access to all necessary health care services

3. Encourage quality, continuity and appropriateness of medical care
4. Provide medical coverage in a cost-effective manner

The Hoosier Healthwise program is designed to accomplish these goals by making sure that every member of the program has a personal doctor. That means that each Hoosier Healthwise member will have a personal doctor – known as a Primary Medical Physician or “PMP.” Your doctor will work with you to plan all of your health care needs of your family. This helps by giving you:

- Care to help your child stay well, such as routine checkups, childhood shots, screenings, diagnoses and treatment;
- Someone who knows your child and can give you medical advice 24 hours a day, seven days a week;
- One place to get help with specialty care;
- One place that holds all your child’s health records;
- Help in choosing a medical specialist when your child needs one.

Based on family income, children up to age 19 may be eligible for premium-free coverage, or low-cost coverage under the Children’s Health Plan - Benefit Package C (www.in.gov/fssa/programs/chip/ or at www.in.gov/fssa/hoosier_healthwise/). For package C, monthly premiums range from \$22 to \$33 for one child, and \$33 to \$50 for two or more children.

Pregnant women can be eligible for full coverage under Package A, or for pregnancy-related coverage under Package B, depending on family income and assets.

Low-income families can be eligible for Hoosier Healthwise, if there are children under the age of 18 living with their parent(s) or other caretaker relative. Young adults 18, 19, and 20 who live with a caretaker relative who meets the financial requirements can be covered; however their caretaker relative is not eligible.

Additional information is available at <http://www.in.gov/fssa/> and www.indianamedicaid.com.

Disability–Medicaid Select

Beginning in January 2003, the IHCP aged, blind and disabled population began being served through another managed care program known as the Medicaid Select program. The program operates similarly to the PrimeStep program, through a primary care case management system. Initially, Medicaid Select members are linked to a Medicaid Select-enrolled PMP, who will provide and arrange for most of the members’ medical care. Services will be reimbursed on a fee-for-service basis.

Medicaid Bulletin BT200257 provides a complete list of Medicaid Select program inclusions and exclusions. The bulletin may be accessed via the Web at www.indianamedicaid.com/ihco/Bulletins/BT200257.pdf

To learn more about the details of the Hoosier Healthwise and Medicaid Select Managed Care Programs, please access the following Web site www.indianamedicaid.com/ihcp/HoosierHealthwise/hh_index.asp.

Indiana Medicaid Home and Community-Based Services

Waiver Programs

A Guide for Consumers, 4th Edition, March 2007
Indiana Governor’s Council for People with Disabilities

150 West Market Street
Suite 628

Indianapolis, IN 46204

Phone: (317) 232-7770

This comprehensive guide book is available on line: <http://www.in.gov/gpcpd/publications/#4>.

The table of contents includes topics such as Area Agency on Aging Offices, Bureau of Development Disabilities Service District Offices, Division of Family Resources Offices, Additional Waiver Resources, What is Medicaid, What is the Medicaid Waiver Services Program, Eligibility, Types of Waivers, Nursing Facility Level of Care Waivers, ICF/MR Level of Care Waivers, Appeal Rights, Other community Based Services, and more.

Medicaid Waiver Programs

Currently, there are several waivers that exist in the state of Indiana. There are several waivers for which persons who have sustained a brain injury may be eligible, including the Traumatic Brain Injury waiver, Aged and Disabled waiver, Developmental Disability waiver (if the injury was sustained in childhood).

Eligibility is determined by looking at two sets of criteria—diagnostic and level of care, which is either ICF/MR or nursing home.

The waivers allow the person to tap into funds that are outlined for specific services. These services vary from waiver to waiver. The person may also qualify for traditional Medicaid, depending on income issues. If a child, the child's income is looked at to determine financial eligibility, not the parents' income.

Application is made either through that area's Council on Aging, Vocational Rehabilitation Offices, Bureau of Developmental Disability Services field offices, and Division of Family and Children local offices.

More information can be obtained by contacting Pat Casavona at 317-232-1214 or 1-800-545-7763. You may also access information via the Web at www.in.gov/fssa/elderly/medicaid.

Workers Compensation

Workers Compensation Program is an insurance program that is usually provided by the person's employer at no cost to the employee. If a head/brain injury is obtained while on the job, you may be eligible for this program. There may be a deadline for reporting the injury, so it is advisable to do so within the first 24 hours.

It is recommended you familiarize yourself with the rules and regulations set forth by your employer in accordance with this program as there may be restrictions related to approved medical facilities and/or providers. You are also required to report any earnings, Social Security benefits, or unemployment

compensation benefits to the insurance company as these forms of income may affect the amount of workers compensation you receive.

Generally, you must contact your employer's human resources department to obtain information regarding workers compensation.

Children with Special Health Care Services (CSHCS)

The Children's Special Health Care Services (CSHCS) program exists to provide assistance to children from newborn to 21 years of age who are Indiana residents that have a serious, chronic medical illness. There are both medical and financial criteria that must be met.

For more information write to 2 N. Meridian St., Indianapolis, IN 46204 or call 1-800-475-1355.

State Department of Vocational Rehabilitation

The mission of Vocational Rehabilitation Services (VRS) is to empower persons with disabilities to return to work and achieve greater levels of independence. This may affect your other benefits so be certain to inquire about this. Each county has an office of Vocational Rehabilitation and information regarding this can be accessed via the Family and Social Services Web site (www.in.gov/fssa). Please refer to the Provider Section – Vocational Services for further information on Indiana Vocational Rehabilitation.

Department of Veterans Affairs

The VA provides several services (medical, dental, psychiatric) and several levels of service (outpatient, inpatient, residential) for eligible veterans and their eligible dependents.

If you sustained a brain injury during active military status, you may be eligible for the Defense and Veterans Head Injury Program.

For information regarding this program, call 800-870-9244 or visit www.dvbic.org or www.biausa.org.

State Pharmaceutical Assistance Program

www.in.gov/HoosierRx
Phone: (866)267-4679

Bureau of Developmental Disabilities Services Offices

Central Office

Indianapolis
P.O. Box 7083
Indianapolis, IN 46207
Phone: (317)232-7842
Toll Free Phone: (800)545-7763
Fax: (317) 234-2099

District 1

Merrillville
5800 Broadway, Suite P
Merrillville, IN 46410
Phone: (219)887-0503
Toll Free Phone: (877)218-3053
Fax: (219)985-8652

District 2

South Bend
224 W. Jefferson Blvd, Suite 200
South Bend, IN 46601
Phone: (574)232-1412
Toll Free Phone: (877)218-3059
Fax: (574)287-5482

District 3

Fort Wayne
219 W. Wayne Street
Ft. Wayne, IN 46802
Phone: (260)423-2571
Toll Free Phone: (877)218-3061
Fax: (260)424-2830

District 4

Greencastle
1007 Mill Pond Lane, Suite A
Greencastle, IN 46135
Phone: (765)653-2468
Toll Free Phone: (877)218-3096
Fax: (765)653-7152

District 5

Indianapolis
4701 North Keystone, Suite 427
Indianapolis, IN 46205
Phone: (317)254-2065
Toll Free Phone: (877)218-3530
Fax: (317)254-2075

District 6

Muncie
1200 S. Tillotson Overpass, Suite 4
Muncie, IN 47304
Phone: (765)288-6516
Toll Free Phone: (877)218-3531
Fax: (765)288-8529

District 7

Evansville
700 E. Walnut Street
Evansville, IN 47713
Phone: (812)423-8449
Toll Free Phone: (877)218-3528
Fax: (812)428-4146

District 8

Clarksville
 P.O. Box 2517
 1452 Vaxter Avenue
 Clarksville, IN 47131
 Phone: (812)283-1040
 Toll Free Phone: (877)218-3529
 Fax: (812)285-9533

District 9

Seymour
 200 E. Third Street
 P.O. Box 930
 Seymour, IN 47274
 Phone: (812)522-5859
 Toll Free Phone: (877)218-3532
 Fax: (812)523-1160

Area Agency on Aging Offices

Area 1

NW in Community Action Corp, Inc
 5518 Calument Avenue
 Hammond, IN 46320
 Phone: (219) 937-3500
 Toll Free Phone: (800)826-7871
 Fax: (219)932-0560

Area 2

Real Services, Inc.
 1151 S. Michigan Street
 PO Box 1835
 South Bend, IN 46634
 Phone: (574) 233-8205
 Toll Free Phone: (800) 552-2916
 Fax: (574)284-2642

Area 3

Aging and In-Home Services or Northeast Indiana
 2927 Lake Avenue
 Ft. Wayne, IN 46805
 Phone: (260)745-1200
 Toll Free Phone: (800)552-3662
 Fax: (260)456-1066

Area 4

Agency on Aging & Community Action Programs
 660 North 36th Street
 PO Box 4727
 Lafayette, IN 47903
 Phone: (765)447-7683
 Toll Free Phone: (800)382-7556
 TDD: (765)447-3307
 Fax: (765)447-6862

Area 5

Agency on Aging & Community Services, Inc.
 1801 Smith Street, Suite 300
 Logansport, IN 46947
 Phone: (574)722-4451
 Toll Free Phone: (800)654-9421
 Fax:(574)722-3447

Area 6

LifeStream Services, Inc.
 1701 Pilgrim Drive
 PO Box 308
 Yorktown, IN 47396
 Phone: (765)759-1121
 Toll Free Phone: (800)589-1121
 Fax: (765)759-0060

Area 7

West Central Indiana Economic Development
 District, Inc.
 1718 Wabash Avenue
 PO Box 359
 Terre Haute, IN 47808
 Phone: (812)238-1561
 Toll Free Phone: (800)489-1561
 TDD: (800)489-1561
 Fax: (812)238-1564

Area 8

CICOA Aging & In-Home Solutions
 4755 Kingsway Drive, Suite 200
 Indianapolis, IN 46205
 Phone: (317)254-5465
 Toll Free Phone: (800)489-9550
 TDD: (317)254-5497
 Fax: (317) 254-5494

Area 9

In-Home & Community Services Agency
 520 South 9th Street
 Richmond, IN 47374
 Phone: (765)966-1795
 Toll Free Phone: (800)458-9345
 Fax: (765)962-1190

Area 10

Area Agency on Aging
 630 West Edgewood Drive
 Ellettsville, IN 47429
 Phone: (812)876-3383
 Toll Free Phone: (800)844-1010
 Fax: (812)876-9922

Area 11

Aging & Community Services of South Central
 Indiana, Inc.
 1531 13th Street, Suite G-900
 Columbus, IN 47201
 Phone: (812)372-6918
 Toll Free Phone: (866)644-6407
 Fax: (812)372-7846

Area 12

LifeTime Resources, Inc.
 13091 Benedict Drive
 Dillsboro, IN 47018
 Phone: (812)432-5215
 Toll Free Phone: (800)742-5001
 Fax: (812)432-3822

Area 13

Generations
 PO Box 314
 Vincennes, IN 47591
 Phone: (812)888-5880
 Toll Free Phone: (800)742-9002
 TDD: (812) 888-5762
 Fax: (812)888-4566

Area 14

Lifespan Resources, Inc.
 462 Bank Street, Suite 100
 PO Box 995
 New Albany, IN 47151
 Phone: (812)948-8330
 Toll Free Phone: (888)948-8330
 Fax: (812)948-0147

Area 15

Hoosier Uplanda Agency on Aging and Disability
 Services
 521 West Main Street
 Mitchell, IN 47446
 Phone: (812)849-4457
 Toll Free Phone: (800)333-2451
 TDD: (800)473-3333
 Fax: (812)849-4467

Area 16

Southwestern Indiana Regional Council on
 Aging, Inc.,
 16 West Virginia Street
 PO Box 3938
 Evansville, IN 47737
 Phone: (812)464-7800
 Toll Free Phone: (800)253-2188
 Fax: (812)464-7811

Providers

Please note that this is not a comprehensive list of all resources, we recommend that you consult with your physician for their recommendation.

*The Brain Injury Association of America offers a **Guide to Selecting and Monitoring Brain Injury Rehabilitation Services** found at this web address: <http://www.biausa.org/aboutipubs.htm> and at the end of this section.*

Disclaimer

The Brain Injury Association of Indiana (BIAI) and its partners in this publication do not endorse or recommend any methods, treatments, facilities, programs, providers, businesses or individuals listed. BIAI and partners do not claim that this directory encompasses all organizations in Indiana servicing people with brain injury. All information specified under the Providers section is self-reported by the provider. Organizations, individuals and services listed herein are subject to change without prior notice. Organizations listed in this directory may have closed, reorganized or discontinued programs/services for people with brain injuries.

To obtain the most recent information on listings in this book, contact the establishment directly and ask questions about the programs and services offered and the type of payment accepted.

Adult Day Activities/Care

The Alliance Center

7545 Rockville Road
Indianapolis, IN 46214
Phone: (317) 271-2939

Age Groups:

Young Adult/Geriatric

Service Description:

Alliance Adult Day Services is a community based group program utilizing a medical model of care. It is a structured, comprehensive program that provides a variety of health, social, and related support services in a protective home-like environment. Our medical services include: skilled nursing, assistance with toileting, medication distribution, help with bathing, dressing and grooming. Some of our social activities include: group exercise, card clubs, music activities, pet therapy, cooking class, current events, arts & crafts, puzzles and games. Hours of operation are Monday through Friday, 7:00 am to 6:00 pm.

Types of Payment Accepted:

Medicaid Waiver, CHOICE, Insurance and Private Payment.

Easter Seals Crossroads

4740 Kingsway Dr.
Indianapolis, IN 46205
Phone: (317) 466-1000

Age Groups:

Pediatric/Adult/Geriatric

Service Description:

Adult Day Care
Case Management
Driving Evaluation
Occupational Therapy
Outpatient Rehab
Physical Therapy
Speech Therapy
Supportive Employment
Vision Therapy
Vocational Counseling

Types of Payment Accepted:

Private Insurance, Private Pay, Developmental Disability, Vocational Rehab Funds, Veteran Assoc.

Benefits, Medicaid, Medicaid Waiver, Medicare, CHOICE

Joy's House

2028 Broad Ripple Avenue
Indianapolis, IN
Operating Hours: 7:30 am to 5:30 pm
Phone: (317)254-0828

ResCare Premier

288 Anderson Street
Milan, MI 48160
Phone: (734)439-8672
Fax: (734)439-8674

Age Groups:

Adult/Geriatric; 18 to 65 years

Service Description:

ResCare Premier's Residential Rehabilitation Continuum is dedicated solely to the treatment of individuals with acquired brain injury

Types of Payment Accepted:

Private pay, auto insurance

Adult Day Monitoring/Care

Rest Assured®

2000 Greenbush Street
P.O. Box 6449
Lafayette, IN 47903
Phone: (765)423-5531

Age Groups:

Pediatric/Adult/Geriatric

Service Description:

Rest Assured® is an oversight support system that connects to our clients using a secure broadband connection anywhere in the continental U.S.A. The Rest Assured® system has both verbal and visual capabilities and is supported by a team of highly trained Tele-Caregivers. The Tele-Caregivers can verbally prompt our clients through everyday tasks such as medication taking and even cooking. Rest Assured® offers independence and safety to our clients while giving peace of mind to their loved ones. Rest Assured® is always there, providing services 24 hours a day 7 days a week.

Types of Payment Accepted:

Private Pay

Assistive Technology

Adaptive Technology Services

Margaret Londergan, Director
 Herman B. Wells Main Library, Room 101
 Indiana University
 Bloomington, IN 47405
 E-mail: londergan@indiana.edu
 Web address: <http://www.indiana.edu/~iuadapts/>

ATTAIN

Assistive Technology Through Action in Indiana
 533 Commerce Square Drive, Suite G
 Indianapolis, IN 46237
 Phone: (317) 534-0236
 Toll free phone: (800) 528-8246
 E-mail: attaininfo@attaininc.org
 Web address: www.attaininc.org

Easter Seals Crossroads

4740 Kingsway Drive
 Indianapolis, IN 46205
 Phone: (317) 466-2013
 TTY: (317) 479-3239
 Fax: (317) 4662000
 Web address: www.eastersealscrossroads.org

Services Provided:

Assessment of clients' computer access needs.
 Individualized training and technical support.

Family Center on Technology and Disability

Academy for Educational Development
 1825 Connecticut Avenue, NW
 Washington, DC 20009
 Phone: (202) 884-8068
 Fax: (202) 884-8441
 Web address: <http://www.fctd.info>

Resources include:

AT Resources CD Rom, FCTD Online Conference Series; Monthly Newsletters, Resource Review Database, and a Member Database

Hamiltons Assistive Technology Services

8132 Woodland Drive
 Indianapolis, IN 46278
 Phone: (317) 824-7100
 Fax: (317) 824-7101

Rest Assured®

2000 Greenbush Street
 P.O. Box 6449
 Lafayette, IN 47903
 Phone: (765)423-5531

Age Groups:

Pediatric/Adult/Geriatric

Service Description:

Rest Assured® is an oversight support system that connects to our clients using a secure broadband connection anywhere in the continental U.S.A. The Rest Assured® system has both verbal and visual capabilities and is supported by a team of highly trained Tele-Caregivers. The Tele-Caregivers can verbally prompt our clients through everyday tasks such as medication taking and even cooking. Rest Assured® offers independence and safety to our clients while giving peace of mind to their loved ones. Rest Assured® is always there, providing services 24 hours a day 7 days a week.

Types of Payment Accepted:

Private Pay

SPECTECH

Attn: Deb Fortman
 Phone: (317)782-4346
 Fax: (317)782-4347

Service Description:

Assistive Technology – including speech generating devices and vision technology, will assist with evaluations

Types of Payment Accepted:

Medicaid and Medicare; call for specifics

Attorneys

The Brain Injury Association of America offers a Guide to Selecting Legal Representation for Brain Injury Case found at the end of this section and at the following web address:

<http://www.biausa.org/aboutbipubs.htm>.

Boren Oliver & Coffey

Stephen Oliver
59 North Jefferson Street
Martinsville, IN 46151-1564
Phone: (765) 342-0147
Fax: (765) 342-7322
E-mail: steveoliver@boclawyers.com

Castle Advisory Group, LLC

11988 Fishers Crossing Drive, suite 200
Fishers, IN 46038-2714
Phone: (317) 436-7192
Fax: (317) 4367194

Service Description:

Money management, financial planning, estate planning

Church, Church, Hittle, & Antrim

Mike Antrim
938 Conner St.
Noblesville, IN 46060
(317) 773-2190
Trial Lawyer

Daniel S. Chamberlain, JD DOEHRMAN & CHAMBERLAIN

Attorneys at Law
10333 N. Meridian Street, Suite 100
Indianapolis, IN 46290
Office: (317) 844-9999
Fax: (317) 844-9977
Toll Free: (800) 269-3443
Web address: www.tortsLAW.com
www.usLAWS.com

Jeff Cooke

331 Columbia
Lafayette, IN 47902
Phone: (765)423-5628
Toll Free Phone: 800-LAW-5628

Fechtman Law Office

Robert W. Fechtman, CELA
8555 River Road, Suite 420
Indianapolis, IN 46240
Phone: (317) 663-7200
Disability and Elder Lawyer

George C. Patrick and Associates, P.C.

706 Merrillville Road
Crown Point, IN 46307
Phone: (219) 662-7959
Fax: (219) 226-9061

Green & Schultz

320 W. 8th Street, Suite 100
Bloomington, Indiana 47401
Phone: 866-685-6800
Fax: 812-336-5615

Haller & Colvin

John Feighner
444 East Main Street
Fort Wayne, IN 46802-1910
Phone: (260) 426-0444
Fax: (260) 422-0274

The Hastings Law Firm, P.C.

Thomas Hastings
323 North Delaware
Indianapolis IN 46204-1801
Phone: (317) 686-1000
Fax: (317) 685-2330
E-mail: Thastings@lawindianapolis.com

Hensley Legal Group P.C.

Timothy Devereux
426 East New York Street
Indianapolis, IN 46202
Phone: (317) 472-3333
Fax: (317) 472-3340
E-mail: tdevereux@hensleylegal.com

Holwager, Byers and Caughey

William J. Holwager
1818 Main Street
Beech Grove, IN 46107
Phone: (317) 787-8395
Fax: (317) 787-1231
Elder and Medicaid Law

Attorneys

Katzman Katzman & Phylitt, P.C.

Mariellen Katzman
3905 Vincennes Road, Suite 100
Indianapolis, IN 46268-3000
Phone: (317) 872-5700
Fax: (317) 872-5769
E-mail: ddk@inquest.net

Keller & Keller

Jim Keller
2850 N. Meridian St.
Indianapolis, IN 46208
(317) 926-1111
Trial Lawyer

Randal M. Kezmer

Indianapolis, IN
Toll free phone: (800) 809-3776
Advocate Attorney

King & Scott

Mark Scott
122 North Main Street
P.O. Box 805
Kokomo, IN 46903-0805
Phone: (765) 459-0751
Fax: (765) 459- 5950
E-mail: scott@kingandscott.com

Konopa Reagan, P.C.

212 East LaSalle Avenue, Suite 200
South Bend, IN 46617
Phone: (574) 239-1000
Fax: (574) 239-1001
Web address: www.konopa.com

Landendorf & Landendorf

Mark Landendorf
7301 North Shadeland Avenue
Indianapolis, IN 46250
Phone: (317) 842-5800
Fax: (317) 842-5858
E-mail: mladendorf@iquest.net

Law Office of W. Brent Gill

1602 "I" Street
Bedford, IN 47421
Phone: (812)279-3513
Fax: (812) 275-3504

Long and Mathies Law Firm

P.O. Box 250
Boonville, IN 47601
(812) 897-6868

Mitchel Hurst Jacobs & Dick

William Hurst
Samuel Jacobs
152 East Washington Street
Indianapolis, IN 46204
Phone: (317) 636-0808
Fax: (317) 633-7680

Montrose Miller Muller Mendelson & Kennedy

Michael Miller
Scott Montrose
John Muller
8900 Keystone Crossing, Suite 1250
Indianapolis, IN 46240-2136
Phone: (317) 574-4500
Fax: (317) 574-4501

Pardiek Law

Roger Pardiek
100 North Chestnut Street
Seymour, IN 47274-0608
Phone: (812) 523-8686
Fax: (812) 522-4199
E-mail: rlp@pardiecklaw.com

Parr Richey Obrebskey & Morton

Anthony Patterson
P.O. Box 668
Lebanon, IN 46052
Phone: (765) 482-0110
Fax: (765) 483-3444
E-mail: tpatterson@parrlaw.com

Attorneys

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Peter Palmer
 Larry Schad
 Matthew Schad
 157 East Main Street
 New Albany, IN 47150
 Phone: (812) 945-4555
 Fax: (812) 945-5335
 E-mail: ppalmer@schadlaw.com,
 Lschad@schadlaw.com, mschad@schadlaw.com

David Scott

157 East Main Street
 P.O. Box 785
 New Albany, IN 47150
 Phone: (812) 945-5222
 Fax: (812) 945-5335

Teresa Todd

136 East Market Street, Suite 700
 Indianapolis, IN 46204
 Phone: (317) 686-7320
 Fax: (317)686-7323
 E-mail: territodd@sbcglobal.net

Karl Truman Law Office, LLC

420 Wall Street
 Jeffersonville, IN 47130
 Phone: (812) 282-8500
 Fax: (812) 282-5388
 E-mail: karltruman@trumanlaw.com

Vaughan A. Wamsley

815 South Range Line Road
 Carmel, IN 46032
 Phone: (317) 846-1080

Wilson Kehoe & Winingham

Bruce Kehoe
 Bill Winingham
 P.O. Box 1317
 Indianapolis, IN 46206
 Phone: (317) 920-6400
 Fax: (317) 920-6405

Young & Young Trial Lawyers

John Young
 128 North Delaware St. Third Floor
 Indianapolis, IN 46204
 Phone: (317) 639-5161
 Trial Lawyer

Attorney Referral Service

Indiana Trial Lawyers Association

150 West Market St., Suite 210
 Indianapolis, IN 46204
 Phone: (317) 634-8841
 Web Site: Indianatriallawyers.org
 Email: info@indianatriallawyers.org

Indiana State Bar Association

230 E. Ohio St.
 Indianapolis, IN 46204
 Phone: (317) 639-5465

Bureau of Developmental Disability Services District Offices & Developmental Disabilities Waiver Ombudsman Information

**Bureau of Developmental Disabilities (BDDS)
District Office Listing**

Address and Phone Number

Counties Served

District 1 – Merrillville	5800 Broadway, Suite P Merrillville, IN 46410 219-887-0503 877-218-3053 219-985-8652 (fax)	Jasper, Lake, Newton, Porter, Pulaski, Starke
District 2 – South Bend	224 W. Jefferson Blvd., Suite 200 South Bend, IN 46601 574-232-1412 877-218-3059 574-287-5482 (fax)	Cass, Elkhart, Fulton, Howard, Kosciusko, LaPorte, Marshall, Miami, St Joseph, Tipton, Wabash
District 3 – Fort Wayne	219 W. Wayne St. Fort Wayne, IN 46802 260-423-2571 877-218-3061 260-424-2830 (fax)	Adams, Allen, DeKalb, Huntington, LaGrange, Noble, Steuben, Wells, Whitley
District 4 – Greencastle	1007 Mill Pond Rd., Suite A Greencastle, IN 46135 765-653-2468 877-218-3096 765-653-7142 (fax)	Benton, Carroll, Clay, Clinton, Fountain, Monroe, Montgomery, Owen, Parke, Putnam, Sullivan, Tippecanoe, Vermillion, Vigo, Warren, White
District 5 – Indianapolis	4701 N. Keystone, Suite 200 Indianapolis, IN 46205 317-254-2065 877-218-3530 317-254-2075 (fax) 317-610-3164 (fax)	Boone, Hamilton, Hancock, Hendricks, Johnson, Marion, Morgan, Shelby
District 6 – Muncie	1200 S. Tillotson Overpass, Suite 4 Muncie, IN 47304 765-288-6516 877-218-3531 765-288-8529 (fax)	Blackford, Delaware, Fayette, Franklin, Grant, Henry, Jay, Madison, Randolph, Rush, Union, Wayne
District 7 – Evansville	700 E. Walnut St. Evansville, IN 47713 812-423-8449 877-218-3528 812-428-4146 (fax)	Daviess, Dubois, Gibson, Greene, Knox, Martin, Perry, Pike, Posey, Spencer, Vanderburgh, Warrick
District 8 – Clarksville	1452 Vaxter Ave. Clarksville, IN 47131 812-283-1040 877-218-3529 812-285-9533 (fax)	Clark, Crawford, Floyd, Harrison, Lawrence, Orange, Scott, Washington
District 8 – Seymour	200 E. Third St. Seymour, IN 47274 812-522-5859 877-218-3532 812-523-1160 (fax)	Bartholomew, Brown, Dearborn, Decatur, Jackson, Jefferson, Jennings, Ohio, Ripley, Switzerland
DD Waiver Ombudsman	Brian Reynolds – Investigates complaints regarding Medicaid Waivers for person’s with developmental disabilities. 1-800-622-4484 ext. 2	

Case Management Services

CareStar

4755 Kingsway Drive, Suite 108
 Indianapolis, IN 46205
 Phone: (317) 454-7001
 Fax: (317) 454-7004

Age Groups:

Pediatric/Adult/Geriatric

Service Description:

Case management services are provided by staff who are experienced and well trained in Article 7, transition planning, home care and hospice coordination and benefits coordination. We coordinate services across all areas of need including education, work, health care, legal and financial, social and communication.

Types of Payment Accepted:

A & D and TBI Medicaid Waivers and Private Pay

Davis & Associates Consulting Services, Inc.

P.O. Box 26846
 Indianapolis, IN 46226
 Phone: (317) 891-8760
 Fax: (317) 891-1540
 E-mail: Ldavis5212@aol.com

Age Groups:

Children/Adult/Geriatric

Service Description:

Professional Geriatric Care Management Services. Other Case Management services include: Traumatic Brain Injury Waiver, Aged and Disabled Waiver, benefits assistance and planning, person centered planning, screening, arranging and monitoring home care, coordinating moves to home or care facility, assisting in arrangement of respite care and short term or ongoing assistance for long distance caregivers. Member of National Association of Professional Geriatric Care managers.

Types of Payment Accepted:

Private pay/public

Life Span Resources

Frankie Hunter Able, CIRS-A
 I & A Coordinator
 P.O. Box 995
 New Albany, IN 47151-0995
 Toll free phone: (888) 948-8330, Ext. 18

Service Description:

Case Management for the Medicaid TBI and A & D Waivers for the following IN Counties: Clark, Floyd, Harrison, Scott.

Silver Moon Care Management, LLC

Elizabeth Farr, MSW, LSW, GCM
 P.O. Box 361194
 Indianapolis, IN 46236
 Phone: (317) 413-0119
 Fax: (317) 826-1760
 E-mail: emfarr@yahoo.com
 Web address: www.silvermooncare.com

Age Groups:

Children & Teens/Adult/Geriatric

Service Description:

Professional Care Management Services including: crisis intervention; in-depth assessments with referrals to appropriate resources; arrangement and monitoring of home care; coordination of moves to home, assisted living or long-term care facility; assistance with arranging respite care; liaison for long distance caregivers. Assessments include: medical, psychosocial, financial, legal, spiritual systems. Counseling, advocacy in medical, legal, educational, mental health, and living situations. Guidance with Medicare, Medicaid, VA benefits. Emphasis is on person remaining in home for as long as possible, and being treated with dignity and respect and the right to self determine. Member of: National Association of Professional Geriatric Care Managers, National Association of Social Workers. Board Member of: National Association of Social Workers/Indiana Chapter – Region 7 Rep. Hancock Senior Services Board.

Types of Payment Accepted:

Private Pay

Catalog Resources

American Printing House for the Blind (APH)

1839 Frankfort Ave.

P.O. Box 6085

Louisville, KY 40206-0085

(800) 223-1839

E-mail: info@aph.org

Web site: <http://www.aph.org>

This catalog offers a variety of products including 4-track tape recorders, talking color identifier, Braille equipment and books, handwriting supplies, and cassette mailers.

Carolyn's

1415 57th Ave. West

Bradenton, FL 34207 USA

(941) 739-5503

E-mail: magnify@bhip.infi.net

Specializes in products that can enhance the lives of people who are visually impaired.

Gold Violin

P.O. Box 261639

San Diego, CA 92196-1639

(877) 648-8465

Web site: <http://www.goldviolin.com>

Has a variety of items suitable for the visually impaired.

Home Readers

604 W. Hulett

Edgerton, KS 66021

(877) 814-7323

(913) 893-6939

E-mail: homereader@homereaders.com

Web site: <http://www.homereaders.com>

Numerous catalogs are recorded on four-track, Library of Congress-formatted audiocassettes.

Readers take care to describe critical details like patterns, styles and colors which catalog writers typically expect pictures to convey. Categories covered by the various catalogs include clothing, animal supplies, health products, gifts of all kinds, food, collectibles, and cosmetics. Although a small fee is charged for a few of the recorded catalogs, many of them are free. Catalogs recorded by

Home Readers include Tupperware, The Pampered Chef, Avon, Lands' End, Figis, Sugar Free Market Place, Domestications, Collectors' Choice, Sharper Image, Radio Shack, Walter Drake, Foster and Smith, Puritan's Pride, etc. In addition to the catalogs, other recorded publications are available for purchase (e.g. cookbooks, magazines, daily devotionals, etc.) Contact Home Readers for a free, recorded list of available publications.

Howe Press

Perkins School for the Blind

175 N. Beacon St.

Watertown, MA 02472

(617) 972-7308

E-mail: HowePress@Perkins.org

Web site: <http://www.perkins.org>

An excellent source for obtaining Braille equipment and supplies.

Independent Living Aids, Inc. (ILA)

200 Robbins Lane

Jericho, NY 11753

Toll-Free Sales: (800) 537-2118

Technical Support: (516) 937-1848

E-mail: can-do@independentliving.com

Web site: <http://www.independentliving.com>

A wide variety of products are offered suited to the needs of the visually impaired. Items include recreation and leisure, communication tools, cooking aids, mobility aids, home and personal management equipment, etc. Products designed to meet the needs of those with physical impairments (other than vision loss) are also sold. ILA now owns the Ann Morris catalog. Catalogs for ILA & Ann Morris can be acquired via the above contact information.

Innovative Rehabilitation Technology, Inc. (IRTI)

13465 Colfax Highway

Grass Valley, CA 95945

(800) 322-4784

E-mail: Info@IRTI.net

Web site: <http://www.irti.net>

Catalog has custom computers and software, reading machines, 4 track cassette players and recorders, talking calculators, notetakers, bathroom scales, clocks, watches (talking and Braille), etc.

Catalog Resources

Lash & Associates Publishing/Training, Inc.

708 Young Forest Drive
Wake Forest
North Carolina 27587-9040
www.lapublishing.com

Lighthouse Professional Products Catalog

111 East 59th St.
New York, NY 10022-1202
(800) 829-0500
E-mail: professionalcatalog@lighthouse.org
Web site: <http://www.lighthouse.org>
Offers state-of-the-art products including mirrors, magnifiers, lamps, organizer wallets, Braille speaker telephones, talking calculators, writing guides, talking pagers, clocks, luggage locators, cards, games, toys, talking scales, medical aids, etc.

LS&S, LLC

P.O. Box 673
Northbrook, IL 60065
(800) 468-4789
E-mail: info@LSSproducts.com
Web site: <http://www.lssproducts.com>
Items include talking watches, scales, clocks, calculators, large digit alarm clocks, computer and TV screen enlargers, TV radios, 4-track cassette players, voice-activated telephones, medical devices including diabetic aids, etc.

Mary Kay Books in Braille

For \$5.00 or on tape for \$2.00
Alice Crespo (prefers tape letters)
28-53 45th St.
First Floor
Estoria, NY 11103
(718) 545-1529

Materials Center

National Federation of the Blind (NFB)
1800 Johnson St.
Baltimore, MD 21230-4998
(410) 659-9314, Ext. 216
E-mail: materials@nfb.org
Web site: <http://www.nfb.org>
A source for Aids and Appliances including Braille writing supplies, canes, games/playing cards, house wares, low vision/print writing aids, magnifiers, medical devices, recording/playback devices, timekeeping, etc. Various publications, films/videos, and catalogs are also available. Visit the above Web site to access the NFB online store.

Maxi-Aids, Inc.

42 Executive Blvd.
P.O. Box 3209
Farmingdale, NY 11735
(800) 522-6294
E-mail: sales@maxiaids.com
Web site: <http://www.maxiaids.com>
Catalog offers a wide variety of items for a reasonable price. A MUST HAVE!!

Science Products for the Blind

P.O. Box 888
Southeastern, PA 19399
(800) 888-7400
Available items include talking vendor equipment, custom electronics, low vision aids, recreational items, calculators, computers, recorders, large print and tactile books, medical aids, etc.

Speak To Me

330 SW 43rd St., Suite 154
Renton, WA 98055
(800) 248 9965
E-mail: info@speaktomecatalog.com
Web site: <http://www.speaktomecatalog.com>
This catalog is packed full of unique items that talk and/or are audible. Products will enhance the lives of those dealing with vision loss. They also make excellent gift ideas for all ages.

Chemical Dependency/ Behavioral Centers

Al-Anon

Toll Free National Directory: (888) 425-2666

Indianapolis Al-Anon Information Services and Literature Depot

4626 Carvel Avenue
Carvel Club
Indianapolis, IN 46205
Phone: (317) 257-2693

Alcoholics Anonymous

www.indyaa.org
Fort Wayne Phone: (260) 471-6262
Michiana Phone: (574) 234-7007

Alpine Counseling Center

3768 Rome Drive, Suite 1
Lafayette, IN 47905
Phone: (765) 449-9115
Fax: (765) 446-4224

BehaviorCorp. Inc.

697 Pro-Med Lane
Carmel, IN 46032-5323
(317) 587-0500

Age Groups:

Pediatric/Adult/Geriatric

Service Description:

Behavioral Management
Case Management
Chemical Dependence Treatment-Outpatient
Counseling
Day Treatment
Group Homes
Neuropsych Evaluation
Supportive Employment
Vocational Therapy

Types of Payment Accepted:

Private Insurance, Private Pay, Workers Comp,
State Mental Health Funds, Vocational Rehab
Funds, Veteran's Assoc Benefits, Medicaid,
Medicaid Waiver, Medicare

Edgewater Systems for Balanced Living, Inc.

