



Presented by BIAA-Maine

14TH ANNUAL CONFERENCE **DEFINING MOMENTS IN BRAIN INJURY**



BIAA-Maine Preconference Workshop

Concussion Symptoms, Assessments, and Treatment

September 27, 2023 • 9:00 a.m. – 4:00 p.m.
Holiday Inn by the Bay, Portland, Maine

PRESENTERS

Paul Berkner, D.O., Medical Director, University of New England Student Services & Director, Maine Concussion Management Initiative

Katie Stephenson, Ph.D., Post-Doctoral Fellow, University of New England & Coordinator, Maine Concussion Management Initiative

COST

The early registration fee is \$99 per person and includes breaks and lunch. Fee increases to \$125 on September 1, 2023.

REGISTER

[Click here](#) to register.

For more information on the BIAA-Maine Preconference workshop, Conference, and available CEs, please [click here](#).

WHO SHOULD ATTEND?

- Pediatricians
- Physicians
- Physician Assistants
- Nurses
- School Nurses
- Nurse Practitioners
- Physical Therapists
- Athletic Trainers
- Anyone involved in the care of individuals with brain injury

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AGENDA

Part 1: Introduction to Concussion	
9:00-9:15 a.m.	Definition of Concussion <ul style="list-style-type: none"> • Recall the definition of a concussion and diagnosis criteria • Identify and diagnose a concussion based on a case description • Appraise the prevalence and incidence of concussion in different age groups
9:15-9:45 a.m.	How Does Concussion Affect the Brain? Pathophysiology <ul style="list-style-type: none"> • Describe and restate the pathophysiology of a concussion • Recount the role of the autonomic system and effects of autonomic dysfunction
9:45-10:00 a.m.	Signs and Symptoms <ul style="list-style-type: none"> • Identify concussion signs and symptoms • Classify signs and symptoms to clinical profiles
10:00-10:15 a.m.	Break
10:15 a.m. – 12:15 p.m.	Assessment and Management of Concussion <ul style="list-style-type: none"> • Identify assessment domains • Compare and contrast existing and emerging assessments based on sensitivity, specificity, reliability, and validity
12:15-1:15 p.m.	Lunch
Part 2: Treatment of Concussion	
1:15-1:30 p.m.	Review of Concussion
1:30-2:00 p.m.	Comorbidities and Prognostic Indicators <ul style="list-style-type: none"> • List comorbidities of concussion • Identify risk factors for protracted recovery
2:00-2:45 p.m.	Treatments <ul style="list-style-type: none"> • Describe behavioral regulation • Describe available treatments for concussion and their indications
2:45-3:00 p.m.	Break
3:00-3:30 p.m.	Return to Learn and Play <ul style="list-style-type: none"> • Identify a safe return to play protocol • Discuss the common progression recovery for different domains
3:30-4:00 p.m.	Q&A Session
4:00 p.m.	Adjourn

FACULTY

- **Paul Berkner, D.O.**, Medical Director, University of New England Student Services & Director, Maine Concussion Management Initiative
- **Katie Stephenson, Ph.D.**, Post-Doctoral Fellow, University of New England & Coordinator, Maine Concussion Management Initiative

CME CREDITS

The University of New England College of Osteopathic Medicine (UNE COM) is accredited by the American Osteopathic Association (AOA) and the Maine Medical Association (MMA) Council on Continuing Medical Education and Accreditation to provide continuing medical education for physicians. UNE COM has requested that the AOA Council on Continuing Medical Education approve this program for a maximum of 5.5 hours of AOA Category 1-A CME credits. Approval is currently pending. UNE COM designates this educational activity for a maximum of 5.5 *AMA PRA Category 1 Credit(s)*TM and 5.5 University of New England contact hours for non-physicians. Contact hours may be submitted by non-physician, non-PA health professionals for continuing education credits.

ACBIS CEs

The Academy of Certified Brain Injury Specialists will recognize up to 5.5 hours of continuing education credit for attendance at the workshop.