

## Finding Professionals to Help with Recovery after a Concussion

What can a person do if there is not a Concussion Clinic nearby? The Brain Injury Association of America put this list together of the types of professionals that may be helpful in recovery after a concussion/brain injury and how to find them.

### How to Find a Specialist

- Contact your [local Brain Injury Association](#) office for information about brain injury professionals in your state.
- Use the resources below to help you find a professional

Type of Professional	What they do	How to find one
<b>Neuropsychologist</b>	A Neuropsychologist can help evaluate and treat memory/thinking changes after an injury.	The National Academy of Neuropsychology offers a search tool. <a href="http://www.nanonline.org/Directory/">http://www.nanonline.org/Directory/</a> - Choose the state in which you are looking for a neuropsychologist, and in the “Specialty” area choose “Traumatic Brain Injury”
<b>Physiatrist</b>	Physiatrists are doctors of rehabilitation medicine. An explanation of what a physiatrist is: <a href="https://www.aapmr.org/about-physiatry/about-physical-medicine-rehabilitation/why-visit-a-rehabilitation-physician">https://www.aapmr.org/about-physiatry/about-physical-medicine-rehabilitation/why-visit-a-rehabilitation-physician</a>	<b>To find a physiatrist:</b> The American Academy of Physical Medicine and Rehabilitation offers a search tool: <a href="http://members.aapmr.org/AAPMR/AAPMR_FINDER.aspx">http://members.aapmr.org/AAPMR/AAPMR_FINDER.aspx</a> When searching, under “areas of practice” choose “brain injury”
<b>Neuro Optometrist</b>	A Neuro Optometrist can help with vision issues after an injury. This can include double vision, blurry vision, or vision processing issues.	To find a Neuro optometrist, NORA offers an online provider directory; <a href="https://nora.memberclicks.net/find-a-provider#/">https://nora.memberclicks.net/find-a-provider#/</a>  The Neuro-Optometric Rehabilitation Association offers useful articles and information about brain injury and vision and balance issues: <a href="https://noravisionrehab.org/patients-caregivers/about-brain-injuries-vision">https://noravisionrehab.org/patients-caregivers/about-brain-injuries-vision</a>
<b>Physical Therapists</b>	A physical therapist can help treat neck pain and balance issues. Make sure the PT you find has experience working with concussion.	To find a physical therapist: <a href="https://aptaapps.apta.org//APTAPTDirectory/FindAPTDirectory.aspx">https://aptaapps.apta.org//APTAPTDirectory/FindAPTDirectory.aspx</a> Under Practice Focus choose “Concussion”
<b>ENT Doctor</b>	Ear, Nose and Throat doctor or Otolaryngologist. They can	<a href="https://www.enthealth.org/find-ent/">https://www.enthealth.org/find-ent/</a>

	help to evaluate hearing and balance issues	
<b>Neurologist</b>	A neurologist may help with managing headaches, pain or other symptoms	Ask your primary care doctor for a referral to a neurologist that treats the condition you are experiencing.
<b>Balance Issues/Vestibular treatment centers</b>	Balance issues may be treated by Physical Therapists, Vision doctors, or ENT Specialists. You may find balance or vestibular centers to be useful.	To find a professional who treats vestibular disorders: <a href="https://vestibular.org/healthcare-directory/">https://vestibular.org/healthcare-directory/</a>  The Vestibular Association also offer a useful Guide for Choosing a Vestibular Therapist <a href="https://vestibular.org/sites/default/files/page_files/Documents/How%20to%20choose%20a%20healthcare%20provider.pdf">https://vestibular.org/sites/default/files/page_files/Documents/How%20to%20choose%20a%20healthcare%20provider.pdf</a>