1100 West 6th Ave.
Gary, IN 46402
(219) 885-4264

Age Groups:

Pediatric/Adult/Geriatric

Service Description:

Comprehensive behavioral healthcare community
organization providing mental health and addiction
services for children and adults.
Behavioral Management
Case Management
Chemical Dependence Treatment-Outpatient
Community Re-Entry Program
Counseling Therapy
Day Treatment
Group Homes
Independent Living Skills Training
Outpatient Rehab-Adults/Peds/Geriatric
Transportation Service

Types of Payment Accepted:

Private Insurance, Private Pay, Workers Comp,
State Mental Health Funds, Veteran's Assoc.
Benefits, Medicaid, Medicare

Grant Blackford Mental Health Center

505 Wabash Ave.
Marion, IN 46952
(765) 662-3971

Age Groups:

Pediatric/Adult/Geriatric

Service Description:

Comprehensive community mental health center.
Chemical Dependence Treatment-Inpatient (Detox)
Crisis Intervention

Types of Payment Accepted:

Private Insurance, Private Pay, Workers Comp,
State Mental Health Funds, Medicaid, Medicare

Chemical Dependency/ Behavioral Centers

Hamilton Center, Inc.

620 8th Ave.
Terre Haute, IN 47804
(812) 231-8262

Age Groups:

Pediatric/Adult/Geriatric

Service Description:

Counseling
Day Treatment
Group Homes
Supportive Employment
Assisted Living
Vocational Counseling

Types of Payment Accepted:

Private Insurance, Private Pay, State Mental Health Funds, Vocational Rehab Funds, Medicaid, Medicaid Waiver, Medicare

Indiana Division of Mental Health and Addiction (DMHA)

402 West Washington Street, W-353
Indianapolis, IN 46204
Phone: (317) 232-7800

The Indiana Division of Mental Health and Addiction informs the public about addiction and mental health services, provides addiction and mental health services to uninsured and underinsured Hoosiers and sets standards of quality care for the provision of addiction and mental health services. In addition, DMHA certifies all community mental health centers, addiction treatment services and managed care providers, license inpatient psychiatric hospitals, operate the State mental help hospitals and provide funding support for mental health and addiction services to target populations with financial needs through a network of managed care providers.

Lutheran Child and Family Services of Indiana/Kentucky

1525 N. Ritter Ave.
Indianapolis, IN 46219
(317) 353-8211

Service Description

Offers secure and regular residential program for children and youth 6-21 with serious emotional and behavioral problems. Provides counseling and independent living skills training.

Narcotics Anonymous

Phone: (317) 745-6791; (317) 745-6730

Park Center

909 E. State Blvd.
Fort Wayne, IN 46805
(260) 482-9125

Age Groups:

Pediatric/Adult/Geriatric

Service Description:

Community Mental Health Services.
Behavioral Management
Chemical Dependence Treatment-Inpatient
Chemical Dependence Treatment-Outpatient
Counseling
Day Treatment
Group Homes
Independent Living Skills Training
Neuropsych Evaluation
Supportive Employment

Types of Payment Accepted:

Private Insurance, Private Pay, State Mental Health Funds, Vocational Rehab Funds, Medicaid, Medicaid Waiver, Medicare, CHOICE

Southern Hills Counseling Center

480 Eversman Dr., P.O. Box 769
Jasper, IN 47547
(812) 482-3020

Age Groups:

Pediatric/Adult/Geriatric

Service Description:

Behavioral Management
Chemical Dependence Treatment-Outpatient
Day Treatment

Types of Payment Accepted:

Private Insurance, Private Pay

Clothing

Adaptions by Adrian

Phone: (888) 214-8372

Fax: (760) 481-7068

www.adaptationsbyadrian.com

Email: Adrians1@sbcglobal.net.

High quality capes, body suits, sitter pants and other products.

Community Mental Health Centers and Managed Care Providers

For more information on Mental Health and Addiction Centers, as well as general counseling information, please visit: <http://mentalhealth.samhsa.gov/databases/>

Adult and Child Mental Health Center, Inc. (429)

dba Adult and Child Mental Health Center, Inc.

8320 Madison Avenue

Indianapolis, IN 46227

(317) 882-5122

Area:

Johnson, Marion, City: Beech Grove (Marion Co), Twnshp: Decatur (Marion Co), Franklin (Marion Co), Perry (Marion Co)

Affiliated Service Providers of Indiana, Inc. (ASPIN)

3600 Woodview Trace, Suite 103

Indianapolis, IN 46268

Phone: (317) 471-0000

Fax: (317) 471-1891

Age Groups:

Pediatric/Adult/Geriatric

Service Description:

Assist in placement for psychiatric inpatient services for individuals referred from the Indiana Crisis Management Program for persons with Intellectual Disabilities.

Types of Payment Accepted:

Medicaid, Medicare, Insurance, Self Pay

BehaviorCorp, Inc. (430)

dba BehaviorCorp, Inc.

697 Pro-Med Lane

Carmel, IN 46032-5323

(317) 587-0500

Area:

Boone, Hamilton, Marion, and Twnshp: Pike (Marion Co), Washington (Marion Co)

Center for Mental Health, Inc., The (425)

dba Center for Mental Health, Inc.

1100 Broadway

Anderson, IN 46012

(765) 649-8161

Area:

Madison

Community Hospitals of Indiana, Inc. (416)

dba Gallahue Mental Health Center

6950 Hillsdale Court

Indianapolis, IN 46250

(317) 621-7600

Area:

Hancock, Marion, Shelby, and Twnshp: Lawrence (Marion Co), Warren (Marion Co)

Community Mental Health Center, Inc. (413)

dba Community Mental Health Center, Inc.

285 Bielby Road

Lawrenceburg, IN 47025

(812) 532-3400

Area:

Dearborn, Franklin, Ohio, Ripley, Switzerland

Cummins Behavioral Health Systems, Inc. (428)

dba Cummins Behavioral Health Systems, Inc.

6655 East U.S. 36

Avon, IN 46123

(317) 272-3330

Area:

Hendricks, Putnam

Community Mental Health Centers and Managed Care Providers

Dunn Mental Health Center, Inc. (417)

dba Dunn Mental Health Center, Inc.
630 East Main Street, 2nd Floor
Richmond, IN 47374
(765) 983-8005

Area:

Fayette, Randolph, Rush, Union, Wayne

Edgewater Systems For Balanced Living, Inc. (421)

dba Edgewater Systems For Balanced Living, Inc.
1100 West 6th Avenue
Gary, IN 46402-1711
(219) 885-4264

Area:

Lake, City: Gary (Lake Co), Twnshp: Calumet (Lake Co)

Four County Comprehensive Mental Health Center, Inc. (427)

dba Four County Counseling Center
1015 Michigan Avenue
Logansport, IN 46947
(574) 722-5151

Area:

Cass, Fulton, Miami, Pulaski

Grant Blackford Mental Health, Inc. (414)

dba Grant Blackford Mental Health, Inc.
505 Wabash Avenue
Marion, IN 46952
(765) 662-3971

Area:

Blackford, Grant

Hamilton Center, Inc. (405)

dba Hamilton Center, Inc.
620 8th Avenue
Terre Haute, IN 47804
(812) 231-8323

Area:

Clay, Greene, Parke, Sullivan, Vermillion, Vigo

Health & Hospital Corporation of Marion County, Indiana (401)

dba Midtown Community Mental Health Center
1001 West Tenth Street
Indianapolis, IN 46202
(317) 630-7607

Area:

Marion, Twnshp: Center (Marion Co), Wayne (Marion Co)

Howard Community Hospital (407)

dba Howard Regional Health System
3500 South LaFountain
Kokomo, IN 46902
(765) 453-8555

Area:

Clinton, Howard, Tipton

Knox County Hospital (403)

dba Samaritan Center
515 Bayou Street
Vincennes, IN 47591
(812) 886-6800

Area:

Davies, Knox, Martin, Pike

LaPorte County Comprehensive Mental Health Council, Inc. (410)

dba Swanson Center
450 St. John Rd. Suite 501
Michigan City, IN 46360
(219) 879-4621

Area:

La Porte

Lifespring Inc. (402)

dba Lifespring Inc.
460 Spring Street
Jeffersonville, IN 47130
(812) 280-2080

Area:

Clark, Floyd, Harrison, Jefferson, Scott, Washington

Community Mental Health Centers and Managed Care Providers

Madison Center, Inc. (406)

dba Madison Center, Inc.
403 E Madison Street
South Bend, IN 46617
(574) 234-0061

Area:

Saint Joseph

Meridian Services Corp (422)

dba Meridian Services Corp
240 N. Tillotson Avenue
Muncie, IN 47304
(765) 288-1928

Area:

Delaware, Henry, Jay

Northeastern Center, Inc. (426)

dba Northeastern Center
220 S. Main St.
Kendallville, IN 46755
(260) 347-2453

Area:

DeKalb, LaGrange, Noble, Steuben

Oaklawn Psychiatric Center, Inc. (409)

dba Oaklawn Psychiatric Center, Inc.
330 Lakeview Drive
Goshen, IN 46528
(574) 533-1234

Area:

Elkhart

Otis R. Bowen Center for Human Services, Inc., The (423)

dba Otis R. Bowen Center for Human Services, Inc.
850 North Harrison Street
Warsaw, IN 46581
(574) 267-7169

Area:

Huntington, Kosciusko, Marshall, Wabash, Whitley

Park Center, Inc. (419)

dba Park Center, Inc.
909 East State Boulevard
Fort Wayne, IN 46805
(260) 481-2721

Area:

Adams, Allen, Wells

Porter-Starke Services, Inc. (418)

dba Porter-Starke Services, Inc.
601 Wall Street
Valparaiso, IN 46383
(219) 531-3500

Area:

Porter, Starke

Quinco Consulting Center, Inc. (408)

dba Quinco Behavioral Health Systems
720 North Marr Road
Columbus, IN 47201
(812) 379-2341

Area:

Bartholomew, Brown, Decatur, Jackson, Jefferson,
Jennings

South Central Community Mental Health Centers, Inc. (411)

dba Center for Behavioral Health
645 South Rogers
Bloomington, IN 47403
(812) 339-1691

Area:

Lawrence, Monroe, Morgan, Owen

Southern Hills Counseling Center Incorporated, The (420)

dba Southern Hills Counseling Center
480 Eversman Drive
Jasper, IN 47547-0769
(812) 482-3020

Area:

Crawford, Dubois, Orange, Perry, Spencer

Community Mental Health Centers and Managed Care Providers

Southlake Community Mental Health Center, Inc. (424)

dba Southlake Center for Mental Health, Inc.
8555 Taft Street
Merrillville, IN 46410
(219) 769-4005

Area:

Lake, City: Griffith (Lake Co), Twnshp: Cedar Creek (Lake Co), Center (Lake Co), Eagle Creek (Lake Co), Hanover (Lake Co), Hobart (Lake Co), Ross (Lake Co), St. John (Lake Co), West Creek (Lake Co), Winfield (Lake Co)

Southwestern Indiana Mental Health Center, Inc. (404)

dba Southwestern Indiana Mental Health Center, Inc.
415 Mulberry Street
Evansville, IN 47713
(812) 423-7791

Area:

Gibson, Posey, Vanderburgh, Warrick

Tri-City Comprehensive Community Mental Health Center, Inc. (412)

dba Tri-City Comprehensive Community Mental Health Center, Inc.
3903 Indianapolis Boulevard
East Chicago, IN 46312
(219) 398-7050

Area:

Lake, Township: North (Lake Co)

Wabash Valley Hospital, Inc. (415)

dba Wabash Valley Hospital, Inc.
2900 North River Road
West Lafayette, IN 47906
(765) 463-2555

Area:

Benton, Carroll, Fountain, Jasper, Montgomery, Newton, Tippecanoe, Warren, White

Craniosacral Therapists

Anderson Clinic

5610 Crawfordsville Road, Suite 1700
Indianapolis, IN 46224
Phone: (317) 247-0119
Fax: (317) 247-0614

Age Groups:

Pediatric/Adult/Geriatric

Service Description:

Craniosacral Therapy

Department of Corrections Ombudsman Information

Information regarding the DOC Ombudsman is listed below.

Indiana Ombudsman Bureau

402 W. Washington St., W479
Indianapolis, IN 46204
OMBUD@idoa.IN.gov

General Information:

Is the Ombudsman Bureau part of the D.O.C.?

The Ombudsman Bureau is separate and independent from the Department of Correction. The Director of the Bureau is appointed by the Governor, and the bureau is located within the Department of Administration.

What is an "Ombudsman"?

The word "Ombudsman" means an employee or agent of the Bureau who investigates and resolves complaints.

What does the Ombudsman do?

The Ombudsman will investigate and resolve complaints that the D.O.C. endangered the health and safety of any person, or that the D.O.C. violated specific laws, rules or its own written policies. The Ombudsman will not investigate complaints regarding D.O.C. employment issues.

Department of Corrections Ombudsman Information

Who can file complaints?

Anyone may file a complaint with the Ombudsman.

Will the D.O.C. know if I file a complaint?

Your name will not be disclosed without your permission except to the extent necessary to investigate and resolve your complaint.

How can I file a complaint?

All complaints must be in writing. Fill out a complaint form and mail it to the Ombudsman Bureau.

Can the Ombudsman solve my problem?

The Ombudsman can investigate complaints, answer questions, review policies and procedures, recommend changes, and mediate resolutions.

Will the Ombudsman represent me in Court?

No. If you decide to sue the D.O.C. regarding your complaint, the Ombudsman will stop investigating and close the file.

Can the Ombudsman force the D.O.C. to make changes?

The Ombudsman cannot give orders to the D.O.C. The Ombudsman can recommend changes, and can point out where there are problems.

Will I know what happened to my complaint?

The Ombudsman will report the results of an investigation back to you. If the Ombudsman decides not to investigate, you will be told why.

What if I have more questions?

Call the Ombudsman at (317) 234-3190 or e-mail OMBUD@idoa.IN.gov

Durable Medical Equipment

Dynasplint

770 Ritchie Highway, Suite W21
Severna Park, MD 21146
Phone: 888- 497-2235
Fax: 866-522-1012

Age Groups:

Pediatric/Adult/Geriatric

Serviced Description:

Splinting to increase joint range of motion with a low load, prolonged stretch.

Types of Payment Accepted:

Insurance or Private Pay

Floyd DME

1915 Bono Road
New Albany, IN 47150
Phone: (812) 981-6600
Fax: (812) 981-6610

Age Groups:

Pediatric/Adult/Geriatric

Service Description:

Oxygen, walkers, wheelchairs, C-Pap, B-Pap, hospital beds, bathroom equipment, bedside commode, respiratory, nebulizers

Types of Payment Accepted:

Medicare, Medicaid, most private insurance

Goulds Discount Medical

4906 Dutchman's Lane
Louisville, KY
Phone: (502) 491-2000
Fax: (502) 495-2476

Age Groups:

Adult/Geriatric

Service Description:

Home medical equipment, wheelchairs, walkers, hospital beds, home oxygen, etc.

Types of Payment Accepted:

Medicare, Medicaid, most private insurance

Durable Medical Equipment

Hamilton's/Power Mobility

8132 Woodland Drive
 Indianapolis, IN 46278
 Toll free phone: (800) 349-2499
 Phone: (317) 824-7101
 Fax: (317) 824-7101

Age Groups:

Pediatric/Adult/Geriatric

Service Description:

Call for more information

Types of Payment Accepted:

Most insurance, check, credit card, Private Pay

Lincare, Inc.

4245 S. Highschool Road
 Indianapolis, IN 46241
 Phone: (317) 856-8841

Saint John's Medical Supplies

2020 Meridian Street, Suite 180
 Anderson, IN 46016
 Phone: (765) 646-8366
 Toll free: (800) 552-3434
 Web address: www.sjmedicalsupplies.org

Service Description:

Daily Living Aids, Durable Medical Equipment, Home Oxygen and Respiratory Therapy, Mastectomy Supplies, Medical and Post-Surgical Supplies, Professional Uniforms and Wheelchair repair and cleaning.

Used Home Medical Equipment

A free listing service where individuals can buy, sell, or donate used home medical equipment.
<http://www.usedhme.com>

Homelessness

First Step

www.comshhs.gov/apps/firststep/index.html
 A tool developed for Case Managers and Outreach Workers to help assist their clients who are homeless access Federal Benefit Programs.

Home Health and In-Home Care

Alliance Home Health Care and Adult Day Services

9615 North College Avenue
 Indianapolis, IN 46280
 Phone: (317) 581-1100

Age Groups:

Adult/Geriatric

Service Description:

Skilled Nursing, Case Management, Physical and Occupational Therapy, Speech Therapy, Home Health Aides, Companion Care, Slumber Care, Medical Social Services

Types of Payment Accepted:

Medicare, Medicaid, Medicaid Waiver, CHOICE, Insurance and Private Pay.

Angels of Mercy

7210 Madison Avenue, Suite D
 Indianapolis, IN 46227
 Phone: (317) 791-0264
 Fax: (317) 791-0587

Service Description:

Skilled Nurses, Physical Therapy, Occupational Therapy, Speech Therapy, Home Health Aides, Medical Social Worker, Chaplain

Angels Solutions

1185 Sagamore Parkway
 Bell Plaza, Suite 6
 West Lafayette, IN 47906
 Phone: (765)463-2100
 Toll Free Phone: 800-590-9065

Home Health and In-Home Care

Aspen Prairie Services

11057-124 Allisonville Road
Fishers, IN 46038
Phone: (317) 585-4663
Web address: www.aspenprairiehomes.com

Age Groups:

Adult/Geriatric

Service Description:

In home care includes attendant care, companion care, day care, respite care and pop in service. Residential care, in a decorated residential home, includes 24/7 family style care, medication management, home cooked meals, secure environment, individual care, pets allowed.

Types of Payment Accepted:

Private pay, Medicaid Aged & Disabled Waiver, Medicaid Traumatic Brain Injury Waiver, CHOICE Program, Long Term Care Insurance

Caregiver Companion

612 Wabash Avenue
Lafayette, IN 47905-1051
Phone: (765) 423-1879
Email: compan@verizon.net
Website: caregivercompanion.org

Comfort Keepers/In Home Care

514 N. 26th Street
Lafayette, IN 47904
Phone: (765)449-9797
Website: www.comfortkeepers.com

Daniel Epperheimer: Meaningful Day Services, Inc.

640 Patrick Place
Brownsburg, IN 46112
Phone: (317)248-0016
Fax: (317)248-0013

Service Description:

Meaningful Day Services, Inc. (MDS, Inc.) offers a comprehensive in-home program to increase the overall independence of each client with each of the follow disciplines available: Speech and Language Pathology, Occupational Therapy, Day Services, Adult Day Services, Applied Behavior Analysis, Behavior Management, Counseling,

Recreation Therapy and Music Therapy

Types of Payment Accepted:

Private pay, private insurance, Medicaid Waiver

Elder Care Connections

Attn: Lizabeth Kalina
Phone: (812)320-1807

Age Groups:

Geriatric

Service Description:

Support clients in their efforts to attain optimal treatment and care for themselves and/or their families

Types of Payment Accepted:

Call office

Home Helpers

6535 East 82nd St, Suite 214
Indianapolis, IN 46250
Phone: (317) 595-0646
Fax: (317) 595-0968
E-mail: 51592@homehelpers.cc

Age Groups:

Adult/Geriatric

Service Description:

Non-medical attendant care

Types of Payment Accepted:

Medicaid TBI Waiver, Medicaid Aged & Disabled Waiver, Private Pay

Home Instead

941 East 86th St, Suite 250
Indianapolis, IN 46240
Phone: (317) 252-4472
Fax: (317) 252-2762
Web Site: www.homeinstead.com

Age Groups Served:

Pediatric/Adult/Geriatric

Service Description:

Companionship, meal preparation, light housekeeping, medication reminders, and assistance with personal care such as bathing, incontinence care, hygiene and toileting.

Types of Payment Accepted:

Private Pay, Long Term Care Insurance, CICOA Funding Sources, Medicaid Waiver

Home Health and In-Home Care

Home Instead Senior Care

676 S. College Avenue
Bloomington, IN 47403
Phone: (812)961-2222

Age Groups:

Geriatric

Service Description:

Home care help to clients and their families; may include assistance with trips to the doctor, medication reminders, meal preparation, light housekeeping, errands, shopping

Types of Payment Accepted:

Call office

Huser HomeCare

5023 East 56th Street, Suite 210
Indianapolis, IN 46226
Phone: (317) 255-5700
Fax: (317) 255-5709

Age Groups:

Pediatric/Adult/Geriatric

Service Description:

Our non-medical "in-home" services include Personal/Attendant Care (bathing, dressing, feeding, assistance with person hygiene, toileting, transfers) and Homemaker/Companion services (meal planning/preparation, light housekeeping/laundry, transportation, medication reminders, errands) and respite care.

Types of Payment Accepted:

Medicaid Waiver (Aged & Disabled, TBI-Attendant, Homemaker and Respite services) CICOA/CHOICE, Private Pay

Joy House (Adult Day Services)

www.joyshouse.org
(317) 254-0828

Lambs Guardian Angles

Visiting Angels Living Assistance Services
60-B North First Street
Zionsville, IN 46077
Phone: (317) 733-0617
Toll free: (888) 733-0617
Fax: (317) 733-0652
Web address: www.visitingangels.com
E-mail: info@lambsangels.com

Age Groups:

Young Adults/Adults/Geriatrics

Service Description:

Non-medical care such as bathing, hygiene, dressing assistance, meal preparation, light housekeeping, errands and shopping, joyful companionship, respite for family caregiver, transportation, and medication reminders. Up to 24 hour care, day/night, live-in or live-out care, temporary or long term care.

Types of Payment Accepted:

Private Pay

Meaningful Day Services, Inc.

640 Patrick Place, Suite B
Brownsburg, IN 46112
Phone: (317) 858-8630
Fax: (317) 858-8715
E-mail: officesupport@meaningfuldays.com

Age Groups:

Pediatric, Adult, Geriatric

Service Description:

In home services including Applied Behavior Analyst, Behavior Management, Music Therapy, Recreational Therapy, counseling, Speech and Occupational Therapies.

Types of Payment Accepted:

Waivers, Private Insurance, Department of Education, Private Pay

Home Health and In-Home Care

ResCare Home Care

158 South Napoleon Street
Valparaiso, IN 46385
Phone: (800)548-3467
Phone: (248)650-1323
Fax: (248)650-4203

Age Groups:

Adult, Geriatric

Service Description:

Non-medical home care agency, 24 hour live-in services, assistance with personal care, meal preparation, light housekeeping, laundry, medication reminders, companionship, respite relief.

Types of payment accepted:

Private Pay, long term care insurance, workers compensation insurance and auto insurance

Rest Assured®

2000 Greenbush Street
P.O. Box 6449
Lafayette, IN 47903
Phone: (765)423-5531

Age Groups:

Pediatric/Adult/Geriatric

Service Description:

Rest Assured® is an oversight support system that connects to our clients using a secure broadband connection anywhere in the continental U.S.A. The Rest Assured® system has both verbal and visual capabilities and is supported by a team of highly trained Tele-Caregivers. The Tele-Caregivers can verbally prompt our clients through everyday tasks such as medication taking and even cooking. Rest Assured® offers independence and safety to our clients while giving peace of mind to their loved ones. Rest Assured® is always there, providing services 24 hours a day 7 days a week.

Types of Payment Accepted:

Private Pay

Southport Adult Day Center – Adult Day Care

www.southportpc.org
(317) 788-5928

Visiting Angels

13873 Oak Grove Court
Fishers, IN 46038
Phone: (317) 776-6600
Web address: www.visitingangels.com

Home Modification

Functional Home Solutions, Inc.

Angie Kidd
Accessibility Consultant CAPS, COTA
1566 W. Union Street
Ligonier, IN 46767
Phone: (260)609-1988
Fax: (260)894-4054

Gettum Associates, Inc.

4984 West Smith Valley Road
Greenwood, IN 46142
Phone: (317) 888-5681
Fax: (317) 888-5734
E-mail: questions@gettum.com

Service Description:

Designing, building, remodeling contractor to help you stay in your home.

Certifications:

CAPS - Certified Aging in Place Specialist

Life Care Planners

Care Planner

www.careplanners.net

Karfomenos & Associates, Inc.

54722 County Road 8
Middlebury, IN 46450
Phone: (574)825-9000

James Rice

9870 Lantern Place, Suite 210
Fishers, IN
Phone: (317) 578-4213

Long Term Residential

Anthony Wayne Services

Steve Cook, Vice President
2431 Directors Row, Suite A
Indianapolis, IN 46241
Phone: (317) 972-1206
E-mail: scook@awsusa.com

Anthony Wayne Services

2826 S. Calhoun St.
Fort Wayne, IN 46807
(260) 744-6145

Age Groups:

Pediatric/Adult/Geriatric

Service Description:

Group Homes
Supportive Employment
Support/Assisted Living

Types of Payment Accepted:

Medicaid, Medicaid Waiver, SS Waiver
Phone: (317) 972-1206

Aspen Prairie Services

Administrative Office: 11047-124 Allisonville Road
Fishers, IN 46038
Phone: (317) 585-4663
E-mail: jeheer@insightbb.com

Age Groups:

Adult/Geriatric

Service Description:

Care is offered for seniors and other adults in the individuals' home or with the assistance of AP management, "family style care" 24/7 in a non-clinical, beautifully decorated residential home in a residential neighborhood. Services available include: attendant care, companion care, day care, respite care, pop in service.

Types of Payment Accepted:

Private pay, Medicaid Waiver: Attendant Care A&D Waiver and TBI Waiver, CHOICE Program, Long Term Care Insurance

Center for Comprehensive Services

306 W. Mill St.
P.O. Box 2825
Carbondale, IL 62902
(800) 582-4227

Age Groups:

Pediatric/Adult/Geriatric

Service Description:

After hospital inpatient rehabilitation for individuals with acquired and traumatic brain injuries. NeuroRehabilitation for individuals who benefit from rehabilitation beyond the hospital improving level of function and activities of daily living. NeuroBehavioral focuses on above areas and is more concentrated on behavioral aspects that impact progress with behavioral therapy provided by Master's level Behavior Analysts. Adolescent Integration focuses on treatment and education as related to the special needs of adolescents. Supported Living focuses on quality of life and productive activity for individuals who benefits from ongoing support and choose to live in the Carbondale or Tampa area.

Types of Payment Accepted:

Private Insurance, Private Pay, Workers Comp, Contingency Fees, Veteran's Assoc. Benefits, Medicaid

Christian Care Communities – Stepping Stones

12700 Shelbyville Road, The Ashland Building
Louisville, KY 40243
Phone: (502) 245-3774
Fax: (502) 254-8767

Age Groups:

18 years and older

Service Description:

Transitional residential and non-residential program for community reintegration.

Types of Payment Accepted:

Kentucky ABI Waiver, Workman's Compensation, Private Insurance, Private Pay

Long Term Residential

Damar Services, Inc.

6324 Kentucky Ave.
Indianapolis, IN 46113
(317) 856-5201

Age Groups:

Pediatric/Adult/Geriatric

Service Description:

Behavioral Management/Program, Case Manage/
Care Coordinator, Community Re-entry Program,
Counseling/Therapy, Day Treatment, Group Homes,
Health Care Consultation, Respite Care.

Types of Payment Accepted:

Private Pay, Developmental Disability, State Mental
Health Funds, Medicaid, Medicaid Waiver, Choice

Englewood Health & Rehab Center

2237 Engle Rd.
Fort Wayne, IN 46809
(260) 747-2353

Age Groups:

Adult/Geriatric

Service Description:

Long term care provider for geriatric and adult
residents, including those injured by stroke, car
accident, trauma, etc.

Types of Payment Accepted:

Private Insurance, Private Pay, Workers Comp,
Medicaid, Medicare, CHOICE

Golden Living Center Woodbridge

816 1st Avenue
Evansville, IN 47710
Phone: (812) 426-2841
Fax: (812) 424-3369

Age Groups:

Adult, Geriatric

Service Description:

Long term care

Types of Payment Accepted:

Medicare, Medicaid, Insurance, Private Pay

Long Term Care Ombudsman

Arlene Franklin
Division of Aging
402 West Washington Street, Room W454
Indianapolis, IN 46204
Phone: (317) 232-7134

Opportunity Enterprises

2801 Evans Ave.
Valparaiso, IN 46383
(219) 464-9621

Age Groups:

Pediatric/Adult/Geriatric

Service Description:

Promote self-sufficiency for challenged individuals.
Supportive Employment
Support/Assisted Living
Transportation Service
Vocational Therapy

Types of Payment Accepted:

Private Pay, Developmental Disability, Vocational
Rehab Funds, Medicaid, Medicaid Waiver

Our Lady of Holy Cross Care Center

7520 S. US Highway 421
San Pierre, IN 46374
Phone: (219) 828-4111 or (800) 365-2255
Fax: (219) 828-4275

Age Groups:

Young Adult/Adult/ Geriatric (18 years and older)

Service Description:

Long term care provider for intermediate and skilled
nursing; separate units are provided for elders
over 65, for Alzheimer's/Dementia, and for young
adults 18-65, including those with TBI. Inpatient
and Outpatient therapies are available. Residents
have access to computer labs with internet access,
a library, wheel-chair accessible kitchenette, buffet
dining, individual and group counseling.

Types of Payment Accepted:

Private Insurance, Medicare, Medicaid, Private Pay

Long Term Residential

St. Vincent New Hope

8450 North Payne Road, Suite 300
 Indianapolis, IN 46268
 Phone: (317) 338-9600
 Fax: (317) 338-4585
 Web address: www.stvincent.org

Age Groups:

Adult

Service Description:

Residential Habilitation and Support Services,
 Behavior Management, Adult Day Services,
 Group Homes

Types of Payment Accepted:

Medicaid Waivers, Private Fees

Vernon Manor Children's Home

1955 Vernon St.
 Wabash, IN 46992
 Phone: (260) 563-8438

Age Groups:

Pediatric/Young Adult

Service Description:

Long-term skilled health care facility for individuals
 with mental, physical, and developmental
 disabilities after rehabilitation.

Guardian Issues
 Physical Therapy
 Religious Support
 Respite Care
 Skilled Nursing Care
 Speech Therapy
 Vision Therapy

Types of Payment Accepted:

Private Insurance, Private Pay, Medicaid

Independent Living Centers in Indiana

ATTIC

Patricia Stewart, Executive Director
 1721 Washington Ave.
 Vincennes, IN 47591
 (812) 886-0575 office
 (877) 962-8842 Toll Free
 (812) 886-1128 fax
inattic1@aol.com

Community Options for Independent Living (or also known as Future Choices)

Beth Quarles, Executive Director
 309 N. High Street
 Muncie, IN 47305
 765-741-8332 office
 765-741-8333 fax
bquarles@futurechoices.org

Everybody Counts Center for Independent Living (ECCIL)

Teresa Torres, Executive Director
 9111 Broadway, Suite A
 Broadfield Center
 Merrillville, IN 46410
 (219) 769-5055 office
 (219) 756-3323 TTY
 (888) 769-3636 Toll Free
 (219) 769-5325 fax
ecounts@netnitco.net

Independent Living Center of Eastern Indiana (ILCEIN)

Jim McCormick, Executive Director
 1818 W. Main Street
 Richmond, IN 47374
 (765) 939-9226 office
 (877) 939-9226 Toll Free
 (765) 935-2215 Fax/TTY
jimm@ilcein.org

Long Term Residential

Indianapolis Resource Center for Independent Living, Inc. (IRCIL)

Melissa Madill, Executive Director
 1426 W. 29th St.
 Indianapolis, IN 46208
 ircil@netdirect.net
 Web site: www.ircil.org
 Youth services
 Public education and development

League for the Blind and Disabled - (The League)

David Nelson, Executive Director
 5821 S. Anthony Blvd.
 Fort Wayne, IN 46816
 (260) 441-0551 office V/TTY
 (800) 889-3443 Toll Free
 (260) 441-7760 fax
 The.League@verizon.net

Southern Indiana Center for Independent Living (SICIL)

Al Tolbert, Executive Director
 Stone City Plaza
 651 X Street
 Bedford, IN 47421
 (812) 277-9626 office V/TTY
 (800) 845-6914 Toll Free
 (812) 277-9628 fax
 sicildir@msn.com

Wabash Independent Living and Learning Center (The WILL Center)

Teresa Mager, Executive Director
 4312 South Seventh St.
 Terre Haute, IN 47802
 (812) 298-9455 office
 (812) 299-9061 fax
 teresa@thewillcenter.org

OMBUDSMAN AREAS

INDIANA LONG TERM CARE OMBUDSMAN PROGRAM

Arlene Franklin

State Ombudsman
 Room W 454
 402 W. Washington St.
 P.O. Box 7083, MS 21
 Indianapolis, IN 46207-7083
 (800) 622-4484
 (317) 232-7134
 Fax: (317) 232-7867
 E-mail: afranklin@fssa.in.gov

AREA 01

Chris Herrmann

NWICA
 5518 Calumet Avenue
 Hammond, IN 46320
 (800) 826-7871
 (219) 937-3500
 Fax: (219) 932-0560
 E-mail: cherrmann@nwi-ca.org

AREA 02

Kathy Hershberger

(574) 284-2644, ext 188
 E-mail: khershberger@realservicesinc.com

Jessica Robertson

REAL Services, Inc.
 1151 S. Michigan St.
 P.O. Box 1835
 South Bend, IN 46634-1835
 (574) 284-2644, ext. 255
 Fax: (574) 284-2693
 E-mail: jrobertson@realservicesinc.com

Long Term Residential

AREA 03

Daisy Schmidt

(877) 469-3161

(260) 469-3161

E-mail: dschmidt@agingihs.org

Susie Staley, Volunteer Coordinator

Long Term Care Ombudsman Office

2927 Lake Avenue

Fort Wayne, IN 46805

(260) 469-3161

Fax: (260) 969-3359

E-mail: sstaley@agingihs.org

AREA 04

Milissa Lake-Spencer

P.O. Box 1455

639 Colombia

Lafayette, IN 47902

(800) 382-7581

(765) 423-5327

Fax: (765) 423-2252

E-mail: milissa.lake-spencer@ilsi.net

AREA 05

Terry Holtz

1801 Smith St., Suite 300

Logansport, IN 46947

(800) 654-9421

(574) 722-4451

Fax: (574) 722-3447

E-mail: THoltz@areafive.com

AREA 06

Maureen Mustard

P.O. 308

1701 South Pilgrim Blvd.

Yorktown, IN 47396

(800) 382-3541

(765) 759-1121, ext.105

Fax: (765) 759-0060

E-mail: mmmust1005@aol.com

AREA 07

Roberta French

P.O. Box 359

Terre Haute, IN 47808

(800) 489-1561

(812) 238-1561

Fax: (812) 238-1564

E-mail: rfrench@westcentralin.com

AREA 08

Ron Flickinger

(800) 869-0212

(317) 631-9410, ext. 255

E-mail: ron.flickinger@ilsi.net

Katherine Folland

(317) 631-9410, ext. 253

E-mail: kitty.folland@ilsi.net

Cynthia McQuigg, A.L. Specialist

(317) 631-9410, ext. 238

E-mail: cynthia.mcquigg@ilsi.net

Indiana Legal Services

151 N. Delaware St., Suite 1800

Indianapolis, IN 46204

Fax: (317) 631-9775

AREA 09

Paul Register

520 South 9th Street, Suite 100

Richmond, IN 47374

(800) 458-9345

(765) 966-1795

Fax: (765) 962-1190

E-mail: pregiste@indiana.edu

AREA 10

Caroline Clay

630 W. Edgewood Dr.

Ellettsville, IN 47404.

(800) 844-1010

(812) 876-3383

Fax: (812) 876-9922

E-mail: cclay@area10.bloomington.in.us

Long Term Residential

AREA 11

Roger Walby

1531 13th St., Suite G900
Columbus, IN 47201
(866) 644-6407
(812) 372-6918
Fax: (812) 372-7846
E-mail: rwalby@areaxi.org

AREA 12

Kirsten Bouthier

1531 13th St., Suite G900
Columbus, IN 47201
(866) 644-6407
(812) 876-9922
Fax: (812) 372-7846
E-mail: kbouthier@areaxi.org

AREA 13

Ann Cardinal

Generations
Vincennes University
1019 North 4th Street
Vincennes, IN 47591
(800) 742-9002
(812) 888-5158
Fax: (812) 888-4566
E-mail: acardinal@vinu.edu

AREA 14

Jessica Money

Life Span Resources
P.O. Box 995
New Albany, IN 47151-0995
(888) 948-8330
(812) 948-6428
Fax: (812) 948-6448
E-mail: jmoney@lstr14.org

AREA 15

Nicole Grissom
(800) 845-6914
(812) 277-9626
E-mail: sicilomb@msn.com

Paula Horen (Trainee)

(812) 277-9626
E-mail: sicilombuds@msn.com

Southern In. Center for Independent Living

651 X Street
Bedford, IN 47421
Fax: (812) 277-9628

AREA 16

Gibson, Perry, Posey, Spencer, & Warrick Counties

Karen Williams
Indiana Legal Services
2425 US 41 North, Suite 401
Evansville, IN 47711
(800) 852-3477
(812) 426-1295
Fax: (812) 422-7332
E-mail: karen.williams@ilsin.net

Vanderburgh County

Michelle Motta
VOICES, Inc.
2425 US 41 North, Suite 405
Evansville, IN 47711
(812) 423-2927
Fax: (812) 423-4350
E-mail: voicesinc@sige.com.net

Music Therapists

Mary Kay Bonner – Private Practice

2375 South, 200 East
Whitestown, IN 46075
(317) 769-3638

Age Groups:

Pediatric/Adult/Geriatric

Service Description:

Board Certified Music Therapist uses music in the accomplishment of therapeutic aims: the restoration, maintenance, and improvement of mental and physical health.

