

Brain Injury Association Of Hawaii

Oct/Nov 2023 Vol 9



Brain Injury Association
of Hawaii (BIHi)
Board of Directors

Dorothy Aliilua
President

Kent Yamamoto, MD
Vice President

Michele Tong
Secretary

Billie "BJ" Wade
Executive Director

Allana Coffee, Ph.D.
Violet E. Horvath, Ph.D.
Pam Lundquist, JD
Karen Klemme

~~~~~

1221 Kapiolani Blvd, PH50  
Honolulu, Hawaii. 96814  
braininjuryofhawaii@gmail.com  
<https://biausa.org/findbia/hawaii>

808-633-8144 via voicemail  
808-221-8330 via text/voicemail

## BIHi REASON FOR THE SEASON

The Fall season has been an active one for the Brain Injury Association of Hawaii (BIHi). BIHi attended the National Association of State Head Injury Association (NASHIA) conference in September in Minneapolis, Minnesota. NASHIA attendees shared successes, challenges and information regarding programs concerning head injuries. BIHi also participated in a Bike Rodeo at the YMCA in Waianae (on the far west side of Oahu). The Bike Rodeos are in collaboration with the Department of Health Neurotrauma Program, the Hawaii Bicycling League, the YMCA's and the Leeward Pilot Club of Hawaii. Giving and fitting free helmets and information to school age children regarding bike riding safety is an ongoing project of BIHi.

BIHi also held its 2nd Annual Fundraiser at the Pacific Club in Honolulu, Hawaii on October 7. We are grateful to all who contributed to the fundraiser by donating items, attending the fundraiser, and participating in the silent auction. We are a non-profit organization -- our only funds thus far are from memberships and our fundraisers. A special thank you to Governor Josh Green and our presenters Katie Bennett, Kumu Malia, Violet Horvath, and Leslie Chan.

Take care everyone and Be Well.

Billie "BJ" Wade

**YOU CAN HELP DEVELOP NEW TREATMENTS  
AND MEDICATIONS BY PARTICIPATING IN IN  
ONE OF THE FOLLOWING CLINICAL TRIALS**

Hawaii Pacific Neuroscience is holding several clinical trials. Currently, they include studies on Alzheimer's Disease, Parkinson's Disease, spasticity, Epilepsy, pain/headache/migraine, and several rare neurological diseases. Some studies may pay for travel to Oahu from other islands. Please call the Clinical Research Center Hotline at 808-564-6141 for more information.

~~~~~

Head Impact & Trauma Surveillance Study (HITSS)
Looking for people to enroll in the HITSS to find out the long-term brain health impacts of repetitive head impacts in soccer and tackle football. It involves a fully online annual assessment that should take about two hours to complete and can be done over several days. Go to: <https://www.hitss.org/>

(Sources for the above are from: July 2023 Neurotrauma Newsletter, Pacific Disabilities Center, John A Burns School of Medicine; Brain Injury Association of America; and Brain Injury Association)

BRAIN INJURY SUPPORT GROUP MEETINGS, AND RELATED PRESENTATIONS COURSES & PRESENTATIONS (In Person and Virtual)

Support group title: Aloha Independent Living Hawaii **Big Island Mixed Group Support Group**

Format: In-person at various locations on Hawaii island

Dates: **Third Thursday of every month**

Time: 10:00 am – 12:00 pm HST

Location: Varies

Additional information: Comprised of adults with various disabilities, the group meets for fellowship and peer support. For more information, please contact Karin Riedel at 808-333-2408.

Support group title: Aloha Independent Living Hawaii **Kauai Lailima Peer Support Group**

Format: In-person on Kauai

Dates: Last Thursday of the month HST

Additional information: For times, location, and other information, contact Holly Pickens-Torres at 808-652-6092

Support group title: Aloha Independent Living Hawaii **Molokai Keiki Support Group**

Format: In-person on Molokai

Dates: Every third Wednesday of the month

Time: 2:00 pm – 3:00 pm HST

Location: Home Pumehana, Conference Room #1

Additional information: Contact Luana Angliam at 808-866-3792.

