

FALL EDUCATION CONFERENCE
"IT Takes A Village"
PRE-CONFERENCES
October 6, 2011



Pre-Conference Training Session I:

**The Brain Injury Coping Skills (BICS) Group Workshop: An intervention for survivors and caregivers to help with emotional adjustment and neurobehavioral challenges –
Samantha L. Backhaus, Ph.D**

8:00 am-12:00 pm

Abstract and Learning Objectives

The Brain Injury Coping Skills Group (BICS) is a 16-week, Cognitive-Behavioral Treatment (CBT) intervention for individuals with brain injury (BI) and their caregivers. Studies have shown that individuals who participate in this treatment make significant improvements in perceived self-efficacy, maintain the emotional benefits of this treatment at follow-up, and show improvements in anger control and disinhibition when compared to those who do not receive this treatment, and even compared to those who receive standard support groups. BICS won the 2009 McDowell Award by the American Society for Neurorehabilitation. Participants at this workshop will receive a manual that includes informative Modules, in-session activities, and homework assignments. Modules include information on the: Healthy Brain; Effects of Brain Injury; Importance of Family; Expectations for Recovery; Dealing with Challenges after BI; and Stress Management Skills. Individuals who participate in this workshop will receive a brief overview of all of these sections, assuming that participants already have a general understanding of BI and the effects of BI. A greater focus will be placed on teaching stress management and neurobehavioral techniques, as these two areas appear to be what sets apart this intervention from most standard BI rehabilitation treatments.

Pre-Conference Training Session II:

Concussion Certification: for Physicians and Physician Assistants

Henry Feuer, MD; Terry Horner, MD; Daniel Kraft, MD

1:00 pm-5:00 pm

This year, the Governor signed into law a bill that requires that any student athlete suspected of suffering a concussion or head injury, be removed from practice, or a game at the time of the injury, and not return to play without the written consent of a licensed healthcare provider trained in head injuries. This four hour session, conducted by physicians who specialize in concussion, is designed to provide that certification.



Henry Feuer, MD

About the Trainers

Terry G. Horner, MD – Dr. Horner received his undergraduate degree from Indiana University. His medical school training was obtained at the Indiana University School of Medicine. A straight surgical internship followed at University Hospital. After a tour of duty with the US Army serving in Vietnam, he returned and completed his residency training in neurosurgery at Indiana University. He received his board certification by the American Board of Neurological Surgery and practiced in the Indianapolis area for 33 years. During that period of time, he treated thousands of patients with mild traumatic brain injuries as well as more serious traumatic brain injuries.

Two year ago, he retired from operative neurosurgery and took a position with Methodist Sports Medicine/The Orthopedic specialists treating sports concussions and helping to educate players, coaches, parents, athletic trainers and physicians on the current management of sports concussions. He is co-director of the Indiana Sports Concussion Network, and is a neurosurgical consultant to the Colts and the Indiana University football team. He is a Clinical Associate Professor of Neurosurgery at the Indiana University School of Medicine.

Henry Feuer, MD, FAANS, FACS – Dr. Feuer is a semi-retired neurosurgeon in Indianapolis. His career has spanned over 40 years including work at a Level 1 trauma center, gaining extensive experience in treating acute head injuries. With his passion for neurosurgical sports medicine, he has been at the forefront managing sports concussions. He has been the neurosurgical consultant for the Indianapolis Colts since their arrival 27 years ago, and was associated with Indiana University Sports Medicine for 38 years. He is also the neurosurgical sports medicine consultant for Purdue, Ball State, Indiana State, Anderson, DePauw, Wabash, the Indy 500, the Brickyard 400, and MotoGrand Prix. He presently serves on the Return to Play subcommittee of the NFL Head, Neck, and Spine Committee. With his four decades of sideline experience, seeing the most acute scenarios of TBIs in a true laboratory setting, the football field, he has amassed



volumes of knowledge in the recognition and management of the acute injury and in the consequences of repetitive TBIs.