Types of Payment Accepted:

Private Insurance, Private Pay, Developmental Disability, Medicaid Waiver

Integrative Music Therapy

P.O. Box 87
Newburgh, IN 47630
(812) 853-9817

Age Groups:

Pediatrics/Adults/Geriatric

Service Description:

Individual music therapy services for persons with traumatic brain injury, developmental disabilities, autism, mental health issues, etc.

Types of Payment Accepted:

Private Pay, Medicaid Waiver

Neurologists

Bob Alonzo, MD

1801 N. Senate Blvd., Suite 510
Indianapolis, IN 46202
Phone: (317) 962-5828

Age Groups:

Adult

David Dunn, MD

702 Barnhill Drive, ROC 4300
Indianapolis, IN 46202
Phone: (317) 274-8162
Fax: (317) 278-0609

Age Groups:

4 yrs to 18 yrs

Service Description:

Psychiatry

Types of Payment Accepted:

Cash, check, credit cards, most insurance, some forms of Medicaid

Brad Hale, MD

6855 Shore Terrace Drive, Suite 110
Indianapolis, IN 46254
Phone: (317) 328-6730

Age Groups:

Pediatric

Jeffrey Hilburn, MD

7102 Tuliptree Trail
Indianapolis, IN
Phone: 317)849-1783

Neurologists

Indianapolis Neurosurgical Group

8333 Naab Road, Suite 255

Indianapolis, IN

Phone: (317) 396-1300

Fax: (317) 396-1346

Age Groups:

Pediatric/Adult/Geriatric

Service Description:

Neurosurgical and interventional procedures for all brain spine, and nervous system conditions and disorders. ING offers nine locations in Central Indiana, including Downtown, Northeast and Northwest Indianapolis; Greenwood; Lafayette; Greenfield and Lebanon. ING covers trauma call at Indiana's busiest trauma center at Methodist Hospital in Indianapolis and features neurosurgeons, spine surgeons, interventional neuroradiologists, nurse practitioners and a physiatrist and neuropsychologist as part of its staff.

Types of Payment Accepted:

All payments accepted, although Medicaid is accepted through hospital emergency department visits only.

Josephson, Wallack, Munshower Neurology, PC

1400 North Ritter Avenue, Suite 120

Indianapolis, IN 46256

Phone: (317) 355-1555

Web address: www.JWMneuro.com

Age Groups:

Pediatric/Adult/Geriatric

Service Description:

Neurology

David Kareken, MD

Riley Hospital

702 Barnhill Drive, Room 5999C

Indianapolis, IN 46202

(317) 274-7327

Age Groups:

Adult

Neurology Specialists

813 West Second St.

Bloomington, IN 47408

Phone: (812) 330-0303

Fax: (812) 330-0404

Service Description:

Medical practice treats many neurological conditions, including traumatic brain injury

Types of Payment Accepted:

Medicare and most major insurance plans

Jim Pappas, MD

Capital Neurologists

1633 N. Capital Ave., Suite 200

Indianapolis, IN 46202

(317) 962-1600

Age Groups:

Pediatric

Dr. Vinay Puri, MD

601 S. Floyd St, Suite 503

Louisville, KY 40202

Phone: (502) 589-8033

Fax: (502) 589-8233

Age Groups:

Pediatric

Service Description:

Pediatric Neurology- in-patient and out-patient

Types of Payment Accepted:

Private pay

Deb Sokol, MD

Riley Hospital

702 Barnhill Drive, Clinic C

Indianapolis, IN 46202

(317) 278-5450

Age Groups:

Pediatric

Neuropsychologists

Samantha Backhaus, Ph.D.

Rehabilitation Hospital of Indiana
 NeuroRehabilitation Center
 9531 Valparaiso Court
 Indianapolis, IN 46268
 Phone: (317) 879-8940
 Fax: (317) 872-0914
 E-mail: Samantha.backhaus@rhin.com

Age Groups:

Adult/Geriatric

Service Description:

Neuropsychological Assessment, Individual and Group Treatment, Family Consultation and Education. Practice limited to individuals with neurological disorders.

Types of Payment Accepted:

All types

Nirav Oza Bigelow, Ph.D., Psy.D, HSPP

Clinical Neuropsychologist
 9247 North Meridian, Suite 104
 Indianapolis, IN 46260
 Phone: (317) 748-3317
 Fax: (317) 815-6031

Age Groups:

Pediatric/Adult/Geriatric

Service Description:

Comprehensive Neuropsychological and Psychology evaluation; individual therapy and consultation

Types of Payment Accepted:

Most insurance and out of pocket.

Corby Bubp, Ph.D., HSSP

10293 N. Meridian Street, Suite 375
 Indianapolis, IN 46290
 Phone: (317) 581-2288
 Fax: (317) 581-2295

Age Groups:

Pediatric/Adult/Geriatric

Service Description:

Dr. Bubp is a fellowship trained Neuropsychologist specializing in the neuropsychological evaluation and treatment of brain-based disorders such as traumatic brain injury, stroke, dementia, learning disorders and attention deficit disorders. He is a cognitive-behavioral psychotherapist who works with individuals and family members in setting up effective interventions for a wide variety of behavioral and emotional difficulties in school, work, and home settings.

Types of Payment Accepted:

Private insurance, Private Pay, Vocational Rehabilitation, Veterans Association, Medicare, and several others.

Bradley Burton, Ph.D.

Neuropsychology Services
 4200 Browns Lane
 Louisville, KY 40220
 Phone: (812) 923-7803
 Fax: (812) 923-7803
 E-mail: dburtonphd@insightbb.com

Age Groups:

Pediatric/Adult/Geriatric

Service Description:

Neuropsychological Assessment Service

Types of Payment Accepted: Most 3rd party payers or private pay. Arrangements are available.

Dr. Mike Cecil

drmikececil@yahoo.com

Neuropsychologists

Dr. Steven Couvillion

Professional Psychological Services
10293 N. Meridian, Suite 325
Indianapolis, IN 46290
Phone: (317) 581-2288

Age Groups:

Pediatric/Adult

Service Description:

Provides neuropsychological testing, therapy, and family support to victims and families. Also provides consultation to schools, agencies, and attorneys.

Acute Inpatient Rehab-Pediatrics
Behavioral Management

Neuropsych Evaluation
Outpatient Rehab- Pediatrics
Vocational Counseling

Types of Payment Accepted:

Private Insurance, Private Pay, Developmental Disability, Vocational Rehab Funds, Veteran's Assoc. Benefits, Medicaid, Medicaid Waiver, Medicare, CHOICE

Ed Haskins, Ph.D.

Hook Center for Neuropsychological Rehabilitation
Ft. Benjamin Harrison
8501 E. 56th Street, Suite 140
Indianapolis, IN 46216
Phone: (317) 621-3000

Age Groups:

Children/Adult/Geriatric

Service Description:

Neuropsychological Testing, Outpatient Day Treatment, Group and Individual Treatment, Community Integration, Behavior Management

Ed Haskins, Ph.D.

Health Care Associates
9240 North Meridian, Suite 320
Indianapolis, IN 46260
Phone: (317) 844-7489
Fax: (317) 581-1007

Age Groups:

Children/Adults/Geriatrics

Service Description:

Neuropsychological Testing

Bradley Hufford, Ph.D., HSPP

Rehabilitation Hospital of Indiana
4141 North Shore Drive
Indianapolis, IN 46254
Phone: (317) 329-2000
Fax: (317) 872-0914
E-mail: bradley.hufford@rhin.com

Age Groups:

Pediatric/Adult/Geriatric

Service Description:

Neuropsychological Assessment, Individual and Group Treatment, Family Consultation and Education. Practice limited to individuals with neurological disorders

Types of Payment Accepted:

All types

David A. Kareken, Ph.D.

Associate Professor and Director of Neuropsychology, Indiana University
541 Clinical Drive, Room CL 298
Indianapolis, IN 46202
Phone: (317) 274-7327

Age Groups:

Adult

Service Description:

Adult Neuropsychological Assessment

David Klein, Ph.D.

Hook Center for Neuropsychological Rehabilitation
Ft. Benjamin Harrison
8501 E. 56th Street, Suite 140
Indianapolis, IN 46216
Phone: (317) 621-3000

Age Groups:

Children/Adult/Geriatric

Service Description:

Neuropsychological Testing, Outpatient Day Treatment, Group and Individual Treatment, Community Integration, Behavior Management

Neuropsychologists

Brenna McDonald, Psy.D

IU School of Medicine – XE040
575 West Drive
Indianapolis, IN 46202
Phone: (317) 274-8951

Age Groups:

Pediatric

Service Description:

Neuropsychological Assessment

Neuropsychology Associates

Raymond W. Horn, Ph.D., HSPP, ABPP
Christopher Sullivan, Ph.D., HSPP
Ginger Arnold, Ph.D., HSPP
10293 North Meridian Street, Suite 210
Indianapolis, IN 46290
Phone: (317) 581-2292
Fax: (317) 581-2285
E-mail: neuropsychassociates@sbcglobal.net

Age Groups:

Pediatric/Adult/Geriatric

Service Description:

Neuropsychological assessment, individual psychotherapy, consultation with schools and state Vocational Rehabilitation, independent medical examinations for forensic/Workers Compensation

Neuroscience Centre of Indianapolis

6555 Carrollton Ave.
Indianapolis, IN 46220
(317) 257-9672

Age Groups:

Pediatric/Adult/Geriatric

Service Description:

Provides diagnostic, rehabilitation, and psychotherapy services to those with neurological based disabilities.

Types of Payment Accepted:

Private Insurance, Private Pay, Workers Comp, Vocational Rehab Funds, Medicaid, Medicare

Stephen Pongonis, Psy.D.

IU School of Medicine – XE040
575 West Drive
Indianapolis, IN 46202
Phone: (317) 274-8951

Age Groups:

Pediatric

Service Description:

Neuropsychological Assessment

Daniel Rexroth, Psy.D

Associate Professor/Neurology, Indiana University
541 Clinical Drive, Room CL 298
Indianapolis, IN 46202
Phone: (317) 274-7327

Age Groups:

Adult

Service Description:

Adult Neuropsychological Assessment

Dr. Paul J. Roberts

St. Joseph Hospital and Health Center
1907 West Sycamore
Kokomo, IN 46904-9010

Age Groups:

Pediatric (16 years on up)/Adult/Geriatric

Service Description:

Neuropsychological Evaluations for 16 year olds through Adult, Geriatric Population. Education/Forensic Neuropsychological/Psychological Evaluations, Guardianship, Competency. Psychotherapy for individuals, couples, families regarding brain injury. Populations served include stroke, Parkinson's, Traumatic Brain Injury, Alzheimer's, other neurological/neuropsychiatric disorders.

Types of Payment Accepted:

All major insurances, Medicare, Medicaid, Tricare

Neuropsychologists

Janel A. Rogers, Psy.D.

Parkview Health System
 Rehabilitation Unit-4 south addition
 2200 Randalia Drive
 Fort Wayne, IN 46805
 Phone: (260) 373-6458
 Fax: (260) 373-6470
 E-mail: janel.rogers@parkview.com

Age Groups:

Pediatric/Adult/Geriatric

Service Description:

In-patient and out-patient neuropsychological services (assessment and treatment)

Types of Payment Accepted:

Most insurance, Medicare, Medicaid

David S. Salisbury Psy.D, H.S.S.P.

Neuropsychologist
 Columbus Regional Hospital
 2400 East 17th Street
 Columbus, IN 47201
 Phone: (812) 376-5236
 Fax: (812) 376-5941

Michael Shain, Ph.D.

Community Health Network
 Hook Rehabilitation Center
 1500 North Ritter Avenue
 Indianapolis, IN 46219
 Phone: (317) 355-4268
 Fax: (317) 351-7708
 E-mail: mshain@ecommunity.com

Age Groups:

Adult/Geriatric

Service Description:

Neuropsychological assessment, individual and group psychotherapy, behavioral assessments, family consultation and education

Types of Payment Accepted:

All types

Polly Shepard, Psy.D., HSPP

The Memory Clinic of Indianapolis/Professional Psychological Services
 10293 N. Meridian St., Suite 375
 Indianapolis, IN 46290
 Phone: (317) 581-2288
 Fax: (317) 581-2295
 E-mail: pollyshepard@yahoo.com

Age Groups:

Adult/Geriatric

Service Description:

Neuropsychological assessment and treatment following brain injury and/or suspected neurological decline. Competency evaluations and biofeedback services also available.

Types of Payment Accepted:

Please call the office for a list of current insurance carriers.

Gwen Sprehn, Ph.D.

Neuropsychology, Indiana University
 541 Clinical Drive, Room CL 298
 Indianapolis, IN 46202
 Phone: (317) 274-7327

Age Groups:

Adult

Service Description:

Adult Neuropsychological Assessment

Les Suga, Ph.D.

Hook Rehabilitation Center
 1500 N. Ritter Avenue
 Indianapolis, IN 46219
 Phone: (317) 355-5946

Age Groups:

Adults/Geriatrics

Service Description:

Neuropsychological assessment and treatment, Dementia Screenings, Behavioral Management

Neuropsychologists

Lance Trexler, Ph.D., HSPP

Rehabilitation Hospital of Indiana
NeuroRehabilitation Center
9531 Valparaiso Court
Indianapolis, IN 46268
Phone: (317) 879-8940
Fax: (317) 872-0914
E-mail: lance.trexler@rhin.com

Age Groups:

Adolescent/Adult/Geriatric

Service Description:

Neuropsychological Assessment, Individual and Group Treatment, Family Consultation and Education. Practice limited to individuals with neurological disorders

Types of Payment Accepted:

All types

Frederick W. Unverzagt, Ph.D.

Director, Neuropsychology Clinic in Psychiatry
Indiana University School of Medicine
1111 W. 10th Street, Suite 100A
Indianapolis, IN 46202
Phone: (317) 278-4120

Age Groups:

Adult/Geriatric

Service Description:

Assessment, consultation, forensic

Types of Payment Accepted:

Most Commercial Insurance Plans, Medicare

Daniel J. Venezia, Jr., Ph.D.

Community Hospital North
7250 Clearvista Drive #260
Indianapolis, IN 46256
Phone: (317) 621-5049

Age Groups:

Pediatrics, Adults, Geriatrics

Service Description:

Neuropsychological Diagnostic Services

Types of Payment Accepted:

All types

Kriscinda Whitney, Ph.D., HSPP

Neuropsychologist
Psychiatry Ambulatory Care Clinic
Roudebush Veterans Affairs Medical Center
1481 W. 10th Street (116P)
Indianapolis, IN 46202
Phone: (317) 988-2006

Age Groups:

Adult/Geriatric

Service Description:

Neuropsychological Evaluation

Types of Payment Accepted:

Patients must be able to receive services at the Veterans Hospital. Contact Benefits at (317) 554-0000.

Neurosurgeons

Indiana Center for Neurosurgery

1400 North Ritter Ave, Suite 479
Indianapolis, IN 46219
Phone: (317) 355- 1020
Fax: (317) 355-1023

Indianapolis Neurosurgical Group

7250 Clearvista Drive, Suite 327
Indianapolis, IN 46256
Phone: (317) 396-1300
Toll free phone: 888-225-5464
Fax: (317) 841-7325
Web address: www.ingmdgroup.com

Gabrielle F. Morris, MD

P.O. Box 975
406 N 1st St.
Vincennes, IN 47591

Age Groups:

Pediatric/Adult/Geriatric

Neurosurgeons

Riley Hospital for Children

Jodi Smith, MD

Joel Boaz, MD

Department of Pediatric Neurosurgery

702 Barnhill Drive, room 1134

Indianapolis, IN 46202

Phone: (317) 274-8852

Fax: (317) 274-8895

Age Groups:

Birth to 18 years

Service Description:

Pediatric Neurosurgeon

Types of Payment Accepted:

All types

Other Resources and Additional Information

Adult Protective Services

Patrick Calkins

Indiana Division of Aging

402 West Washington, Room 454

Indianapolis, IN 46204

Phone: (317) 232-0125

Arc of Indiana

107 N. Pennsylvania St., Suite 300

Indianapolis, IN 46204

Phone: (317) 977-2375

Offers information on programs and services for persons with developmental disabilities.

Americans with Disabilities Act (ADA)

ADA is a comprehensive civil rights law that prohibits discrimination on the basis of disability.

The ADA defines disability as a physical or mental impairment which substantially limits one or more major life activities, having a record of such an impairment, or being regarded by others as having an impairment such as individuals with severe facial scarring. There are five Titles within ADA: Title I: Employment, Title II: State and Local Government, Title III: Places of Public Accommodations, Title IV: Telecommunications, and Title V: Miscellaneous Provisions. For General questions about ADA,

contact Great Lakes Disability & Business Technical Assistance Center (800) 949-4232 or (312) 413-7756, Indiana Protection and Advocacy Services (317) 722-5555 or (800) 622-4845, or The Governor's Planning Council for People with Disabilities (317) 232-7770

ATTAIN

2346 S. Lynhurst Dr., Suite 507

Indianapolis, IN 46241

(800) 528-8246

Provides information on assistive technology.

Indiana Family Helpline

(800) 433-0746

Indiana State Department of Health's toll free helpline that offers information on pregnancy, health care, Medicaid, substance abuse, support groups, job training, respite care, and other various topics.

Breaking New Ground

Indiana Directory of Disability Resources

www.breakingnewground.info

Phone: (800) 825-4646

Department of Child Services

402 West Washington

Indianapolis, IN 46204

Web address: dcs.in.gov

Phone: (317)234-4993

Connect2Help

Information and Referral Assistance

Dialing 211 enables callers in many Indiana counties to connect with a social services information and referral center.

Phone: 211

www.in211.org

Healthy Families Indiana

Department of Child Services

402 West Washington Street

Room W-364, MS08

Indianapolis, IN 46204

<http://www.in.gov/dcs/protection/hfisites.html>

Other Resources and Additional Information

Indiana Parent Information Network (IPIN)

4755 Kingsway Dr., Suite 105
Indianapolis, IN 46205
(800) 964-4746

Service Description:

Provides information for children with special needs. Information offered includes laws, services, and resources around the state of Indiana. Also provides information and training regarding child care, health care financing, and respite care.

Indiana Protection and Advocacy Services (IPAS)

4701 N. Keystone Avenue, Suite 222
Indianapolis, IN 46205
Phone: (317) 722-5555; Toll Free: (800) 622-4845
TTY: (800) 838-1131
Web site: www.in.gov.ipas

The IPAS mission is to protect and promote the rights of individuals with disabilities through empowerment and advocacy. IPAS may be able to assist in advocating for appropriate vocational rehabilitation services, appropriate treatment, free and appropriate public education, and employment, assistive technology, and freedom from discrimination, privacy, appropriate habilitation/rehabilitation services, and physical access to buildings. Every year IPAS represents hundreds of Hoosiers with disabilities in securing their rights to services and full community participation and helps thousands more through information, referral, education and training services to assist them in advocating for their own rights.

Indiana Sports Concussion Network (ISCN)

Headquarters: 99 South Dan Jones Road, Suite 200
Avon, IN 46123
Phone: (317) 571-8233
Fax: (317) 272-6491

Age Groups:

Pediatric/Adult

Service Description:

ISCN is dedicated to increasing awareness and promoting proper management of sports related concussions. We provide baseline ImPACT testing to Indiana High Schools and provide post-injury ImPACT tests to concussed athletes after a concussion. More information is available at our website: www.IndianaSportsConcussionNetwork.com.

Types of Payment Accepted:

Determined by physician's office or clinic. Most major insurances accepted.

National Program for Playground Safety

<http://www.uni.edu/playground/>

Rest Assured, LLC

2000 Greenbush Street
P.O. Box 6449
Lafayette, IN 47903-6449

Service Description:

This service provides electronic staff support and quick response system. Through the creative use of electronic sensors, speakers and microphones, a network o-cam, smoke detectors and persona-assistance systems, a home can be linked to a remote location where staff actively supports the living environment in real time.

United Way

www.unitedway.org

United Senior Action Family Caregiver Education & Empowerment Program

Phone: (317)634-0872

US Consumer Product Safety Commission

<http://www.cpsc.gov/>

Other Resources and Additional Information

University of Indianapolis

1400 E Hanna Ave.
Indianapolis, IN 46227
(317) 788-3523

Age Groups:

Adult

Service Description:

Krannert School of Physical Therapy Community Patient Resource Group
Indiana Resource Center for Independent Living (IRCIL)
2110 N. Capitol Ave.
Indianapolis, IN 46202
(800) 860-7181
Provides information and referral regarding disabilities and disability issues. Can give referrals to agencies that make design suggestions for home modifications including for-profit agencies.

Indiana Statewide Disability Information - Toll Free Numbers

About Special Kids (formerly IPIN)

(800) 964-4746; 317-257-8683

A "parent-to-parent" organization that works throughout the state to answer questions and provide support, information and resources to families with children with special needs.
Web site: www.aboutspecialkids.org

ADA Center (Great Lakes) (800) 949-4232

The Great Lakes ADA Center answers questions regarding the Americans with Disabilities Act and provides technical assistance and training to people with disabilities and businesses. Web site: www.adagreatlakes.org

The Arc of Indiana

(800) 382-9100; 317-977-2375

Advocates for people with intellectual and related developmental disabilities and their families. TheArcLink provides resources and advice on home and community-based services with detailed information on service providers via the Web site. Web site: www.arcind.org or www.TheArcLink.org

Area Agencies on Aging (and Disability) **(800) 986-3505**

Provides a broad range of in-home and community-based services to eligible older adults and persons of all ages with disabilities. This toll-free number will connect you to your local office.
Web site: www.iaaaa.org

ATTAIN (Assistive Technology) **(800) 529-8246; 317-486-8808**

Promotes access to technology-related services, through training, individual advocacy activities, individual case advocacy on funding issues, policy review and position statements.
Web site: www.ataininc.org

Breaking New Ground (BNG) **(800) 825-4264; 765-494-5088**

Provides information and resources for people with disabilities working in agriculture and rural families in Indiana who have been impacted by disabilities.
Web site: www.breakingnewground.info

Center for Disability Information & Referral **(800) 437-7924; 812-855-939**

Statewide referral services on disability, including providers, support groups, educational and residential facilities. Lends books and videos (part of the Indiana Institute on Disability and Community).
Web site: www.iidc.indiana.edu/cedir

Child Protective Services **(800) 800-5556**

Children's Special Health Care Services **(800) 475-1355**

Helps eligible families with children's medical expenses related to a disability or chronic health condition.
Web site: www.in.gov/isdh/programs/cshcs

Civil Rights Commission **(800) 628-2909; 317-232-2600**

Enforces Indiana civil rights laws, prohibiting discrimination in employment, housing, education, public accommodation and credit. This includes Fair Housing and many ADA provisions.
Web site: www.in.gov/icrc

Indiana Statewide Disability Information - Toll Free Numbers

Connect2Help 211

In central Indiana, dialing 211 will connect individuals 24/7 with Connect2Help for free and confidential information about human services.

Disability, Aging and Rehabilitative Services (800) 545-7763

The part of state government that assists eligible people with disabilities with a broad range of services, including residential and in-home services, vocational rehabilitation, employment, deaf and hard of hearing, blind and visually impaired, independent living, developmental disability programs and more.

Web site: www.in.gov/fssa/disability

Division of Exceptional Learners-Dept of Ed (877) 851-4106; 317-232-0570

Provides information on special education services and issues for individuals from ages 3-22.

Web site: www.doe.state.in.us/exceptional

Family Helpline (800) 433-0746

Telephone hotline through the Indiana State Department of Health. Responds to all categories of calls for assistance.

First Steps Early Intervention System (800) 441-7837; 317-232-1144

Refers families to community early intervention programs for children from birth through age 3, who are developmentally delayed or are at risk.

Web site: www.in.gov/fssa/first_step/

Hoosier Healthwise Hotline (800) 889-9949

Assists lower-income residents of Indiana by providing insurance coverage for health care services, including Hoosier Healthwise for Children.

Web site: www.healthcareforhoosiers.com

Indiana Institute on Disability and Community (800) 825-4733; 812-855-6508

Provides training, advocacy and research to support inclusive education; community living/membership;

integrated employment; and choice for people with disabilities and families.

Web site: www.iidc.indiana.edu

IN*SOURCE (Center for Families with Special Needs) (800) 332-4433; 219-234-7101

Provides families with information/training to help assure effective educational programs and appropriate services for children and young adults with disabilities. Links families with parents in their community who have been trained to help resolve special education issues and concerns.

Web site: www.insource.org

NAMI Indiana (National Alliance for Mentally Ill) (800) 677-6442; 317-925-9399

Provides family and consumer support and public education about people with psychiatric disabilities.

Web site: www.namiindiana.org

Protection and Advocacy Services (Indiana) (800) 622-4845; 317-722-5555

Assists people with disabilities to resolve disability-related problems including problems with services and access discrimination issues.

Web site: www.in.gov/ipas/

State Information Center (800) 457-8283; 317-233-0800

Provides general information and referral for all state government services, permits, licenses, etc. The Web site provides common links and an online listing of state agency telephone numbers.

Web site: www.help.in.gov

United Cerebral Palsy of Greater Indiana (800) 723-7620; 317-632-356

Provides information, referral, advocacy, diagnostic and treatment clinics, equipment funding and support services to people with cerebral palsy and their families throughout Indiana.

Vocational Rehabilitation (VR) (800) 545-7763 ext.1319; 317-232-1319

Provides education, training, assistive technology, placement and other services to help people with disabilities find employment. Refers to the local VR office.

Physiatrists – Physical Medicine and Rehabilitation Physicians

Dr. Ofelia MB Balmaseda

4812 S. 7th St.
Terre Haute, IN 47802
(812) 299-7422

Age Groups:

Pediatric/Adult

Service Description:

Acute Inpatient Rehab-Adults
Acute Inpatient Rehab-Peds
Outpatient Rehab-Adults
Outpatient Rehab-Peds
Physical Therapy

Types of Payment Accepted:

Private Insurance, Private Pay, Workers Comp, Developmental Disability, Vocational Rehab Funds, Veterans Assoc. Benefits, Medicaid, Medicare

Aashish A. Deshpande, MD

53760 Generations Drive
South Bend, IN 46635
Phone: (574) 247-4444
Fax: (574) 243-5555

Dr. Marc Duerden

Rehabilitation Association of Indiana
7950 N. Shadeland Ave., Suite 100
Indianapolis, IN 46250

Age Groups:

Pediatric/Adult/Geriatric

Service Description:

Clinical group of PMR physicians dedicated to improving function for individuals with disabilities.
Acute Inpatient Rehab-Adults
Acute Rehab Inpatient Rehab-Geriatric

Types of Payment Accepted:

Private Insurance, Private Pay, Workers Comp, Vocational Rehab Funds, Veteran's Assoc. Benefits, Medicaid, Medicaid Waiver, Medicare, CHOICE

Easter Seals Crossroads

Chuck Dietzen, MD
4740 Kingsway Drive
Indianapolis, IN 46205
Phone: (317) 466-2010
Fax: (317) 466-2000

Age Groups:

Pediatric/Adult/Geriatric

Service Description:

Physiatrist dedicated to serving children and adults on an outpatient basis.

Types of Payment Accepted:

Private Insurance, Private Pay, Workman's Compensation, Vocational Rehabilitation, Veterans Administration, Medicaid, Medicare

Catherine I. Hatvanti, MD & Mark Griffith, MD

2323 Ferry Street, Suite 203
Lafayette, IN 47904
Phone: (765)448-6064
Toll Free Phone: 866-448-6064

Hook Rehabilitation Center

Community Health Network
Rehabilitation Associates of Indiana-Indianapolis
Janine Sheppard, MD
7950 North Shadeland Ave., Suite 100
Indianapolis, IN 46250
Phone: (317) 588-7130
Fax: (317) 588-7133

Service Description:

Clinical Group of PMR physicians dedicated to improving function of individuals with disabilities.
Types of Payment Accepted: Private Insurance, Private Pay, Workers Compensation, Vocational Rehab Funds, Veterans Association Benefits, Medicaid, Medicaid Waiver, Medicare, CHOICE

Age Groups:

Pediatric/Adult/Geriatric

Allison Julian, MD

Service Specialty:

Acute Rehab, Behavior Management, Cognitive Retraining, Day Treatment, Outpatient Rehab

Physiatrists – Physical Medicine and Rehabilitation Physicians

Anthony Mimms, MD

Service Specialty:

Acute Inpatient Rehab-Adults, Post Acute Brain Injury Rehab – Young Adults, Adults, Coma Management, General Skills Rehabilitation

Amy Liu, MD

Service Specialty:

Acute Inpatient Rehab-Adults, Post Acute Brain Injury Rehab – Young Adults, Adults, Pain Management

J. Paul Kern, MD

Service Specialty:

PMG/NVC Testing, Independent Medical Evaluations

Nancy Lipson, MD

8333 Nabb Road, Suite 250
Indianapolis, IN 46260
Phone: (317) 396-1300
Fax: (317) 876-4070

Age Groups:

Adult/Geriatric

Service Description:

Acute Inpatient Rehabilitation, Cognitive Retraining and Outpatient Rehabilitation services.

Types of Payment Accepted:

Private Insurance, Workman's Compensation, Medicare

Nancy Lipson, MD

Rehabilitation Hospital of Indiana
4141 Shore Drive
Indianapolis, IN 46254
Phone: (317) 329-2000
Fax: (317) 329-2104

Service Description:

Acute Inpatient Rehabilitation, Cognitive Retraining and Outpatient Rehabilitation services.

Types of Payment Accepted:

Private Insurance, Workman's Compensation, Medicare

Pediatric & Adolescent Rehabilitation Physicians

At Clarian- Methodist & Riley Hospitals

Denise Carpenter, MD

Jennifer Crocker, MD

Kebtin Sobus, MD

Methodist Hospital

1701 N. Senate Boulevard

Indianapolis, IN 46202

Phone: (317) 962- 6470

Age Groups:

0-18 years

Service Description:

Pediatric physiatrists treat children with cerebral palsy, torticollis, brachial plexus injuries, brain injury, muscular dystrophy, spina bifida, spinal cord injury, neurological disorders with resultant motor dysfunction; spasticity management including oral medications and therapies, evaluations and management of intrathecal baclofen pumps, Botox injections evaluations and management for dorsal rhizotomy. They also provide assistance in the evaluation of children with developmental delays, motor and nerve dysfunction. The pediatric physiatrists prescribe any needed medical and therapeutic treatments required in relation to each child's needs. They also prescribe bracing and wheelchairs.

Types of Payment Accepted:

All types

Rehabilitation Associates of Indiana- Bloomington

Earl Craig, MD

717 South Rogers

Bloomington, IN 47403

Phone: (812) 337-0700

Fax: (812) 337-0714

Age Groups:

Pediatric/Adult/Geriatric

Service Specialty:

Diagnosis and treatment of problems of the musculoskeletal and neurological systems. Electro-diagnostic Medicine, rehabilitation of patients with severe impairments

Physiatrists – Physical Medicine and Rehabilitation Physicians

Rehabilitation Associates of Kentucky – Louisville

John Shaw, MD
220 Abraham Flexner Way, Suite 500
Louisville, KY 40202
Phone: (502) 584-3376
Fax: (502) 584-1385
E-mail: jshaw@rehabmds.net

Service Specialty:

Orthopedic and Physical Medicine and Rehabilitation physician dedicated to improving function for individuals with disabilities with a specialty in spasticity management.

Rehabilitation Associates, PSC

John Shaw, MD
Orthopedic Surgery and Psychiatry
3104 Blackiston Blvd.
New Albany, IN 47150
Phone: (812) 941-6156
Fax: (812) 941-6279
E-mail: rasihr@rehabmds.net

Age Groups:

Pediatric, Adult, Geriatric

Service Description:

Acute inpatient adults, pediatric and geriatrics, case management, cognitive rehabilitation, community re-entry, Day Hospital, Independent Living Skills Training, Neuropsychological Evaluations, outpatient rehabilitation in pediatric, adult and geriatrics, Physical, Occupational, Speech, and Recreational Therapy, and sub-acute care.

Types of Payment Accepted:

Private Insurance, Private Pay, Medicare, Medicaid, Medicaid Waiver, Workman's Compensation, Vocational Rehabilitation

Sigma Medical Group

Catherine Hatvanti, MD
2323 Ferry Street, Suite 203
Lafayette, IN 47904
Phone: (765) 448-6064
Toll free phone: (866) 448-6064
Fax: (765) 447-0484

Age Groups:

Pediatric/Adult/Geriatric

Service Description:

Physical Medicine and Rehabilitation

Veterans Health Administration Vocational Rehabilitation

Nabiha Gill, MD
Andrew Moser, MD
1481 West 10th Street
Indianapolis, IN 46202
Phone: (317) 988-2655
Fax: (317) 988-3312

Age Groups:

Adult

Service Description:

Acute Rehabilitation

Types of Payment Accepted:

Veterans Health Benefits

Psychiatrists

Dr. David Dunn, MD

Riley Hospital
702 Barnhill Drive
Indianapolis, IN 46202
Phone: (317) 274-8162

Age Groups:

Pediatric

Service Description:

Clinical group of PMR physicians dedicated to improving function for individuals with disabilities.
Acute Inpatient Rehab-Adults
Acute Rehab Inpatient Rehab-Geriatric

Types of Payment Accepted:

Private Insurance, Private Pay, Workers Compensation, Developmental Disability, Vocational Rehab Funds, Veterans Assoc. Benefits, Medicaid, Medicare

Psychologists

Dr. William Kronenberger

Riley Hospital for Children
702 Barnhill Dr., Room 3701
Indianapolis, IN 46202
(317) 274-8162

Angela R. Marshall, PsyD, HSPP

901 South Rogers Street, Suite 205
Bloomington, IN 47403
Phone: (812) 345-5114
Fax: (812) 339-0369
E-mail: armarshallpsyd@yahoo.com

Age Groups:

Adult/Geriatric

Service Description:

Evaluation and treatment of psychological issues related to grief, adjustment, depression, anxiety, sexuality and health

Types of Payment Accepted:

Most insurance plans, Private Pay

Recreation and Leisure

Breckenridge Outdoor Education Center

P.O. Box 697
Breckenridge, CO 80424
Phone: (970) 453-6422
Fax: (970) 453-4676
E-mail: boec@boec.org
Web address: www.boec.org

Age Groups:

All

Service Description:

BOEC is a national leader in experiential based education, offering adaptive outdoor education and adventures for people of all abilities. Their mission is to expand the potential of people with disabilities and special needs through meaningful, educational and inspiring outdoor experiences.

Disabled Sports

Web address: www.dsusa.org

Hook Rehabilitation Athletic Department

Community Hospital East
1500 N. Ritter Avenue
Indianapolis, IN 46219
Phone: (317) 355-5281
E-mail: karguello@ecomcommunity.com

Age Groups:

Adults

Service Description:

The Hook Athletics Program is active in sporting events and educational clinics including fishing, water skiing, bowling, billiards, snow skiing, power soccer, goal ball, boccia. Participants and their families have opportunities to get acquainted at social events including professional team events (Pacers, Fever, Indianapolis Ice, etc.) musicals, plays, casino night, mystery dinners, picnics, game night. Individuals participate as athletes, volunteers or sponsors.