Support group title: Aloha Independent Living Hawaii **Molokai Youth Support Group**

Format: In-person on Molokai

Dates: Every fourth Friday of the month

Time: 10:30 am – 11:30 am HST

Location: Home Pumehana, Conference Room #1

Additional information: Contact Luana Angliam at 808-866-3792.

Support group title: Aloha Independent Living Hawaii **Molokai Non-Ambulatory Support Group**

Format: In-person on Molokai

Dates: Every second Friday of the month

Time: 10:30 am – 11:30 am HST

Location: Home Pumehana, Conference Room #1

Additional information: Consumers have the opportunity to voice their opinions regarding issues they are facing within their community and how they will move forward to take action as a group. For more information, please contact Luana Angliam at 808-866-3792.

Support group title: **Brain Injury Oahu Support Group (BIOSG)**

Format: In-person on Oahu

Dates: The last Saturday of each month: November 25, and December 30 in 2023

Times: 10:00 am – 12:00 noon HST

Location: Catholic Charities Clarence TC Ching Campus, 1822 Keeaumoku Street, Room 3, Honolulu, HI

Additional information: Call or text BJ Wade at 808-221-8330.

Facebook: <https://www.facebook.com/BrainInjuryAssociationOfHawaii/>

Email: braininjuryofhawaii@gmail.com

Support group title: **Creative Arts Program**

Format: In-person on Oahu

Cost: \$15 per session

Days: Available Tuesdays and Thursdays

Time: 12:30 pm – 3:30 pm

Location: REHAB Hospital of the Pacific, 227 North Kuakini Street, Honolulu, HI 96817

Additional information: For current and former REHAB inpatients and outpatients. Registration is required. Contact Melissa Mullen, Patient Experiences Manager, by email at art@rehabhospital.org or by phone at 808-566-3741

Website: <https://www.rehabhospital.org/programs/creative-arts-program>

Support group title: **Hui Malama Po'o Support Group**

Format: In-person on Oahu

Additional information: The Hui objectives are to use crafting as cognitive therapy, provide support to people with brain and other neurotrauma injuries, educate others about neurotrauma injuries and more. They hold regularly scheduled meetings throughout the year at Rehabilitation Hospital of the Pacific. Contact Val Yamada at huimalama01@gmail.com or call 808-385-5462.

Title: **HOW DOES SLEEP AFFECT MY BRAIN HEALTH & WELLNESS?**

Format: Virtual. - Cost: Free

Speaker: Nicholas Anderson, MD, Director, Sleep & Insomnia Center, Hawaii Pacific Neuroscience

Sponsored by: St. Francis Caregiver Education and Wellness Classes

Date: November 21, 2023

Time: 5:00 pm – 6:00 pm HST

Registration: <https://www.stfrancishawaii.>

Support group title: **C.A.N. (CRUSH ABLEISM NOW) LUNCH CLUB** Format: In-person on Oahu

Dates: **TBA** - Times: **TBA**

Location: University of Hawaii at Manoa campus

Additional information: Monthly social lunch meeting for the disabled, chronically ill and neurodivergent University of Hawaii community, and anyone who wants to learn more about disability solidarity. Bring your own lunch. Light pupus provided. Contact Dr. Daniela Bond-Smith at db48@hawaii.edu or call 808-203-7191. Optional registration: <https://go.hawaii.edu/gYk>

Support group title: **HILO STROKE SUPPORT GROUP** Format: Virtual

Dates: **Second Tuesday of each month** Time: 4:00 – 5:00 pm HST

To join the group:

https://www.google.com/url?q=https://ehihalawai.zoom.us/j/91814580807?pwd=%3DSzRIZVJZTHFzVzFzSINwQnlzUHg2QT09&sa=D&source=calendar&ust=1653250928593396&usg=AOvVaw129kpUEQcZJKEfK-Cu_bt

Support group title: **MAUI MEMORIAL MEDICAL CENTER STROKE SUPPORT GROUP** Format: Virtual

