

# Center for Neurologic Study-Lability Scale (CNS-LS)

Pseudobulbar Affect (PBA) Self-Advocacy Toolkit

Using the scale below, please circle the number that describes the degree to which each item applies to you during the past week. Save the results to share with your health care provider.

<i>Patient Assessment</i>	<i>Applies Never</i>	<i>Applies Rarely</i>	<i>Applies Occasionally</i>	<i>Applies Frequently</i>	<i>Applies Most of the Time</i>
There are times when I feel fine one minute, and then I'll become tearful the next over something small or for no reason at all.	1	2	3	4	5
Others have told me that I seem to become amused very easily or that I seem to become amused about things that really aren't funny.	1	2	3	4	5
I find myself crying easily.	1	2	3	4	5
I find that even when I try to control my laughter, I am often unable to do so.	1	2	3	4	5
There are times I won't be thinking of anything happy or funny at all, but then I'll suddenly be overcome by funny or happy thoughts.	1	2	3	4	5
I find that even when I try to control my crying, I am often unable to do so.	1	2	3	4	5
I find that I am easily overcome by laughter.	1	2	3	4	5

**Score:** \_\_\_\_\_

**Date:** \_\_\_\_\_