

Brain Injury Association Of Hawaii

June/July Vol 6



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1221 Kapiolani Blvd
Penthouse 50
Honolulu, HI 96814

braininjuryofhawaii@gmail.com

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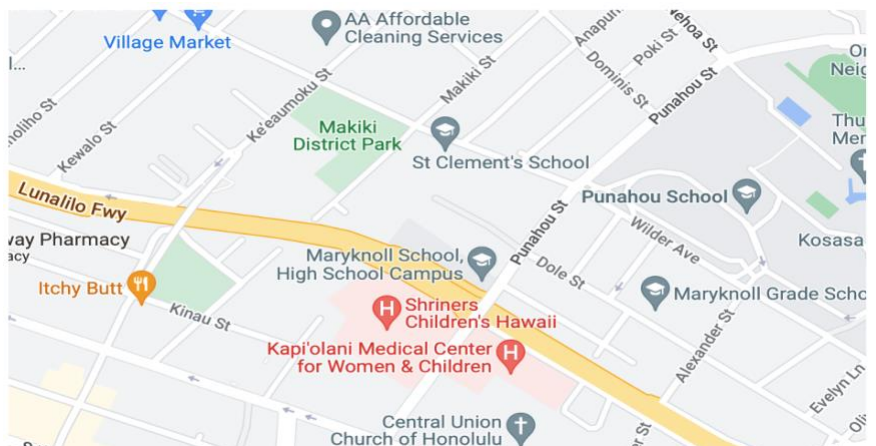
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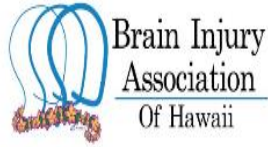
MAKIKI PARK

1527 Keeamoku Street
Honolulu, Hawaii. 96822

Although various forms of COVID continue to linger, the vaccines and wearing masks seem to have softened the effect. As a result the Honolulu Support Group is holding its first official face-to-face support group meeting in August. Because some of you in the community are medically compromised, we are asking everyone to wear masks. We are also refraining from sharing and food drinks at this first outing

Also because of staffing issues at the Park, we may need to change the date and time for this first face-to-face support group meeting. In the meantime it is scheduled for Wednesday August 10th from 11:00 to 2:00 PM





THE BRAIN INJURY ASSOCIATION OF HAWAII'S SOCIAL EVENT

*Meet and speak to the Board Members at the beginning, then
Stay and mingle with other Survivors of Brain Injury!*

**On Wednesday, August 10, 2022 from 11a - 2p
@ Makiki District Park**

**NOTE: MASK are required, up to date VACCINATION status is preferred.
For health safety, FOOD AND DRINK will NOT be served.**

1221 Kapiolani Boulevard ~ Penthouse 50 ~ Honolulu, Hawaii 96814
FB: braininjuryassociationofhawaii ~ <https://blausa.org/findbia/hawaii> ~ Phone 808-633-8144

KONA BRAIN INJURY SUPPORT GROUP MEETING (VIRTUAL) WEDNESDAY, JULY 13, 2022 AT 4:00 PM



Vimala Vajjala MD, Neurologist, Hawaii Pacific Neuroscience

Dr. Vimala S. Vajjala is a neurologist in Honolulu, Hawaii and is affiliated with [Adventist Health Castle](#). She received her medical degree from Kakatiya Medical College NTR . Her specialties is neurology with subspecialties in epilepsy and headaches.

Headaches after Head Injuries

Headache after head trauma is common and can be quite disabling and function limiting. They can be of multiple types and identifying the headache type accurately can help in choosing the appropriate treatment options. In this talk, I would like to discuss the common presenting features of post-traumatic headaches, diagnostic studies, and treatment options.

Join Zoom Meeting WWW.Zoom.com.

Meeting ID: 98997548497. Go to zoom and in the upper right hand corner you will see “join meeting”. Then enter the Meeting ID 98997548497. Stephanie, our zoom coordinator will let you in. Closed Captioning will be provided to assist those who can benefit from the visual aide.

Invited are all brain injury, stroke or other neuro-trauma survivors, their families and caregivers, interested professionals and the public. If you have any questions about the support group meeting, you may contact Karen Klemme at 896-2962 (phone/text), or email: kklemme@hawaii.rr.com.