Dates: **Third Thursday of each month** Time: 5:00 – 6:00 pm HST

To join the meeting: Request the meeting link from Mariah Mossman at mariah.mossman@kp.org

(email contact preferred) or call 1-808-442-5773 Additional information:

<https://www.mauihealth.org/calendar/?Topic=Stroke>

Support group title: **QUEEN'S MEDICAL CENTER STROKE SURVIVORS ONLINE SUPPORT GROUP: HOW TO THRIVE ON OUR ISLANDS AFTER STROKE**

Format: Virtual

Dates: **Second Wednesday of each month** Time: 5:30 – 7:00 pm HST Additional

information: Free but register online to get Webex link.

<https://www.queens.org/events/survivor-stroke-online-support-group-how-to-thrive-on-our-islands-after-stroke-2/?occurrence=2022-02-09&time=1644427800>

State and National Virtual Support Groups for Brain Injuries,
Head Injuries and Caregivers

<https://www.biausa.org/public-affairs/media/virtual-support-groups>

American Stroke Association Stroke Support Group Finder

<https://www.stroke.org/en/stroke-support-group-finder>

Sources for the above are from: July 2023 Neurotrauma Newsletter, Pacific Disabilities Center, John A Burns School of Medicine; Brain Injury Association of America; and Brain Injury Associat