Types of Payment Accepted:

Minimal charge or free

RHI Sports

Rehabilitation Hospital of Indiana
4141 Shore Drive
Indianapolis, IN 46254
Phone: (317) 329-2281
E-mail: rhisp@rhin.com
Web address: www.rhin.com/sports.htm

Age Groups:

Youth/Adult

Service Description:

RHI Sports offers competitive and non-competitive athletic opportunities for individuals with disabilities. Numerous sports and recreational clinics are offered throughout the year. Sports may include archery, basketball, bowling, billiards, canoeing, kayaking, rowing, fishing, golf, horseback riding, power soccer, quad rugby, rock climbing, scuba diving, snow skiing, swimming, tennis, track and field, water skiing, wheelchair racing, or white water rafting. Team opportunities exist as well including RHI Pacers, RHI Indy Quad Squad, RHI Wheelchair Racing, RHI Power Soccer Team, RHI Water Ski Team, RHI Golf Team and Beep Baseball Team.

Types of Payment Accepted:

The majority of the clinics are provided for a small cost to participants, generally \$5.00 a person.

Rehabilitation Hospitals & Centers

Arnett Clinic

2600 Ferry St.
Lafayette, IN 47904
Phone: (765) 448-8960

Age Groups:

Pediatric/Adult/Geriatric

Service Description:

In and Outpatient Rehabilitation
Spasticity Evaluation and Treatment

Types of Payment Accepted:

Private Insurance, Private Pay, Workers Comp,
Vocational Rehab Funds, Medicaid, Medicare

Balance Institute

7440 North Shadeland Avenue
Indianapolis, IN 46250
Phone: (317) 577-7333
Toll free phone: (800) 557-9987
Fax: (317) 577-3330

Age Groups:

Pediatric/Adult/Geriatric

Ball Memorial Hospital Physical Rehabilitation Center

2401 W. University Avenue
Muncie, IN 47303
Phone: (765) 747-4416
Fax: (765) 751-1335

Age Groups:

Adult/Geriatric

Service Description:

22-Bed Acute Inpatient Rehabilitation for Adults (CARF Accredited), 24-Bed Acute Ortho- Neuro Unit, Aquatic Therapy, Case Management, Community Re-Entry Program, Counseling Therapy, Driving evaluations, Independent Living Skills, Motion Analysis, Neuropsychological Evaluation, Occupational Therapy, Outpatient Rehabilitation for Adults and Pediatrics, Physical Therapy, Recreational Therapy, Speech/Language Therapy, Transitional Care Unit

Types of Payment Accepted:

Private Insurance, Private Pay, Workers Compensation, Medicaid, Medicare

Cardinal Health System/ Ball Memorial Hospital

2401 University Ave.
Muncie, IN 47303
(765) 747-3335

Center for Comprehensive Services (CCS) – Carbondale

306 West Mill Street
P.O. Box 2825
Carbondale, IL 62902
Toll free phone: (800) 582-4227, (800) 203-5394
Web address: www.mentorabi.com

Age Groups:

Pediatric/Adult/Geriatric

Service Description:

Center for Comprehensive Services (CCS) - Carbondale is a partner of MENTOR ABI. MENTOR ABI is a select group of local providers who specialize in post-acute rehabilitation for persons with acquired brain injury and other neurological disorders. We currently have programs in more than 10 states and service individuals from all parts of the country.

CCS-Carbondale Programs:

NeuroRehabilitation, NeuroBehavioral, Substance Abuse, Adolescent Integration (PHASES), Supported Living, Respite, Host Home, Day Treatment, Outpatient

Types of Payment Accepted:

Private insurance, Private Pay, Workers Compensation, Contingency Fees, Veterans Association Benefits, Medicaid (IL, KS, KY, IN, IA)

Rehabilitation Hospitals & Centers

Center for Comprehensive Services (CCS) – Kentucky

927 Tipton Lane
Paducah, KY 42001
Phone: (270) 444-0466
Toll free phone: (800) 203-5394
Web address: www.mentorabi.com

Age Group:

Adult

Service Description:

Center for Comprehensive Services (CCS) - Kentucky is a partner of MENTOR ABI. MENTOR ABI is a select group of local providers who specialize in post-acute rehabilitation for persons with acquired brain injury and other neurological disorders. We currently have programs in more than 10 states and service individuals from all parts of the country.

CCS-Kentucky Programs:

NeuroRehabilitation, NeuroBehavioral, Supported Living, Outpatient Services, Day Treatment, Respite
Types of Payment Accepted:
Kentucky Medicaid ABI Waiver, Private pay, Accident and Health Insurance, Workers compensation, Veterans Administration

Centre for Neuro Skills

3501 N. MacArthur Blvd., Suite 200
Irving, Texas 75062
(800) 554-5448

Age Groups:

Pediatric/Adult/Geriatric

Service Description:

Acute Inpatient Rehab-Adults
Acute Inpatient Rehab-Pediatric
Acute Inpatient Rehab-Geriatric
Outpatient Rehab-Adults/Peds/Geriatric

Types of Payment Accepted:

Private Pay

Christian Care Communities – Stepping Stones

12700 Shelbyville Road, The Ashland Building
Louisville, KY 40243
Phone: (502) 245-3774
Fax: (502) 254-8767

Age Groups:

18 years and older

Service Description:

Transitional residential and non-residential program for community reintegration.

Types of Payment Accepted:

Kentucky ABI Waiver, Workman's Compensation, Private Insurance, Private Pay

CNS – Center(s) for Neuro Skills

2658 Mt. Vernon Ave.
Bakersfield, CA 93306
Phone: (661) 872-3408

3501 N. Macarthur, Bldg. 200
Irving, TX 75062
Phone: (972) 580-8500

16542 Ventura Blvd., Suite 500
Encino, CA 91436
Phone: (818) 783-3800
www.neuroskills.com

Cognitive Connections

1678 Fry Road, Suite C
Greenwood, IN 46142
Phone: (317) 888-7420; (317) 258-7444

Age Groups:

Pediatric/Adult/Geriatric

Service Description:

Biofeedback, Hyperbaric Oxygen and cognitive training.

Rehabilitation Hospitals & Centers

Columbus Regional Hospital

2400 East 17th St.
Columbus, IN 47201
Phone: (812) 376-5179

Age Groups:

Pediatric/Adult/Geriatric

Service Description:

25 bed inpatient rehab unit
21 bed transitional care center
23 bed suite Ortho Neuro unit
Neuro day rehabilitation program
Neuropsychology,
Driving rehabilitation program

Types of Payment Accepted:

Private Insurance, Private Pay, Workers Comp,
Medicaid, Medicare

Comprehensive Neurologic Services

5250 East US 36, Suite 210
Avon, IN 46123
Phone: (317) 718-1355
Fax: (317) 718-1358

Age Groups:

Child/Adult

Types of Payment Accepted:

All major

Daviess Community Hospital Acute Rehab Unit

1314 E. Walnut St.
Washington, IN 47501
Phone: (812) 254-8881

Age Groups:

Adult/Geriatric

Service Description:

Acute Inpatient Rehab Adults/Geriatrics
Case Manage/Care Coordinator
Community Re-entry Program
Independent Living Skills Training
Occupational Therapy
Physical Therapy
Skilled Nursing Care
Vocational Therapy

Types of Payment Accepted:

Private Insurance, Private Pay, Workers Comp,
Medicaid, Medicare

Deaconess Hospital

600 Mary St
Evansville, IN 47747
Phone: (812) 450-3353

Age Groups:

Pediatric/Adult/Geriatric

Service Description:

Neuropsychological Evaluation
Occupational Therapy
Outpatient Rehab
Physical Therapy
Religious Support
Skilled Nursing Care
Speech/Language Therapy

Types of Payment Accepted:

Private Insurance, Private Pay, Workers Comp,
State Mental Health Funds, Medicaid, Medicaid
Waiver, Medicare

Easter Seals Crossroads

4740 Kingsway Drive
Indianapolis, IN 46205
Phone: (317) 466-2010
Fax: (317) 466-2000

Age Groups:

Pediatric/Adult/Geriatric

Service Description:

Easter Seals Crossroads provides comprehensive outpatient rehabilitation services for children and adults. In addition to Occupational, Speech, and Physical Therapy, we have specialized programs such as handwriting programs for children, low vision services, occupational health services, driver's evaluation and treatment and assistive technology.

Types of Payment Accepted:

Private Insurance, Private Pay, Workers
Compensation, Vocational Rehabilitation, Veterans
Administration, Medicaid, Medicare

Rehabilitation Hospitals & Centers

Fayette Memorial Hospital

1941 Virginia Ave.
Connersville, IN 47331
Phone: (765) 827-7900

Age Groups:

Pediatric/Adult/Geriatric

Service Description:

110 bed JCAHO Accredited County Hospital with a 16 bed acute rehab facility and full outpatient services including a warm water therapy pool.

Types of Payment Accepted:

Private Insurance, Private Pay, Workers Comp, Developmental Disability, Medicaid, Medicaid Waiver, Medicare

Gibson General Hospital

1808 Sherman Drive
Princeton, IN 47670
Phone: (812) 385-9259

Age Groups:

Pediatric/Adult/Geriatric

Service Description:

Balance Assessment
Case Manage/Care Coordinator
Chemical Dependence Treatment Outpatient
Cognitive Retrain/Program
Counseling/Therapy
Independent Living Skills Training
Modified Barium Swallow Studies
Neuropsychological Evaluation
Occupational Therapy
Outpatient Rehabilitation
Pediatric Therapy
Physical Therapy
Religious Support
Skilled Nursing Care
Speech/Language Therapy
Vision Therapy

Types of Payment Accepted:

Private Insurance, Private Pay, Workers Comp, Developmental Disability, State Mental Health Funds, Vocational Rehab Funds, Veteran's Assoc. Benefits, Medicaid, Medicaid Waiver, Medicare, CHAMPUS, CHAMPVA

Health South Deaconess Rehabilitation Hospital

4100 Covert Avenue
Evansville, IN 47714
Phone: (812) 476-9983
Toll free: (800) 677-3422
Fax: (812) 476-4270

Age Groups:

13 years and above

Service Description:

HealthSouth Deaconess Rehabilitation Hospital offers a comprehensive Neurospeciality Program. This program includes a highly structured environment with a secured unit. Care is provided by an interdisciplinary team approach and is directed by a psychiatrist who specializes in treating brain injury patients. HealthSouth provides the latest in advanced technology including the AutoAmbulator, NessH200, NessL300, and VitalStim. HealthSouth, a higher level of care.

Types of Payment Accepted:

Medicare, IN and IL Medicaid, most commercial insurances, and scholarships on a case by case basis.

Hook Rehabilitation Center

Community Health Network
1500 N. Ritter Avenue
Indianapolis, IN 46219
Hook Admissions Phone: (317) 355-5946

Age Groups:

Adult/Geriatric

Service Description:

Acute Inpatient Rehabilitation - Adults
Acute Inpatient Rehabilitation - Geriatrics
Behavioral Manage/Program
Case Manage/Care Coordinator
Chemical Dependence Treatment - Inpatient
Chemical Dependence Treat -Outpatient
Cognitive Retrain/Program
Community Re-entry Program
Counseling Therapy
Craniosacral Therapy
Day Treatment
Driving Evaluation/Education
Independent Living Skills Training

Rehabilitation Hospitals & Centers

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Medical Equipment
 Neuropsychological Evaluation
 Occupational Therapy
 Outpatient Rehabilitation - Adults
 Outpatient Rehabilitation - Pediatrics
 Outpatient Rehabilitation - Geriatrics
 Physical Therapy
 Recreational Therapy
 Religious Support
 Semi-independent Living Program
 Skilled Nursing Care
 Speech/Language Therapy
 Vocational Counseling

Types of Payment Accepted:

Private Insurance, Private Pay, Workers Comp, Contingency Fees, Vocational Rehab Funds, Medicaid, Medicaid Waiver, Medicare, CHOICE

Howard Regional Health System

829 N. Dixon Road
 Kokomo, IN 46901
 Phone: (765) 454-4507

Age Groups:

Adult/Geriatric

Service Description:

Inpatient and outpatient rehabilitation services for ages 14 and older.

Acute Inpatient Rehabilitation
 Case Manage/Care Coordinator
 Day Treatment
 Neuropsychological Evaluation
 Occupational Therapy
 Physical Therapy
 Speech/Language Therapy
 Transportation Service

Types of Payment Accepted:

Private Insurance, Private Pay, Workers Comp, Medicaid, Medicare

Indiana University Acute Rehabilitation Center at Wishard

1001 West 10th Street
 Indianapolis, IN 46202
 Phone: (317) 287-3774
 Fax: (317) 655-3832

Age Groups:

Pediatric/Adult/Geriatric

Service Description:

Comprehensive Inpatient Rehabilitation Services and Outpatient Therapy Services

Types of Payment Accepted:

All payors, plus Wishard Advantage may be available for patients meeting financial guidelines

Jasper County Hospital

1104 E. Grace Street
 Rensselaer, IN 47978
 Phone: (219) 866-5141

Age Groups:

Pediatric/Adult/Geriatric

Service Description:

Driving Evaluation (CBDI)
 Occupational Therapy
 Outpatient Rehabilitation
 Physical Therapy
 Speech/Language Therapy

Types of Payment Accepted:

Private Insurance, Private Pay, Workers Comp, Medicaid, Medicaid Waiver, Medicare

Memorial Hospital of South Bend

615 N. Michigan
 South Bend, IN 46601
 Phone: (574) 647-6576 (Director)
 Phone: (574) 647-2600 (Outpatient Services)
 Web address: www.qualityoflife.org
 Contact: Margaret Sak, Clinical manager, Outpatient
 E-mail: mask@memorialsb.org

Age Groups:

13 years and up (Adolescent, Adult, Geriatric)

Service Description:

Neuropsychology, Occupational Therapy, Physical Therapy, Rehab Nursing, Social Work, Speech/Language Pathologist, Therapeutic Recreation, Psychiatry

Rehabilitation Hospitals & Centers

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Facility Services:

Level II Trauma Center (air ambulance), Community Based program, Case Management, Community Re-entry, Medical Inpatient Program, Outpatient Medical Rehabilitation, School Re-entry.

Service Specialties:

Brain Injury and Stroke Rehabilitation, Driver Evaluation and Rehabilitation, Psychological services, Pool Therapy

Types of Payment Accepted:

Private Insurance, private pay, Vocational Rehabilitation funds, Medicare, Medicaid, some Medicaid Waiver Programs

The Memory Clinic of Indianapolis/ Professional Psychological Services

10293 North Meridian Street, Suite 375

Indianapolis, IN 46290

Phone: (317) 581-2288

Fax: (317) 581-2295

E-mail: propsychserv@aol.com

Age Groups:

Pediatric/Adult/Geriatric

Service Description:

PPS is a longstanding group practice of experienced clinicians, each with a different area of specialty to serve the needs of Central Indiana residents. PPS professionals provide a wide array of Neuropsychological and Psychological services both with an emphasis on quality and integrity.

Meridian Health Group – Pain Care

12772 Hamilton Crossing Blvd.

Carmel, IN 46032

Phone: (317) 814-1000

Fax: (317) 814-1015

E-mail: terri@meridianhealthgroup.com

Age Groups:

Adult/Geriatric

Service Description:

Mild Hyperbaric Oxygenation Chamber.
Occupational Therapy for chronic pain, Cranial

Sacral, EMG Biofeedback, posture and body mechanics training, life management skills training. Physical Therapy for neuromuscular re-education, balance and coordination training, cognitive skills; and gait training. Psychologically-based treatment available for patient and family.

Types of Payment Accepted:

Most insurance companies and private pay

Methodist Hospitals Rehabilitation Center

303 East 89th Avenue

Merrillville, IN 46410

Phone: (219) 738-3500

Fax: (219) 738-6624

E-mail: gpereira@methodisthospitals.org

Age Groups:

Adult/Geriatric

Service Description:

Acute Inpatient Rehabilitation

Art Therapy

Behavioral Manage/Program

Case Manage/Care Coordinator

Chemical Dependence Treatment

Cognitive Retrain/Program

Community Re-entry Program

Independent Living Skills Training

Occupational Therapy

Outpatient Rehabilitation

Physical Therapy

Recreation Therapy

Speech/Language Therapy

Types of Payment Accepted:

Private Insurance, Private Pay, Workers Comp, Medicaid, Medicaid Waiver, Medicare, CHOICE

Parkview Hospital

2200 Randallia Dr.

Fort Wayne, IN 46805

Phone: (260) 373-6404

Toll Free Phone: (888) 480-5151

Fax: (260) 373-4548

Website: www.Parkview.com

Age Groups:

Pediatric/Adult/Geriatric

Service Description:

Acute Inpatient Rehabilitation

Rehabilitation Hospitals & Centers

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Aquatic Therapy
 Behavioral Manage/Program
 Case Manage/Care Coordinator
 Cognitive Retrain Program
 Community Re-entry Program
 Counseling Therapy
 Driving Evaluation/Education
 Independent Living Skills Training
 Medical Equipment
 Neuropsychological Evaluation
 Occupational Therapy
 Outpatient Rehabilitation
 Physical Therapy
 Recreation Therapy
 Religious Support
 Speech/Language Therapy

Types of Payment Accepted:

Private Insurance, Private Pay, Workers Comp, Medicaid, Medicare

Pediatric Physical Medicine and Rehabilitation

1701 N. Senate Blvd.
 Indianapolis, IN 46202
 Phone: (317) 962-5302

Age Groups:

Pediatric

Service Description:

Acute Inpatient Rehabilitation - Pediatrics
 Behavioral Manage/Program
 Case manage/Care Coordinator
 Cognitive Retrain/Program
 Community Re-entry Program
 Counseling/Therapy
 Day Treatment
 Medical Equipment
 Music Therapy
 Neuropsychological Evaluation
 Occupational Therapy
 Outpatient Rehabilitation - Pediatrics
 Physical Therapy
 Recreation Therapy
 Religious Support
 Speech/Language Therapy

Orthotics (splints and braces)

Types of Payment Accepted:

Private Insurance, Private Pay, Developmental Disability, Vocational Rehab Funds, Medicaid, Medicaid Waiver, Medicare, CHOICE

Quality Living, Inc.

6409 North 70th Plaza
 Omaha, NE 68104
 Phone: (402) 573-3770

Age Groups:

Adult

Service Description:

Provides specialized rehabilitation services for individuals with brain injuries or severe physical disabilities. Uses a unique tri-dimensional rehabilitation process that includes basic health care, applied and functional programming, and building hope while accepting reality.

Listing of Services:

Behavioral Management
 Case Management
 Day Treatment
 Independent Living Skills Training
 Long Term Residential
 Neuropsychological Evaluation
 Occupational Therapy
 Outpatient Rehabilitation
 Physical Therapy
 Recreation Therapy
 Religions Support
 Skilled Nursing Care
 Speech Therapy
 Vocational Counseling
 Vocational Therapy

Types of Payment Accepted:

Private Insurance, Private Pay, Workers Comp, Medicaid

Rehabilitation Hospitals & Centers

Rainbow Rehabilitation

P.O. Box 970230
Ypsilanti, MI 48197-0804
Phone: (734) 482-1200
Fax: (877) 624-6269

Age Groups:

Pediatric/Adult/Geriatric

Service Description:

Brain and Spinal Cord Injury rehabilitation services for adults, children, and adolescents - available on a residential, outpatient and day treatment basis.

Listing of Services:

Behavioral manage/program
Case Manage/Care Coordinator
Chemical Dependence Treatment - Inpatient and Outpatient
Cognitive Retrain/ Program
Community Re-entry Program
Counseling Therapy
Day Treatment
Group Homes
Independent Living Skills Training
Long Term Residential
Occupational Rehabilitation - Therapy
Physical Therapy
Recreation Therapy
Respite Care
Speech/Language Therapy
Supportive Employment
Support/Assisted Living
Transportation Service
Vocational Counseling and Therapy

Types of Payment Accepted:

Indiana Medicaid - TBI Waiver, Worker's Compensation, Private Pay, select private insurances

Rehabilitation Center at St. Catherine Hospital

4321 Fir Street
East Chicago, IN 46312
Phone: (219) 392-7630
Fax: (219) 392-7640
E-mail: jorange@comhs.org

Age Groups:

Adult/Geriatric

Service Description:

25 bed intensive in-patient rehabilitation unit: JCAHO and CARF certified facility; affiliate of Community Healthcare Systems; provided individualized rehabilitation plan with input from highly skilled clinical team of rehabilitation physicians, nurses, physical, occupational, and speech therapists; team approach includes input from psychologist, dietician and social worker as needed.

Rehabilitation Hospital of Fort Wayne

7970 W. Jefferson Blvd.
Fort Wayne, IN 46815
Phone: (260) 434-7178

Age Groups:

Adults/Geriatrics

Service Description:

Acute Inpatient Rehabilitation - Adults
Acute Inpatient Rehabilitation - Geriatric
Case Management
Cognitive Retrain
Community Re-entry
Day Treatment
Driving Evaluation
Neuropsychological Evaluation
Occupational Therapy
Outpatient Rehabilitation - Adult
Outpatient Rehabilitation - Geriatrics
Physical Therapy
Recreation Therapy
Speech Therapy
Transportation Service

Types of Payment Accepted:

Private Insurance, Private Pay, Workers Comp, Vocational Rehab Funds, Veterans Association Benefits, Medicaid, Medicare, CHOICE

Rehabilitation Hospitals & Centers

Rehabilitation Hospital of Indiana

4141 Shore Dr.
Indianapolis, IN 46254
Phone: (317) 329-2000
Web address: www.rhi.com

Age Groups:

Young Adult/ Adult /Geriatric

Service Description:

Acute Inpatient Rehabilitation - Adults, Geriatrics
Case Management
Cognitive Retrain
Community Re-entry
Counseling
Day Treatment
Driving Evaluation
Neuropsych Evaluation
Occupational Therapy
Outpatient Rehab - Adults, Geriatrics
Physical Therapy
Recreation Therapy
Speech Therapy
Supportive Employment
Transportation Service

Types of Payment Accepted:

Private Insurance, Private Pay, Workers Comp,
Vocational Rehab Funds, Medicaid, Medicare

Reid Hospital and Health Care Services

1401 Chester Blvd.
Richmond, IN 47374
Phone: (765) 983-3000

Age Groups:

Adult/Pediatric/Geriatric

Service Description:

Acute Inpatient Rehabilitation
Behavioral Management
Chemical Dependency Treatment
Cognitive Retrain
Community Re-entry
Counseling
Independent Living Skills training
Occupational Therapy
Outpatient Rehabilitation
Physical Therapy
Skilled Nursing Care
Speech Therapy
Resource Directory

Types of Payment Accepted:

Private Insurance, Private Pay, Workers Comp,
Developmental Disability, Vocational Rehab Funds,
Veteran Assoc. Benefits, Medicaid, Medicaid
Waiver, Medicare

ResCare Premier

P.O. Box 853
Saline, MI 48176
Phone: (734) 439-8670

Age Groups:

Pediatric/Adult/Geriatric

Service Description:

Adult Daycare
Art Therapy
Assisted Living
Behavioral Management
Case Management
Chemical Dependence Treatment
Cognitive Retrain
Community Re-entry
Counseling Therapy
Day Treatment
Driving Evaluation
Group Homes
Independent Living Skills Training
Long Term Residential
Music Therapy
Neuropsych Evaluation
Occupational Therapy
Outpatient Rehab
Physical Therapy
Recreation Therapy
Religious Support
Respite Care
Skilled Nursing Care
Speech Therapy
Supportive Employment
Vocational Counseling
Vocational Therapy

Types of Payment Accepted:

Private Insurance, Private Pay, Workers Comp,
Contingency Fees, Developmental Disability, State
Mental Health Funds, Vocational Rehab Funds,
Veteran Assoc. Benefits, Medicaid, Medicaid
Waiver, Medicare

Rehabilitation Hospitals & Centers

Rodebush Veterans Administration Medical Center

Andrew Moser, MD
 Medical Director for RITS/PolyTrauma Rehabilitation
 Center - Acute
 1481 West 10th Street
 Indianapolis, IN 46202
 Phone: (317) 988-2655
 Fax: (317) 988-3312

Age Groups:

Adult

Service Description:

Acute Rehabilitation

Types of Payment Accepted:

Veterans Health Benefits

Southern Indiana Rehab Hospital

3104 Blacksiton Blvd.
 New Albany, IN 47150
 (812) 941-6142

Age Groups:

Pediatric/Adult/Geriatric

Service Description:

Acute Inpatient Rehabilitation - Adults, Pediatrics,
 Geriatrics
 Case Management
 Cognitive Retrain
 Community Re-entry
 Day Treatment
 Driving Evaluation
 Independent Living Skills Training
 Neuropsychological Evaluation
 Occupational Therapy
 Outpatient Rehabilitation - Adults, Pediatrics,
 Geriatrics
 Physical Therapy
 Recreation Therapy
 Speech Therapy
 Transportation Service

Types of Payment Accepted:

Private Insurance, Private Pay, Workers Comp,
 Vocational Rehab Funds, Veteran Association Benefits,
 Medicaid, Medicaid Waiver, Medicare, CHOICE

Southern Indiana Resource Solutions

1576 South Folsomville Road
 Booneville, IN 47601
 Phone: (812) 634-2617

St. Elizabeth Regional Health

1260 North 17th
 Lafayette, IN 47904
 Phone: (765) 423-6885
 Toll free phone: (800) 371-6011
 Fax: (765) 423-6099

Age Groups:

Pediatric/Adult/Geriatric

Service Description:

St. Elizabeth outpatient services offer Physical
 Therapy, Occupational Therapy, and Speech Therapy
 for pediatric, adult and geriatric clients. We
 have therapists certified in neurodevelopmental
 treatment and treatment of vestibular disorders.
 Our neurological team addresses balance, mobility
 and motor control issues related to head trauma.
 We have a Litegait system available for gait training
 and computerized dynamic posturography for
 assessment and treatment of balance disorders.
 Our low vision program offers assistance to
 individuals with visual impairments that cannot
 be corrected by conventional methods. Our
 wheelchair clinic has specially trained therapists
 who address wheelchair safety and assist with
 ordering and replacing wheelchairs to improve or
 maintain overall mobility.

Types of Payment Accepted:

All commercial insurance, Medicare, Medicaid.

St. Joseph Regional Medical Center – IRF

801 East LaSalle Avenue
 South Bend, IN 46617
 Phone: (574) 237-7314
 E-mail: schnaita@sjrmc.com

Age Groups:

Adult/Geriatric

Service Description:

JCAHO & CARF Certified, Comprehensive General
 Rehab, Brain Injury Specialty Cert. Services: Acute
 Inpatient Rehab (Adults and Geriatrics), Case
 Management, Cognitive Retraining, Community

Rehabilitation Hospitals & Centers

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RE-entry, Counseling, Outpatient Adult and Geriatric Rehab, Brain Injury Specialty Rehab, Neuropsychiatric Evaluation and Treatment, Occupational, Physical, Recreational, Speech Therapies, Rehabilitation Nursing, Dialysis, Easy Street

Types of Payment Accepted:

Medicaid, Medicare, Commercial, Self-pay, Managed Care and PPO

St. Margaret Mercy Healthcare Centers

5454 Hohman Ave.
Hammond, IN 46320
Phone: (219) 933-2010
Fax: (219) 852-2413
Web address: www.ssmhc.com

Age Groups:

Pediatric/Adults-Geriatric

Service Description:

Outpatient Physical Therapy, Aquatic Therapy

Types of Payment Accepted:

Private Insurance, Private Pay, Workers Comp, Veteran Association Benefits, Medicaid, Medicare

St. Mary Medical Center

1500 Lake Park Avenue
Hobart, IN 46342
(219) 947-6345

Age Groups:

Adult/Geriatric

Service Description:

Acute Inpatient Rehabilitation - Adults and Geriatrics
iCase Management
Community Re-entry Program
Neuropsych Evaluation
Occupational Therapy
Outpatient Rehabilitation - Adults and Geriatrics
Physical Therapy
Speech Therapy

Types of Payment Accepted:

Private Insurance, Workers Comp, Veteran Association Benefits, Medicare

Therapy Alternatives and Rehab Service

1818 North Third St.
Terre Haute, IN 47804
Phone: (812) 478-9494

Age Groups:

Pediatric/Adults-Geriatric

Service Description:

Physical Therapy and Aquatic Therapy

Types of Payment Accepted:

Private Insurance, Private Pay, Workers Comp, Vocational Rehab Funds, Medicaid, Medicare

Union Hospital Medical Rehabilitation

1606 N. 7th St.
Terre Haute, IN 47804
Phone: (812) 238-4645

Age Groups:

Adults/Geriatrics

Service Description:

Acute Inpatient Rehabilitation - Adults and Geriatrics
Behavioral Management
Cognitive Retrain
Community Re-entry
Driving Evaluation
Neuropsych Evaluation
Occupational Therapy
Physical Therapy
Recreation Therapy
Speech Therapy

Types of Payment Accepted:

Private Insurance, Private Pay, Workers Comp, Medicaid, Medicare

Wabash Valley Hospital

2900 North River Road
West Lafayette, IN 47906
Phone: (765) 497-2002
Fax: (765) 497-4416

Age Groups:

Pediatric/Adult/Geriatric

Service Description:

School based case management, counselors and in-patient and out-patient services

Rehabilitation Hospitals & Centers

Whitewater Valley Rehabilitation

1475 State Rd. 44 East
Connersville, IN 47331
Phone: (765) 825-8099

Age Groups:

Pediatric/Adult/Geriatric

Service Description:

Case Management
Occupational Therapy
Outpatient Rehabilitation - Adults, Geriatrics and Pediatrics
Physical Therapy
Speech Therapy

Types of Payment Accepted:

Private Insurance, Private Pay, Workers Comp, Vocational Rehab Funds, Medicaid, Medicaid Waiver, Medicare

Speech Therapists

Indiana University Speech & Hearing Clinic

Rebecca Eberle MA, CCCSLP, BC-NCD
Laura Karcher, MA, CCCSLP
200 S. Jordan Ave.
Bloomington, IN 47405
Phone: (812) 855-2912
Fax: (812) 855-5561
Web site: www.indiana.edu/~sphs/clin-speech-serv.html

Age Groups:

Pediatric/Adult/Geriatric

Service Description:

Individual, group therapy and support group.
Comprehensive diagnostic evaluations.

Types of Payment Accepted:

Vocational Rehabilitation Funds, Medicaid, Worker's Compensation, Sliding fee scale available as needed

Peg Magirin, M.Ed., CCC-SLP, Speech Pathologist

3320 North Clinton Street
Fort Wayne, IN 46805
Phone: (260) 483-2100; ext. 229
Fax: (260) 484-5059

Age Groups:

Pediatric/Adult/Geriatric

Service Description:

Pediatric Services – Speech/Language Evaluations Only
Adult/Geriatric Services – Provide Speech/Language/Cognitive Evaluation and Therapy

Types of Payment Accepted:

Private Pay and Insurance (No Medicare)

Supportive Services

Achieva Resources

800 Mendleson Drive
P.O. Box 1252
Richmond, IN 47375
Phone: (765) 966-0502

Age Groups:

Pediatric/ Adult/ Geriatric

Service Description:

Children and adult developmental activities

Types of Payment Accepted:

Medicaid, Medicaid Waiver, Medicare

AWS

2826 S. Calhoun St.
Fort Wayne, IN 46807
Phone: (260) 744-6145

Age Groups:

Pediatric/ Adult/ Geriatric

Service Description:

Group Home
Supportive Employment
Support/Assisted Living

Types of Payment Accepted:

Medicaid, Medicaid Waiver, SS Waiver

Supportive Services

Center for Comprehensive Services (CCS) – Carbondale

306 West Mill Street
P.O. Box 2825
Carbondale, IL 62902
Toll free phone: (800) 582-4227, (800) 203-5394
Web address: www.mentorabi.com

Age Groups:

Pediatric/Adult/Geriatric

Service Description:

Center for Comprehensive Services (CCS) - Carbondale is a partner of MENTOR ABI. MENTOR ABI is a select group of local providers who specialize in post-acute rehabilitation for persons with acquired brain injury and other neurological disorders. We currently have programs in more than 10 states and service individuals from all parts of the country.

CCS-Carbondale Programs:

NeuroRehabilitation, NeuroBehavioral, Substance Abuse, Adolescent Integration (PHASES), Supported Living, Respite, Host Home, Day Treatment, Outpatient

Types of Payment Accepted:

Private insurance, Private Pay, Workers Compensation, Contingency Fees, Veterans Association Benefits, Medicaid (IL, KS, KY, IN, IA)

Center For Comprehensive Services (CCS) – Kentucky

927 Tipton Lane
Paducah, KY 42001
Phone: (270) 444-0466
Toll free phone: (800) 203-5394
Web address: www.mentorabi.com

Age Group:

Adult

Service Description:

Center for Comprehensive Services (CCS) - Kentucky is a partner of MENTOR ABI. MENTOR ABI is a select group of local providers who

specialize in post-acute rehabilitation for persons with acquired brain injury and other neurological disorders. We currently have programs in more than 10 states and service individuals from all parts of the country.

CCS-Kentucky Programs:

NeuroRehabilitation, NeuroBehavioral, Supported Living, Outpatient Services, Day Treatment, Respite

Types of Payment Accepted:

Kentucky Medicaid ABI Waiver, Private pay, Accident and Health Insurance, Workers compensation, Veterans Administration

Central Indiana Brain Injury Clubhouse

9531 Valparaiso Court, Suite A
Indianapolis, IN 46268
Phone: (317) 356-7722
Web address: <http://www.cibiclubhouse.org>
E-mail: info@cibiclubhouse.org

Age Groups:

Adult

Service Description:

The Central Indiana Brain Injury Clubhouse is currently in the process of securing funds and developing programs to address social and vocational needs through a collaborative partnership of people with Brain injuries, family members, professionals, and the community.

Damar Services, Inc.

6324 Kentucky Ave.
Indianapolis, IN 46113
(317) 856-5201

Age Groups:

Pediatric/Adult/Geriatric

Service Description:

Behavioral Management/Program, Case Manage/ Care Coordinator, Community Re-entry Program, Counseling/Therapy, Day Treatment, Group Homes, Health Care Consultation, Respite Care.

Types of Payment Accepted:

Private Pay, Developmental Disability, State Mental Health Funds, Medicaid, Medicaid Waiver, Choice

Supportive Services

Easter Seals Crossroads

4740 Kingsway Drive
Indianapolis, IN 46205
Indianapolis, IN 46205
Phone: (317) 466-2010
Fax: (317) 466-2000

Age Groups:

Pediatric/Adult

Service Description:

Easter Seals Crossroads provides support services for individuals with disabilities and their families. Services include supportive counseling, low vision support groups in Marion, Hendricks and Johnson Counties. We also offer support opportunities for siblings of children with disabilities.

Types of Payment Accepted:

No fee for this service.

Families for HoPE, Inc.

1219 N. Wittfield Street
Indianapolis, IN 46229
Phone: (317)898-5556

Age Groups:

Pediatric

Service Description:

Families for HoPE, Inc. serves families of children diagnosed with Holoprosencephaly (HPE) through parent-to-parent support (including grief/loss support), educational and reference materials, national family conferences, and public awareness programs.

Types of Payment:

N/A

Hamilton's Assistive Technology

8132 Woodland, Dr.
Indianapolis, IN 46278
Phone: (317) 824-7100

Age Groups:

Pediatric/Adult/Geriatric

Service Description:

Medical Equipment

Types of Payment Accepted:

Private Insurance, Private Pay, Workers Comp, Developmental Disability, Vocational Rehab Funds, Veteran's Assoc. Benefits, Medicaid, Medicaid Waiver, Medicare, Choice

Health Evolutions

9000 Keystone Crossing, Suite 200
Indianapolis, IN 46240
Phone: (327) 815-0801

Service Description:

Health Care Consultation

Indianapolis Brain Tumor Support Group 27349

Regional Cancer Center
Community Hospital North
Indianapolis, IN 46256
Contact: Mike Kempf (317) 842-1229
E-mail: m.w.kempf@sbcglobal.net
Contact: Marcia Cline, RN (317) 355-5689

New Care Therapies

P.O. Box 1263
Shelbyville, KY 40066
Toll Free: (800) 432-6249

Service Description:

Distributes the Vail Bed

Opportunity Enterprises

2801 Evans Ave.
Valparaiso, IN 46383
Phone: (219) 464-9621

Age Group Providers:

Pediatric/Adult/Geriatric

Service Description:

Promote self-sufficiency for challenged individuals. Supportive employment, support/assisted living, transportation service, vocational therapy.

Types of Payment Accepted:

Private Pay, Developmental Disability, Vocational Rehab Funds, Medicaid, Medicaid Waiver

Supportive Services

ResCare Premier

288 Anderson Street
Milan, MI 48160
Phone: (734)439-8672
Fax: (734)439-8674

Age Groups:

Adult/Geriatric; 18 to 65 years

Service Description:

ResCare Premier's Residential Rehabilitation Continuum is dedicated solely to the treatment of individuals with acquired brain injury

Types of Payment Accepted:

Private pay, auto insurance

Southern Indiana Resource Solutions

1576 S. Folsomville Rd.
Boonville, IN 47601
Phone: (812) 634-2617

Age Groups:

Adult

Service Description:

Independent living skills training, supportive employment, transportation service.

