

## MY HOME AND COMMUNITY BASED WAIVER SERVICES RIGHTS

It is important for you to know your rights in Maine when you receive services from Department of Health and Human Services. This document will help you understand those rights defined in the Medicaid Home and Community Based Services Settings Rule.



### **I have a right to:**

- Make choices and build relationships in my community.
- Have privacy, dignity, and respect.
- Be free from restraint.
- Have a job that matches my skills, talents and interests.
- Choose where I live and who I live with.
- Have my own money, clothing, and other personal property.
- Pick the services I want and the agency that will provide them.
- Be in charge of my Person-Centered Planning meeting, choose my own goals, and invite who I want.



### **If I live in a place that my provider manages (like a group home), I also have the right to:**

- Lock my bedroom door and have a key to my home.
- Have a written lease for where I live.
- Choose how I decorate.
- Be able to enjoy all living areas of my home.
- Have visitors whenever I want.
- Choose what I want to do and where I want to do it.
- Choose what, when, and where I want to eat.

## Who Do I Contact If I Think My Services Don't Follow the HCBS Settings Rule?

Ask your family, friends, case manager, or others that you know well to help you understand these rights if needed. You can learn more by going to [maine.gov/dhhs/oads/about-us/initiatives/hcbs](https://maine.gov/dhhs/oads/about-us/initiatives/hcbs) or [maine.gov](https://maine.gov).

### **Your Case Manager**



#### **DHHS**

1-800-262-2232

[HCBS.DHHS@maine.gov](mailto:HCBS.DHHS@maine.gov)



#### **SUFU**

[programsufu@sufumaine.org](mailto:programsufu@sufumaine.org)



#### **Disability Rights Maine**

1-800-452-1948

TTY: Maine Relay 711