YOU CAN HELP DEVELOP NEW TREATMENTS AND MEDICATIONS BY PARTICIPATING IN IN ONE OF THE FOLLOWING CLINICAL TRIALS

Hawaii Pacific Neuroscience is holding several clinical trials. Currently, they include studies on Alzheimer's Disease, Parkinson's Disease, spasticity, Epilepsy, pain/headache/migraine, and several rare neurological diseases. Some studies may pay for travel to Oahu from other islands. Please call the Clinical Research Center Hotline at 808-564-6141 for more information.

~~~~~

Head Impact & Trauma Surveillance Study (HITSS)  
Looking for people to enroll in the HITSS to find out the long-term brain health impacts of repetitive head impacts in soccer and tackle football. It involves a fully online annual assessment that should take about two hours to complete and can be done over several days. Go to: <https://www.hitss.org/>



## BRAIN INJURY ASSOCIATION OF HAWAII (BIHI) HOLDS SECOND ANNUAL FUNDRAISER

A special thank you to Hawaii State Governor Josh Green  
and our presenters Katie Bennett, Kumu Malia, Violet Horvath, and Leslie Chan



Dorothy Aliilua, BIHI President



BIHI Board



Kent Yamamoto, MD, BIHI VP



Katie Bennett, Esq



Hawaii Governor Josh Green



Kumu Malia



Violet Horvath, Ph.D



Leslie Chan, Survivor

See video of Brain Injury Association of Hawaii 2nd Annual Fundraiser at: <https://www.wevideo.com/view/3223537315>

## ***I SEE YOU ~ I HEAR YOU PROGRAM***

### **THE HONOLULU PSYCHOLOGY COLLECTIVE CONTINUES TO OFFER TALK STORY SESSIONS FOR BRAIN INJURY SUPPORT GROUP MEMBERS. THE SESSIONS ARE OFFERED AT NO COST TO MEMBERS**

The Honolulu Psychology Collective is a private group therapy practice founded by Brain Injury Association of Hawaii Board member Allana Coffee, Ph.D. and her husband Jerry Coffee, LCSW. Both Allana and Jerry have been in practice for a total of 40 years. They have combined their experience, knowledge and love of the community to establish and support the Honolulu Psychology Collective (HPC).

HPC is comprised of clinical psychologists, clinical social workers and licensed marriage and family counselors who have a high level of experience, knowledge and compassion.

Honolulu Psychology Collective offers evidence based therapy with warmth and care.



*HPC Clinicians*

**Brain Injury Awareness includes recognizing the need to address the mental health of brain injury survivors, their family and caretakers**

**If you are a member of the Brain Injury Association of Hawaii and a brain injury survivor or a family member or caretaker of a survivor -- go to**

**<https://honolulupsychologycollective.com/inquiry-form>**

**insert BIOSG or BIHi (in the insurance box) someone will contact**



Brain Injury Association  
Of Hawaii

*Mahalo*

# BIHI DONORS

**EMME INC.**

Emme Tomimbang Multi-Media Enterprises Inc.



**LEAVITT YAMANE  
& SOLDNER**

**PEGGY C MURPHY PSY.D.**

CLINICAL NEUROPSYCHOLOGIST

**THE BENNET FAMILY**

**KENT S YAMAMOTO MD LLC**

PHYSICAL MEDICINE & REHABILITATION PHYSICIAN



**PIOPAC Fidelity**

"THE LAW OFFICES OF  
JOHN W. SCHMIDTKE JR.  
ATTORNEY AT LAW, A LAW CORPORATION"

**BICKERTON  
LAW GROUP LLP**

Bringing Justice and Compassion to Clients for Over 30 Years

**CHUNMAY CHANG**



**Honolulu Psychology  
Collective**