Types of Payment Accepted:

Private Insurance, Private Pay, Workers Comp, Developmental Disability, State Mental Health Funds, Veteran's Assoc. Benefits, Vocational Rehab Funds, Medicaid Waiver, Choice

Therapeutic Horseback Riding

Agape Therapeutic Riding Resources, Inc

24950 Mt. Pleasant Rd.
Cicero, IN 46034
Phone: (317) 773-7433
Fax: (317) 984-9103
Website: www.agaperiding.org

Age Groups:

Pediatric/Adult/Geriatric

Service Description:

Therapeutic horseback or carriage driving lessons.

Types of Payment Accepted:

Private Pay, Developmental Disability

Bright Hope Riders Therapeutic Riding Program

6010 E. Devonald
Terre Haute, IN 47805
Phone: (812) 235-3399

Age Groups:

Pediatric/Adult/Geriatric

Service Description:

Provides recreational horseback riding for persons with special needs. Instructors are NARHA registered.

Types of Payment Accepted:

Private Insurance, Private Pay, Medicaid Waiver

Camp Red Cedar

3900 Hursh Road
Fort Wayne, IN 46845
Phone: (260) 637-3608

Age Groups:

Pediatric/Adult

Service Description:

Therapeutic Riding
Summer Camp
Summer Adult Retreats
Respite Care

Types of Payment Accepted:

Developmental Disability, Medicaid Waiver, CHOICE

Exceptional Equestrians Unlimited

3702 Harmony Ct.
Valparaiso, IN 46383
Phone: (219) 945-0726

Age Groups:

Pediatric (age 5+) /Adult

Service Description:

Therapeutic horseback riding program

Types of payment:

Registration Fee ONLY. Lessons are free.

Therapeutic Horseback Riding

Lennon & Associates, P.C.

2633 E. 136th St.
Carmel, IN 46032
Phone: (317) 575-9645

Age Groups:

Pediatric/Adult

Service Description:

An outpatient, multi-disciplinary group practice serving children, adolescents, adults, and families. The primary focus is on individuals with emotional and behavioral problems including those with brain injuries.

Services offered included Art Therapy , Counseling, Neuropsychological Evaluation
Outpatient Rehab, Religious Support, Respite care
Therapeutic Riding, Vocational Counseling
Educational Rehab

Types of Payment Accepted:

Private Pay

Northern Indiana Handicapped Riding Association

P.O. Box 81
Donaldson, IN 46513
Phone: (574) 936-3517

Age Groups:

Pediatric/Adult

Service Description:

Therapeutic Riding

Types of Payment Accepted:

Private Pay

PALS – People & Animal Learning Service

P.O. Box 1033
Bloomington, IN 47402
Phone: (812)336-2798
Email: pals@indiana.edu
Website: www.palstherapy.org

Age Groups:

Pediatric/Adult/Geriatric

Service Description:

Provides therapeutic riding and hippo therapy services to children and adults with disabilities.

Types of Payment Accepted:

PALS will not file insurance claims for clients. Clients are responsible for paying at the time of service.

PS.U./Iron Horse Therapeutic

Phone: (574) 320-5622

Age Groups:

Pediatric/Adult

Service Description:

Cognitive Retrain
Day Treatment
Occupational Therapy
Outpatient Rehab-Adult
Outpatient Rehab-Pediatrics
Physical Therapy
Recreation Therapy
Speech/Language Therapy
Therapeutic Riding

Types of Payment Accepted:

Private Insurance, Private Pay, Developmental Disability, Vocational Rehab Funds, Veteran's Assoc. Benefits, Medicaid, Medicaid Waiver, Medicare

Theraplay

9919 Towne Road
Carmel, IN 46032
Phone: (317) 872-4166
Fax: (317) 872-3232

Age Groups:

Pediatric/Young Adult

Service Description:

Horse Therapy (HIPPO), Occupational Therapy, Physical Therapy Services on site.

Types of Payment Accepted:

All Waivers, Medicaid, Medicare and Major Insurance

Transportation Services

American Cancer Society

Central Indiana Area
Road to Recovery
6030 West 62nd Street
Indianapolis, IN 46278
Phone: (317) 347-6670
Toll free phone: (800) 233-6303
Transportation services for cancer patients.

American Red Cross of Greater Indianapolis

441 East 10th Street
Indianapolis, IN 46202
Phone: 684-1441

Cab Information for Medicaid Recipients

City Cab: (317)847-0994
ECP: 1-800-508-7230
Medwise Customer Service: (317)630-2831
Yellow Cab: (317) 487-1430

Indianapolis Senior Center

Taxi Discount Program
Wheelchair Transportation
708 East Michigan Street
Indianapolis, IN 46202
Phone: 263-6279

IndyGo Open Door

209 North Delaware Street
Indianapolis, IN 46204
Phone: (317) 635-3344

Translators

GMG Enterprises

Percy and Beatriz Consiglieri
6436 Waterstone Drive
Indianapolis, IN 46268
Phone: (317) 280-8551
E-mail: Recuerdo12@aol.com
Services Provided: Spanish Translation

Veterans Services

Disability Benefits for Wounded Warriors

Military service member can receive expedited processing of disability claims from Social Security. Benefits available through Social Security are different than those from the department of Veterans Affairs and require a separate application. The expedited process is used for military service members who become disabled while on active military service on or after October 2001, regardless of where the disability occurs.
Web Site: www.ssa.gov/woundedwarriors

Indiana National Guard Family Program Office

2002 South Hold Road
Indianapolis, IN 46241
Phone: (800)237-2850, ext. 3192
Family Assistance Centers offer Support, Servicing, Financial Management, Crisis Intervention, Briefings, Information and Referral, Benefits and Entitlements, Legal Assistance.

Helpful Web Sites:

Military One Source: www.militaryonesource.com
American Red Cross: www.redcross.org
DEERS: www.dmdc.osd.mil
DFAS: www.dfas.mil
Legal Services: www.jagcnet.army.mil/legal
My Pay: www.mypay.dfas.mil
NGB Family: www.guardfamily.org
TRICARE/Health: www.mytricare.com
Veterans Affairs: www.va.gov
Indiana National Guard: www.inarng.org

Indiana Transition Assistance Advisor

2002 South Hold Road
Indianapolis, IN 46241
Phone: (317) 752-7145
The purpose of the Transition Assistance Advisor (TAA) program is to provide a person in each state/territory to serve as the statewide point of contact to assist members in accessing Veterans Affairs benefits and healthcare services. Each TAA also provides assistance in obtaining entitlements through the TRICARE Military Health System and access to community resources. The TAA program is staffed by 55 contract positions and two federal technicians.

Veterans Services

Indiana Veterans' Service Officers' Association

President

Gary M. Whitehead
320 W. High Street
Elkhart, Indiana 46516
Phone: (574) 523-2342
GWhitehead@elkhartcounty.com

1st Vice President

Jerry Griffis
County Building
100 West Main Street, Room 302
Muncie, Indiana 47305-2827
Phone: (765) 747-7810
jgriffis@co.delaware.in.us

Secretary-Treasurer:

Jim Disney
401 East Main Street
Richmond, Indiana 47374-3217
Phone: (765) 973-9207
Fax: (765) 973-9493
E-Mail: veteranservices@wayneco.us

Military Family Research Institute

Purdue West Down Under
1402 West State Street
West Lafayette, IN 47907-2062
Phone: (765) 496-3403

The Military Family Research Institute is a research and outreach organization based at Purdue University, funded by the Lilly Endowment, the Office of Military Community and Family Policy in the Department of Defense, and others. The mission is to conduct studies that provide insight into the experiences of military members and their families, and to design and implement outreach activities that assist military families in Indiana and beyond.

NAMI – The National Alliance on Mental Illness

Veterans Resource Center: <http://www.nami.org/veterans>

To help support active duty military personnel, veterans and their families facing serious mental illnesses such as depression, post-traumatic stress disorder (PTSD) and schizophrenia. The center's resources include a growing compilation of fact sheets, self-help information, online discussion group-s, research and policy updates, and links to government agencies and other private organizations in areas such as traumatic brain injury, suicide prevention, Veterans Affairs, and multicultural needs, women veterans, and homelessness.

Rodebush VA Medical Center

If you are a recently returning veteran and believe you have sustained a head injury, please contact the Seamless Transition Team. The VA has established a specialized team to provide service to all veterans with head injury.

Indianapolis area: (317) 988-2153
Fort Wayne: (765)674-3321, extension 71160
Marion: (765)674-3321, extension 75090
Danville, Illinois: (217)554-5121

Website for Veterans Administration Facilities in Indiana:

http://vfwwebcom.org/in.VA_Hospitals/
This site includes regional office information, hospitals, veterans service centers, and community based outpatient clinics (CBOCS).

Website for Indiana Veterans' Service Offices:

<http://invsoa.homestead.com/>

Vision Services

Dr. Paul Bither, O.D.

Low Vision Services
201 Pennsylvania Parkway
Indianapolis, IN 46280
Phone: (317) 817 1772

Easter Seals Crossroads

4740 Kingsway Drive
Indianapolis, IN 46205
Phone: (317) 466-2010
Fax: (317) 466-2000

Age Groups:

Adult/Geriatric

Service Description:

Easter Seals Crossroads low vision in-home Occupational Therapy program works with individuals with low vision diagnoses to increase their independence and safety by teaching them how to best use their residual vision. Our registered Occupational Therapist provides training in the use of optical and non-optical aids, self care skills and home management skills in addition to performing home safety and lighting evaluations.

Types of Payment Accepted:

Private Insurance, Private Pay, Workers Compensation, Vocational Rehabilitation, Veterans Administration, Medicaid, Medicare

Kevin Houston, O.D., F.A.A.O.

Indiana School of Optometry
200 West 103rd Street, Suite 2250
Indianapolis, IN 46290
Phone: (317) 278-5975
Fax: (317) 278-5976
E-mail: kehousto@indiana.edu

Age Groups:

Pediatric/Adult/Geriatric

Service Description:

Vision Rehabilitation, Low Vision, Vision Information Processing, Vision Therapy, Digital Vision Aids, Vision Research, Ocular Health

Types of Payment Accepted:

Most Insurances, Check, Credit Card, Private Pay, ECCO

Indiana Vision Improvement Center

1250 East County Line Rd., Suite 4
Indianapolis, IN 46227
Phone: (317) 882-1527

Indianapolis Eye Care Center

501 N. Indiana Ave., Suite 100
Indianapolis, IN 46202
Phone: (317) 321-1470
E-mail: iecc@indiana.edu
Web site:
<http://www.opt.indiana.edu/clinics/centers/iecc.htm>

The Low Vision Centers of Indiana

Richard Windsor, O.D., F.A.A.O.
Craig Allen Ford, O.D., F.A.A.O.
Laura K. Windsor, O.D., F.A.A.O.

The Low Vision Center of Indianapolis
9002 N. Meridian Street, Suite 208
Indianapolis, IN 46260
Phone: (317) 844-0919

The Low Vision Center of Fort Wayne
6208-B Constitution Drive
Fort Wayne, IN 46804
Phone: (260) 432-0575

The Low Vision Center of Hartford City
315 Huggins Drive
Hartford City, IN 47348
Phone: (765) 348-2020
Web address: www.eyeeassociates.com

Age Groups:

Pediatric/Adult/Geriatric

Service Description:

Our doctors specialize in the low vision rehabilitation of patients with severe vision loss, double vision, visual disturbances, and loss of side vision particularly when secondary to stroke and other traumatic brain injuries. Our doctors work extensively with issues of driving with vision loss; they fit a variety of new technologies to improve visual field loss from hemianopsia and were clinical researchers for the multi-center study of the new EP Hemianopsia lens developed at Harvard.

Types of Payment Accepted:

Medicare, Medicaid, And Vocational Rehabilitation Funding.

Vision Services

Debra L. McConnaha, O.D.

Center Grove Eye Care
1634 West Smith Valley Rd., Suite A
Smith Valley Professional Parke
Greenwood, IN 46142
Phone: (317) 883-2020

Scott Sanders, MD

Neuro-Ophthalmologist

Vision Rehabilitative Services – Rehabilitation Hospital of Indiana

9531 Valparaiso Court
Indianapolis, IN 46268
Phone: (317)879-8940

Age Groups:

Pediatric/Adult/Geriatric

Service Description:

Vision Rehabilitative Services offers occupational therapy in the form of pediatric vision therapy, vision evaluation and treatment of adults with neurological changes, and vision evaluation and treatment of adults with low vision. Also provides a comprehensive return to independent driving program for adults with disabilities.

Driving Evaluation & Education

Occupational Therapy

Vision Rehabilitation

Types of Payment Accepted:

Private Insurance, Private Pay, Workers Comp, Vocational Rehab Funds, Medicaid, Medicaid Waiver, Medicare

SERVICES FOR INDIVIDUALS WHO ARE VISUALLY IMPAIRED

The following pages contain valuable information about services that enhance the lives of those who are visually impaired. This document was compiled by Katrina (Kathy) Anderson, CVRT®, and was last revised May 28, 2007.

Accessible Services

Below are just a few companies that offer accessible services. You are encouraged to contact other companies, organizations, medical facilities, etc. to learn about any special accommodations that they provide to individuals who are visually impaired.

American Express

Phone: (800) 528-4800

Provides billing statements in Braille or large print.

AT&T Indiana

Phone Numbers: (800) 742-8771;

(800) 544-5159 Special Need Services

Qualified customers can be exempt from Local Directory Assistance charges and Local Directory Assistance Call Completion when dialing 1 + 411. When local Directory Assistance calls are made from another location, individuals can use their calling card and ask an operator to bill an exempt telephone number. Dialing 1 + 411, also provides access to National Directory Assistance at just \$1.99 per call, 2 listings per call. Exemptions do not apply to requests for National Directory Assistance. telephone bills are available in large print or Braille. Lifeline Telephone Assistance is available to help qualified customers by providing a discount on monthly bills. Those who receive some form of government assistance may be eligible.

Accessible Services

Chase

Phone Numbers: (877) 226-5663
(877) 241-8665 (Talking ATMs Info.)

Web site: <http://www.chase.com>

Chase works to assist customers with disabilities to conduct their routine banking business with no undue financial burden, and offer the following services at no extra charge:

- Personal Bankers are equipped to read and explain appropriate materials to customers who need assistance to open products/services or to conduct financial transactions.
- Chase documents, including monthly statements, may be provided in alternative formats (large print, Braille, audiocassette or computer disk).
- Talking ATMs are available throughout the country where customers can use standard headphones to access financial services. Compatible headphones can also be obtained from Chase branches that have talking ATMs or by calling the above number. Use the convenient ATM/Branch locator to search by city and/or state for a Talking ATM near you.
- Chase offers raised-line checks for the visually impaired. These checks are larger (8 1/8" by 3") with embossed guidelines that are easily felt. Raised-line checks are available in wallet or duplicate style.

Cingular Wireless

National Center for Customers with Disabilities

Phone: (866) 241-6568

Web site:

http://www.cingular.com/about/disability_resources

Offers TALKS software in combination with the Nokia 6620 phone. TALKS essentially turns the Nokia 6620 into a talking mobile phone. TALKS is stored on a Multi Media Card which is inserted in to the phone. The software translates screens, keystrokes, menu selections, etc. into speech output. Thereby making most functions accessible for customers who are visually impaired. The TALKS/Nokia combination is expensive and is

not for everyone. However, individuals who are somewhat technically savvy will certainly enjoy the multiple features of this technology. For a limited time, Cingular is offering a special rebate on the TALKS software for customers who are visually impaired. To qualify for the rebate, TALKS must be first purchased from Cingular for \$199. Customers must then complete an application and agree to either a two-year new service contract, or an extension of a current contract. Customers signing a two-year contract receive a \$199 rebate. The TALKS rebate will appear as a service credit on the wireless bill after a 30-day waiting period and is not available as a cash payout. Customers who are disabled may request that the \$4.99 monthly charge to use Cingular's Voice Dial service be waived. Bills are available in Braille, large print or audio. In special circumstances, reduced rates for 411 directory assistance are available for customers who are disabled.

Citizens Gas

Phone: Numbers: (317) 924-3311;

(800) GAS-4217

E-mail: write@cgc.com

Web site: <http://www.citizensgas.com>

Bills are available in Braille or large-print.

Free Directory Assistance

Phone: (800) 373-3411 (800 free 411)

Provides free nationwide directory assistance to everyone.

Indianapolis Power & Light

Phone Numbers: (317) 261-8222;

(888) 261-8222

E-mail: customerservices.ipalco@aes.com

Web site: <http://www.ipalco.com>

Bills are available in Braille or large-print.

Sears Response Center

Phone: (800) 733-0815

Sears credit card statements are available in Braille or in large print.

Accessible Services

Sprint

Phone: (888) 211-4727

E-mail: accessibility@mail.sprint.com

Web site: <http://www.sprint.com/accessibility>

Sprint works with a number of phone manufacturers to obtain wireless devices for both the Nationwide Sprint PCS Network and the Nextel National Network that incorporate easy-to-use features that are helpful to people with disabilities. Examples of accessibility features include: Adjustable contrast screens, TTY compatibility, Large font displays, Text-to-speech capabilities, etc. Sprint offers free Directory Assistance calls and Voice Command service to certified blind, visually impaired and physically disabled customers. An application may be obtained by calling the above number. A physician or ophthalmologist must certify eligibility. Sprint PCS Voice Command is a voice activated dialing platform that can greatly benefit blind, visually impaired and physically disabled customers by reducing handset key punching and reliance on handset display information otherwise required to make calls. In short, Sprint PCS Voice Command lets your voice do the dialing. For example, "Call Bob Smith" or "Call 555-1818." You may also say "Call the Web" for access to News, Weather, Sports and other information that is all spoken to you. You can even listen to email and compose a message – all by voice. It is recommended that you complete an online tutorial at www.talk.sprintpcs.com before you use Sprint PCS Voice Command.

Verizon Wireless

Phone: (800) 256-4646

Web site:

<http://aboutus.vzw.com/accessibility/index.html>

Offers the most accessible off-the-shelf (i.e. no need to install software) cell phones. Although they are not perfect The LG VX5300 and the LG VX8300 feature Voice Command and Text to Speech, making

these phones more accessible to customers who are blind or visually impaired. Individuals who want an easy to use phone that does not involve the installation of software and/or who are looking for the most inexpensive option, will certainly want to consider these phones. Accessible features include: speak digits and the phone dials them for you, speak a name that has been programmed in your phone book and the phone will call that person, the phone will announce when voice mail messages have arrived, Caller ID announces either the name from your contact list or digits of the caller, and will verbalize battery and signal strength. Verizon Wireless provides free 411 directory assistance for customers who are visually impaired. Bills, manuals, and product/services brochures, are available in Braille, large print, 3.5 diskette and audio recordings.

Adaptive Products

Supplies adapted and/or usable by individuals who are visually impaired are available via numerous mail order catalogs (see separate document entitled "Catalog Resources" for details). Or, items may be purchased from the following local sources.

Bosma Independent Living Store

8020 Zionsville Road

Indianapolis, IN 46268

Phone Numbers: (317) 684-0600;

(800) 362-5463

E-mail: info@bosma.org

Web site: <http://www.bosma.org>

Products of interest to those who are visually impaired are available for purchase. Store hours are Tuesday and Friday from 7:00 A.M. to 10:00 A.M. Please call the above number if these times are not convenient.

Adaptive Products

The Low Vision Store

916 East Main St., Suite 114

Greenwood, IN 46143

Phone Numbers: (317) 888-0323;

(800) 765-7483

E-mail: visionaidsystems@juno.com

Web site: <http://www.visionaidsystems.com>

Products of interest to those who are visually impaired are available for purchase. Store hours are Monday thru Friday from 9:00 A.M. to 5:00 P.M., and Saturday by appointment only. Catalogs are available in print, or on the Web site.

Radio Shack

Sells a variety of electronic items that are useful to individuals who are visually impaired. Popular purchases include talking watches, talking clocks, and other talking items. A great source for tape recording accessories.

Advocacy/Consumer Groups

American Council of the Blind of Indiana (ACB-I)

Gerry Koors

Phone: (317) 251-2562

E-mail: gerrykoors@aol.com

Circle City Chapter

Mike Bowman

Phone: (317) 726-0745

E-mail: hmbowman@sbcglobal.net

Web site: <http://acb.org/indiana>

The ACB strives to improve the well-being of all individuals who are blind or visually impaired by serving as a representative national organization of people who are blind; elevating the social, economic, and cultural levels of blind people; improving educational and rehabilitation facilities and opportunities; cooperating with the public and private institutions and organizations concerned with blind services; encouraging and assisting all blind persons to develop their abilities and conducting a public education program to promote greater understanding of blindness and the capabilities of blind people. ACB is always striving

to increase the independence security, equality of opportunity, and quality of life for all individuals who are blind or visually impaired. The Indianapolis chapter meets at 10:30 A.M. on the third Saturday of most months. Meetings are held downtown, in the State Library (140 N. Senate). Enter the building off of Ohio (north side). Turn left and go past the service desk. Follow the hallway to an open atrium where meetings are held. Contact Gerry using the above information to find a chapter near you.

Client Assistance Program (CAP)

4701 N. Keystone Ave. Suite 222

Indianapolis, IN 46205

Phone Numbers: (317) 722-5555;

(800) 622-4845

E-mail: kpdevilla@ipas.state.in.us

Web site: <http://www.in.gov/ipas>

Contact CAP if you are having difficulty seeking or receiving services from Vocational Rehabilitation (VR) or other programs and projects under the Rehabilitation Act, such as independent living. CAP is administered by Indiana Protection & Advocacy Services and is completely independent of VR and other programs. CAP can help you find solutions to a variety of problems. CAP will listen to any problems or questions or complaint and after getting the facts, help you work with your VR counselor to try to solve the problem.

National Federation of the Blind (NFB) of Indiana

Phone Numbers: (317) 205-9226;

(800) 326-9190

Web site: <http://www.nfb.org>

The purpose of the NFB is two-fold—to help people who are blind achieve self-confidence and self-respect and to act as a vehicle for collective self-expression by the blind. By providing public education about blindness, information and referral services, scholarships, literature and publications about blindness, aids and appliances and other adaptive equipment for individuals who are blind, advocacy services and protection of civil rights, development and evaluation of technology, and support for people who are blind and their families, members of the NFB strive to educate the public that people who are blind are normal

Advocacy/Consumer Groups

individuals that can compete on terms of equality. There are two chapters in Indianapolis. The Circle City Chapter meets the first Saturday of every month from 10:00 to noon at the First Trinity Lutheran Church located at 5321 E. 42nd St. The Indianapolis Chapter meets the second Saturday of every month from 9:30 to 11:30 at the English Foundation Bldg. (615 N. Alabama). Use the above contact information to learn about other chapters throughout Indiana.

Braille Clothing Tags

Orange County Braille Institute

527 N. Dale Ave.
Anaheim, CA 92801
Phone: (714) 821-5000

Two Braille letters on an aluminum tag represent a color. The tag is pinned/sewn into clothing for easy identification. Tags are provided without charge. Details about color selection are unknown at this time.

Telephone Pioneers

499 Grove Ave.
Edison, NJ 08820

Two Braille letters on an aluminum tag represent a color. The tag is pinned/sewn into clothing for easy identification. Tags are provided without charge. Only basic colors (e.g. black, red, green, blue, white, etc.) are available through this source. Tags representing a wider selection of colors (e.g. mauve, lime, turquoise, etc.) may be purchased through Specialty catalogs carrying products for individuals who are visually impaired. Send a letter requesting colors preferred and the quantity desired.

Braille Greeting Cards

Braille Enterprises

3713 Swift Run Court, Suite 100
Abingdon, MD 21009
Phone: (410) 612-1252
E-mail: sales@brailleenterprises.com

Web site: <http://www.brailleenterprises.com>
Sells Braille greeting cards (\$5.00 each). This company produces Braille items such as menus, business cards, certificates, brochures, etc. Items may also be transcribed into large print.

Greeting Card Project

c/o Independent Living Resources
2410 SE 11th Avenue
Portland, OR 97214-5308
Phone: (503) 232-7411
E-mail: ilrpx@qwest.net
Web site:

<http://www.ilr.org/transcriptionservices.shtml>
Purchase a card from your favorite card shoppe and handprint your message on it. (30 words or less). Stamp and address the card's envelope. In a separate envelope, mail the card with its envelope to the above address. The card will be Brailled with your personal greeting, and sent to that someone special. This is a service. If you can afford a donation, it will be greatly appreciated.

Hallmark

Sells Braille and large-print greeting cards. Braille cards feature messages in print and Braille. Ranging in price from \$1.99 to \$2.49, 15 everyday and season designs are offered for Mother's Day, anniversary, baby, birthday, get well, thank you, thinking of you and wedding. 30 large-print everyday cards ranging in price from \$1.99 to \$3.49. The designs are bright, clear and free of small detail. Coatings and processes that glare are kept to a minimum. The text is at least 18-point type, and contrasts sharply with the background color. Cursive and italic fonts are avoided for ease in reading.

Prophecy Designs Cards

Kristina Sadley
505 Circle Drive
Robbinsville, NJ 08691
Phone: (609) 259-5318
E-mail: prophecydesigns@verizon.net
Sells print/Braille greeting cards containing tactile illustrations and a Braille description. Cards are beautiful, and are available in a variety of styles.

Education

Hadley School for the Blind

700 Elm St.

Winnetka, IL 60093-2554

Phone: (800) 323 4238

E-mail: Info@Hadley-School.org

Web site: <http://hadley-school.org>

Hadley offers more than 90 distance education courses completely free of charge. From "Braille Reading for Family Members" to "Birdsong Tutor," you can select from a wide variety of courses. Study in the comfort of your own home at a time convenient for you. Course materials arrive in the mail (a few are downloadable), and instructors are just a toll-free call away. Hadley has a course for you if you are: an adult who is visually impaired (14+ years of age), a relative of a child who is visually impaired, a family member of an adult who is visually impaired, or a professional working with individuals who are visually impaired.

Recordings for the Blind & Dyslexic (RFB&D)

20 Rozell Road

Princeton, NJ 08540

Phone: (800) 221-4792

E-mail: custserv@rfd.org

Web site: <http://www.rfd.org>

Provides recorded and electronic formatted material. The RFB&D collection includes publications containing technical and reference information. Many students obtain textbooks from RFB&D. Anyone with a documented disability including a visual impairment, learning disability or other physical disability which makes reading standard print difficult or impossible is eligible to use RFB&D's services. A \$65 registration fee and a \$35 annual fee will be charged to individual members.

Employment & Rehabilitation

AFB CareerConnect™

Phone: (888) 824-2184

E-mail: careerconnect@afb.net

Web site: <http://www.afb.org/CareerConnect>

The American Foundation for the Blind (AFB) offers CareerConnect™ as a resource for learning

about the range and diversity of jobs performed by adults who are blind or visually impaired. CareerConnect™ introduces techniques for self-analysis, to determine what you can offer an employer, and then helps to explore what careers are available in today's labor market. Members of this service can search for career information, and find successfully employed workers who are blind or visually impaired that are willing to discuss their jobs. CareerConnect provides helpful tips for finding a job, getting hired, and keeping a job. Advice is offered on organizing a workspace, finding job leads, interviewing successfully, and deciding when to disclose your disability. Also gain important insight into employer expectations and how they change over time. This service includes a number of tools for career exploration in job seeking. These tools assist in generating a personal data sheet (for use when someone helps fill out print applications), or to develop a resume. A calendar for maintaining pending appointments and deadlines in an electronic format is also available. There is a section that describes the importance of technology in the lives of workers with visual impairments. Learn about the materials and tools available to assist in career exploration and in a job search. Link to information on Internet sites, find listings of organizations that provide career counseling and job placement for people with visual impairments, and find a list of books for job seekers. CareerConnect is available via AFB's Web site, but someone can provide access to the service if you call the above number. Anyone may read the articles or search the databases for careers or mentors, but to contact a mentor or to use the MyCareerConnect features, you must be a registered user. Registration is free and confidential.

America's Jobline®

Phone: (800) 414-5748

Jobline® is a free public service provided by state agencies (States Providing Jobline®), with assistance from the NFB and the U.S. Department of Labor. This service is available 24 hours a day, seven days a week. It is an audio version of America's Job Bank, provided via the telephone

Employment & Rehabilitation

using a high-quality synthetic speech format. New jobs are listed on the system each day, and jobs that have been filled are removed. America's Job Bank and the electronic job bank provided by your state can also be found on the Internet. The system stores your personalized job-search profile using criteria such as the geographical area you prefer and your individually specified job preference/qualifications. Upon dialing into the system, you are asked to enter a "profile number." Use your 10-digit telephone number (including area code). The system will guide you through the necessary steps. Your personalized application/résumé can be prepared and sent to an employer. For more information about how to use the system, visit <http://www.nfb.org>.

Bosma Industries for the Blind, Inc.

8020 Zionsville Road

Indianapolis, IN 46268

Phone Numbers: (317) 684-0600;

(317) 704-8240 (Rehab. Center)

E-mail: info@bosma.org

Web site: <http://www.bosma.org>

Bosma Industries' mission is to enhance opportunities for individuals who are blind or visually impaired to achieve their potential in vocational, economic, social, and personal independence. Their mission is achieved through vocational assessments, on-site organizational employment, job placement services, counseling services, and rehabilitation services. Bosma Industries also offers training and outreach programs that include youth services. In addition to these programs, other community services – such as information and referral services with various consumer groups, public education, networking within the community of social service agencies, and outreach to individuals with visual impairment are provided. Bosma's Rehabilitation Center enables individuals who are visually impaired to learn skills that will enhance full participation in work, community and home. Real life situations are provided through which individuals can become skillful in activities of daily living, independent

travel and new methods of communication. Skills are taught under the direction of trained and experienced Rehabilitation Teachers and Orientation & Mobility Instructors. A trained social worker leads group discussions, and offers individual counseling to assist with adjustment to the loss of vision. Transportation is provided in some cases, and housing if needed.

Crossroads Rehabilitation Center

4740 Kingsway Dr.

Indianapolis, IN 46205

Phone: (317) 466-1000

Web site: <http://www.crossroads.easterseals.com>

Easter Seals Crossroads provides a variety of programs and services for individuals with disabilities or special needs. Services may be offered in an individual's home, in the community or at the Crossroads facility. Adults with disabilities looking for meaningful employment support can find vocational assessment, computer training, job placement and supported employment services through Crossroads. Staff helps individuals identify their employment goals and assist in developing a plan to meet these personal goals. A nationwide leader in delivering comprehensive assistive technology solutions, the state-of-the-art facility is an excellent resource for individuals with disabilities who need specialized accommodations for home, work or school in order to increase their independence. Crossroads low vision in-home occupational therapy program works with individuals with low vision diagnoses to increase their independence and safety by teaching them how to best use their residual vision. A registered occupational therapist provides training in the use of optical and non-optical aids; self care skills and home management skills in addition to performing home safety and lighting evaluations. Some individuals with low vision may be able to drive using a bioptic telescope. Crossroads staff evaluates an individual's potential to effectively use a bioptic telescope and provides behind-the-wheel training. Individuals must be referred to Crossroads by a Low Vision Optometrist.

Employment & Rehabilitation

Goodwill Industries of Central Indiana, Inc.

1635 West Michigan Street

Indianapolis, IN 46222

Phone: (317) 524-4313

E-mail: goodwill@goodwill-indy.org

Web site: <http://www.goodwill-indy.org>

Goodwill assists individuals with barriers to employment in achieving fuller participation in society by expanding their opportunities and enhancing their employability. In addition to training for jobs, assistance is given to advance their education.

Hoosier Help

Assistive Technology Through Action In Indiana (ATTAIN)

5333 Commerce Square Drive, Suite G

Indianapolis, IN 46237

Phone Numbers: (317) 534-0236;

(800) 528-8246

E-mail: attaininfo@attaininc.org

Web site: <http://www.attaininc.org>

ATTAIN provides training and education for individuals and groups that are interested in Assistive Technology (AT) and related services. Trainings range from short general presentations about AT and Attain services, to extensive trainings focusing on one type of device or on a specific type of disability. In order to put AT equipment that is not currently being used into the hands of someone who can benefit from it, ATTAIN hosts an Equipment Exchange Network and Lending Library. Free recycled computers loaded with licensed software are provided to residents of Indiana who are disabled, and who have no other means of obtaining a computer for their personal use. Equipment is repaired if needed. For a fee, ATTAIN can also provide installation, training, and/or specialized software.

Hank Hofstetter Opportunity Grant Fund

James R. Durst

Indiana School for the Blind

7725 N. College Ave.

Indianapolis, IN 46240

Phone: (317) 253-1481

Web site: <http://acb.org/indiana>

This Grant is available to assist any certified legally blind resident of Indiana. The intent is to partially or fully fund activities, materials, and/or equipment that enhance the educational or vocational aims of an individual who may be unable to get funding any other way. A secondary purpose of this grant is to advise applicants about other means available to meet their needs. Send a one page statement as to why one should be considered for the grant, applicant's name, address, phone, date of birth, what the need is, a list of other sources of funding that have been tried, letter of support (reference) from anyone other than personal friend or family member, and one self addressed stamped envelope. Applications should be submitted at least three months prior to the need to give the selection committee time to review the request. This Grant is a project of ACB-I.

Indiana University Diabetes Center

Indiana University Hospital

550 N. University Blvd.

Room 2110

Indianapolis, IN 46202

Phone: (317) 274-3500

E-mail: bcarter@clarian.org

Web site: <http://www.clarian.org/clinical/diabetes>

State-of-the-art education and self-management skills are provided for those with diabetes, their families or caregivers, and the community.

Individuals who are visually impaired will develop alternative methods for managing diabetes. Staff includes Certified Diabetes Educators, who are nurses and dietitians with specialized training in diabetes care. A team of specialists will assist in developing an individual plan to meet specific needs for diabetes self-management. Along with your physician, the team of nurses, dietitians, pharmacists and social workers will be your partners as you learn the skills needed to manage your diabetes, cope with a chronic disease, and maintain a healthy lifestyle.

Hoosier Help

Indianapolis Resource Center for Independent Living Inc. (IRCIL)

1426 W. 29th #207

Indianapolis, IN 46208

Phone Numbers: (317) 926-1660;

(800) 860-7181

E-mail: ircil@netdirect.net

Web site: <http://www.ircil.org>

IRCIL is a center for independent living, and serves as an advocate on behalf of persons with disabilities. Information on issues, resources and civil rights laws are provided to any person requesting it. Referrals to other agencies, businesses, vendors, etc are also provided. Training and practice in a variety of basic skills is offered to people who are experiencing independence for the first time, want to increase their independence, or are merely adjusting to change. People with disabilities learn to exercise their rights enabling them to establish and maintain control over their own lives. Staff members provide assistance to people who are blind/visually impaired by identifying barriers in their homes and devising ways to overcome those barriers. IRCIL has a grant specifically devoted to assisting people who are 55 years of age and older to learn about blindness prevention and assisting those who are losing or have lost their sight to gain or regain independence. Quality consumer driven support is provided to people with disabilities to assist them in gaining competitive, integrated employment of their choice in their communities. IRCIL can reproduce print documents in Braille, in large print and audio tape. This service is provided to the community for a fee based on the size and format of the original document. Braille and large print reproductions are available at no charge to consumers of IRCIL.

Technology Bank

Bob Roe

Phone: (317) 797-3294

E-mail: b.roe@comcast.net

Technology items (e.g. CCTVs) are loaned to individuals who are blind or visually impaired.

Recreation/Leisure

ACB Radio

E-mail: support@acbradio.org

Web site: <http://www.acbradio.org>

ACB Radio provides a wide variety of programming via four Internet radio stations. ACB Radio Mainstream broadcasts two hours of new content every weekday from Sunday to Thursday 8 to 10 PM EST. The programs are repeated around the clock. ACB Radio Mainstream features the Main Menu technology show, the Blind Line general blindness talk show, Faith Matters, Cry Justice, the Blind Handyman show, and much more.

Many of these programs are live and interactive, allowing you to phone in. ACB Radio Interactive is the station where you can hear blind radio personalities hosting music shows from around the globe. The ACB Radio cafe is where you'll hear blind musicians from around the world. Some music is commercially available and well known. Some is not commercially available and should be! The ACB Radio cafe features all genres of music, and is always keen to receive new material! ACB Radio treasure-trove plays only classic radio drama and comedy. You'll hear detective stories, mystery, fantasy, science fiction, super-heroes, comedy and more, and the audio description is guaranteed! As well as the four ACB Radio streams, many of the Mainstream shows are available through the Web site, on demand. This simply means that you're in control. Choose what you want to hear, when you want to hear it.

