



Brain Injury Association Of Hawaii

October Vol 9



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BIAH HOLDS FUNDRAISER

The Brain Injury Association of Hawaii (BIAH) held its first post pandemic fundraiser on Saturday, October 1. The successful Fundraiser was attended by therapists, attorneys, brain injury supporters, family and friends including several attendees coming from neighbor islands. The speakers included two individuals who experienced a brain injury and miraculously came out on the other side - one to become a psychologist. The third speaker was a neuropsychologist who summarized her role in the healing process.

Unfortunately, the weekend was marred by the news concerning sports related concussions experienced by two NFL players, both from Hawaii. Because the brain injury fundraiser coincided with the NFL events, Jefferson Tyler, a news reporter from KITV 4 Island News attended the fundraiser, interviewed guests, and aired its coverage on the Saturday October 1, 2022 evening news (see below).



https://www.kitv.com/news/local/concussions-continue-to-make-national-news-as-another-qb-with-hawaii-ties-does-down/article_93cc1abe-421d-11ed-8d1f-3b0bb68cb070.html

ABOUT NFL SPORTS RELATED CONCUSSIONS

Concussions are considered to be the least serious type of a traumatic brain injury. The word concussion comes from the Latin *concutere* which means "to shake violently." Concussions are most often caused by a sudden direct blow or bump to the head. The brain is made of soft tissue. It is encased in a protective shell and cushioned by spinal fluid. When there is a bump or blow to the head, the impact can cause the brain to move around within the skull -- resulting in bruising, injury to nerves and damage to blood vessels. The "confused" brain may result in impaired vision, falling, unconsciousness, confused thoughts, sensitivity to light and sound. One cannot see a concussion. The symptoms can last for just a few seconds or can linger. Concussions are fairly common. According to webmd.com, "some estimates say a mild brain concussion occurs every 21 seconds in the U.S."

Once again, attention is focused on NFL sports related concussions. The issue was discussed a few months ago with the recent passing of Colt Brennan, the much loved University of Hawaii quarterback who played pro football. Two other Hawaii professional football players have sparked a recent awareness of the issue of concussions occurring from the impact when playing football.

A concussion can occur in any sport if there is a blow to the head, neck or body that sends a strong force to the head. However, football is an extraordinarily popular sport in the United States. It is a game where massive bodies collide with one another. Although it seems obvious that serious harm might occur, it was not until the early 2000s that a former football player was diagnosed with CTE - chronic traumatic encephalopathy - a condition caused by repeated hits to the head. Interestingly, CTE is not a new disease. It was originally discovered among boxers. It is reported that the disease can take 8 to 10 years to manifest after experiencing repeated blows to the head.

It is believed that a number of concussions are sustained by players during the football season -- even during practice. Although helmets have been redesigned and penalties and fines imposed, concussions continue to occur.

See "What A lifetime of playing football can do to the human brain," Six things to know about the NFL, concussions, and brain damage. By [Brian Resnick@B resnickbrian@vox.com](#) Updated Feb 1, 2020, 8:32am EST

SUPPORT GROUPS, WEBINARS, PODCASTS, EVENTS RELEVANT TO THE BRAIN INJURY COMMUNITY

University of Michigan Center for Disability Health and Wellness 3rd Annual Disability Research Symposium (virtual) – Jon Pearlman, Ph.D., keynote speaker, with presentations from University of Michigan students, trainees, staff, and faculty

October 7, 2022, 9:00 am – 1:00 pm ET (3:00 am – 7:00 am HST)

Free, but registration is required. To

register: https://umich.qualtrics.com/jfe/form/SV_cP9UjfyI7XFXmnA?utm_source=web&utm_medium=email&utm_campaign=2022June

Brain Injury Association of Hawaii Support Group, Coffee Talk Social Meeting,

October 10 - 10:00 am HST, at Pearl Ridge Center Shopping Mall, Food Court on 3rd Floor, 98-1005 Moanalua Road, Aiea, Hawaii. 96701

The Kona Brain Injury Support Group - virtual

October 12, 2022 at 10 am HST. The title of the presentation is “Join the Power of Patients and meet Sallie - a virtual therapy dog”. Inspired by her personal journey of recovery for her 2 daughters, Lynne Becker created the first patient-led app for people and caregivers with a brain injury. To preview, go to www.powerofpatients.com.

Join zoom meeting at www.zoom.com. Meeting ID: 808 274 6477.

Medical Decision Making, Power of Attorneys, Trusts, and Wills – Kristin Lambert Bryant, attorney in private practice and mentor and volunteer attorney for the Elder Law Clinic at the William S. Richardson School of Law, University of Hawaii at Manoa (virtual)

St. Francis Family Caregiver and Wellness Programs

October 13, 2022, 5:00 pm – 7:00 pm HST

Free, but registration required.