**Leeward Pilot  
Club of Hawaii**

leewardpilotclub@gmail.com



Pilot Club of Honolulu is a non-profit, 501(c)(3) service organization that was founded in 1981 with the same guiding principles as established by Pilot International. Pilot Club of Honolulu is committed to "Do More, Care More and Be More" in our communities every day. Pilot Club of Honolulu members volunteer and meet

[pilotclubofhonolulu.org](http://pilotclubofhonolulu.org)

**RMH Rosenberg McKay Hoffman**

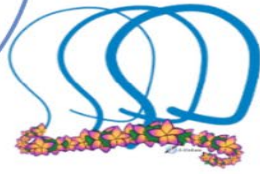


**HUI MALAMA  
ADVISORS LLC**



**KAPAMAG**  
MORE THAN A MAGAZINE

Brain Injury warriors



Brain Injury  
Association  
Of Hawaii

# Gi♥ing Tuesday



Join the global generosity movement  
and celebrate all acts of giving.

The Brain Injury Association of Hawaii (BIHi) works to promote the rights of individuals who experience disability caused by a brain injury; to increase public awareness of brain injury; to provide education, information, resources and support for individuals who have sustained a brain injury and their families and caregivers, and to promote prevention of brain injuries in our community

[#givingtuesday](#) [#brainwarriors](#)

Scan or click icon below to find us on social media



<https://linktr.ee/biahawaii>

Support group title: Aloha Independent Living Hawaii **Molokai Non-Ambulatory Support Group**

Format: In-person on Molokai

**Dates: Every second Friday of the month**

**Time: 10:30 am – 11:30 am HST**

Location: Home Pumehana, Conference Room #1

Additional information: Consumers have the opportunity to voice their opinions regarding issues they are facing within their community and how they will move forward to take action as a group. For more information, please contact Luana Angliam at 808-866-3792.

Support group title: **Brain Injury Oahu Support Group (BIOSG)**

Format: In-person on Oahu

**Dates: The last Saturday of each month: November 25, and December 30 in 2023**

**Times: 10:00 am – 12:00 noon HST**

Location: Catholic Charities Clarence TC Ching Campus, 1822 Keeaumoku Street, Room 3, Honolulu, HI

Additional information: Call or text BJ Wade at 808-221-8330.

Facebook: <https://www.facebook.com/BrainInjuryAssociationOfHawaii/>

Email: [braininjuryofhawaii@gmail.com](mailto:braininjuryofhawaii@gmail.com)

Support group title: **Creative Arts Program**

Format: In-person on Oahu

Cost: \$15 per session

**Days: Available Tuesdays and Thursdays**

**Time: 12:30 pm – 3:30 pm**

Location: REHAB Hospital of the Pacific, 227 North Kuakini Street, Honolulu, HI 96817

Additional information: For current and former REHAB inpatients and outpatients. Registration is required. Contact Melissa Mullen, Patient Experiences Manager, by email at [art@rehabhospital.org](mailto:art@rehabhospital.org) or by phone at 808-566-3741

Website: <https://www.rehabhospital.org/programs/creative-arts-program>

Support group title: Aloha Independent Living Hawaii **Molokai Non-Ambulatory Support Group**

Format: In-person on Molokai

**Dates: Every second Friday of the month**

**Time: 10:30 am – 11:30 am HST**

Location: Home Pumehana, Conference Room #1