Beep Baseball

Darnell Booker (Indianapolis Thunder Coach)

Phone: (317) 253-5194

E-mail: indianapolisthunder@yahoo.com
(Indianapolis Thunder Secretary)

Web site: <http://www.nbba.org> (NBBA Web site)

Beep Baseball is a version of conventional baseball that has been adapted to allow athletes who are visually impaired to compete. Currently, the Indianapolis Thunder is the only organized Beep Baseball team in the state of Indiana participating in the National Beep Baseball Association (NBBA).

Recreation/Leisure

Blind Breakfast Bunch (BBB)

Phone: (317) 894-1032

E-mail: lanedon@Indy.net

For the last several years, this fun loving group has met monthly to dine and socialize. Every month a restaurant is selected, and anyone with a visual impairment and/or their family/friends is invited to join. For more information, or to be added to the list of those invited to the monthly gatherings, contact Don Lane using the above information.

Braille Playing Cards

Carson City Natives and Newcomers

P.O. Box 4090

Carson City, NV 89702-4090

Provides Braille playing cards at no charge.

Descriptive Video Service® (DVS®)

P.O. Box 55742

Indianapolis, IN 46205

(317) 579-0439 (customer service/order videos)

(800) 333 1203 (automated service providing list of videos)

(888) 818-1999 (large print catalog)

(888) 818-1181 (Braille catalog)

E-mail: access@wgbh.org

Web site: <http://www.wgbh.org/dvs>

DVS® provides access to television and movies for viewers who are blind or visually impaired. The service provides descriptive narration of key visual elements, which is then inserted within the natural pauses in dialogue to help low-vision viewers to better understand the story. Key visual elements are those which viewers with vision loss would ordinarily miss and include actions, costumes, gestures, facial expressions, scene changes, and onscreen text. Descriptions are accessed on TV programs via the Second Audio Program (SAP) option, which is standard on most contemporary TVs and VCRs. DVS descriptions are available on:

- 169 PBS stations nationwide (reaching more than 80 percent of the nation's households)
- Turner Classic Movies cable network
- selected series on the CBS, Fox, and Nickelodeon networks

- feature films
- large-format and IMAX films
- more than 200 major home video releases available for purchase through the DVS Home Video® Catalogue or on loan at 1,300 public libraries nationwide

Indiana Reading and Information Services (IRIS)

1401 N. Meridian

Indianapolis, IN 46202

Phone Numbers: (317) 715-2004;

(877) 854-0077;

(317) 633 7447 - Dial-up System

(888) 522-9394 - Dial-up System

E-mail: dnewman@wfyi.org

Web site: <http://www.wfyi.org/iris>

Eligible candidates may access broadcasts of regional newspapers and many other publications via special radio receivers that are provided FREE of charge. One must live within 45 miles of Indianapolis to receive the broadcasts. Programs are aired 24 hours a day, seven days a week. In addition to the news, programs include the reading of grocery and department ads, comics, TV/cable schedule, editorials, columns, magazines, and much more. Program schedules are provided on tape and in large print. Listeners may prefer to use a touch tone phone to access a telephone voice message system that contains the reading of sections from the Indianapolis Star, numerous other papers from around the state, employment listings, recreational opportunities for individuals who are disabled, etc. Each listener is assigned a private password enabling access to the system. A third alternative is to visit <http://www.wfyi.org/irisPlayer> and listen to IRIS broadcasts via the Internet. The user name and password are both "iris" (make sure to use all lower case letters).

Recreation/Leisure

Indianapolis Bowling League for the Blind

Mrs. Jeanettea Schaefer

Phone: (317) 898 3408

E-mail: jazs@comcast.net (Put Bowling in the Subject Line!)

Beginning the first Wednesday in September, and continuing through the first or second Wednesday in April, this league meets at 6:00 P.M. on Wednesday's, at the Eastgate All Star Bowl. A meeting is held in mid-August to set up teams. If funding is available, they attend a National Tournament on Memorial Day Weekend. A guide rail is available for those who find it helpful. A majority of bowlers are visually impaired.

National Library Service for the Blind and Physically Handicapped (NLS)

Library of Congress

1291 Taylor St. NW

Washington, DC 20542

Phone: (800) 424-8567

E-mail: nls@loc.gov (General)

E-mail: nlsml@loc.gov (Music Section)

Web site: <http://www.loc.gov/nls>

This program is commonly referred to as the "Talking Book Program." Books, magazines, music scores, and lessons for playing a variety of instruments are available in Braille, large print, or on audiotape. Special playback equipment is provided for members who borrow recorded materials. The NLS administers the program nationally, but direct service to eligible individuals and institutions is the responsibility of cooperating libraries.

NFB-Newsline®

Phone Numbers: (317) 232-3684 (to register/apply);

(800) 622 4970 (to register/apply);

(888) 882-1629;

(317) 522-1420 (Indianapolis)

This service provides access to more than 200 newspapers for those who cannot read conventional print. A user can choose from national and local newspapers, sections, and articles with the use of a standard touch-tone phone. The growing list of available publications includes USA Today, the Christian

Science Monitor, the Wall Street Journal, and other major newspapers from around the country. The user can choose that day's, the previous days, and the previous Sunday's issue of each newspaper. Members of the Talking Book Program are automatically eligible for this service and only need to call the library to register. Other individuals must fill out an application. Staff at the Talking Book Library will be glad to assist in completing the NEWSLINE® application if you call them at the above number.

Sports Program (Rehabilitation Hospital of Indiana)

4141 Shore Dr.

Indianapolis, IN 46254

Phone: (317) 329-2281

E-mail: rhisp@rhin.com

Web site: <http://www.rhin.com>

Sports programs on a competitive and noncompetitive recreational level are offered to any person with a physical disability. Sport clinics are offered year-round, along with education regarding adaptive equipment and community resources. Participants must have their physician's approval. Meets two times per week (Mon. and Wed. 5pm-6pm).

Talking Book and Braille Library

Indiana State Library

140 N. Senate Ave.

Indianapolis, IN 46204

Phone Numbers: (317) 232 3684;

(800) 622 4970

E-mail: lbph@statelib.lib.in.us

Web site: <http://www.statelib.lib.in.us>

This NLS cooperating library circulates numerous publications postage-free by mail. Eligible individuals are loaned materials such as best sellers, novels, classics, magazines, cookbooks, religious materials, etc. DVS® videos containing audio narration are available as well. All aspects of the program are free. Sometimes volunteers are available to record items such as short manuals, craft patterns, recipes, etc.

Recreation/Leisure

Tell Me

Phone Numbers: (800) 555-8355 or (800) 555-tell
Use voice commands with this free service to request information such as news, sports, weather, time, traffic, driving directions, taxis, lottery, airlines, hotels, soap opera updates, movies, horoscopes, etc. You can even play black jack.

VSA Arts of Indiana

Harrison Centre for the Arts
1505 N. Delaware St. Suite 100
Indianapolis, IN 46202
Phone: (317) 974-4123
E-mail: jimn@vsai.org
Web site: <http://www.vsai.org>
Provides associated services to ensure accessible and adaptive arts services are developed in the community. Examples include audio description equipment and interpreting fees for performance groups, technical assistance to partner agencies that need help with accessibility issues, and support to artists and administrators in developing the skills necessary to deliver quality adaptive programming. Disabled individuals and their families can participate in a free ceramics class, and/or can learn to play various instruments. Transportation can be arranged if necessary.

Religion

Auora ministries

Audio Bibles for the Blind
P.O. Box 621
Bradenton, FL 34206
Phone: (941) 748-3031
E-mail: bibles@auroraministries.org
Web site: <http://www.audiobiblesfortheblind.org>
The King James Version (KJV), the New King James Version (NKJV), and the International Children's Bible (ICB) are available free of charge to eligible candidates in English on cassette tape or CD/MP3 formats. (The MP3 Bible allows for quick book and chapter locating

with keyboard shortcuts. It will play on most windows based computers, as well as any CD player that is MP3 compatible.) Numerous other languages are available, but at this time they are only on cassette tape.

Braille Bibles International

P.O. Box 378
Liberty, MO 64069-0378
Phone Numbers: (800) 52-BIBLE or (800) 522-4253
E-mail: info@BrailleBibles.org
Web site: <http://www.braillebibles.org>
Eligible candidates may acquire the KJV Bible in the following alternative formats: Braille (free), 18-point print (\$10), 24-point print (\$20), just the New Testament in 24-point print (\$10), 2 MP3 CDs with narration by Alexander Scourby that will play on a computer or CD player that is formatted for MP3s (\$10), Digital Pocket Bible containing narration of the entire Bible by Paul Mims (\$20), 48 cassette tapes with narration by Paul Mims (\$20), or 61 audio CDs with narration by Paul Mims (\$20).

Jewish Braille Institute of America, Inc.

110 East 30th St.
New York, NY 10016
Phone: (800) 433 1531
Provides Free publications to individuals who are blind or reading disabled.

Xavier Society for the Blind

154 E. 23rd St.
New York, NY 10010
Phone: (212) 473-7800
Provides materials, in accessible formats, for those interested in the Catholic religion.

Low Vision Support Groups in Central Indiana

Crossroads Low Vision Support Groups

Phone: (317) 466-1000

Three monthly support groups, composed of individuals who are visually impaired, serve as a network where friends strengthen one another. The Marion County group (formerly sponsored by PVIA) meets at Crossroads Rehabilitation Center on the first Wednesday of every month from 11:00 to noon. A group also meets at Greenwood Village South on the fourth Tuesday of every month from 2:00 to 3:00. Although the group is not currently active, meetings are also held at the Hendricks County Senior Center in Danville on the third Wednesday of each month from 11:00 to noon.

Macular Degeneration Support Group of Indiana Inc.

Irma Jakositz (317) 596-9923

Deanna Austin (317) 506-8299

Meets 4 times a year on the 2nd Saturday of February, May, August, and November at 10:00 AM. Meetings are held in the Cooling Auditorium at St. Vincent Hospital. Please call for reservations and questions.

Marion County Association of Workers for the Blind

Gloria Franklin

1709 Lesley Ave.

Indianapolis, IN 46218

Phone: (317) 357 1468

Group provides an opportunity for socialization. Information is also provided through guest speakers and members of the group. This is not an advocacy organization! Except for Jan. and Feb., meetings are held on the fourth Saturday of the month in Room 6 of the English Foundation Bldg. (615 N. Alabama).

Transportation

Amtrak

Phone Numbers: (800) 872 7245, or (800) usa-rail

Web site: <http://www.amtrak.com>

Offers rail fare discounts for passengers with disabilities. You are required to provide written

documentation of disability at the ticket counter, and when boarding the train. Types of acceptable documentation include an identification card that many transit systems provide, a membership card for a disability organization, or a letter from a doctor. These special fares are only available by calling our toll-free number.

Greyhound

Customers with Disabilities Travel Assistance

Phone: (800) 752 4841

E-mail: jpiero@greyhound.com

Web site: <http://www.greyhound.com>

Call the above phone number, 48-hours in advance of your trip, to request assistance with boarding/unboarding coaches, to purchase tickets, etc. Assistance is provided during transfers, meal/rest stops, and other times as reasonably requested. Sighted guides traveling with customers who are legally blind can receive a 50% discount.

Indianapolis Yellow Cab

3801 W. Morris

Indianapolis, IN 46242

Phone: (317) 247 6233

Individuals who are disabled can purchase a book of 20 coupons (\$1.00 per coupon) for \$16.00. There is no limit!

IndyGo Open Door

Phone Numbers: (317) 917 8747 Reservations;

(317) 917 8758 ETA/Same Day Cancellation;

(317) 635 3344 Complaints, Etc.

E-mail: info@indygo.net

Web site: <http://www.indygo.net/door>

Provides transportation, within Marion County, for qualified individuals who are disabled.

Senior Transportation Program

708 E. Michigan St.

Indianapolis, IN 46202

Phone: (317) 263-6279

Web site: <http://www.seniortransportation.org>

Marion County residents, who can provide proof that they are age 60, are eligible to receive a 50% discount when using taxi services. A sheet of ten tickets, valued at \$1.00 per ticket, can be purchased for \$5.00. There is a limit of 30 tickets per month. Discounts are also available for individuals who use a wheelchair.

Vocational Services

Department of Labor

Phone: (317) 252-4706

Easter Seals Crossroads

4740 Kingsway Drive
Indianapolis, IN 46205
Indianapolis, IN 46205
Phone: (317) 466-1000
Fax: (317) 466-2000

Age Groups:

Adults

Service Description:

Easter Seals Crossroads Employment Division assists individuals who want to secure and/or maintain employment by providing services that match their needs, preferences, abilities and interests. Through a variety of programs, men and women with disabilities become more independent through various types of employment.

Types of Payment Accepted:

Vocational Rehabilitation, Veterans Administration, DOE

Federal Equal Employment Opportunity Commission

Phone Numbers: (317) 226-7212 or (800) 669-4000

Indiana Civil Rights Commission

Phone Numbers: (317) 232-2600 or (800) 628-2909

Veterans Health Administration Vocational Rehabilitation

Robin Paul

1481 West 10th Street
Indianapolis, IN 46202
Phone: (317) 988-3138
Fax: (317) 988-3312
E-mail: robin.paul@va.gov

Age Groups:

Adult Veterans

Service Description:

Psychosocial rehabilitation services offering vocational assessment, counseling, therapeutic work opportunities, supported employment, and other individualized vocational services in the continuum of care for eligible persons.

Types of Payment Accepted:

Veterans Health Benefits Eligibility

Wabash Center

Greenbush Industries
2000 Green Bush Street
Lafayette, IN 47903
Phone: (765) 423-5531

Age Groups:

Adult

Service Description:

Supported Work Program

INDIANA VOCATIONAL REHABILITATION SERVICES – REGIONAL LOCATIONS

REGION I

Terry Oprinovich, CRC, Region Manager,
Terry.Oprinovich@fssa.in.gov
Linda Dickey, Region Secretary,
Linda.Dickey@fssa.in.gov
3445 Ridge Road, Highland, IN 46322-2049
(219) 838-0083, TDD: (219) 923-3029
Toll free: (877) 428-8513, FAX: (219) 838-1765

Area 1* (010)

John Frekot, CRC, Area Supervisor
3445 Ridge Road
Highland, IN 46322-2049
(219) 838-0083, TDD: (219) 923-3029
Toll Free: (877) 428-8513, FAX: (219) 838-1765
Counties Served: Lake and Newton

Area 2* (020)

Marilyn Hardy, Area Supervisor
504 Broadway, Suite 444
Gary, IN 46402-1921
(219) 881-6746, TDD: (219) 886-8726
Toll free: (877) 847-9891, FAX: (219) 881-6751
County Served: Lake

Area 3* (030)

Dianne O'Brien, Area Supervisor
57 S. Michigan Avenue
Valparaiso, IN 46383-5674
(219) 462-0521, TDD: (219) 464-7582
Toll free: (877) 847-9888, FAX: (219) 464-8824
Counties Served: Porter, LaPorte, Jasper, Starke

Vocational Services

Area 4* (040)

Roberta Milliken, Area Supervisor
221 West Wayne Street
South Bend, IN 46601-2198
(574) 232-4861, TDD: (574) 283-0058
Toll free: (877) 282-0964, FAX: (574) 232-1476
Counties Served: St. Joseph and Marshall

Area 5* (050)

Kim DeQuis, CRC, Area Supervisor
347 West Lusher Avenue, Suite B
Elkhart, IN 46517-1825
(574) 293-2771, TDD: (574) 293-7769
Toll free: (877) 847-9897, FAX: (574) 294-1809
Counties Served: Elkhart, Kosciusko

Area 6

Schereville Office
138 E. Lincoln Highway
Schereville, IN 46375
(219) 864-8163, TTY (219)864-8374
Toll free: (877) 428-8513

REGION II

Jean Updike, CRC, Region Manager,
Jean.Updike@fssa.in.gov
Barb Nichols, Region Secretary,
Barb.Nichols@fssa.in.gov
415 South Branson Street
Marion, Indiana 46953-2095
Voice/TDD (765) 662-9961,
Toll free: (877) 876-2866, FAX: (765) 664-8847

Area 7* (070)

Fort Wayne North
Monte Ice, MA, CRC, Area Supervisor
219 West Wayne Street
Fort Wayne, IN 46802-3678
(260) 424-1595, TDD: (260) 426-8905
Toll free: (877) 715-5292, FAX: (260) 426-3617
Counties Served: Adams, Wells, Whitley

Area 7* (071)

119 West Mitchell St., Suite 3
Kendallville, IN 46755
(260) 347-4555, TDD: (260) 347-4777
Toll free: (877) 715-5293, FAX: (260) 347-1885
Counties Served: LaGrange, Noble, Steuben, DeKalb

Area 8* (080)

Fort Wayne South
Gail Renz, CRC, Area Supervisor
219 West Wayne Street
Fort Wayne, IN 46802-3678
(260) 424-1595, TDD: (260) 426-4653
Toll free: (877) 715-5292, FAX: (260) 426-3617
County Served: Allen

Area 9* (090)

Wilma Ausbrook, Area Supervisor
101 W. Superior, Suite B1
Kokomo, IN 46901-4670
Voice/TDD (765) 459-8871
Toll free: (877) 715-5294,
FAX: (765) 452-1939
Counties Served: Pulaski, Fulton, White, Cass,
Miami, Howard, Tipton

Area 9* (091)

1712 Dividend Drive
Logansport, IN 46947
Voice/TDD (574) 753-0102
Toll free: (877) 715-5295
FAX: (574) 732-1500
Counties Served: Cass, Fulton, Pulaski, White

Area 10* (100)

Barbara Keesling, Area Supervisor
415 South Branson Street
Marion, IN 46953-2095
Voice/ (765) 662-9961, TDD: (765) 664-8846
Toll free: (877) 876-2866, FAX: (765) 664-8847
Counties Served: Grant, Blackford, Huntington,
Wabash

Area 10* (101)

2835-B Guilford St.
Huntington, IN 46750-9719
Voice/TDD (260) 356-1284
Toll free: (877) 876-2911, FAX: (260) 356-6491
Counties Served: Huntington

Area 11*

201 East Charles St., Suite 130
Muncie, IN 47305-2435
Voice/TDD (765) 282-9863
Toll free: (877) 847-9890, FAX: (765) 282-1714
Counties Served: Jay, Delaware, Henry, Randolph

Vocational Services

REGION III

Ken Williams, CRC, Region Manager,
Ken.Williams@fssa.in.gov
Alice Bond, Region Secretary,
Alice.Bond@fssa.in.gov
2506 Willowbrook Parkway, Suite 330
Indianapolis, IN 46205-1542
(317) 254-6707, TDD: (317) 257-5180
Toll free: (877) 847-9894, FAX: (317) 254-6705

REGION III

Area 12* (120)

Larry Metz, CRC, Area Supervisor
222 E. 10th St. Suite A
Anderson, IN 46016-1721
Voice/TDD (765) 643-7413
Toll free: (877) 284-5052, FAX: (765) 642-0691
Counties Served: Madison, Hamilton, Hancock

Area 13* (130)

Indianapolis Northeast
Elizabeth Alberding, CRC, Area Supervisor
2506 Willowbrook Pkwy., #320
Indianapolis, IN 46205-1553
(317) 254-6700, TDD: (317) 257-5180
Toll free: (877) 847-9894,
FAX: (317) 254-6705
Counties Served: Marion Co. Zip Codes: 462-05,
19, 20, 26, 29, 40, 50, 16, 35, 56, 36, 80

Area 14* (140)

Indianapolis Central
Karen Swarts, CRC, Area Supervisor
3737 N. Meridian St. Suite 102
Indianapolis, IN 46208-4392
Voice (317) 921-3825
Toll free: (877) 715-5296
Fax: (317) 921-3835
Counties Served: Marion Co. Zip Codes: 462-01,
02, 04, 08, 18, 18, 54, 60, 68, 78, 90, 28

Area 15* (150)

Indianapolis West
Martha Jackson, Area Supervisor
3607 W. 16th St., Suite A-3
Indianapolis, IN 46222-2556
(317) 232-1571, TDD: (317) 232-1572
Toll free: (877) 876-2864
FAX: (317) 232-1686
Counties Served: Hendricks, Boone, Marion co.
Zip Codes: 462-21, 22 (west of Lafayette Rd.), 24,
31, 34, 14, 41

Area 16* (160)

Indianapolis South
Doug Bebee, Area Supervisor
933 East Hanna Ave.
Indianapolis, IN 46227-1379
(317) 781-3745, TDD: (317) 781-3755
Toll free: (877) 715-3169
FAX: (317) 781-3754
Counties Served: Shelby, Johnson, Marion Co.,
Zip Codes: 462-03, 17, 25, 2737, 39, 59, 46107
Beech Grove

REGION IV

John Kaufman, CRC, Region Manager,
John.Kaufman@fssa.in.gov

Mahealani Gregg, Region Secretary, Mahealani.Gregg@fssa.in.gov

700 E. Walnut Street, Evansville, IN 47713-2561
Voice (812) 425-1367, TDD: (812) 433-3013
Toll free: (877) 715-5299 FAX: (812) 425-4546

Area 6* (060)

Fred Williams, MA, CRC, Area Supervisor
111 N. 4th St., Suite A
Lafayette, IN 47901-1305
(765) 423-2276, TDD (765) 429-4659
Toll free: (877) 847-9892
FAX: (765) 423-2701
Counties Served: Carroll, Clinton, Montgomery,
Fountain, Benton Tippecanoe, Warren Websites
American Stroke Association

Vocational Services

Area 17* (170)

Majdi El-Alami, MS, CRC, Area Supervisor
 30 N. 8th St., P.O. Box 10217
 Terre Haute, IN 47801
 (812) 232-7864, TDD: (812) 232-8149
 Toll free: (877) 715-3170, FAX: (812) 232-8321
 Counties Served: Vermillion, Clay, Sullivan, Parke,
 Vigo, Putnam

Area 18* (180)

Susan Carpenter, Area Supervisor
 1600 Willow St. Suite B
 Vincennes, IN 47591-4212
 Voice (812) 882-7208, TDD (812) 882-5368
 Toll free: (877) 847-9898, FAX: (812) 886-1490
 Counties Served: Knox, Daviess, Gibson, Greene

REGION IV

Area 19* (190)

Rueben Fakes, Area Supervisor
 611 Bartley St.
 Jasper, IN 47546-2620
 Voice/TDD (812) 482-4648
 Toll free: (877) 847-9896
 FAX: (812) 482-2213
 Counties Served: Martin, Orange, Crawford, Perry,
 Warrick, Spencer, Dubois, Pike

Area 20* (200)

Marcia Gordon, MBA, CRC,
 Area Supervisor
 700 E. Walnut
 Evansville, IN 47713-2561
 (812) 425-1367, TDD: (812)-433-3013
 Toll free: (877) 715-5299, FAX: (812) 425-4546
 Counties Served: Posey, Vanderburgh

REGION V

Kevin Blevins, Region Manager,
 Kevin.Blevins@fssa.in.gov
 Mary Pettigrew, Region Secretary,
 Mary.Pettigrew@fssa.in.gov
 200 E. Third St., P.O. Box 930
 Seymour, IN 47274-0930
 (812) 523-6601, TDD: (812) 522-1331
 Toll free: (877) 847-9895, FAX: (812) 522-6184

Area 21* (210)

Rob Ambrose, CRC, Area Supervisor
 450 South Landmark Ave.
 Bloomington, IN 47403-5000
 (812) 332-7331, TDD: (812) 332-9372
 Toll free: (877) 847-9893, FAX: (812) 332-2979
 Counties Served: Morgan, Monroe, Lawrence &
 Owen

Area 22* (220)

Jami Stout, MSW, Area Supervisor
 4555 Central Ave. Suite 1300
 Columbus, IN 47201-3726
 Voice/TDD (812) 376-9935
 Toll free: (877) 396-3271, FAX: (812) 348-6451
 Counties Served: Bartholomew, Ohio, Dearborn,
 Ripley, Decatur, Brown, Franklin

Area 23* (230)

Bob Jacobsen, CRC, Area Supervisor
 52 South 2nd St.
 Richmond, IN 47374-4212
 (765) 966-0932, TDD: (765) 966-4394
 Toll free: (877) 715-3171, FAX: (765) 966-0086
 Counties Served: Fayette, Rush, Union, Wayne

Area 24* (240)

Jodi Isaacs, MS, CRC, Area Supervisor
 200 E. Third St.
 P.O. Box 930
 Seymour, IN 47274-09
 (812) 522-4585, TDD: (812) 522-1331
 Toll free: (877) 847-9895, FAX: (812) 522-6184
 Counties Served: Jefferson, Jennings, Jackson,
 Washington, Switzerland

Area 25* (250)

Delbert Hayden, Area Supervisor
 1452 Vaxter Avenue
 P.O. Box 2517
 Clarksville, IN 47131-2517
 Voice/TDD (812) 288-8261
 Toll free: (877) 228-1967, FAX: (812) 282-7048
 Counties Served: Clark, Harrison, Scott, Floyd

Websites

American Stroke Association

www.strokeassociation.org

Brain Aneurysm Foundation

www.bafound.org

Brain Attack Coalition

www.stroke-site.org

Brain Injury Association of America

www.biausa.org
(800) 444-6443

Brain Injury Association of America – publications

<http://www.biausa.org/aboutbipub.htm>

Brain Injury Association of Indiana

www.biausa.org/Indiana

Brain Injury Resource Center

www.headinjury.com

Brain Injury Resource Foundation

www.birf.info/index.shtml
(404)-712-5504

CareGivers-USA

www.caregivers-usa.org

Caring Road

www.caringroad.org/index.cgi

Center for Disease Control & Prevention

www.cdc.gov/ncipc/tbi
(800) 311-3435 or (800) 232-4696

Chat Rooms

<http://www.braininjurychat.org/lobby.htm>
<http://www.braininjurychat.org>

Center for Neuroscience Skills

www.neuroskills.com

CICOA Aging and In Home Solutions – Information and Assistance

www.cicoa.org
(317) 254-3660

Defense & Veterans Brain Injury Center

www.dvbic.org
(800) 870-9244

Disability Advocates of America

<http://disability-advocates.com>
(866) 215-5406

Easter Seals

www.easter-seals.org
(800) 221-6827

Employment of Veterans with TBI

www.AmericasHerosAtWork.gov

Family Caregiver Alliance

www.caregiver.org
(800)-445-8106

Family Voices

www.familyvoices.org
(888) 835-5669

Health Resources and Services Administration

www.hrsa.gov
301-443-3376

Indiana Protection and Advocacy Services (IPAS)

Web site: www.in.gov.ipas

Indiana Sports Concussion Network (ISCN)

www.IndianaSportsConcussionNetwork.com

LEARNet

Web site designed to help parents, teachers, and other professionals who serve students with TBI.

Multimedia Atlas of the Brain

www.dtiatl.org

National Adult Day Services Association, Inc.

www.nadsa.org
(866) 890-7357

National Aphasia Association

www.aphasia.org

Websites

National Association of State Head Injury Administrators

www.nashia.org
301-656-3500

National Brain Injury Research Treatment And Training Foundation

www.nbirtt.org
434-220-4824

National Family Caregivers Association

www.nfcacares.org or www.thefamilycaregiver.org/index.cfm
(800)-896-3650

National Center for Medical Rehabilitation Research, NICHD, NIH

www.nichd.nih.gov/about/ncmrr
(800) 370-2943

National Disabilities Rights Network

www.ndrn.org
(202) 408-9514

National Institute on Disability and Rehabilitation Research

www.ed.gov/about/offices/list/osers/nidrr
202-245-7640

National Institute of Neurological Disorders And Stroke, NIH

www.ninds.nih.gov/disorders/tbi.tbi.htm
(800) 352-9424

National Rehabilitation Information Center

www.naric.com

National Resource Center for TBI

www.neuro.prm.vcu.edu

National Respite Coalition (NRC)

www.archrespice.org/NRC.htm
(800) 473-1727, ext. 22

National Respite Locator Service

www.respite.locator.org/index.htm
(800) 473-1727, ext. 222

Neuroanatomy and Neuropathology

www.neuropat.dote.hu

North American Brain Injury Society

www.nabis.org
703-960-6500

Outcome Measurement in Brain Injury

www.tbims.org/combi

Patient Advocacy Foundation

www.patientadvocate.org
(800) 532-5274

Social Security Administration

www.ssa.gov
(800) 772-1213

Social Security Online

www.socialsecurity.gov

TBI ARMS

Traumatic Brain Injury Advocacy, Resource, Mentoring Services 360-387-6428 or (877) 205-9177

TBI National Data Center

www.tbindc.org

TBI Collaboration Space

www.tbitalac.nashia.org/tbics

Traumatic Brain Injury Resources

www.traumaticbraininjury.com

Traumatic Brain Injury Resource Guide

www.neuroskills.com

Traumatic Brain Injury Survival Guide

www.tbiguide.com

The Whole Brain Atlas

www.med.harvard.edu/AANLIB/home.html

Well Spouse Association

www.wellspouse.org
(800) 633-4227

A Guide to Selecting and Monitoring Brain Injury Rehabilitation Services

Presented by the Brain Injury Association and the Defense and Veterans Head Injury Program

Introduction

The first critical step toward achieving maximum recovery is careful selection of rehabilitation services which best meet the needs of the person with brain injury and their family. The second, and equally vital step in the rehabilitation process, is to participate actively in the decision-making about the monitoring of service delivery. Active and ongoing participation means you will be better prepared to make solid, informed decisions and to maximize available resources.

managed care plan works and accessing medical and rehabilitation services has become increasingly challenging. Consumers must now make their way through “gatekeepers,” accumulate referrals from a primary care physician to access specialized evaluation and treatment and appeal when requests for care are denied. The brain injury rehabilitation industry has changed in response to the growth of managed care, resulting in many mergers among provider organizations. Additional changes are expected as states recreate Medicaid programs into managed care models.

The Health Care System in Brief

The 1980’s brought radical changes to the health care industry in the United States. At the same time, the availability of specialized brain injury rehabilitation programs and services grew dramatically. Competition became a hallmark of the health care industry as first the federal government and then private insurance carriers began to rethink the way health care services were paid for. Reform of the nation’s health care system began in earnest in 1993 when the federal government began to wrestle with ways to reduce the rapidly rising health care costs.

While National Health Care Reform, as a federally-led systems change was unsuccessful, it did spark a dramatic shift in the financing of health care services. The traditional fee-for-services model has given way to a wave of managed care models of funding and delivering health care services. Understanding the manner in which a particular

Models of Rehabilitation

In the past, rehabilitation programs for people with brain injury were largely provided in a “medical model.” While this model is still predominant, the trend is toward more community and home-based rehabilitation models. As the average length of stay in hospitals and rehabilitation facilities continues to fall, the importance of community services grows. Fortunately, providers of services are offering more community-based options. Negotiating with insurance companies, HMO’s and other managed care entities to assure that a person with brain injury has access to the types, intensity and duration of services he/she needs is frequently necessary.

An Informed Consumer Makes the Best Customer

The purpose of this guide is to enable you to make well informed decisions about the services you

or your family member receives. Through general guiding principles and specific questions, it provides a framework for the collection and evaluation of information regarding brain injury rehabilitation programs and services. Contact your Brain Injury Association state office or our national headquarters if you have questions or need additional assistance

Guiding Principles

1. **You Know Your Needs Best** People with brain injury and their families know themselves and their needs best. Rehabilitation professionals can help provide the information you need to make informed choices, but you have to live with the decisions you make.
2. **Be Curious** Ask questions. Learn about the program, its staff and rehabilitation philosophy and methodology. If you do not understand something, insist that someone take the time to explain it in the detail you need. Rehabilitation is as much an “art” as a “science.”
3. **Learn From Others** When researching available programs, talk with at least three individuals who have participated in each program you are considering. You can benefit from listening to their experiences with the program.
4. **Explore More Than One Program** There are hundreds of rehabilitation programs and services to choose from. The closest one, or the one which offers the most services is not necessarily the one that will best meet your needs. Many managed care organizations have established contracts with rehabilitation providers. Options available under such plans may be limited, but still offer more than one program to choose from. It can help to ask about other options and about when the plan makes exceptions to use non-contract providers.
5. **Listen to Your Instincts** Make decisions when you are ready. If you are unsure or uncomfortable, find someone who has no stake in the decision to help you sort things out. Be wary of anyone who tries to pressure you. If you feel pressured, report this to the program’s corporate office, licensing agencies and accrediting organizations.
6. **Get It In Writing** This cannot be emphasized enough! Keep a log of who you spoke to, the date, time and a summary of your conversation. Keep copies of all correspondence. During this emotional time, it is easy to forget information. You may wish to tape record your conversations so you can refer to them later. The person you are speaking with should readily agree to be taped. Get any commitments for services (the types and quantities to be provided as well as costs) in writing before you choose a program.
7. **Looks Are Not Everything** The quality of rehabilitation services cannot be judged by how nice the facilities or marketing materials look.
8. **The Ultimate Goal is Take Charge** Rehabilitation programs should promote self-determination to the fullest extent possible and maximize integration in the community. Self-determination can be achieved by taking charge of the decision-making process - for example, deciding how you wish to use your own time, energy and money.
9. **Know Your Financial Situation** Talk with the insurance carrier, managed care organization or other health care payer to find out how much it will pay, for what services and under what conditions. Ask about deductibles and copayments. Get a copy of your policy or plan and re-read it. Find out the extent of your financial obligations. Ask about the long-term implications of decisions you make today. Get regular (at least monthly) updates about where you stand financially with the payer and program. Find out about public or other private benefits you may be eligible for and apply promptly.
10. **Be Involved** Distance is no excuse for poor communication. Participate in team meetings. Establish regular verbal and written contact with key people in the program. Voice your opinions, questions and concerns promptly. You should be welcome to visit, observe or participate at any time.

11. **The Customer is Always Right** As a consumer of brain injury rehabilitation services, you are the customer. While someone else may pay the bills, you are the one who must be satisfied with the services provided. If you are not satisfied, work with the program and funding source to remedy the situation promptly. In these difficult times, choosing brain injury rehabilitation programs and services may be the single most important decision you make - emotionally, financially and in terms of outcome. Take the time to make good decisions. Once you are receiving services, stay on top of what is being provided and what other options exist. Be an informed consumer.

Specific Questions

The questions below may not apply to all programs in all settings. We encourage you to select those questions that make sense for your particular situation. There may be other questions you feel are important as well, so add them. Write down the responses you get. Ask the same questions of each program you are considering, and then compare the responses. If you need more information, or something is not clear, do not hesitate to call the program and ask again. Please do not be concerned about the amount of time it may take you to ask the questions you have selected. Selecting a program that meets your needs is important. Monitoring services once they have begun is also important. Refer to this guide from time to time and reflect on how well the program staff is doing what they said they would. Ask questions you did not consider during the selection process but which become important as rehabilitation progresses. Remember, information is power.

A. Discharge Planning

Planning for discharge must begin at admission. It is imperative to have an understanding of what the next step is after discharge, as well as what kinds of services might be needed and their availability.

Be clear about your intent to be involved in discharge decisions. As with other information, it is important to get discharge planning commitments in writing. It is virtually impossible for anyone to tell you the particular level of recovery that will be achieved. They can, however, commit to what they will do to achieve maximum recovery.

1. What are all the possible options after discharge?
2. What is the role of the person with brain injury and their family in decisions about discharge?
3. Where do you think the person will go after discharge?
4. How and who decides when the individual is ready for discharge? What would make the program extend or shorten the anticipated discharge date? If this is done, how much notice is given, and what is the role of the individual and their family in this decision?
5. What if a person decides to leave the program with or without advance notice?
6. How does the program help research discharge options? Who does this?
7. What kinds of follow-up after discharge are provided to the person with brain injury? What kinds of follow-up are offered to the family? Why is followup offered? How long is follow-up offered? What are the charges for this service?
8. What is the average length of stay?
9. How do I get a complete set of records for my files upon discharge? Is there a charge for this? How Much and who pays?
10. Where are people with brain injury the program served in the past?
11. What happens if the place the person is expected to go after discharge falls through?
12. What happens if it appears the person has no discharge options except with family, and the family is unable to provide the care or supervision needed, or for any other reason they feel they are not a viable discharge option?

13. What does the program do to locate affordable community housing with a package of supports provided by a variety of state and community agencies to afford the individual the opportunity to live independently (i.e., transportation, recreation, vocational, educational and personal assistance)?