JULY SUPPORT GROUP MEETINGS
Provided by Violet Horvath, Ph.D
Neurotrauma Newsletter

Hilo Stroke Support Group (virtual)
July 12, 2022, 4:00 – 5:00 pm HST

Join group

at: https://www.google.com/url?q=https://ehihalawai.zoom.us/j/91814580807?pwd%3DSzRIZVJZTHFzVzFzSINwQnlzUHg2QT09&sa=D&source=calendar&ust=1653250928593396&usg=AOvVaw129kpUEQcZJJKEfK-Cu_bt

Link can also be found at: <https://www.hilomedicalcenter.org/our-services/support-groups/our-stroke-support-group/>

For more information, contact Amy Shipley, Speech Language Pathologist, at ashipley@hpsc.org or call 1-808-931-3049

Think Big! Support Group (in-person on Kauai)
July 13, 2022, 5:00 – 6:00 pm

Poipu Mobile MD Clinic
1941 Poipu Road, Koloa, HI 96756

Stroke Survivors Online Support Group: How to Thrive on our Islands After Stroke (virtual) – Ms. Danae Jones, RN, Queen's Medical Center
July 13, 2022, 5:30 – 7:00 pm HST

Free, but register online to get Webex link.

<https://www.queens.org/events/survivor-stroke-online-support-group-how-to-thrive-on-our-islands-after-stroke-2/?occurrence=2022-02-09&time=1644427800>

Maui Memorial Medical Center Stroke Support Group (virtual)
July 21, 2022, 5:00 – 6:00 pm HST

For more information, visit <https://www.mauihealth.org/calendar/?Topic=Stroke>

To request a link to the meeting, contact Mariah Mossman at mariah.mossman@kp.org (email contact preferred) or call 1-808-442-5773

SCIENTISTS SEE SIGNS OF TRAUMATIC BRAIN INJURY IN HEADBUTTING MUSKOX

(From Science News, The Mount Sinai Hospital/Mount Sinai School of Medicine)

"Death and disability caused by traumatic brain injury is a widespread problem that needs better solutions," said Nicole Ackermans, PhD, postdoctoral fellow at Icahn Mount Sinai and the study leader. "We showed that animals which regularly engage in headbutting may actually suffer the kind of traumatic brain injury seen in humans. This opens the possibility that by studying these animals we could learn a lot about traumatic brain injury."

Dr. Ackermans and her colleagues studied the brains of three deceased muskoxen from Greenland and four bighorn sheep, which were obtained from parks in Colorado and Utah and the Buffalo Zoo in New York.

Part of the reason for obtaining brains from these horned animals is that they are known to engage in violent head-to-head collisions, usually in mating and social hierarchy rituals. For instance, male muskoxen often reach speeds of up to 30 miles an hour before impact. Although a few studies have observed symptoms of traumatic brain injury (TBI), such as acting dazed, none have directly tested whether the brains of muskoxen and other ramming animals show any damage.

The other reason is that bovids -- such as cows, sheep, buffalo, gazelles, and the animals in the study -- have gyrencephalic, or folded, brains, which are also seen in humans.

Studies such as these on animals with brains similar to humans may help researchers understand and ultimately reduce brain injuries in humans

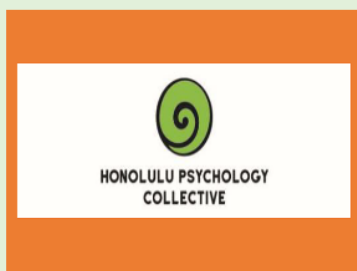
MISSION OF THE BRAIN INJURY ASSOCIATION OF HAWAII

The mission of this nonprofit organization is to improve the quality of life of persons with a brain injury and the families of such persons in Hawaii and other areas of the Pacific Basin. In this conjunction brain injury is defined as an acquired, non-generative brain injury whose causes include but are not limited to trauma, disease, surgery, hypoxia, and anoxia.

ORGANIZATIONS AND MEMBERS WHO SUPPORT BRAIN INJURY ASSOCIATION OF HAWAII



A non-profit service organization whose mission is to encourage brain safety and health



A collective of mental health clinicians



A non-profit organization empowering the youth of Hawaii through art and technology

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