Additional information: Consumers have the opportunity to voice their opinions regarding issues they are facing within their community and how they will move forward to take action as a group. For more information, please contact Luana Angliam at 808-866-3792.

Support group title: **Brain Injury Oahu Support Group (BIOSG)**

Format: In-person on Oahu

**Dates: The last Saturday of each month: November 25, and December 30 in 2023**

**Times: 10:00 am – 12:00 noon HST**

Location: Catholic Charities Clarence TC Ching Campus, 1822 Keeaumoku Street, Room 3, Honolulu, HI

Additional information: Call or text BJ Wade at 808-221-8330.

Facebook: <https://www.facebook.com/BrainInjuryAssociationOfHawaii/>

Email: [braininjuryofhawaii@gmail.com](mailto:braininjuryofhawaii@gmail.com)

Support group title: **Creative Arts Program**

Format: In-person on Oahu

Cost: \$15 per session

**Days: Available Tuesdays and Thursdays**

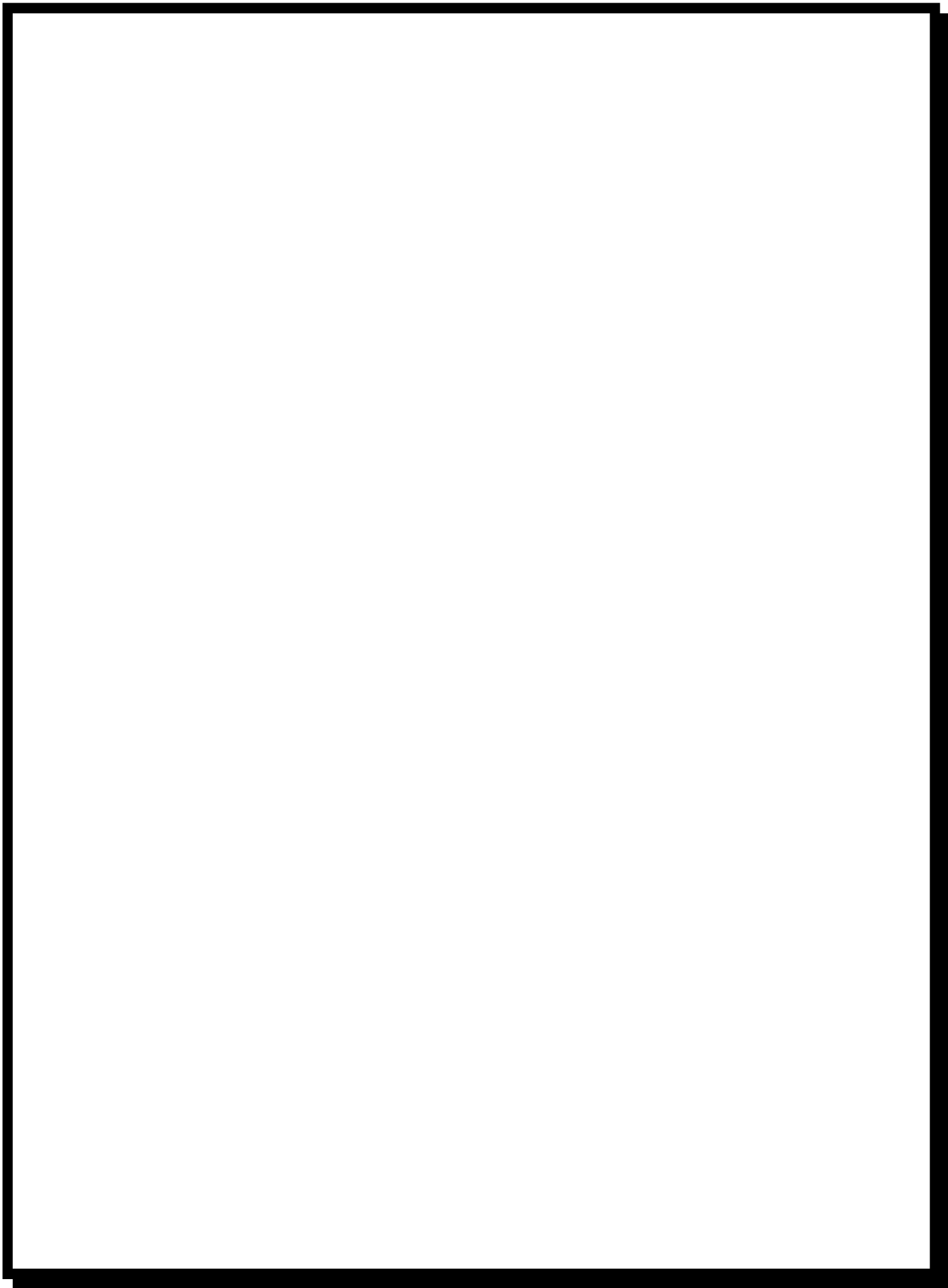
**Time: 12:30 pm – 3:30 pm**

Location: REHAB Hospital of the Pacific, 227 North Kuakini Street, Honolulu, HI 96817

Additional information: For current and former REHAB inpatients and outpatients. Registration is required. Contact Melissa Mullen, Patient Experiences Manager, by email at [art@rehabhospital.org](mailto:art@rehabhospital.org) or by phone at 808-566-3741

Website: <https://www.rehabhospital.org/programs/creative-arts-program>







## BRAIN INJURY SUPPORT GROUP MEETINGS, AND RELATED PRESENTATIONS COURSES & PRESENTATIONS (In Person and Virtual)

Support group title: Aloha Independent Living Hawaii **Big Island Mixed Group Support Group**

Format: In-person at various locations on Hawaii island

Dates: **Third Thursday of every month**

Time: 10:00 am – 12:00 pm HST

Location: Varies

Additional information: Comprised of adults with various disabilities, the group meets for fellowship and peer support. For more information, please contact Karin Riedel at 808-333-2408.

Support group title: Aloha Independent Living Hawaii **Kauai Lailima Peer Support Group**

Format: In-person on Kauai

**Dates: Last Thursday of the month** HST

Additional information: For times, location, and other information, contact Holly Pickens-Torres at 808-652-6092

Support group title: Aloha Independent Living Hawaii **Molokai Keiki Support Group**

Format: In-person on Molokai

**Dates: Every third Wednesday of the month**

**Time: 2:00 pm – 3:00 pm HST**

Location: Home Pumehana, Conference Room #1

Additional information: Contact Luana Angliam at 808-866-3792.

Support group title: Aloha Independent Living Hawaii **Molokai Youth Support Group**

Format: In-person on Molokai

**Dates: Every fourth Friday of the month**

**Time: 10:30 am – 11:30 am HST**

Location: Home Pumehana, Conference Room #1

Additional information: Contact Luana Angliam at 808-866-3792.

## BRAIN INJURY ASSOCIATION OF HAWAII (BIHI) HOLDS SUCESSFUL SECOND ANNUAL FUNDRAISER

A special thank you to Hawaii State Governor Josh Green  
and our presenters Katie Bennett, Kumu Malia, Violet Horvath, and Leslie Chan.



Dorothy Aliilua, BIHI President



BIHI Board



Kent Yamamoto, MD, BIHI VP



Katie Bennett, Esq



Hawaii Governor Josh Green



Kumu Malia



Violet Horvath, Ph.D



Leslie Chan, Survivor

See video of Brain Injury Association of Hawaii 2nd Annual Fundraiser at: <https://www.wevideo.com/view/3223537315>