B. Financial Responsibilities/Arrangements

People with brain injuries have had to leave programs before they are ready because their funding has been exhausted. Large unexpected bills for rehabilitation services have surprised many people and dramatically changed their financial stability and status. The best way to prevent these Occurrences is to stay informed about your continuing financial strains both with the program and with your funding source.

1. a. What is the daily cost of the program?
b. What does this include (room & board, medications, physician services, therapy, transportation, etc.)
c. What services are billed as extra (i.e., telephone, laundry)?
d. How are charges calculated (i.e., per diem, per unit)?
2. What agreement does the program have with my funding source?
3. What do I need to do to get copies of all correspondence (including bills submitted and payments rendered) between the program and my funding source?
4. Who is billed for services my funding source will not pay for? What happens if the second source does not pay?
5. Am I (or is my insurance) billed for services which are planned or scheduled but not provided (i.e., if a therapy session is missed)?
6. What sources of funding does the program accept?
7. How do home visits or other leaves of absence affect payment? Is there a bed hold charge? If so, who is expected to pay if insurance will not?

8. What assistance does the program offer to determine which other public or private insurance and financial benefits the individual may be eligible for? How will they help you apply and follow the application process for these?

C. Admission Planning

1. What are the rights and responsibilities of people participating in this program? How does the program inform the individual of these? Can I have a copy?
2. How do you make decisions about who to admit into the program?
3. How will you get previous medical and other important (i.e., school) records and other information you may need in order to make this decision?
4. I would like a proposed service or treatment plan before I decide. How can I get this?
5. How do you involve the program or service I am in now in the admission and transition process?
6. If I choose this program, what do you need to do prior to admission? How long will that take? What do You need me to do?
7. How can I arrange to spend a half-day or day observing the program?
8. What is your understanding of the role my funding source has in the decision-making process about the program I select?
9. What forms or contracts am I expected to sign prior to admission?
10. How can I get a copy of each to read thoroughly before I sign?

D. Involvement of Family and Friends

The active involvement of family members and friends throughout the rehabilitation process is a key component to achieve maximum success.

1. How does your program involve family members and friends?
2. How are family members and friends involved in team meetings? How will we be informed enough in advance so we can plan to participate?

3. What do I need to do to get copies of written reports regularly? Who is responsible for sending me these?
4. How will you schedule regular conference calls for me to speak with the team if I cannot personally attend the meeting?
5. If I have a question about a particular area (i.e., physical therapy), what do I need to do to speak with that therapist directly?
6. What kind of family training, support groups and therapy is offered? Is there a charge for participation?
7. Since I live far away, what overnight arrangements are made for me to visit for a few days? How about for the person's friends?
8. What arrangements are made for staff to explain services and reports to me in non-technical terms?
9. What is your policy about visitors?
10. What are your policies which would affect friendships the person being served makes with other people served by your program? What provisions are made for them to spend time together as they might choose?
11. What arrangements are made if we wish to have conjugal visits?

E. Legal Considerations

1. How does a legal settlement affect the program's expectations about payment?
2. Has the program ever recommended guardianship, conservatorship or representative payees for people being served? Has the program ever recommended that these are no longer needed? If yes, what assistance is provided to the individual, family members or friends who choose to pursue the recommendation?
3. Is the program licensed? By whom? How can I contact them to learn more about what they require for licensing? Can I see the license?

4. When was the last state or local inspection and what were the results?
5. Is the program CARF brain injury accredited? Any other CARF accreditation? When was the last survey?
6. Is the program accredited by JCAHO? At what level (1 year, 3 year, type 1) When was the last survey?
7. What recourse does the person being served have if they question or disagree with the quality or necessity of services being provided?
8. What recourse do family members and friends have if they question, or disagree with the quality or necessity of services received?
9. What provisions are made for personal banking services? Where do you keep money that belongs to people being served in your program? How do you account for money which is put into your program's care and who is responsible for this accounting?

F. Program

Every component of every program is not addressed here. For example, specific questions about physical therapy are not included. The components below are those which tend to have broad implications, that is, to touch more than one specific discipline, often simultaneously. You will also wish to ask questions about the philosophy and methodology used in specific disciplines that are central to the services needed in your individual situation.

A. Observations to make about aesthetics:

1. Are the facilities clean?
2. Are people being served clean and dressed in a manner you are comfortable with? Do they appear to be well cared for?
3. Does the staff seem attentive, to know people being served by name and to care genuinely about people in the program (i.e., do they stop in the hall to say hello or joke)?
4. Is the food appealing? How does the program accommodate special diets, personal preferences and requests for a different meal schedule? Is there any charge for this?

5. Do people being served seem comfortable with the way they are being treated? (It helps to ask them.)

B. Experience with people with brain injuries:

1. How many people with brain injuries has the program worked with in the past year? How many total individuals have they served?
2. What is the average staff turnover rate? Do they recruit people who have experience in serving people with brain injury? What staff training is provided?
3. How long has the program been in existence? When did it begin to serve people with brain injury? Why was it established?

C. Program administration and organization

1. Who is responsible for the overall supervision of the services rendered to people served? How often are they at the program? How much direct contact do they have with individual people served?
2. What types of people are part of the team? What are the state training and licensure requirements for staff? Does the staff meet these standards?
3. How does the program integrate the individuals expressed desires and goals in service planning? For example, if an individual dislikes to cook and will not be expected to cook at home, is cooking an expected program component? If it will take a person three hours to feed themselves, and they decide this wastes energy they would prefer to use in another manner, how will the program support them in this decision, and what assistance will be provided to find ways to have feeding done by someone else - both at the program and at home?
4. Is there a consistent schedule for an individual's day? What involvement does the person have in directing the schedule and selecting the program components?
5. What do people generally do during unscheduled times?
6. What is the evening schedule?
7. What is the weekend schedule?

8. How is the need for specialized adaptive equipment identified? How is the equipment provided and paid for?

9. What access do people being served and their families have to their records? If I wanted to see my record now, what would I have to do? What recourse do I have if I disagree with something in the record?

D. Medical services/medications

1. Who is responsible for providing medical services? What is their background? Is the same person available at different times, or are multiple medical practitioners used?
2. How is my personal physician included in providing medical services while I am in the program?
3. How does the program handle medical emergencies?
4. How are routine medical issues (i.e., regular dental and ophthalmology services) provided?
5. How would the program manage the special medical needs which have resulted from the injury?
6. I have heard that people can have trouble with bedsores. How does this program avoid or prevent this?
7. What is the policy for the use of psychotropic or other mood-altering medications? What role does the individual have in these decisions? What does the program do if they decline, against medical advice?
8. Who monitors medications and medication interactions? How often is this reviewed? What steps are taken to assure that therapeutic levels of medications are maintained and not exceeded?

E. Program components

1. **Cognitive services:**
 - a. What approaches does the program use to address cognitive strengths and limitations?
 - b. Is neuropsychological testing done? How much emphasis is placed in test reports on recommendations to build on an individual's

cognitive strengths? How much emphasis is placed on reporting test scores and the person's limitations? When is retesting conducted?

c. If a "cognitive therapist" or "cognitive remediation specialist" is a member of the team, what particular qualifications do they have? How is the effectiveness of cognitive services measured?

2. Behavioral interventions:

a. What approaches does the program use to address behavioral concerns? What role do the individual and their family play in determining the types of behavioral interventions used?

b. What steps does the program take to assure that behavioral interventions are clearly understood by all staff the person has contact with and that the plan is being implemented consistently by all staff (even at 3:00 in the morning)?

c. How is the effectiveness of behavioral interventions measured?

d. What role does medication play in "behavior management?"

e. Are physical restraints used? In what circumstances? What policies or protocols exist for the use of physical restraints? Can I see a copy of these?

f. Is a "secure" or locked unit available? When does the program recommend the use of these? Who decides when a person is ready for an open unit after being on a secure unit? How?

g. At what point is an individual's behavior deemed unacceptable to the program? How much notice does the program give the individual and their family? What efforts are made by the program to assist in locating a comparable program that can better meet the needs of the person?

3. Vocational services:

a. What is the extent of vocational services provided by the program?

b. How are situational vocational evaluations conducted? How are job trials, training or placement provided? How are job coaches used? For how long?

c. What interface is there between the program and state vocational rehabilitation services?

4. Educational services:

a. What educational services are offered? To children? To college students? To adults?

b. Does the program have a teacher on staff with expertise in educating children and adolescents with brain injury?

c. What is the interface between the program and the person's school?

5. Community Re-entry:

a. What components of the program take place in the community? How frequently is the individual in the community?

b. How are the person's ability to get around and to use community services and resources evaluated and addressed?

c. What local resources are used by the program to address the needs of the individual?

d. How does the program accommodate an individual's request to participate in community activities (i.e., AA or league bowling)?

e. What outreach does the program do to help educate the community about brain injury and its consequences?

f. What does the program do to learn about the individual's home community and to identify resources and contacts there? What linkages are made with these resources and contacts prior to discharge?

g. What efforts are made to work with the person in their home, even if the program is "facility-based?" How often can this be expected - once for evaluation only, or multiple times to prepare the person for the return home?

h. What is the interface between the program and the local Independent Living Center?

6. Recreation:

a. How does the program accommodate the individual's continued involvement in recreational interests and activities? Are modifications of activities or equipment suggested, and opportunity for situational exploration of the effectiveness of modifications included?

- b. What does the program do to support the individual's desires to become active in new recreational pursuits?
- c. How does the program help the individual identify ways to participate in recreation and social opportunities in their community?
- d. What interface does the program have with the local recreation department? With community therapeutic recreation services? With social support and activity groups?

Guide to Selecting Legal Representation for Brain Injury Case

TBI Challenge! By Mary S. Reitter, MS

Introduction

Persons who sustain brain injury resulting from motor vehicle crashes, pedestrian injuries, falls, defective products, negligence and other causes often find it beneficial to consider consulting an attorney with experience in personal injury cases involving brain injury. Given the expensive and extensive need for medical, rehabilitation and long-term services people with traumatic brain injury and their families may face, any and all possible financial resources should be vigorously pursued.

In addition to a personal injury case, other issues which may require legal assistance after brain injury include competency and guardianship; determination of eligibility for federal and state entitlement programs and appeals, if necessary; estate planning; powers of attorney; separation and divorce; and criminal matters. Depending upon the complexity of the issues, the attorney you select to represent you in a personal injury case also may provide guidance in some or many of these areas, or help you find an attorney who specializes in the particular area of law required.

Personal Injury Cases and Brain Injury

Personal injury cases may afford a person whose brain injury resulted from the negligence of others the financial resources necessary to maximize recovery and/or provide for long-term care and support needs. Tort law, which includes personal injury cases, is intended to encourage safety and discourage wrongful acts which cause injury. It

attempts to provide fair and full compensation for the losses of individuals who have been wrongfully injured or killed. Lost income is an obvious loss. Other damages including pain, suffering, loss of earning capacity and enjoyment of life, as well as medical and rehabilitation services, also can be awarded compensation when a judgment is made or a settlement reached.

Consider an Attorney Soon After the Injury Occurs

Important evidence may be lost if an attorney is not involved in the early days following the injury. An attorney can investigate and prepare the case while the person with brain injury and family focus their energies on the process of recovery.

Many people are reluctant to involve an attorney because they feel they cannot afford one. In addition to the fee for service basis (an attorney is paid either hourly or through a negotiated retainer), personal injury attorneys frequently work on a contingent basis, which means that their fee depends upon obtaining a judgement or settlement for their client. The attorney and client usually negotiate the attorney's fee before begins. Expenses necessary to investigate, prepare and resolve the case may be advanced by the attorney but are usually paid out of the consumer's portion of the total award. This allows individuals to have competent legal representation since they can select the attorney they feel is best qualified to represent them, provided the attorney agrees to accept their case.

Who's the Defendant?

Perhaps one of the most compelling reasons to consider legal representation following traumatic brain injury is the complexity of determining just who may bear some legal responsibility for the injury. For example, in a motor vehicle crash, the driver of an automobile, the automobile manufacturer, the local government and/or its attorney can determine the merit of a variety of possibilities and recommend which cases should be against one or more of the potential defendants.

Choose Your Attorney Carefully

The selection of an attorney can have significant long-term implications. It is a decision which requires serious consideration of many factors. Among these are the attorney's education and training, legal experience, knowledge of the consequences and treatment of traumatic brain injury, knowledge of how to structure and manage awards, and experience with similar cases. The attorney should assist not only in obtaining and preserving any funds resulting from litigation, but also help obtain and preserve any entitlement to federal and state benefits an individual may have. Without careful planning, valuable benefits may be lost. The attorney should be admitted to practice in the state in which the litigation will be filed.

While medical professionals are rapidly becoming more specialized, attorneys usually are still trained to be generalists. Nevertheless, they usually specialize in one area of the law (such as personal injury) soon after beginning practice.

Despite the advent of specialized traumatic brain injury education and training opportunities led by the Brain Injury Association's Annual Trial Attorney's Seminar, relatively few attorneys have specific specialized knowledge or training about the nature of brain injury and its sequelae. In particular, attorneys often may know little about the more subtle cognitive, emotional, physical, behavioral and social difficulties which can occur following

brain injury, whether severe or mild. It is important to collect as much information as possible about a prospective attorney before making your selection.

Attorneys Also Choose Their Cases Carefully

Be aware that the attorney has an important decision to make as well. Attorneys will often invest substantial time and money during the investigation, preparation and resolution of the case at their own expense. Under a contingent fee arrangement, the attorney usually receives no fee if there is no recovery for the client. Because of the obvious financial risk involved, attorneys may decline cases if they do not believe there is a reasonable likelihood of success, or if there is limited availability of funds from the defendant(s). Frequently, attorneys conduct a preliminary evaluation before agreeing to accept a case.

Getting Started

BIA's National Directory of Brain Injury Rehabilitation Services lists individual service providers, including attorneys. Attorneys from your state listed in the National Directory are available through BIA's Information and Resource Department if you do not have access to a copy of the directory. In addition, the BIA State Association in your area, the Association of Trial Lawyers of America (ATLA) and state and national Bar Associations can provide names of attorneys. An attorney you have used in the past for other matters, or other well-known attorneys in your area, may be able to suggest attorneys who primarily handle cases involving brain injury. Asking physicians and rehabilitation professionals as well as people with brain injury and their families may prove helpful as well. Finally check your local library for a copy of the Martindale-Hubbell Law Directory, which provides descriptions of attorneys. This

multi-volume directory does not, however, identify attorneys by specialty.

Once you have a list of attorneys, schedule a telephone or in-person meeting with each. Be prepared to answer the attorney's questions about the injury as well as ask your own. You may find it useful to compile a written list of questions for each attorney to complete by mail before you meet with them, particularly if the list is lengthy. Include a space for the attorney to sign and date the form.

During the first meeting, you will want to learn about the attorney's legal background and experiences and his/her experience with cases involving brain injury. This information will be valuable as you compare and contrast the expertise and knowledge of various attorneys in order to make a well informed decision.

The topic areas and specific questions suggested below can help you structure your information gathering. Keep written notes about each of your interviews which include the names of those with whom you talk, the date and time, and maintain copies of all correspondence. You may wish to tape record your interviews for future reference, with permission from those present, or you may wish to ask a friend to accompany you specifically to function as a note taker. This frees you to listen and fully participate in the discussion.

Ask the attorney to suggest other people with similar cases the attorney has represented (within the limits of attorney/client confidentiality). This means the attorney will need permission from the individual before giving out his/her name. You can benefit from their experiences, both with the attorney and with the legal process you are about to undertake. Bear in mind that some people may decline to give permission, although they were very satisfied with the representation the attorney provided.

Signing the Attorney-Client Contract

Once you have narrowed your search to a few selected attorneys, you may find it helpful to meet with them once again before an attorney-client contract is signed. This contract initiates representation in the case. Be sure it clearly spells out the financial and other agreements you have made with the attorney and that you understand your rights and responsibilities as well as those of the attorney.

Protecting Your Funds

Early in the process, in concert with your attorney, make arrangements to protect whatever funds you are awarded in a settlement or judgment. The attorney should explore options including structured settlements, trusts and annuities which may enable the person with brain injury to maintain eligibility for government benefits such as Social Security and Medicaid.

Taking full advantage of vehicles like these may prepare you to provide for expected as well as unanticipated needs the person with brain injury may have, regardless of the amount awarded. The attorney should be knowledgeable about and/or explore applicable Social Security asset and resource regulations as the case is prepared.

Questions Which May Help

You will likely have many questions to ask a prospective attorney. The topics and specific questions suggested below are intended as a guide for your information gathering. Try to ask the same questions of each potential attorney. Write down the responses you receive. If you are not clear about a response either at the time you meet with the attorney or later, do not hesitate to request clarification. You may wish to verify information the attorney has provided by checking with the

state bar association, college or university he/she attended, organizations which sponsor education/training the attorney has attended, reading articles written by the attorney and/or other means.

During the time you spend with each potential attorney, be observant. Pay attention to the manner in which the attorney, office personnel and staff interact with you and your family and determine if it is comfortable for you. Trust your instincts. Many personal injury cases take years to resolve, so the rapport between you and the attorney you select as you work together over time.

Question A - Understanding of the case

Based on the information you have about my situation, what are the strengths and limitations of my case?

What additional information about my case do you need and how do you propose to obtain it?

What is your opinion of (theory of) my case?

Question B - Resources

Who else in your practice would you involve in my case? What role(s) would these people have? Describe their background and expertise.

Who will be my primary contact with your practice?

Are you or your law firm able and willing to advance as much as \$50,000 in the investigation, preparation and presentation of my case?

Question C - Legal Experience (Credentials and experience)

How much of your practice is devoted to personal injury?

How much of your personal injury cases are devoted to brain injury cases?

What are the results?

What is your involvement with legal associations, local, state or national brain injury associations or other organizations?

Question D - Experience with brain injury

Look for someone who is experienced and stays up to date with personal injury law and brain injury issues.

Ask what he/she has worked on in the past six months.

What special training or education do you have specific to brain injury or benefits you can get after brain injury?

Question E - References

Can you suggest three people you have represented that I might contact as references?

Acknowledgements

The author wishes to acknowledge the contributions of the following individuals who provided valuable input and review of this guide: C. Michael Bee, Becky Burke, Andy Burnett, Craig Denmead, Bob Eustice, Simmon Forgette, Melody Flinchum Knox, Nick Simkins, Ellen Shillinglaw and Dick Verville. attorney can be very important. During your information gathering, keep in mind that you do not need to know everything about every potential attorney. You will develop more in-depth knowledge about the individual

Glossary of Terms

A

Abnormal postural tone

The degree of vigor or tension in a muscle, which is not normal. This results in a body posture that lacks smoothness of movements.

Abstract thinking

Refers to concepts that may be difficult to understand; concepts that are theoretical or detached, dealing with things that cannot actually be seen. Some patients with cognitive deficits can only understand concepts that are “concrete,” or related to something tangible in the environment.

Active Range of Motion (AROM)

The amount of motion in a joint that a person can achieve by using his or her own muscle strength.

Activities of Daily Living (ADL)

Activities include feeding, dressing, personal care, homemaking, etc.

Acute rehab program

An acute rehabilitation program begins as soon as the patient is medically stable and continues until he is ready for either an outpatient or long-term rehab program.

Adaptive equipment

Devices (i.e. button hooks, reachers), which allow a person to perform tasks, they previously could not do because of an impairment.

Adiadochokinesia

Inability to stop one movement and follow it immediately by the directly opposite action, known as rapid alternating movements.

Affect

The observable emotional condition of an individual at any given time.

Affective behaviors

Actions, gestures and expression; verbal and nonverbal associated with emotions. Brain injury can cause a person’s emotional response to be irrelevant or not match the situation.

Affective disorders

Mental illnesses characterized mainly by abnormalities in mood. The two principal categories are mania and depression.

Agitation

Excessive motor activity, which is usually non-productive and is often accompanied by shouting or loud complaining.

Agnosia

Inability to recognize a sensory stimulus.

Agraphia

Inability to express thought in writing. May occur in any sensory modality.

Air splints

Plastic bags that are formed to fit around the disabled limb and inflated to full capacity to exert a pressure on the tissues which facilitates the flow of circulation and energy and reduces spasticity.

Alertness

Refers to consciousness or wakefulness.

Alexia

Inability to read.

Ambulation (ambulatory)

Walking.

Amnesia

Lack of memory for periods of time. Several types of amnesia include anterograde, post-traumatic and retrograde.

Amnesia (anterograde)

Inability to remember events beginning after the injury; essentially, severely decreased ability to learn new information.

Amnesia (post-traumatic, PTA)

The period of anterograde amnesia following a head injury; inability to store new information.

Amnesia (retrograde)

Loss of memory for events preceding the injury.

Anomia

Inability to find the correct word. Problems with naming objects, persons or events; often, the person will recognize the word when it is given.

Anosmia

Loss of sense of smell.

Anoxia

A condition resulting in insufficient oxygen to the brain.

Antecedent

A stimulus or event which elicits a behavior in the "Antecedent-Behavior-Consequence" sequence.

Anterograde amnesia

Inability to consolidate information about ongoing events. Difficulty with new learning.

Anti-convulsive medications

Medications that prevent or relieve convulsions/seizures including Dilantin, Tregretol, and Pheno-barbital.

Antibiotics

Medications used to treat or prohibit infections.

Anxiety

Motor tension caused by physical and psychological tension (i.e., worry, fear, upset stomach, heart pounding, lack of concentration, difficulty sleeping).

Apathy

A person exhibiting apathy may refuse to participate in or seem disinterested in activities; may prefer to sit or lie around. Lack of interest may be the result of the injury and not under the voluntary control of the individual.

Aphasia

Impairment of some aspect of language due to the brain injury. There may be nothing wrong with their speech or hearing organs.

Aphemia

Isolated loss of the ability to articulate words without loss of the ability to write or comprehend spoken language.

Aphonia

Loss of voice.

Apraxia

Inability to plan and perform a learned voluntary movement smoothly, not due to muscle weakness or failure to understand directions.

Apraxia of speech

An impairment of speech caused by damage to the area of the brain responsible for planning orderly movements of the speech muscles; the partial or total inability to initiate or sequence speech sound in the proper order despite the fact the muscles of speech themselves may have adequate strength.

Acquired Brain Injury (ABI)

Injury to the brain usually occurring after birth and not due to congenital or inherited defects. The injury commonly results in changes in neuronal activities. Causes may include anoxic/hypoxic injury, intracranial surgery, vascular disruption, seizure disorders and toxic exposure.

Art therapy

Using art techniques such as painting, crafts, and group activities to develop motor skills, perceptual abilities and self-esteem.

Arterial line

A catheter in the patient's arteries, most often in the arm. The arterial line is used to measure blood pressure and the amount of oxygen and carbon dioxide in the blood.

Articulation

Vocal tract movements for speech sound production.

Articulation disorder

Incorrect production of speech sounds due to faulty placement, timing, direction, pressure, speed or integration of the movement of the lips, tongue, velum or pharynx.

Aspiration

When fluid or food enter the lungs via the windpipe because of failure of the voice box to close off the windpipe (trachea).

Assessment

Assessment includes gaining a better understanding of the brain injured person's ability to function as he did before the injury. People trained in using special tests and knowing what behavior to watch for report what they observe. The information obtained from the assessment will help plan the best way to proceed for maximum recovery.

Assistance levels

1. **Dependent Individual:** An individual who makes no voluntary effort to assist.
2. **Maximal Assistance:** Individual participates some and another person performs most of the activity.
3. **Moderate Assistance:** Individual and assistant participate about equally.
4. **Constant Minimal:** Individual performs most of the activity and only needs some assistance.
5. **Verbal Cues:** Individual requires observation by another person and verbal cues to perform the activity in order to prevent the need for physical assistance or to avoid a potential safety hazard.
6. **Supervision:** Individual requires observation by another person to ensure safety.
7. **Independent:** Individual requires no assistance or supervision to perform the activity.

Associated reaction

A non-purposeful movement that accompanies another movement (e.g., the arm may bend involuntarily when a person yawns.)

Ataxia

A lack of coordination, which results in jerky, unsteady movements of the arms and legs.

Atrophy

Muscle degeneration resulting from lack of use or immobilization.

Attending physician

The doctor ultimately responsible for the care of the patient.

Attention (attention deficits)

The capacity for focusing attention on a specific occurrence; for choosing which stimuli to perceive.

Attention to task

The ability to focus on an activity.

Audiologist

A person who evaluates hearing.

Augmentative communication devices

A computer or other means of communication for people unable to speak.

Automatic behavior

Actions, which require little or no thought, effort or planning. These actions are usually learned in childhood and used frequently such as tying shoe-laces and counting.

Awareness

Ability to recognize and discern stimulation from within or outside of the patient.

B

Balance

The ability of the body to readily adapt to changes in the center of gravity to find equilibrium.

Bed mobility

Movement in bed which includes rolling to the right or left, sitting up, lying down, and vertical and horizontal movements.

Bed sore

A sore on the body due to prolonged contact with the bed; also known as a "decubitus ulcer."

Behavior modification program

A program for an individual with behavior problems, which creates a series of rewards and the withholding of rewards.

Behavioral rehabilitation

When the patient's behavior interferes with regaining lost skills, counseling is given to help accept the disability, which is now faced. This in turn will result in the patient's improved cooperation with those trying to help the patient recover.

Biofeedback

Instant information given to an individual in order to monitor a particular state of mind.

Bladder program

A physical disability often impairs bladder function; an indwelling (Foley) catheter is often put in place soon after the injury to assist bladder drainage.

Body awareness and laterality

Awareness of one's body, its parts, how they work and the ability to distinguish between movement on the left and right sides of the body.

Body image

A person's mental picture of his body that expresses his feelings and thoughts about his body instead of an exact picture of the physical structure.

Body scheme

The knowledge of how one's body is put together and the relationships of body parts to each other (i.e., a person may not know that her hand is at the end of her arm).

Bowel routine

When the disability causes an impairment in bowel function and this pattern needs to be re-established. Activity, medication and diet are used to establish a routine.

Brain Death

A state in which all functions of the brain (cortical, subcortical, and brainstem) are permanently lost.

Brain injury

Damage to the brain that results in impairments in one or more functions, including: arousal, attention, language, memory, reasoning, abstract thinking, judg-

ment, problem-solving, sensory abilities, perceptual abilities, motor abilities, psychosocial behavior, information processing and speech. The damage may be caused by external physical force, insufficient blood supply, toxic substances, malignancy, disease producing organisms, congenital disorders, birth trauma or degenerative processes.

Brain Injury, Acquired (ABI)

Injury to the brain usually occurring after birth and not due to congenital or inherited defects. The injury commonly results in changes in neuronal activities. Causes may include anoxic/hypoxic injury, intracranial surgery, vascular disruption, seizure disorders and toxic exposure.

Brain Injury, Closed

Occurs when the head accelerates and rapidly decelerates or collides with another object (for example the windshield of a car) and brain tissue is damaged, not by the presence of a foreign object within the brain but by violent smashing, stretching, and twisting of brain tissue. Closed brain injuries typically cause diffuse tissue damage that results in disabilities, which are generalized and highly variable.

Brain Injury, Mild

A mild traumatic brain injury is a traumatically physiological disruption of brain function, as manifested by at least one of the following: 1) any period of loss of consciousness, 2) any loss of memory for events immediately before or after the injury, 3) any alteration in mental state at the time of the injury (e.g., feeling dazed, disoriented or confused), 4) focal neurological deficits which may or may not be transient, but where the severity of the injury does not exceed the following: a) loss of consciousness of approximately 30 minutes or less; b) after 30 minutes, an initial Glasgow Coma Scale score of 13-15; c) post traumatic amnesia not greater than 24 hours.

Brain Injury, Moderate

A Glasgow Coma Scale of 9 to 12 during the first 24 hours post injury.

Brain Injury, Severe

Severe brain injury occurs when a prolonged unconscious state of coma lasts days, weeks, or months..

Brain scan

Procedure that uses radioactive dye to allow a “picture” to be taken which scans for abnormalities.

Brain stem

The brain stem connects the larger portion of the brain with the spinal cord and the rest of the body. It controls consciousness, swallowing, heart beat, body temperature, breathing, eye movements, etc. All signals from and to the brain must pass through the brain stem.

C**Carryover**

Refers to the ability to retain newly learned skills or information and apply them another situation.

Case management

Facilitating access to relevant rehabilitation and support programs, and coordination of the delivery of services. This role may involve liaison with various professionals and agencies, advocating on behalf of the person and arranging for purchase of services where no appropriate programs are available. An individual may have an internal case manager who oversees that a person’s goals are met and serves as a liaison with a case manager who may serve as the liaison between the funder and program.

Catheter

Also called a “line.” Catheters are thin tubes, which may be placed in several parts of the body to put material in, drain fluids out or to take samples or measurements.

Central Nervous System (CNS)

The central nervous system (CNS) consists of two parts, the brain and the spinal cord. The largest part of the brain is made up of the two hemispheres and their interconnections. This part of the brain controls thinking, movement, vision, speech, and understanding language. The spinal cord is the connection of the brain to the rest of the body.

Cerebellum

The portion of the brain concerned with coordinating movements that is located below the cortex.

Cerebral angiography

An injection of dye into an artery so that the vascular system of the brain can be studied by x-ray.

Cerebrospinal fluid, CSF

Fluid, which surround the brain and spinal cord.

Chest tubes

Tubes inserted between the ribs and lungs to remove air and/or fluid.

Chux

Blue, absorbent and waterproof underpads used to protect bedding.

Circumlocution

An inability to recall a name of an object (i.e., “cup” is “drink from” or “ball” becomes “that round thing.”

Clonus

Quick stretch of a muscle producing a sustained series of rhythmic jerks.

Closed head injury

An injury brought about by force that does not crack or penetrate the skull.

Cognition

The process of “thinking” which includes perception, memory, and judgment.

Cognitive impairment

Difficulty with one or more of the basic functions of the brain: perception, memory attentional abilities and reasoning skills.

Cognitive rehabilitation

Therapy programs which aid persons in managing specific problems in perception, memory, thinking and problem-solving. Skills are practiced and strategies are taught to help improve function and/or compensate for remaining deficits.

Cognitive strategies

Use of mental techniques to compensate for weaknesses (i.e. using a color code on a schedule board to “remember” daily appointments).

Cognitive therapy

Learning that is concerned with acquisition of problem-solving abilities, intelligence and conscious thought.

Coma

A period of prolonged unconsciousness and unresponsiveness to the environment.

Coma treatment (intervention)

A program designed to strengthen the recovery process through medical nutritional, and physical intervention; should include sensory stimulation.

Coma vigil

See persistent vegetative state.

Communication

Any means by which an individual relates information or feelings to another including speech, sign language, gestures, and writing.

Communication disorder

Disruption in spoken or written ability due to disease or injury, or any interference with an individual's ability to comprehend or express information.

Community alternatives

Agencies, outside an institutional setting, which provide care, support, and/or services to persons with disabilities.

Community-based programs

Programs, which are located in a community environment, as opposed to an institutional setting.

Community skills

Those abilities needed to function independently in the community. They may include telephone skills, money management, pedestrian skills, use of public transportation, meal planning and cooking.

Community re-entry

Offers retraining in the life skills needed to function as independently as possible; includes emphasis on self-care, activities of daily living, and physical mobility.

Community reintegration

A program designed to teach patients and their families about community resources and how to use them (i.e., transportation services, recreation programs, and support groups).

Competence

The mental ability and capacity to accomplish actions and perform tasks that another person of similar background and training, or any human being, would be reasonably expected to perform adequately.

Comprehension

Understanding language in a way that allows learning and appropriate action.

Concept

General idea or meaning usually understood by a word, symbol or sign; idea that combines several elements from different sources into a single notion.

Conceptual disorder

Disturbance in ability to formulate and understand concepts.

Conceptualization

Process of thinking or imagining; ability to abstract and categorize; formation of a concept or ideal.

Concrete thinking

Difficulty in forming abstract concepts, in speculating about what might be, and in grouping things into categories.

Concussion

A blow to the head, which results in, the brain being "shaken-up" but not obviously bruised. May or may not involve a loss of consciousness.

Confabulation

Statements about people, places and events with no basis in reality. May be detailed and stated with apparent confidence by the patient. Usually done when a patient feels the need to fill in memory gaps with some information no matter how farfetched.

Confidentiality

An ethical principle in which treatment staff are bound to keep secret any and all information about clients or patients from individuals who are not part of the specific treatment staff for the client or patient.

Congenital disability

A disability that has existed since birth but is not necessarily hereditary birth defect is often used.

Consequence

An event, usually a reward or a punishment, that follows a behavior in the “Antecedent-Behavior-Consequence” sequence.

Consulting physicians

Doctors in other specialties who have been asked to give their advice on certain aspects of the care of the injured person’s care.

Continent

Ability to control bowel and bladder functions.

Contingency

A relationship or connection between a particular consequence and a behavior in the “Antecedent-Behavior-Consequence-sequence. For example, Eric can play catch (consequence) after he cleans his room (behavior).

Contra-coup damage

Damage to the brain on the opposite side of the head from where it was hit.

Contracture

Loss of range of motion in a joint due to insufficient movement.

Convergence

Movement of two eyeballs inward to focus on an object moved closer. The nearer the object, the greater is the degree of convergence necessary to maintain single vision.

Coordination

The harmonics working together of several muscles or muscle groups in the execution of complicated movement.

Core therapies

Basic therapy services provided by professionals on a rehabilitation unit. Usually refers to nursing, physical therapy, occupational therapy, speech-language pathology, neuropsychology, social work and therapeutic recreation.

Cortex

The largest portion of the brain and is where most thinking and cognitive functioning takes place.

Craniotomy

Any surgical opening into the skull performed to relieve intra-cranial pressure, to control bleeding or to remove a tumor.

CT (CAT) Scan

Also known as computerized tomography, which is a series of x-rays of the brain at various levels to show its structure; shows the more obvious abnormalities such as hematomas, enlarged ventricles or atrophy.

D**Decadron, Dexametasone**

A steroid given to lessen swelling of the brain.

Decerebrate posturing

Exaggerate posture of extension as a result of a lesion to the prefrontal area of the brain stem.

Decorticate posturing

Exaggerated posture of upper extremity flexion and lower extremity extension as a result of a lesion to the mesencephalon or above.

Decubitus ulcer

A “bed sore” due to prolonged contact with the bed.

Deficit

A decrease in functioning; the inability to perform a particular task at a previous level.

Denial

Patient or family will not admit or realize the severity and long-term nature of a brain injury.

Developmental disability

Any mental and/or physical disability that has an onset before age 22 and may continue indefinitely.

Diaschisis

A theoretical state following brain injury in which healthy areas connected to the damage area show a temporary loss of function.

Differential reinforcement

A procedure in which a particular desirable behavior is reinforced at the same time that a particular problematic or less desirable behavior is extinguished or punished.

Diffuse injury

An injury to the brain, which impairs functioning of large areas of the brain tissue.

Diffuse axonal injury; white matter shearing

Microscopic tears of the nerve fibers that may have a more significant impact on functional abilities than the more obvious damage to the brain.

Dilantin, Phenytoin

Anti-seizure drugs, which are usually given to prevent seizures.

Diplopia

Seeing two images of a single object; "double-vision."

Disability

Inability or limitation in performing activities normally, may be physical, mental or sensory.

Discrimination (auditory)

Ability to sort and sift sounds from each other.

Discrimination (perception)

Ability to discern fine difference among stimuli, whether visual (sight), auditory (hearing), or tactile (touch).

Discrimination (tactile)

The ability to identify and distinguish between objects and stimuli solely through touch. This involves the ability to ascertain shape, size and texture. For example, a person with impaired tactile discrimination might not be able to distinguish between a quarter and a dime in their pocket.

Discrimination (visual)

Ability to detect differences in objects, forms, letters or words.

Disinhibition

Not being able to control impulses and/or emotions due to the injury.

Disorientation

Not knowing where and who you are; confusion about the date and time.

Distractibility

Not being able to determine most important information or input; all stimulation is perceived as equally important and therefore makes concentration difficult.

Doll's Eye Maneuver

The eyes appear to move in the direction opposite of the motion of the head, when the head is gently rotated.

Dressings

Bandages.

Dura

The tough, fibrous membrane forming the outermost of the three coverings of the brain and spinal cord.

Duration

Length of a sound. Length of sounds or syllables; pauses between phrases or sentences; overall rate of speech.

Dysarthria

Difficulty with pronunciation due to weakness or poor coordination of the muscles of the lips, tongue or jaw.

Dysfluency

Any type of speech, which is marked with repetitions, prolongation, and hesitations; an interruption in the flow of speech sounds.

Dyslexia

Impaired ability to read.

Dysphagia

A disturbance in the act of swallowing either solids or liquids.