<https://www.stfrancishawaii.org/s/registerForClasses>

Monitoring Brain Health in Individuals Exposed to Repetitive Head Impacts: Lessons learned From Radiation Safety - Live Webinar featuring Joseph Bazarian M.D.

October 13, 2022, 3:00 pm ET - register by no later than October 12, 2022

<https://shop.biausa.org/product/ROSM101322/20221013-monitoring-brain-health-in-individuals-exposed-to-repetitive-head-impacts-lessons-learned-from-radiation-safety-live-webinar>

Facial Pain and When to be Concerned (virtual) – Chris Larrinaga, APRN, MSN, CNRN, Hawaii Pacific Neuroscience

St. Francis Family Caregiver and Wellness Programs

October 19, 2022, 5:00 pm – 7:00 pm HST

Free, but registration required. Registration will open in September 2022.

<https://www.stfrancishawaii.org/s/registerForClasses>

Brain Injury Association of Hawaii Support Group, Coffee Talk Social Meeting,
October 24 - 10:00 am HST, at Pearl Ridge Center Shopping Mall, Food Court on 3rd Floor, 98-1005 Moanalua Road, Aiea, Hawaii. 96701

Aging and BI (brain injury): Targeting Stronger Partnerships (virtual)
National Association of State Head Injury Administrators (NASHIA)
Panelists include Kathleen Cameron, Maria Crowley, Maggie Ferguson, and Amanda Tower
October 26, 2022, 1:00 pm – 4:00 pm ET (7:00 am – 10:00 am HST)
There is a \$50 charge per participant to attend this workshop
<https://www.nashia.org/calendar#event/register/2022/10/24/aging-and-brain-injury-targeting-stronger-partnerships>

St. Francis Healthcare System Caregiver Education and Wellness Fair (in person)
Kupuna Village Courtyard and Senior Community Center, 2230 Liliha Street
October 29, 2022, 9:00 am – 1:00 pm HST
Health fair in partnership with the National Kidney Foundation of Hawaii. Family caregivers and community members can receive a free health screening, including a blood and urine analysis, and dental screening. Results will be shared on-site and consultations with clinicians are also available. Screening opportunities are limited; you must pre-register for a screening. Call Desiree at 808-589-5906 or send an email to program@kidneyhi.org.

Brain Injury Association of Hawaii Support Group, Coffee Talk Social Meeting,
November 7 - 10:00 am HST, at Pearl Ridge Center Shopping Mall, Food Court on 3rd Floor, 98-1005 Moanalua Road, Aiea, Hawaii. 96701

Social Determinants of Health and Traumatic Brain Injury: Implications for Rehabilitation Service Delivery and Outcomes
Live webinar featuring Adam R. Kinney, Ph.D, Nazanin H. Bahrani, Ph.D, and Lisa A. Brenner, Ph.D - \$50
November 15, 2022, 2pm ET
<https://shop.biausa.org/product/ROSM111522/20221115-social-determinants-of-health-and-traumatic-brain-injury-implications-for-rehabilitation-service-delivery-and-outcomes-live-webinar>

Brain Injury Association of Hawaii Support Group, Coffee Talk Social Meeting,
November 21 - 10:00 am HST, at Pearl Ridge Center Shopping Mall, Food Court on 3rd Floor, 98-1005 Moanalua Road, Aiea, Hawaii. 96701

Memory Loss & When to be Concerned? (virtual) – Dr. Kore Kai Liow, Director and Principal Investigator, Clinical Research Center, Hawaii Pacific Neuroscience
St. Francis Family Caregiver and Wellness Programs
November 16, 2022, 5:00 pm – 7:00 pm HST
Free, but registration required. Registration will open in October 2022.
<https://www.stfrancishawaii.org/s/registerForClasses>

(Sources for the above are from: October 2022 Neurotrauma Newsletter, Pacific Disabilities Center, John A Burns School of Medicine; Brain Injury Association of America; and Brain Injury Association of Hawaii)

I SEE YOU ~ I HEAR YOU PROGRAM



I SEE YOU ~ I HEAR YOU PROGRAM

WITH THE **HONOLULU PSYCHOLOGY COLLECTIVE** CLINICIANS

BIAH has affiliated with the Honolulu Psychology Collective (HPC), which is a community of mental health professionals co-founded by Allana Coffee, Ph.D. and Jerry Coffee, LCSW.

The Collective of licensed and pre-licensed therapists and clinical social workers have agreed to provide periodic 30 minute mental health sessions at no cost to BIAH members.

To schedule an appointment call

808-633-8144

or email

braininjuryofhawaii@gmail.com



One of the fastest paths to being a BIAH Warrior is to maintain a positive Mental Health

~~~ BIAH DONORS ~~~

Dr. Peggy Murphy, PSY.D - Neuropsychologist

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The Honolulu Psychology Collective is a private group therapy practice founded by Allana Coffee, Ph.D. and Jerry Coffee, LCSW
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