Dysphasia

An impairment of speech, not as severe as aphasia, usually the result of an injury to the speech area in the cerebral cortex of the brain.

E

Echolalia

A parrot-like repetition of words spoken by others.

Edema

Swelling of the brain because of a head trauma.

EEG, Electroencephalograph

An electrical test of the functioning of the brain. The EEG is very good at detecting seizures. The EEG is very inaccurate when used to estimate the extent of brain damage.

EKG (ECG), Electrocardiogram

An electrical test of the functioning of the heart.

Emesis

Vomiting.

Emotional lability

Exhibiting rapid and drastic change in emotions.

Encephalograph

Non-invasive use of ultrasound to record echoes from brain tissue. Used to detect hematoma, tumor or ventricle problems.

Equilibrium

Normal balance.

Error recognition

Refers to an individual's awareness that a response is incorrect for a task. The person may simply state, "I know this is wrong," or show a confused, quizzical look after making an inappropriate response.

ET or Endotracheal tube

A tube inserted into the patient's trachea (windpipe) to control breathing and prevent foreign material from entering the lungs.

Euphoria

An exaggerated feeling of well-being or elation.

Evoked cerebral responses

A test to measure the brain's response times to a specific stimulation.

Evoked potential

A tracing of a brain wave measured on the surface of the head at various places. The wave, unlike the waves on an EEG, is a response to a specific visual, auditory or tactile stimuli. Evoked potentials are being used to diagnose a wide variety of central nervous system disorders.

Executive functions

The mental control functions of the brain including planning, prioritizing, sequencing (putting things in order), self monitoring, self correcting, inhibiting ("holding back" when appropriate), initiating, controlling or altering behavior.

Expressive aphasia

Inability to express one's self even though one knows what to say. "Thoughts" are there, but the expression is inhibited.

External fixation device

A special splint that holds broken bones in place, these devices are connected to pins through the bones.

Extinction

A behavioral process whereby a behavior eventually stops occurring because the consequence normally maintaining the behavior has been eliminated.

Extremity

Arm (and hands) or leg (and feet).

Eye-hand coordination (visual-motor integration)

The use of the eye and hand in unified action; making your hands do what your "eyes" perceive needs to be done; coordination.

F

Family teaching

Meetings with families to help them understand the patient's problem areas and to make suggestions.

Family conference

A meeting between the family and all the members of the rehab team to discuss progress, concerns or discharge plans.

Figure ground skills

Recognition of forms and objects when presented in a configuration with competing stimuli; being able to “pick out” objects; the ability to distinguish foreground from background.

Fixation, visual

A pause of the line of sight on something of interest in the visual surroundings.

Flaccid

Relaxed, having defective or absent muscular tone; weakness.

Flaccidity

Lack of muscle tone, which results in inability to perform any movement.

Fluency

Smoothness with which sounds, syllables, words and phrases are joined together during speech.

Focus, eye

The term has many meanings and usually avoided; it does imply the convergence of the two eyes attending or tracking something.

Foley catheter

An indwelling catheter (tube entering the body) used to provide drainage of urine, when bladder function is impaired.

Form constancy

Recognition of forms and objects when presented in different contexts.

Frontal lobe

The area of the brain located in the front left and right sides. The area plays an important role in controlling emotions, motivations, social skills, expressive language and more.

Frustration tolerance

The ability to deal with frustrating events in daily life. Person can no longer control his anger.

Functional

The term functional (as in functional living skills) refers to a person’s ability to accomplish a task using any means available (adaptive equipment, compensations, techniques, etc.).

Functional ability

Level of independence and success at a given task; capacity of performing an act that results in a practical end result.

G**Gait (ambulation) training**

Instruction in walking, with or without equipment.

G-tube, Gastrostomy tube

An artificial opening into the stomach used for feeding an unconscious person.

Glasgow Coma Scale

A scale of severity of injury related to the level of consciousness with three factors: motor responses, eye opening and verbal responses. (See Miscellaneous Resources.)

Glasgow Outcome Scale

A system for classifying the outcome of persons who survive. The categories range from “Good Recovery” in which the person appears to regain the pre-injury level of social and career activity (even if there are some minor residual abnormal neurological signs); “Moderate Disability” in which the person does not regain the former level of activity but is completely independent with respect to the activities of daily life: “Severe Disability” which is defined as a state wherein the conscious, communicating person is still dependent on the help of others. The original scale had five outcome categories, the newest scale has eight outcome categories. This scale relates to functional independence and not residual deficits.

Goal directed behavior

Intended actions directed toward accomplishment of an objective.

Group home

A closely supervised living situation for disabled individuals, which focuses on development of self-help skills to prepare individuals for semi-independent or independent living.

H

Halo

A metal ring placed around the head for patients with spinal injuries to prevent their head from moving.

Handicap

Describes a condition or barrier imposed by society, the environment, or by one's own self that limits or prevents the fulfillment of a role that is normal, depending on age, sex and social and cultural factors, for the individual. Handicap can be used when citing laws and situations, but should not be used to describe a disability. Not a synonym for disability.

Head injury

Refers to an injury of the head and/or brain, including lacerations and contusions of the head, scalp and/or forehead.

Head injury, closed

An injury brought about by force that does not crack or penetrate the skull.

Head injury, open

When a force that hits a person's head is great enough that the skull fractures or becomes out of place. This is referring to the condition of the skull and not the brain. Separate terms are used to describe the condition of the brain. For example, a person may be described to have an open head injury with a severe traumatic brain injury.

Hematoma (subarachnoid, subdural, epidural)

Trauma to the head which causes blood vessels to rupture; blood accumulates and puts pressure on the brain; other three terms refer to location of the blood.

Hemianopsia

Blindness of one-half of the visual field caused by brain damage. Hemianopsia is not blindness in one eye, it indicates blindness in one-half of each eye and normal vision in the other half of each eye.

Hemiparesis

Muscle weakness of one side of the body.

Hemiplegia

Paralysis of one side of the body caused by an injury to the opposite side of the brain.

Hemorrhage

The escape of blood from a ruptured vessel.

High level thought processes

Includes convergent thinking, deductive and inductive reasoning, divergent thinking, and high level problem-solving, including comprehension of a problem, formulation of several alternative solutions based on past experiences or long-term memory, generation of a solution and evaluation of a solution. This differs from organization in that high level thought processes involve the use of multiple strategies.

Hoyer lift

Equipment used to transfer a person safely to and from bed to wheelchair.

Hydrocephalus

Excess accumulation of cerebrospinal fluid, causing increased intracranial pressure.

Hydrotherapy

Treatment using water as a means of promoting relaxation and healing, increasing flexibility and decreasing pain. May involve use of water tanks, pools, walking tanks, and whirlpools.

Hyperactivity

Abnormal excess of physical action.

Hyperesthesia

Increased sensitivity to touch.

Hypoxia

A decrease in oxygen supply to tissue.

Impairment

A function which is diminished in strength or quality because of sickness or injury.

Impulsivity

Attempting with confidence, unfamiliar tasks or responses that are beyond one's capability or knowledge; acting without thinking action through first.

Incontinent

Inability to control bowel and bladder.

Inflexibility

Inability to respond to change.

Initiation

The ability to start an activity or conversation with little or no prompting.

Insight

Understanding and “making sense” out of the factors in a situation.

Intensive Care Unit (ICU)

The place in the hospital where critically ill people are cared. Sometimes brain injured people are cared for in a special Neurological CU (NICU).

Intentional tremor

A tremor that occurs only with voluntary, planned movements.

Intercerebral

Between the cerebral hemispheres.

Intermediate care facility

A program, which provides personal care to the person with an intermediate degree of physical and/or social dependency also with minimal medical care. The emphasis is on a structured supportive care system in meeting daily living needs.

Intern

A medical doctor who has completed his medical training and is usually in his or her first year of specialty training. Interns work under the supervision of Residents and Attending Physicians.

Internist

A medical doctor with expertise in internal medicine, treatment of infectious diseases and diseases of the heart, gastrointestinal tract and other internal organs.

Intracerebral

Refers to the “inside” of the brain.

Intracranial

Refers to the inside of the skull which contains the brain.

ICP, Intracranial pressure monitor

A monitoring device to determine the pressure within the brain. It consists of a small tube attached to the patient at the skull with a screw and then to an electronic sensor.

Intercerebral

Between the cerebral hemispheres.

IV, Intravenous line

A catheter (tube) inserted into a vein through which fluids and medicines are given.

Isolation

Precautions to protect the patient and others, usually from the spread of infection.

J

Judgment

The ability to make appropriate decisions based upon available information and expected consequences; the ability to determine the potential consequences of one’s actions.

K

Kinesthesia

The sensory awareness of body parts with movement.

L

Lability

Inappropriate emotional expression and control such as exaggerated laughing or crying.

Lack of self-correction

The patient does not recognize verbal or action errors; or, if an error is pointed out, he or she is not able to identify steps for self-correction.

Lack of initiation and “follow-through”

The inability to start, continue and carry through actions without structured supervision.

Language, confused

Unconscious rambling from idea to idea; difficulty in maintaining focus in verbal interaction.

Language, expressive

Communication with conventional written or spoken word.

Language, impairment

Limited ability or inability to use language effectively.

Language, receptive

The process involved in understanding verbal or visual messages; words that one can understand.

Latency of response

Lapse of time occurring between a stimulus and response; a slow reaction.

Level of awareness

Degree of acuity in perceiving internal and external stimuli; ability of a person to understand what is “going on” around them.

Limbic system

A set of structures (usually part of the temporal lobe) that plays an important role in memory, attention, emotion, and behavior.

Lucid interval

A period shortly after injury when the individual was reported to have talked.

M**MRI, Magnetic Resonance Imaging; NMR, Nuclear Magnetic Resonance**

A relatively new procedure that uses magnetic fields to picture the brain’s soft tissue; provides a more detailed picture than the CT scan. Images of the body are created without the use of radiation. During MRI, a magnet is used to pull on the nuclei of the body’s hydrogen atoms. This magnet causes the nuclei to line up and repeatedly absorb and raise radio waves. A computer then translates these radio waves to images of the areas examined. The images are projected on a video screen and recorded on film in interpretation by a radiologist (a physician specializing in diagnostic imaging).

Manual dexterity

Ability to coordinate one’s hands to accomplish a task such as dialing a telephone.

Medicaid

A joint federal/state program which provides basic health insurance for persons with disabilities, or who are poor, or receive certain governmental income support benefits (i.e., Social Security Income or SSI) and who meet income and resource limitations. Benefits vary by state. May be referred to as “Title XIX” of the Social Security Act of 1966. Contact the state Medicaid office for more information. (See Financial Issues section.)

Medical assistance

Refers to medical insurance provided by the state or federal government for persons who meet certain medical and/or financial eligibility standards.

Medically stable

Reaching a point in medical treatment where life threatening injuries and diseases has been brought under control.

Medicare

A federal health insurance program, which provides acute-care coverage for people over age 65, and some individuals who receive Social Security Disability Insurance (SSDI), benefits. Medicare has two

parts: Hospital Insurance (Part A) and Medical Insurance (Part B). For more information, contact the local Social Security office.

Memory

There are many types of memory. It involves the ability to recall and record new information. Some of the more common aspects of memory include the process of perceiving information, organizing and storing it, and retrieving it at a later time as needed. Memory is a complex function that involves many parts of the brain working together. There are different types of memory including immediate (repeating a phone number), recent (recalling what occurred the previous day) and remote (recalling the name of a childhood friend).

Memory, immediate recall

Immediate repetition of information given by an examiner.

Memory, long-term

More permanent storage of the memory trace; the ability to recall information from 24 hours previously or longer.

Memory, sequential

Storage and retrieval of information requiring a specified order of input and recall.

Memory, short-term

Working memory with a limited capacity. Its contents are in conscious awareness. Lasts 30 seconds to several minutes.

Memory, span

Number of items that can be recalled from stimulation.

Mental Illness

A condition where there is loss of social and/or vocational skills due to impaired thought processes or emotional distress. Terms such as "mentally deranged," "crazy," and "deviant" should not be used.

Metacognition

Insight into accurately judging one's own strength and limitations, especially cognitive skills.

Modalities

General term used to describe treatment using heat, cold, light, water, etc. These treatments are com-

monly used to help reduce pain, increase functional movement, reduce contracture, promote healing, and more.

Monitor

A television screen near the patient's bed showing their heart beat, blood pressure and other important information. Most monitors have alarms to alert the staff when something is wrong.

Motor control

The ability to selectively contract or relax a muscle or group of muscles at will.

Motor control, fine

Delicate, intricate movements as in writing or playing a piano.

Motor control, gross

Large, strong movements as in chopping wood or walking.

Motor planning

Action formulated after input from sensory, motor and/or perceptual modes.

Motor lag

A person receives input of information, motor lag refers to the prolonged latent period between stimulus (information) and initiation of motor response.

Muscle tone

The amount of tension (continuous contraction) in a muscle at rest. The quality or quantity of muscle tone has an effect on the efficiency of voluntary muscle contraction. For example, when a person has low muscle tone, their endurance will be less and they will react less to a given stimulus.

Myelography

An injection of dye into the spinal subarachnoid space so that an x-ray of the spine can be taken.

N

NG tube, Nasogastric tube

A tube which passes through the patient's nose and throat and ends in the stomach. This tube allow for feeding to maintain nutritional status or to remove stomach acids.

Neglect, (unilateral, hemi-, hemi-attention)

Severe lack of awareness of the side of the body or environment opposite the side of the brain injury. May occur in any sensory modality.

Neologism

Nonsense or made-up words. Person often doesn't realize that words make no sense.

Neuro Developmental Treatment (NDT)

A therapeutic approach based on the development of movement and emphasizing the restoration of normal movement in performing functional activities.

Neurolaw

The field of jurisprudence designed to meet the challenges presented by litigation regarding injuries to the central nervous system (brain or spinal cord).

Neurologist

A medical doctor who specializes in diseases of the brain, nerves and muscles.

Neurophysiology

The study of the functions of the nervous system.

Neuropsychological evaluation

An assessment using psychological tests, interview, and behavioral observations, to determine a person's cognitive, emotional, and behavioral state, with particular emphasis on deficiencies of intellect, personality and behavior as outcomes of brain injury. Such assessments attempt to determine brain/behavior relationships, locations of injury, and brain systems involved.

Neuropsychologist

A psychologist with special skills in dealing with people with brain injuries. Neuropsychologists often administer special tests of brain function and coordinate the rehabilitation of people with brain injuries.

Neurosurgeon

A surgeon who is an expert in diseases of the nervous system and also operates on the brain and is often the attending physician supervising the care of the person with the brain injury.

Nurse

A person with expert training in the care of a patient. Nurses in the ICU and on rehabilitation teams often have additional training.

Nutritionist

An expert in the feeding and nutritional needs of people.

O

Observational procedure

An organized method of recording what a person does for the purpose of documenting behavior; the emphasis is usually upon productivity, behavior patterns, expressed interest, and worker interaction. Used to gain information concerning a person's overall level of functioning.

Obtunded

Mental blunting; mild to moderate reduction in alertness.

Occipital lobe

The back part of each side of the brain, involved in perceiving and understanding visual information.

OTR, Occupational Therapist, Registered

An Occupational Therapist establishes the routines of self-care activities and family living; working to improve thinking through interaction and activities.

Oral motor function

Movement of the lips, tongue and soft palate.

Organic personality syndrome

A change in personality marked by impaired judgment and loss of control over emotions, impulses and behavior; person may exhibit sudden temper outburst, sudden crying, apathy, indifference, loss of initiative,

suspiciousness, and anxiety, as well as other behavior or emotional difficulties.

Organization

The ability to arrange data in such a manner as to understand relationships between events or information.

Orientation

Reality-based information about the world; who one is, where one is, who one is talking to, what day it is, etc.

Orientation, Personal

General knowledge related to oneself includes information regarding date of birth, age, name and location of home.

Orientation, Temporal

Knowledge of the current date, day, month and year. Includes knowledge of facts related to time of day. For example, a person who is disoriented who is asked to name the next meal at 4 p.m. might say, "breakfast."

Orthopedics

The branch of medicine devoted to the study and treatment of the skeletal system, its joints, muscles and associated structures.

Orthopedic surgeon

A medical doctor who specializes in diseases of the bones; often involved in the treatment of injuries to the limbs and back.

Outpatient rehabilitation

This program is for patients who appear to benefit from less intensive rehabilitation and may benefit from living in the community with retraining received at rehabilitation centers.

P

Paralysis

Profound neurologic muscular weakness from brain or spinal cord injury to the extent of producing lack of movement and causing muscles to contract and become smaller (atrophy).

Paraphasia

Condition characterized by fluent utterance of speech sounds in which the production of unintended syllables, words, or phrases are prominent during the effort to speak, similar errors observed in written language.

Parenteral

Given via any type of intravenous line, including arterial line, intramuscularly, and/or subcutaneously.

Parietal lobe

The upper middle, lobe of each side of the brain, involved in perceiving and understanding sensation and relating to speech and writing.

PROM, Passive range of motion

The amount of motion at a given joint when it is moved by another person or another functioning limb.

Pathology

Interruption or interferences of normal bodily processes or structures.

Perception

Integration of sensory impressions into psychologically meaningful data.

Perceptual-motor skills

The ability to correctly perceive the environment and to produce appropriate motor responses (movement) to that environment.

Perseveration

Meaningless repetition of a verbal or motor response, or repetition of answers that are not related to successive questions asked.

Persistent Vegetative State (PVS)

A condition in which the person uses no words and does not follow commands or make any response that is meaningful. The transition of a person who remains unconscious from a state of "coma" to one of "vegetative behaviors" reflects subtle changes over a period of several weeks from a condition of no response to the internal or external environment (except reflexively) to a state of wakefulness but with no indication of awareness (cortical function). A person in this state may have a range of biological responses at the subcortical level such as eye opening (with sleep

and wake rhythms) and sometimes the ability to follow with their eyes. Normal levels of blood pressure and respiration (vegetative functions) are maintained automatically. The label “persistent” is not applicable until the person has been unconscious for a year or more. Also called Coma Vigil. (See vegetative state.)

PET Scan, Positron Emitted Tomography

Imaging procedure that allows the brain’s metabolism to be pictured so that areas of greater and lesser brain activity can be discerned.

Phonation

Production voiced sound by means of vocal fold vibration

Physiatrist

A medical doctor who specializes in physical medicine and rehabilitation, who has overall responsibility for directing the rehab program.

PT, Physical Therapist

A Physical Therapist treats a patient with a program formulated from an evaluation of the individual’s motor functioning to correct and improve areas of impairment.

Plasticity

The ability of cellular or tissue structures and their resultant function to be influenced by an ongoing activity.

Posey

A safety harness used to prevent falls.

Posey roll

A bar placed on the wheelchair to prevent a person from standing up or falling out.

Position sense

The sensory awareness of body parts in the absence of movement.

Position in space

Knowledge of one’s position in space relative to other objects.

Positioning

Placing a person in a position and changing that position so that muscle and joint flexibility is preserved and skin breakdown prevented.

Post Traumatic Amnesia (PTA)

A period of hours, weeks, days or months after the injury when a person exhibits a loss of day to day memory. The person is unable to store new information and therefore has a decreased ability to learn. Memory of the PTA period is never stored, therefore things that happened during that period cannot be recalled. May also be call Anterograde Amnesia.

Posture

The resultant motor response that reflects the individual’s relationship to the forces of gravity and with a large degree of automaticity.

Pressure sores

See Decubitus Ulcer.

Problem solving

The ability to use cognitive processes in a task in a practical way, using reasoning and judgment.

Prognosis

The prospect as to recovery from a disease or injury as indicated by the nature of the symptoms.

Proprioception

The awareness of the position of one’s joints in space.

Proximal

Next to, or nearest, the point of attachment.

Proximal instability

Weakness of muscles of the trunk, shoulder girdle or hip girdle that causes poor posture, abnormal movement of the arms or legs and the inability to hold one’s head up. Strength of muscles of the hands or legs may be normal.

Psychiatrist

A medical doctor who specializes in the management of behavioral and psychological problems.

Psychologist

A specialist in the management of behavioral and psychological problems; not a medical doctor.

Psychometric instruments

Standardized tests (utilizing paper and pencil) that measure mental functioning.

Psychomotor skills

Skills that involve both mental and muscular ability such as playing sports or other activities where practice or concentration is involved.

Psychosocial skills

Refers to the individual's adjustment to the injury (and resulting disability) and one's ability to relate to others. Includes feelings about self, sexuality and the resulting behaviors.

Pulmonologist

A medical doctor who specializes in problems of the lungs.

Q

Quadriplegia

A weakness that involves arms and legs.

Quadruparesis

An immobility or impairment in arms and legs.

Quality of life

A rating of what kind of existence a person experiences. In estimating the quality of life the following items are usually considered: 1) mobility and activities of daily life; 2) living arrangements; 3) social relationship; 4) work and leisure activities; 5) present satisfaction; and 6) future prospects.

R

Rancho Los Amigos Scale

An eight-level scale of cognitive recovery ranging from no response (level 1) to purposeful, appropriate interactions with the environment (level 8). (See Miscellaneous Resources.)

Range of motion

Refers to the specific angles of movement of which a joint is able to move.

Reasoning, Abstract

Requires that the individual recognize a phrase that has multiple meanings and select the meaning most appropriate to a given situation. The term "abstract" typically refers to concepts not readily apparent from the physical attributes of an object or situation.

Reasoning, Association

A skill dependent on a person's ability to determine the relationship between objects and concepts. A person may touch a hot stove, failing to realize that pain is associated with touching a heated burner. Similarly, given a knife, spoon, fork and baseball, a person may not be able to discriminate which of the objects "does not belong."

Reasoning, Categorization

The ability to sort or group objects and concepts based on the shared attributes(s) and apply a label depicting the attribute(s). Task difficulty is greater in circumstances requiring formulation of new categories. People may have difficulty sorting clothes or choosing items for a balanced meal. Categorization is similar to association in that the relationship between objects or concepts must be understood. However, categorization requires an extra step; the ability to provide a label describing the group of objects or concepts.

Reasoning, Organization

The ability to arrange or group information in a manner which improves task efficiency. People who lack organizational skills often demonstrate a sense of purposelessness and have difficulty effectively utilizing non-structured time. They have difficulty completing a puzzle or arranging materials to cook or shower.

Receptive aphasia

Inability to understand spoken language.

Recreation therapist

Individual within the facility responsible for developing a program to assist persons with disabilities plan and manage their leisure activities; may also schedule specific activities and coordinate the program with existing community resources.

Rehabilitation

The restoration of maximum independence to a disabled individual with his or her limitations by developing his residual capabilities.

Rehabilitation counselor

A specialist in social and vocational issues who helps the person with a disability develop the skills and aptitudes necessary for return to productive activity and the community. Also called a Vocational Counselor.

Rehabilitation facility

Agency of multiple, coordinated services designed to minimize for the individual the disabling effects of one's physical, mental, social, and/or vocational difficulties and to help realize individual potential.

Rehabilitation objective

A goal of the comprehensive restoration of an individual to the best possible level of functioning following a physical, mental, or emotional disorder.

Rehabilitation process

A planned, orderly sequence of services related to the total needs of the person with a disability and designed to assist one to realize maximum potential for useful and productive activity.

Reinforcement

Consequence to a behavior that results in an increase in future probability of that behavior. Positive reinforcement is increasing behavior by following it with a pleasurable or desirable situation or consequence. Negative reinforcement is increasing behavior by removing a negative or unpleasant situation or consequence that follows the behavior. Stimuli that possess inherent reinforcing tendencies are called primary reinforcers, (e.g., food). Stimuli that acquire reinforcing characteristics by being paired with primary reinforcers are called conditioned reinforcers, (e.g., money).

Remediation

The process of decreasing a disability by challenging the individual to improve deficient skills.

Resident

A medical doctor who has finished his or her medical training and is taking additional training to specialize while under supervision.

Respirator

see Ventilator.

RT, Respiratory/Pulmonary Therapist

A person with special skills in operating machines to aid breathing and in keeping the patient's airway open.

Respite care

The family is given a break from the daily care of their loved one.

Restraints

Partial or complete immobilization of parts or all of the body utilizing physical contact, mechanical devices, or medication.

Retrograde amnesia

Inability to recall events prior to the accident; may be a specific span of time or type of information.

Right to refuse treatment

A legal doctrine that holds that an individual cannot be forced to have treatment against his or her will unless it is a life and death emergency.

Rigidity

Difficulty in conforming or changing attitudes or actions.

S**Schedule of reinforcement**

The pattern and frequency of delivering reinforcing consequences following behavior.

Scotoma

Area of blindness of varying size anywhere within the visual fields.

Seizure, seizure disorder

A seizure is a disturbance in the electrical chemical activity of the brain due to nerve cell damage or electrolyte imbalance.

Self-management

Development of the ability to recognize and change behaviors in one's self. Behaviors that may fall within this category include: impulse control, and preservation.

Self-monitoring

Awareness of one's behavior and the accuracy of appropriateness of one's performance; the ability to self-correct when appropriate.

Sensorimotor

Refers to all aspects of movement and sensation and the interaction of the two.

Sensory integration

Interaction of two or more sensory processes in a manner which enhances the adaptiveness of the brain's response.

Sensory stimulation

A treatment that stimulates all the senses designed to encourage the person in a coma (or vegetative state) to respond to their environment.

Sequelae

Events following or resulting from the injury.

Sequencing skills

The ability to put items in the correct order. May be motor (movement) or linguistics (words into sentences) as well as keeping track of the correct order of stimuli.

Serial casting, inhibitive

A technique used to reduce contracture and control hypertonicity in and around a joint, usually the ankles and wrists. It is a series of plaster casts which are applied to the area every 7-10 days; when the casts are changed, the joint should be recast in an improved position.

Sheltered workshop

Work oriented rehabilitation facility with a controlled environment. Such a workshop employs disabled people and provides work experience which may assist the individual in progressing toward a productive vocational status.

Shunt

A procedure to drain off excessive fluid in the brain.

Skilled care facility

A facility in which nursing services, therapy services and other sources of physical support are provided to individuals with physical and/or cognitive limitations.

Skill Remediation

A process in which the aim is to improve skills that have been imperfectly or inadequately learned.

Social Assessment

A social assessment includes general background data, description of family or other support group resources-including emotional, financial and environment resources, their availability to the person, and the person's position and role in the family (child, parent, spouse) and educational and employment history. Also included are such topics as interests, life-style, friendships, goals, ambitions, personality traits, positive and/or negative relationships and previous problems (such as medical, psychiatric, drug abuse, alcohol). The assessment attempts to reveal the individual's and the family's level of understanding of the person's current condition, probably long range outcome, expectations of rehabilitation, degree of disruption in family functioning that the disability has produced, and the ability and interest of the individual and family members to adjust to changed circumstances.

Social imperception

Lack of concern and emotions about what is going on and the priorities of life.

Social interaction, socialization

Refers to the skills needed to participate in the social situations which are part of daily living.

Social Security disability

Monthly income granted to persons who have paid into the social security system and are confirmed disabled and unable to work for at least one year; may also provide some form of health insurance.

Social worker

Social workers do a wide range of work from finding sources of funds to providing emotional support for families.

Somatic

Relating to, or affecting, the body.

Somatosensory

Sensory activity having its origin elsewhere than in the special sense organs (such as eyes and ears) and conveying information to the brain about the state of the body proper and its immediate environment.

Space boots, wrist splints and sheepskins

Lamb's wool, padded support devices used to align the muscles and tendons of the patient and to protect the skin against pressure sores. Without this support, patients who are unconscious for long periods may develop deformities limiting future movement.

Spasms

Involuntary muscle contractions resulting from excess muscle tone. This is caused by an interruption of controlling impulses in the brain and spinal cord.

Spasticity

An uncontrolled increase in muscle tone at rest or during movement.

Specific learning disability

Permanent condition that affects the way individuals with average or above-average intelligence take in, retain, and express information. The term "specific" is preferred, because it emphasizes that only certain learning processes are affected.

Speech

Oral expression on language.

Speech impairment

Any deviation of speech outside the range of acceptable variation in a given environment.

Speech pathologist

A speech pathologist is an expert in caring for problems with expressing and understanding language.

Spinal cord

The spinal cord is the final connection of the brain to the body. The result of a spinal cord injury can be paralysis and loss of sensation in the limbs as well as loss of bowel and bladder control.

Splint

An external device applies to an extremity (usually the hand) to provide positioning to help prevent or correct contracture.

Spontaneous movement

A reaction resulting from a natural impulse without obvious planning or premeditation.

Spontaneous recovery

Visible outcome of the natural healing process of the nervous system.

Staffing

see Team Conference.

Steroids

Medication which appears to improve function of the brain by decreasing the swelling during the initial days of the injury.

Stimulus, stimuli (plural)

Anything causing or intending to cause a response or reaction.

Stimulus bound behavior

Behavior in which an individual has difficulty changing to adapt to their immediate surroundings.

Sub-acute rehabilitation program

This program is designed for patients following the acute level of therapy; generally for people with a longer recovery time and for which more time is needed to decide the best treatment.

Supervised living

Some people with brain injuries are unable to return to a life of complete independence. In a supervised living situation, provisions to use remaining abilities are offered with extended help as needed.

Supplemental Security Income (SSI)

Refers to a federal income maintenance program for aged, blind, and disabled who have limited income and resources. Administered through the Social Security Administration, people who receive SSI generally are eligible for medical assistance as well.

Support group

A group established for families and/or persons with disabilities to discuss the problems they may be having in coping with their life situation and to seek solutions to these problems.

Supported employment

Competitive work in integrated work settings for individuals with severe disabilities for whom competitive employment has not traditionally occurred, or for whom competitive employment has been interrupted as a result of severe disability, and who, because of

the disability, need ongoing support services to perform that work.

Swan-Ganz catheter

A special catheter (tube) inserted into a small vein and moved along the vein into the heart; may be used to measure pressures in different parts of the heart and to measure how hard the heart is working.

Synergy, movement

Combined action of two or more muscles to form a pattern of movement.

T

Tactile defensiveness

Overly sensitive to touch; a patient may withdraw, cry, yell or strike out when touched.

Tactile discrimination

The ability to differentiate information received through the sense of touch. Sharp/dull discrimination-ability to distinguish between sharp and dull stimuli; Two-point discrimination-the ability to recognize two points applies to the skin simultaneously as distinct from one single point.

Team conference, staffing

A periodic meeting of an individual's rehab team. At the conference, the person's progress, rehab goals and estimated length of stay are discussed and documented. Families are periodically contacted by the social worker, psychologist, or other team member for discussion of the details of the topics at these conferences.

Telegraphic speech

Speech which sounds like a telegram. Only the main words of a sentence (nouns, verbs) are present; the small words (ifs, ands, buts) are missing. This type of speech often gets the message across.

Temporal lobe

The lower middle part of each side of the brain, involved in receiving information from the auditory (hearing) system and involved in memory.

Tilt table

A table which has the capacity to raise and lower a person from the horizontal to the vertical position and vice versa.

Tracheal stenosis

Narrowing of the airway or windpipe that is sometimes seen for weeks or months after the removal of an endotracheal or nasotracheal tube. Can lead to wheezing and sometimes significant problems in breathing.

Tracheostomy

A hole made in a patient's neck which will allow them to breathe with a ventilator.

Tracking, Visual

Visually following an object as it moves through space.

Traction

An arrangement of weights and pulleys to keep fractured bones aligned while they are healing.

Transducer

Usually connected to a monitor and used to measure blood pressure, ICP and other information.

Transfers

Basic transfers include movement to and from a bed and chair; advance transfers refer to movement to and from a toilet, car, tub/shower and floor.

Treatment

Individual or group therapy designed to improve problem areas.

Treatment modalities

Various therapy techniques.

Treatment protocol

The written treatment plan specifying the procedures to be followed by the treatment team.

Tremor, intention

Coarse, arrhythmic movements that become intensified toward the termination of movement.

Tremor, resting (non-intention)

Rhythmical movements at rest and may be diminished during voluntary movements.

Trunk control

The ability of a person to, at will, maintains proper alignment of the head, neck, and pelvis; to move and bring the trunk back into alignment after displacement.

Tube feedings

Nutritional feedings administered through a gastrostomy tube (a permanent or semi-permanent tube placed in the stomach) or a nasogastric tube (a permanent or semi-permanent tube placed in the pharynx or esophagus) when swallowing is impaired.

U**Ultrasound (echo)**

A means of making pictures of internal body parts using sound waves instead of standard x-rays.

Unilateral

Pertaining to only one side.

Unilateral neglect

Neglect to one side.

V**Vegetative state**

A state or level of lessened awareness, there is no meaningful response to the environment but the breathing and sleep/wake cycles continue. (See persistent vegetative state.)

Ventilation

The process of exchange of air between the lungs and room air.

Ventilator (respirator)

A mechanical device designed to qualify (humidify, warm and adjust oxygenation) the air which is then delivered to the patient.

Ventricles, Brain

Four natural cavities in the brain which are filled with cerebrospinal fluid. The outline of one or more of these cavities may change when a space-occupying lesion (hemorrhage, tumor) has developed in a lobe of the brain.

Verbal ability

Composed of verbal understanding and verbal fluency. Verbal understanding is the ability of an individual to understand the subtleties and meaning of words; verbal fluency is the ability to imagine, process and say words without associating them with any particular object. Also the ability to communicate to talking, writing, listening and reading.

Verbal apraxia

Impaired control of proper sequencing of muscles used in speech (tongue, lips, jaw muscles, vocal cords). These muscles are not weak but their control is defective. Speech is labored and characterized by sound reversals, additions and word approximations.

Verbal fluency

The ability to produce words.

Visual field defect

Inability to see objects located in a specific region of the field of view ordinarily received by each eye. Often the blind region includes everything in the right half or left half of the visual field.

Vocational counseling

Process of assisting a person to understand vocational liabilities and assets, provide occupational information to assist one in choosing an occupation suitable to one's interest and liabilities.

Vocational education

Courses of study, under supervision and control, which lead to proficiency in specific trades or business occupations.

Vocational evaluation

A comprehensive process that systematically utilizes work, real or simulated, as the focal point for assessment and vocational exploration, the purpose of which is to assist an individual in vocational development.

Vocational evaluation incorporates medical, psychological, social, vocational, education, cultural, and economic data in the attainment of the goals of the evaluation process.

Vocational rehabilitation process

Providing, in a coordinated manner, those services deemed appropriate to the needs of a person with a disability, and designed to achieve objectives directed toward the realization of the individual's maximum physical social, mental, and vocational potential.

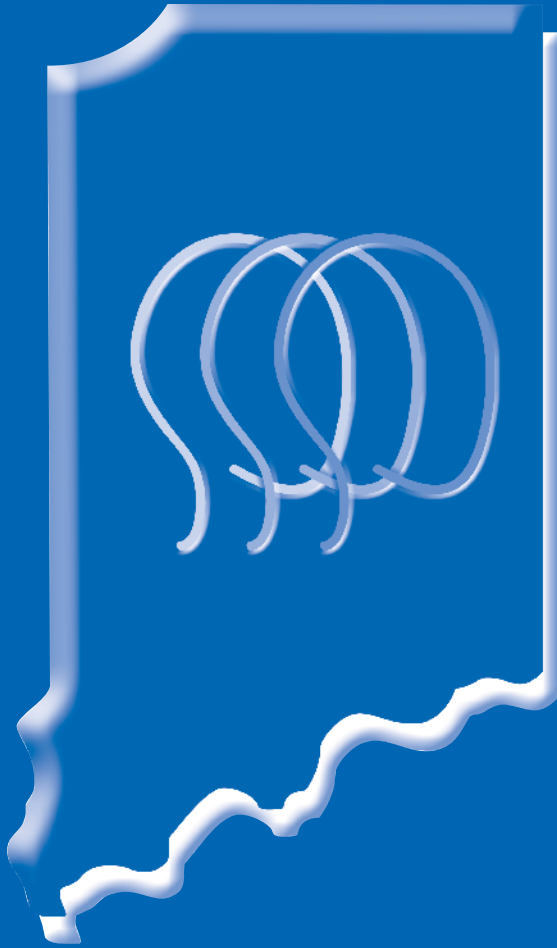
W

Work adjustment

An individualized, structured and planned, closely supervised, remedial work experience designed to promote the acquisition of good work habits, to increase physical and emotional tolerance for work activity and interpersonal relationships, and to modify attitudes and behaviors which inhibit the satisfactory performance or work.

Worker's compensation

Insurance programs under state auspices or control, except for Federal employees and certain maritime worker, to provide financial resources for medical care and lost wages and earning power resulting from industrial accidents, and from illnesses resulting from employment.



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